

YEARS OF AGONY

Resulting From Solitaria in an Aggravated Form.

Many Nights the Sufferer Could Not Lie in Bed, and His Leg Was Frequently Swollen to Twice Its Natural Size.

(From The Journal, St. Catharines.)

Mr. John T. Benson, stationary engineer at the Ridley College, St. Catharines, is known by most of the residents of the city. For years Mr. Benson suffered acute agony from solitaria, and notwithstanding numerous forms of treatment, found little or no relief, until he began the use of Dr. Williams' Pink Pills. These pills speedily restored his health, as they have done that of thousands of others who have given them a fair trial. To the reporter who interviewed him, Mr. Benson said: "I certainly owe a debt of gratitude to Dr. Williams' Pink Pills, for they have released me from a form of torture that had afflicted me almost continuously for twenty years. The pain began first in my back, then shifted to my hip, and thence down my leg. It became so severe that it seemed as though the very marrow in my bones was being scalded, and at times I could scarcely repress crying aloud from the agony I endured. I tried all sorts of liniments and lotions, but got no relief. I doctored with several physicians, even going to Buffalo for treatment by a specialist there, but in no case did I ever receive more than temporary relief. It may be easily imagined that the pain I endured told upon me in other ways and I became almost a physical wreck. At times my right leg would swell to nearly twice its normal size. Then the pain and swelling would shift to my left leg, and the agony was renewed. I suppose that during the period I was afflicted, I have hundreds of times laid on my back on the floor with my foot and leg elevated on a chair in order to obtain slight ease from the pain I endured. The muscles and sinews in my legs looked as though they had twisted and tied in knots. The trouble went on in this way until finally nothing but opiates would deaden the pain. A few years ago I read of a cure in a similar case through the agency of Dr. Williams' Pink Pills and decided to try them. For some time after I began their use I could not see that they were helping me, but I decided that I would give them a fair trial. By the time I had used a half dozen boxes there was a decided improvement in my case, and I continued the use of the pills until I had used twelve boxes, when I felt my cure was complete. Several years have since passed and I have had no return of the trouble, so that I feel safe saying that the cure has been permanent. I may also add that my wife has used the pills for indigestion, headaches and dizziness, and has found great benefit from them. Words cannot express the great benefit Dr. Williams' Pink Pills have been to me, and I hope similar sufferers will profit by my experience."

Dr. Williams' Pink Pills cure by going to the root of the disease. They renew and build up the blood, and strengthen the nerves, thus driving disease from the system. If your dealer does not keep them, they will be sent postpaid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

Prevailing Complaint.
Barnes Torner (the eminent tragedian)—How much is in the house?
The Manager—Three dollars and eighty-five cents.
Barnes Torner—Let it be given out that I am suffering with throat trouble and cannot appear.
"Throat trouble?"
"Yes, fellow! Have they not given me it in the neck?"—Indianapolis Press.

I believe MINARD'S LINIMENT will cure every case of Diphtheria.
MRS. REUBEN BAKER.
I believe MINARD'S LINIMENT will produce growth of hair.
MRS. CHAS. ANDERSON.
Stanley, P. E. I.
I believe MINARD'S LINIMENT is the best household remedy on earth.
MATTHIAS FOLEY.
Riverdale.
Oil City, Ont.

The Highest Court.
"No," said the judge, firmly, "I will not consent to your marriage with my daughter."
"Sir," returned the young lawyer, haughtily, "I shall not take this decision as final."
"You won't?"
"No, sir, I will not. I shall appeal to the court of last resort."
"Oh, very well," replied the judge. "Submit your case to her mother, if you want to."

To Cure a Cold in One Day.
Take Laxative Broom Quinine Tablets. All druggists refund the money if fails to cure. 25c. E. W. Grove's signature is on each box.

The Wrong Man.
Doctor—Well, did you confine your self to one cigar after meals, as I directed?
Patient—Yes, sir.
Doctor—And you wouldn't find it hard now to give up even the cigar after meals, would you?
Patient—Certainly not, since I've been giving up my meals after the cigars. I never smoked before, you know.—Catholic Standard and Times.

Correcting a Misapprehension.
"The Tribune" is a misapprehension; they couldn't secure passage to the Paris Exposition."
"So I heard. That's the reason I sent the agents of five rival steamship lines up to see them to-day."—Cleveland Plain Dealer.
Miller's Compound Iron Pills; only 25 cents for 50 doses.

