

## MRS. AWALT SUFFERED FOR FORTY LONG YEARS.

Halifax Woman Says It Certainly Seems Wonderful Tanlac Has Given Her That Longed-For Relief.

"After suffering for forty years, it certainly seems wonderful that a few bottles of Tanlac should give me that longed-for relief, but it has, and I'll praise it the longest day I live." The above remarkable statement was made recently by Mrs. Ellen Awalt, 14 Harris St., Halifax, N.S. Mrs. Awalt is a life long resident of Halifax, and is highly esteemed by all who know her.

"During all these years," continued Mrs. Awalt, "there was scarcely a day that my stomach did not give me trouble. Then twenty years ago my kidneys began bothering me, and nine years ago I underwent an operation, and since then until I got Tanlac my sufferings were so great life seemed hardly worth living."

"I scarcely remember when I had any appetite to speak of, and all the time I had to be very careful of what I ate. My food soured in my stomach, and made me feel bloated and all stuffed up, and I had a terrible pain between my shoulder blades."

"My sleep was very broken. Mornings I felt as tired as if I hadn't been to bed at all, and finally I became so badly run down and weak the least little exertion would tire me out completely."

"Last fall I began reading about Tanlac, and finally decided to try it out in my case. I was in such a bad condition I couldn't even take a full dose, and had to begin with a very small amount. But the medicine certainly brought me out. I am eating just anything I want now without suffering with my stomach, and my appetite is better than I ever expected it to be again."

"My kidneys have ceased to bother me, and, in fact, I am so well and strong I can once more do my housework without feeling all tired out. Since Tanlac has done so much for me, I just want to tell everybody about it."

Tanlac is sold in St. John's by M. Connors, in Paradise by Mrs. Maria F. Byrne, in Upper Gilles by Heber Andrews, in Portland by H. C. Haines, in St. Joseph, Salmonier, by Mrs. J. Gushue, in Millerton by Exploits Valley Royal Stores, Ltd., in Flat Island by William Samson, in Jamestown by Christopher Haines, and in Lewisporte by Uriah Freake, -adv.

son when the floods are on in Palestine, and it is extremely unlikely, therefore, that the Jewish shepherds were in the open fields during that month watching their flocks as the Bible tells us they were. But they would very likely have been watching them in January, so strengthening the case for Christmas Day falling in that month.

### Christmas Bits.

In the language of flowers—in the good old days a much-used medium of communication between lovers—the Christmas rose means "Relieve my anxiety." So if you present one of these pallid blossoms to some fair, but hold-out maiden, and gaze anxiously at her, you may get relief—any way or the other!

Holly means "Foresight," although, at Christmas time the meaning might seem more suitable for mistletoe. Many a kiss has been snatched through foresight in hanging a piece of mistletoe in a not too prominent position. But the meaning of "mistletoe" is not at all suitable. "I surmount difficulties" has its very obvious application.

The red chrysanthemum, available at Christmas time, ought to be a boon and a blessing to shy swains, for it means "I love." The white variety means "Truth," and so might follow the red.

The laurel, used in Christmas decorations, means "Perseverance," and might therefore be mixed with the mistletoe!

Finally, the violet means "Faithfulness." And the Christmas pudding joy and—indigestion!

### JUST IN TIME FOR XMAS.

Our stock of Hockey Skates just arrived, prices ranging from \$1.80 to \$8.00. BISHOP, SONS & CO., LTD. (Hardware Dept.) dec16.51th.s.m.w.f

### When Was Christ Born?

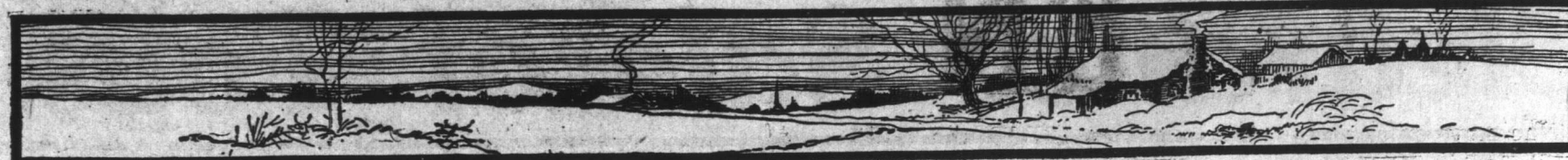
Although many millions of people celebrate Christmas Day on December 25th, the actual day on which our Saviour was born has never been definitely settled.

The chief reason why December 25th was chosen was because December was the month of the great Roman feast of the Saturnalia, when scenes of wild orgy and gaiety took place, and law and order for a day were completely forgotten. It was in

order to provide Christians with a sane clean feast day that the heads of the Christian church settled that Christmas Day should come in December to combat the wildness of the Roman feasts.

Millions of Christians have steadfastly refused to accept this date, however. The Armenians, for example, always celebrate Christmas in January, as do nearly all Russians.

