

Shirriff's

FLAVORING EXTRACTS
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Wherever non-alcoholic flavoring extracts are in demand, more people buy Shirriff's than any other kind. Because Shirriff's Non-alcoholic Extracts are not only the most delicious in flavor, but are the most economical as well—only half the usual amount being required. In all popular flavors from your grocer.

"Flowers of the Valley,"

MABEL HOWARD,
OF THE LYRIC.

CHAPTER XXI.

MABEL HOWARD, OF THE LYRIC.

She looked, and following the direction of all the other eyes, saw a tall, overdressed young lady standing at the wings.

She was rather good-looking, of a commonplace type, but her pretty face was pale with passion, and her eyes seemed to blaze as they rested upon Iris' face.

It was Miss Alfrede.

"Good-morning," said some one, in a timid voice.

She took no notice, but swept up to the manager.

"What is this?" she demanded, imperiously.

"Good-morning, Miss Alfrede!" said Mr. Stapleton, dryly. "What is what?"

and he looked round the stage with look of innocence.

"What does this mean?" reiterated the proud young person, stamping her feet.

"We are only rehearsing 'The Impressed Princess,'" said Mr. Stapleton, eyeing her coolly.

"With—my part?" she said, shooting a fiery glance at Iris, who stood pale and distressed.

"With your part!" said Mr. Stapleton, as calmly as before. "By-the-way, I'm glad to hear that your throat is better! Never heard you in better voice" for Miss Alfrede had almost screamed the last question.

She turned pale and clinched her teeth.

"I see," she said with angry sarcasm. "I'm not wanted! I'm sorry I came! Pray don't stop! Pray forgive me for interrupting! Oh, I'm of no consequence!"

Iris could bear it no longer.

Flushing, but calm, and with that well-bred composure which always stood by her in such moments, she came towards the angry prima donna and held out the music.

"I am very glad you have come," she said, gently. "I have been trying, most ineffectually, I fear, to take your place. Everybody will be very pleased that my poor services are no longer needed."

Everybody did not look very pleased—quite the contrary—but very anxious.

Miss Alfrede turned and looked Irish and down scornfully.

"Oh, indeed!" she exclaimed, tossing her head; "you have taken my place, have you? Then you may keep it!"

"Oh, no, no," said Iris; "you misunderstand. I ventured to sing your music, that the rehearsal might go on. I am very glad to stop."

The gentle voice, the sweet eyes might have moved any one but an actress.

"Home-made, but Has No Equal for Coughs"

Makes a timely supply of really irreplaceable cough medicine. For Myself, My Household, and every one else.

If you have a severe cough or chest cold accompanied with soreness, throat tickle, hoarseness, or difficult breathing, or if your child wakes during the night with croup and you want quick help, try this reliable old home-made cough remedy. Any druggist can supply you with 2 1/2 ounces of Pinex. Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup, if desired. This recipe makes 16 ounces of really remarkable cough remedy. It tastes good, and in spite of its low cost, it can be depended upon to give quick and lasting relief.

You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is probably the best known means of overcoming severe coughs, throat and chest colds.

There are many worthless imitations of this mixture. To avoid disappointment, ask for "2 1/2 ounces of Pinex." Being also guaranteed to give absolute satisfaction, or money promptly refunded. The Pinex Co., Toronto, Ont.

spoke to Miss Alfrede. A lady—forgot me, but I know you are a lady—a lady who can retain her self-possession at such a trying time must be a person of good sense and self-control—two things absolutely necessary for an actress. Then you speak distinctly, and— I'm going to ask you to forgive me again—you are very beautiful, my dear, and have a good figure. Now, all this means that I think you'll succeed, and as I am fond and proud of my profession, I shall rejoice if you say, 'Yes.' Now, tell me—after all I have said—why you should not say, 'Yes'?"

Iris stood and gazed at her in silence.

The actress—Mrs. Berry was a first-rate one, and well known—patted Iris' hand.

"I see," she said, with a smile; "you have no reason for saying 'No.' Go and tell Mr. Stapleton that you will join us, and leave the rest to him. You can do so safely, for he is more than honest; he is honorable and liberal, and he is grateful, too, for the manner in which you have helped us all. Go, my dear!"

Iris, her heart as well as her reason moved by the motherly and affectionate counsel, went up to Mr. Stapleton.

"Well!" he said. He had been leaning against a wing, his hat well over his eyes, watching the conference between the two. "Well, Miss Howard?"

"I accept," said Iris, in a low voice; "and I am very grateful to you."

He held out his hand in his satisfaction, then instinctively drew it back.

"I beg your pardon," he said, "but I tell you candidly that I'm very pleased, Miss Howard."

Iris held out her hand, and he inclosed it in his large one and shook it heartily.

The company, seeing how matters were going, raised a stage cheer.

"Yes, ladies and gentlemen," said Mr. Stapleton, "Miss Howard is now a member of the Lyric company, and will, if all goes well, play the leading part in the new opera. Now, then, changing his tone to the old impatient one, 'let us get on. Good gracious me, look at the time! Let us get on!'"

That night, while Iris was hard at work in Paul's room learning her part, and vainly endeavouring to realize that she, who a little while ago was Iris Knighton of the Revels, was now Mabel Howard of the Lyric Theatre, there was a ball at the French Embassy.

It was one of the great gatherings of the season, and the crowd which filled the ballroom, and overflowed into the anterooms and staircases, contained the most famous and best-known of that indescribable compound of fortune beings called "society."

It was long past midnight, and the ball was at its height, when that strange but well-known sensation which always accompanies the entry of some person of note ran through the throng.

"Who is it?" was the question that passed from lip to lip, and the answer, when it came, only increased the interest—"Lord Coverdale."