DUST STORM IN SOUTH AFRICA.

One of the Phenomena of Nature That Distress the British Soldiers.

As you sit looking over the veldt early of an afternoon, you suddenly see a little dark-screw-shaped column of dust whirling in front of you. It is so small that you could put a barrel over it when it begins, I wonder no one has ever thought of doing it. But it whirls and grows, and grows and whirls, until the first thing you know, it is as big as a tent and something near the same shape, except that the point at the top may reach straight up in a long brown thread sixty or eighty feet high. Well, it whirls and grows, and grows and whirls, until it is half an acre in size, and has begun to pick up big planks, and men's coats and hats, and heavy waterproof wagon covers, and to fling them around in its outermost circle. At last, when it has become a full-grown devil, it turns right about and makes for the camp. Every one, except the sentries, rushes for shelter, and all find that shelter from such a demon is impossible to get. It squeezes under tents, into windows, through cracks, and cracks, between the doors and their frames. It sifts through out-clothes and under-clothes, and paints every man's skin khaki color. It forces its way under the lids of the cooking pots, and it drives itself into the watch in your pocket and clogs its wheels. In minutes it has gone, and then we have an hour of dust storm, which is the same thing, except that it drives straight ahead and does not whirl around.

And now comes a thunder and lightning—real, able-bodied thunder and lightning—the "pucker" thing, as they say in India, or "number one proper," as it would be called in China. I hope the wicked will experience nothing worse hereafter. Crash! comes the thunder, and all ways on the same instant a flash comes which seems to singe your eyeballs. Very soon the heavens open and the rain comes down in torrents, with thunder and lightning to punctuate the showers. It rains in such an enthusiastic, high-spirited, whole-sale fashion that each storm puts the rivers in flood. Whenever we see our shadow stream, the Modder, suddenly choking with liquid mud, and rushing along at twelve miles an hour, and playing havoc with our ferries and pontoons, we know that there has been a shower somewhere in the Free State.—London Truth.

THE PRINCE OF WALES.

Facts Condensed From a Biography Written by Private Secretary.

The following are facts culled from a biography of the Prince of Wales written by his secretary:
He is a colonel eight times over.
He has one private secretary, two assistant secretaries and a staff of clerks to assist him.
He receives 200 letters a day and answers most of them.
He has every order of knighthood in Europe.
His uniforms are worth \$75,000.
He is the chief horse owner, dog owner and yachtsman in England.
He goes to church every Sunday morning.
He started life with an income of \$55,000 a year.
He loves to travel incognito in Paris.
His favorite vehicle in London is a hansom cab, yet his stables cost \$75,000 a year.
He has friends in every nation and speaks German, French, Italian and Russian.
He is 5 feet 6 inches tall and weighs 180 pounds.
He is 37 years old and has four grandchildren.
When he was young he was very tender-hearted, and cried for days when a tutor left him.
He is said to be one of the best shots in England.
He sets the fashions in clothes for the whole world.
He has thirteen university degrees.
He has made more speeches than any man in the world, but most short ones.
He owns the deepest mine in England.
He was the first Christian to dine with the Sultan.

How to Keep Cut Flowers.
On receiving flowers after a journey, every stalk should be cut afresh, and cut only the instant before being placed in the water. When flowers arrive from the south of France or from any distance, the stalks should be prepared with a long slanting cut, or be slit up in order to expose a large surface to the water, and they should be plunged deep in the water, right up to the flower itself, and left all night. If the water is warm, so much the better. Even for an ordinary journey, many things must have such a deep bath or even total immersion. Leaves of artichokes, so grand in large decorations with long stalked Oriental poppy, or the taller of the flag-leaved irises, such as Pallida dalmatica, are plunged over night in the garden tank. Flowers that have milky juice, such as Oriental and other poppies, Stephanotis and Physianthus, want special care. I have often been told that you cannot make these live in water, and unless treated with simple common sense you certainly cannot. These flowers and some others have a fast-flowing, milky juice that dries quickly and hardens over the cut as if it had purposely sealed with a waterproof coating of indiarubber. Therefore when I bunch up Oriental poppies, the moment before the bunch is put into its deep pall, the ends are cut afresh, and the stalks are also slit up two or three inches, and as the juice flows out they are plunged in the water, which washes it away. "Home and Garden," by Gertrude Jekyll.