There is a very good reason to think that Christmas Day actually did fall in January and not in December, as a matter of fact. December is the sea-



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It is a happy day that any man gets acquainted with Gillette shaving, and you do a friend a right good turn when you select for his Christmas present one of the handsome Gillette Safety Razor sets.

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# A Gillette

For CHRISTMAS



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Martin-Royal Stores Hardware Co., Ltd.

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Ayre & Sons, Limited.  
T. McMurdo & Company, Limited.

G. Knowling, Limited.  
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### Those Horrid Hats!

If the winner in the recent competition for a new style of man's hat, promoted by the "Daily Mail," has really evolved an ideal head-covering for men, he will have achieved a unique feat. Nobody has, so far, ever devised a hat or cap that did not meet with the disapproval of those condemned to wear it.

Take the Army, for instance! Of old it was the bushy and the shako that aroused criticism. Next, the round cap suggested ludicrous comparisons with porcupines and pill-boxes, until the life of a soldier when walking abroad became a burden to him. While the hideous "Brodrick" cap—named after Mr. St. John Brodrick (now Lord Middleton), who introduced it when he was Secretary for War—elicited even more general disapproval.

Then as regards the Navy! The bluejacket will only admit one redeeming point about his peculiar—very peculiar—brand of head-dress. And that is that the inside leather lining makes an excellent purse wherein to stow his spare cash when ashore.

Postmen have been agitating for years against theirs. They say it makes their head ache in summer, and breeds colds in winter. Schoolmasters are caused more trouble by caps and hats—the pupils' caps and hats—than by lessons, so that many of them, in despair, have fallen back upon mortar-boards, and other similar prehistoric abominations.

Even a cardinal's hat, probably the most elaborate and expensive piece of headgear in the world, is worn once only by its exalted owner. This is when he is first presented at the Pontifical Court. Afterwards it hangs above the altar of the private chapel, of his Eminence until his death, when it is buried with him.

For your health's sake we offer Nature's answer to Constipation, "LES FRUITS." EL-LIS'S.—dec9,tf

### Some Christmas Facts.

Until turkeys were introduced into England in the year 1524, peacock was the most popular Yuletide dish. The first festival of Christmas held in Britain was in 521.

Swans were the standard dish at one time for Christmas fare. Mince pies were once called "minced pies." The crust was doffer-shaped, to imitate the manger at Bethlehem. It was in the middle of the nineteenth century that Christmas crackers began to be made in London.

The "still Christmas" was that of 1525, when King Henry VIII. was ill, and the nation sad and "still." No bells, no carols, no festivities.

The first Christmas card was designed only just over 70 years ago. The most extraordinary Christmas pudding ever made was that which was boiled for fourteen days in 1712 in a copper in the Red Lion Inn at Southwark. It weighed upwards of 1,000 lbs., and its distribution led to a lively riot, so anxious were the public to secure portions.

The Fat, hot spark from Reliable Batteries puts additional power into every charge of gas. dec21,22,23 jan28,29,31 feb28,m.f

10 p.c. off Ladies' and Gentlemen's, Misses' and Children's Long Rubbers and Gaiters at Smallwood's.—dec13,tf

### The Better Way.

"Since time immemorial man has had a weakness in his make-up that is not limited to race or geography," says the Montreal Herald. "We love to be deluded, we scorn fact and favor fancy, and we cater to that which is sensational. In this modern era of wonders most of us have an inborn desire to find a short route to wealth. It does not necessarily follow that all men are shirkers, but human nature all over the world averages the same. When an ordinary appeal to our faith, when a dispassionate proposal is made in the introduction of something new, we are cold or disinterested, regardless of the merits of the project. But let the presentation of the idea be made in a sensational manner, with extravagant statements, flashy literature, and extensive bally-hoing, the majority of men give ear to the argument at once."

Earning money is one thing, saving it is another. Most of us find the latter so difficult that we rather welcome any clue to "the short cut to wealth." Unscrupulous promoters of the various wildcat schemes from "oil to exchange" are students of human nature and ever alert with some new appeal to our gullible ears. We do not seem to profit by the experience of others, and the same old trick with a new coat of gilt glitter just as attractively today for the unwary as it did in the past.

"Work and not money is wealth," and the only legitimate way of getting a share of the goods of this world is by the proper handling of our earnings, and the sensible investing of our savings. It is a slow way of getting wealthy the quickest—Halifax Recorder.

Smallwood's Big Stock of Local Made English and American Fine Boots and Shoes, offered to the public at 25 p.c. off regular prices.—dec13,tf

Custard puddings should be placed in a baking tin set in a pan of water to prevent the eggs curdling.

### Christmas Gifts

For "Him" or for "Her."

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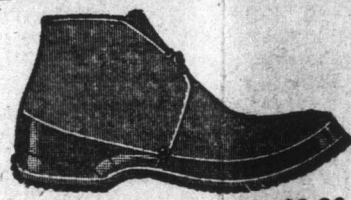
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