In the centre of the room, surrounded by an ardent court, was Lady Lillian Foyle. She had never looked more beautiful than she looked to-night, for the faultless face wore an expression of expectancy and that consciousness of coming triumph which lends light to the eyes and a smile to the lips. As the name of Lord Heron reached her ears, she looked across the room and saw him standing, talking to the hostess and her father.

(To be continued)

"A Stitch in Time"

Quick action is the only hope when kidney disease appears.

There is a whole train of dreadfully painful and fatal ailments which soon follow any neglect to get the kidneys right. Among others are rheumatism, lumbago, Bright's disease, hardening of the arteries and high blood pressure.

In Dr. Chase's Kidney-Liver Pills you will find a treatment which is both quick and thorough.

Mr. C. E. Raymuns, Lindale, Alta., writes:—

"I was a great sufferer from kidney disease and have been for more than a year. A friend of mine one day told me of Dr. Chase's Kidney-Liver Pills, and acting upon his advice I used them. After I had taken one box I felt better, so I continued until I had used five boxes. By this time I felt as well and strong as ever, and am glad to recommend Dr. Chase's Kidney-Liver Pills to anyone suffering as I did."

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—almost as smooth as silk—gives to Stanfield's Unshrinkable Underwear its softness; its fine, even texture; its inimitable combination of lightness and warmth.

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Made in Combinations and Two-Piece Suits, in full length, knee and elbow length, and sleeveless, for Men and Women. Stanfield's Adjustable Combinations and Sleepers for Growing Children (Patented).

Sample Book, showing different weights and textures, mailed free. Write for it.

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Is sold in the best shops, in 2 pound and 5 pound packages, at the same price as sugar retailed out of a barrel or sack.

Lantic Sugar in full weight dust-proof packages come direct from the refinery to your table unsoiled by contact with any person's hands.

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Chinese Gave Japan Its Name.

The English word "Japan" and the Japanese Nihon or Nippon are alike corruptions of Yih-pen, the Chinese pronunciation of two characters literally meaning "sun-origin" that is, "the place the sun comes from"—a name given to Japan by the Chinese on account of the position of the archipelago to the east of their own country.

From Chinese Yih-pen the Japanese derived the present name Nihon. It was officially adopted, according to history, in A.D. 670. Before that time the usual native designation of the country was Yamato, properly the name of one of the central provinces. Yamato is the name still preferred in poetry and belles-lettres.

The English name Japan seems to have originated with the Portuguese, who spelled the Chinese Yih-pen, Japan, the letter 'j' being silent or similar to 'i' according to their language. This is the way the Spanish and Portuguese still pronounce Japan. From Japan came the English Japan.

Do not suffer another day with itching, bleeding, or protruding piles. Use Dr. Chase's Piles. No surgical operation required.

Dr. Chase's Ointment will relieve you at once and afford lasting benefit. See a box at dealers, or Edmondson, James & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 5c. stamp to pay postage.

Hisard's Liniment for Burns, Etc.

Veteran Who Carried "Cease Fire" Order is Dead

NEW YORK, Nov. 14—Albert Miller, Canadian war veteran, who was killed to carry the order to "cease firing" from the British headquarters to Moss, the day the armistice was signed, will either be buried in Canada with the comrades with whom he fought or will be given a place among the Buffalo soldiers dead, according to a despatch to the New York Herald.

Miller, who wore the military medal, died in Buffalo, on armistice day, but three years to the day from the day on which he made world history. His body lay unclaimed in the morgue until his identity was established. Military and fraternal organizations have long since offered to bury him. The Canadian Great War Veterans' Association was notified and if desired, they will be given the body to be buried on Canadian soil. Serving with the Canadian forces as despatch bearer, he was chosen at British headquarters to carry the message that stopped firing; to outlying British posts in the vicinity of Moss. After the war he came to Buffalo to work as a printer and was living in an obscure boarding house when he died suddenly. He was preparing to celebrate armistice day with the Buffalo veterans.

Fashion Plates

A POPULAR APRON AND CAP SET

3895—So neat and trim and so easy to adjust—by this apron. To make the two pleasing models here shown will not take very long. Percale drill, saten, lawn, cambric, bleached muslin, cretonne or chintz are good for this cap and apron.

The Pattern is cut in 4 Sizes: Small, Medium, Large and Extra Large. A Medium size requires 3 1/4 yards of 36 inch material for the Apron, and 5 1/2 yards of 30 inch or wider material for the Cap.

A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

A Dainty Frock For a "Little Tot."

3892. A "four year old" will ever be true to comfort and ease as shown in this charming model. It is simple in construction and lends itself well to all materials.

Soft crepes and silk, wash fabrics, flannel, challis, check and plaid cutting, gabardine and voile. The Pattern is cut in 4 Sizes: 2, 3, 4 and 5 years. A 4 year size also requires 3 yards of 27 inch material.

A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

Fads and Fashions.

The waist-line has been lowered. Sleeves are heavily trimmed with fur.

The oval décolleté shows no fur trimming.

Leather-trimmed frocks are popular in Paris.

A smart light duvetine has a brim of moleskin.

A gown of flamingo chiffon velvet has plenty of gold lace, dyed flame color.

Women's Help

I have always voted, both Municipal and Provincial, for the party owners and personally consider the rights with the city and county.

The reason I vote for the party owners is that they have conducted a better campaign than the party owners of the city and county. Again, take the fact that they have not been successful in their campaign. I can hear some of the people who are persons to have this twentieth century.

Now as far as very great pity for a woman among the headness of a woman offered to not being the cause of my being returned by any organization that any such person can hear some votes in to-day's proud to be adequately sincere in issue I shall have John's annex the

Stands for the city. He is a city laborer. If elected division of will be around \$6. Will fill the portion of built in. Will be paying the HOPPER. Favors to

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