Miller's Grip Powders cure.
Hard to Discover.
Where can we find:
A woman to mop the brow of the mountain?
A lad who will reach the top of the morning?
The grindstone that will remove the nick of time?
The whetstone that will sharpen a dull appetite?
A ring that will fit the finger of fate?
The correct measurement of the footprints of time?
A frame for the mirror that is held up to future?
The number of inhabitants in the matrimonial state?—Philadelphia Bulletin.

WHAT TO DO IN EMERGENCIES.

CHOKING WITH A BIRD BONE.

If the bone is a small one swallowing a morsel of bread half chewed, may remove it. If the bone can be seen it may be taken out with the fingers. Sometimes a sharp blow on the back will dislodge it. If none of these methods avail, medical aid must be obtained.

FLY IN THE EYE.

This is a very common occurrence in summer time, especially when cycling. When a fly gets into the eye gently rub the eyelid in one direction to bring the fly to the inner corner of the eye, and it will then be able to be removed with the fingers. If this fails lift up one eyelid so as to get it other under it to sweep it.

BLEEDING AT THE NOSE.

If this is excessive it must be stopped at once. The brow and nose should be bathed with the coldest water possible. An upright position must be maintained, the head thrown back, and the arms raised, and ice or a cold piece of steel applied to the spine.

CUTS.

These are not dangerous unless the blood spurts out in jets, which shows that an artery has been severed. In this case press the wound with the thumb and send for a doctor. In the case of a simple cut if torn and lacerated, wash well with cold water, and if any sand or glass be in it must be carefully removed; then cut two or three pieces of sticking plaster, heat them over the fire, and one by one apply them to the wound to keep the edges together. Apply a piece of lint and over this a bandage must be put. The cut must be kept clean, but the dressing should not be disturbed oftener than is actually necessary.

CATCHING FIRE.

If a child's clothes catch fire it should be thrown down at once, and a hearthrug, blanket or any woolen article rolled around to extinguish the flames.

BRUISES.

Apply a lotion of ammonia as quickly as possible and continue for some time. Vinegar and water is also very effective.

A JAMMED FINGER.

This is a very painful accident, but the best means of relieving the pain is to keep the finger in as hot water as can be borne.

DOG OR CAT BITES.

If a child gets bitten by a dog there is no necessity to be alarmed about it, as there is no danger unless the animal is rabid at the time. The part bitten should be well washed in cold water, and a few drops of antiseptic fluid has been added afterwards, suck the bite well, and wash again with salt and water. Scratches from cats sometimes take a long time to heal, as they are very deep. Wash them with a little lint wetted in warm water. In a day or two apply a little cold cream.

WASP STINGS.

Apply ammonia or kerosene. If this is not at hand strong soda may be used, afterwards rubbing with olive oil.

TO REMOVE A RING.

If oiling or soaping the finger is not sufficient place the hand in very cold water for a few minutes, when dry, then take a long thread and roll it tightly and closely round the finger, beginning at the tip, and when the ring is reached slip the thread through the ring and endeavor to work it gradually off.

SPRAINS.

Gently rub with some stimulating lotion, then wrap the limb in a flannel bandage, or if the pain is very severe hot fomentations may be applied. The limb should be raised on a pillow at night or on a chair by day, and kept rested as much as possible. On no account use the injured part until all pain is gone. For the stiffness which frequently follows use cold salt water douches.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Miller's Catarrh Cure.
F. J. CHENEY & CO., Props., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.
WEST & TRACY,
Wholesale Druggists, Toledo, O.
WALDING, KINNAX & MARVIN,
Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists.
Hall's Family Pills are the best.

Teach Evils of Smoking.

An English school board has prepared a circular on the evils of cigarette smoking, which is to be distributed among the parents of the school children. It points out that smoking by boys impairs the eyesight, weakens and stunts the growth. Local doctors are to be asked to go to the schools and address the boys on the evils of smoking.

A dose of Miller's Worm Powders occasionally will keep the children healthy.

Not That Sort of Fellow.

Cholly—She called me a clown.
Miss Peppery—How ridiculous of her!
Cholly—Wasn't it?
Miss Peppery—Yes, Why, the clown in the modern circus is made of unusual intelligence, who commands a splendid salary.

Broken down systems, shattered nerves, and emaciated forms are rapidly restored by Miller's Compound Iron Pills.

Parisian Dressmaker Decorated.
"Paquin," the world-renowned Parisian dressmaker in the Rue de la Paix, has been decorated by the French Government with the Legion of Honor for services rendered.

Rotation of Crops in Dialect.

"Jack, you are an ardent devotee of baseball, I notice."
"No; but after I've talked golf all afternoon I like to read about two columns of baseball talk to rest my head."—Chicago Record.

Dodd's Kidney Pills
are the only medicine that will cure Diabetes. Like Bright's Disease this disease is incurable until cured. Doctors themselves confess that without Dodd's Kidney Pills they are powerless against Diabetes. Dodd's Kidney Pills are the first medicine that ever cured Diabetes. Imitations—box, name and pill, are advertised to do so, but the medicine that does cure.

Diabetes
is Dodd's Kidney Pills. Dodd's Kidney Pills are fifty cents a box at all druggists.

WHY HE CHANGED HIS BASE

It Made a Deal of Difference Whose Son It Was.

"I have told that boy of mine time and again," said Witherby, "that if I caught him fighting I would punish him so that he would never forget it. Bobbie, come here."

Bobbie advanced slowly to the front.
"You have," said Witherby, "an eye that is discolored enough and clothes that are torn enough to show what you have been doing. You know what to expect, sir. But first, tell me truthfully how it happened."

"It was the Wilkins boy," said Bobbie, sobbing. "He said his father was an anti-imperialist, while ever that is, and that you didn't know what you were talking about, and I licked him."

"Well," said Witherby, grabbing the boy by the coat collar and pushing him toward the door. "If, my son, you don't think he is thoroughly well licked, run out and finish the job. Anyone who entertains the distinguishing and treasonable views of that man Wilkins, and who dares to raise his chin against his father, is a man who deserves to have them licked hard to death every morning and afternoon."

Rheumatic and Neuralgic Pains

For all sorts of pains and aches, such as Rheumatism, Neuralgia, etc., the very best remedy is Polson's Nervine. Taken inwardly it clears the system of the uric acid which in some cases causes the trouble. Applied to the limbs, it is of muscular action, nothing but a powerful muscle relaxant, and it is well known that sore muscles are more painful than any other, but very pleasant and mild to the taste. It also cures toothache, coughs, colds, stiff neck, etc.

CATARRHOID Cures Bronchitis & Asthma

Children and Slippers.

Although now and then at public entertainments, such as a hotel hop, or dancing school exhibition, you see children amazingly garbed in silk stockings and fancy slippers, it is well known that such a mode of dress is not considered good form to allow a little girl to wear low shoes or slippers. The heelless slipper makes the foot look awkward, and heelless slippers are not to be thought of, because they are injurious to the health. Besides the wearing of slippers seems to enlarge the size of the foot, the ankle-bones are unsupported and become broader. A child is apt to "turn the ankle" in a heelless slipper and so a neat kid shoe is worn for dancing, or on occasions when a grown-up person would wear an evening slipper. Fashionable little girls wear shoes, not slippers.

That tired feeling will disappear, and you will be able to eat well and sleep better by using Miller's Compound Iron Pills.

Agreed.

The Mistress—Bridget, you must stay until I get another girl.
Bridget—That was my intention, anyway. I want her to know the kind of a woman ye are!—Harper's Bazar.

Miller's Worm Powders cure fever in children.

Sir Ford North, retired from the judicial bench of England on a pension of £3,500 a year, states that he will devote his remaining days to the pursuit of beetles, moths and butterflies, as a etymology has always been his hobby.

Do You Have Corns?

The Most Reliable Remedy, and One that Always Gives Promptly Satisfactory Results is

Pulnam's Corn Extractor.

This Old and Well Tried Preparation Never Fails to Remove all Kinds of Corns and Warts Without Pain in a Short Time.

HOME TESTIMONY.

Mr. James McGuire, Kingston, Ont., writes: "My work involves several miles of walking each day. Some time ago I became a great sufferer from corns, in fact, I almost crippled by them. So painful did they become that I felt I must do something. I fortunately used Pulnam's Painless Corn Extractor and the results were as prompt as they were thorough."

"I have been completely cured of my corns, and I am with you now. I recommend Pulnam's Painless Corn Extractor, as the very best corn cure I ever heard of or used. Nothing else on the market can equal it. It is with extreme pleasure that I give my testimony, and you are quite welcome to use it as you see fit. (Signed) James McGuire."

This is just the experience of everyone who has used Pulnam's Corn Extractor. It is a sure cure. Sold everywhere, or sent to any address on receipt of 25c. by N. C. Polson & Company, Kingston, Ont.

AN INDIGNANT SHIPPER.

How a Westerner Expressed His Wrath Against a Railway.

The following is a genuine copy of a letter received by the Union Pac. R. R. Freight Department at Salt Lake City, Utah:

Opal, Dec. 26th, 1899.
Mr. Reeves,
Chief Clerk Freight Department,
Salt Lake.

Kind sir,
Please excuse me riding to you but I do not feel I have been treated right by your company, I ordered 5 big U. P. cars for to load steers at Opal Dec. 2nd and was promised them sure by your agent there. He said he would have them sure for me and I cut out a bunch of steers to load 5 U. P. cars and when I got to Opal I found a lot of dand old short line cars full of dirt all frose in chunks. I tried to get your agent to have the dung taken out anyway but he said he felt for me and was too strong to fork crap, but would lend me a shovel and help me grunt.

Now Mr. Reeves I want to no if that is the kind of treatment I am to get all the time, I and my men had to shovel the manure out of those six small cars then load out with some hams in the bottom and when I got to the 5 U. P. cars I had been given the 5 U. P. cars I was promised, \$121.00, total, \$125.50. Please let me hear from you soon.
Jas. A. Murphy,
Opal, Wyoming.

p. s. I shipped to Omaha.

Minard's Liniment Lumberman's Friend.

Question of Size.
"I want to get one of them things," said the old lady, pointing to an assortment of thermometers.

"Yes, ma'am," replied the dealer; "how high do you care to go?"
"Why, not too high and not too low, I want one that'll keep my house just right this summer."

Ask for Minard's and take no other.

Editor Was Wise.

"I am 119 years old," said the visitor. "You observe that my step is firm. I read fine print without the aid of glasses. I have always used liquor to excess and smoked cigarettes, and—"

"All this is very ordinary," broke in the editor with a cold sneer.
"Listen," thundered the other. "I have all my life partaken of health foods, freely."
Then the editor burst into loud, incredulous laughter, and pointed out that the age of miracles was past.—Detroit Journal.

Daily Hot Bath for Japs.

Among Japanese a daily hot bath is the rule. When people are too poor to have a bath in their own houses they patronize the public baths.

Keep Minard's Liniment in the house.

A fool may have his coat embroidered with gold, but it is a fool's coat still.—Rivara.

EPILEPTIC FITS.
LIEBIG'S FIT CURE
Will cure Epilepsy, Fits, St. Vitus Dance and Falling Sickness. A TRIAL BOTTLE sent FREE OF ALL CHARGE to any sufferer sending us their name and address and mentioning this advertisement.
Address THE LIEBIG CO., 179 King St. W., Toronto.

St. Lawrence Sugar Refinery.

We Offer You Sugar, The Best Made in the World.

Will You Accept It? It is 100 per cent. Pure and Obtainable of all Good Grocers.

St. Lawrence Sugar Refinery.

AN HONEST OFFER. Read this and Save Money.

We buy our watches direct from the factory and sell direct to the readers of this paper, at much less than any retail dealer.

Our Great Spring Offer.

We have on hand several hundred Gentlemen's Watches, the movements of which are the celebrated Duplex escapement with Jeweled Balance, Stem Wind and Set, and are warranted perfect timekeepers or your money back. The cases are a specially prepared Nickel Silver and will NEVER change their silver-like color.

For \$2.00 we will send by return mail one of these Watches and guarantee safe delivery. We also guarantee perfect satisfaction and will return your \$2.00 if Watch is what you expected.

BARR & COMPANY,
Box 63, Hamilton, Ont.

AN HONEST OFFER. Read this and Save Money.

We buy our watches direct from the factory and sell direct to the readers of this paper, at much less than any retail dealer.

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