#### New C.P.O.S. Liner.

The Empress of Canada, a twin screw geared turbine oil burning pas-senger liner, built to the order of the Canadian Pacific Ocean Services, Limited, especially for their trans-Pacific service, was recently launched at the yards of the Fairfield Ship building & Engineering Co., Limited, Govan. Scotland.

The christening ceremony, which was performed by Mrs. G. M. Bosworth, the wife of the chairman of the Canadian Pacific Ocean Services, Limited, went through without a hitch. Services,

ments of the Bulkhead convention.

A complete system of telephones with a central exchange is fitted to the special and private suites and various offices, etc.

The dining saloon is on the upper deck and will accommodate 325 per sons, a large reception room is situ ated forward of the dining saloon with passenger elevator at the fore end; on this deck also is a swimming pool 30 ft. long by 18 ft. wide, and a gym

Throughout the vessel special at tention is everywhere given to the fact that the Empress of Canada is to serve in semi-tropical climate; public rooms are therefore large and airy and the ventilation amply arranged.

The maiden voyage of the Empress of Canada will be a tour of the world, starting from Liverpool, March 15,

#### Breaking the News Gently.

In our opinion, says the Kansas City this Higginsville soldier de serves the medal for skill in breaking bad news. His letter said:

"How is everyone at home? I am fine and dandy. Say, mother, you ought to have seen my new bed last It was one of the nicest white iron beds, with springs, mattresses, sheets, blankets and a soft pillow. It was in a hospital, where I am now. The front is the only place I see any fun now. As I haven't been paid for six months, I am near broke

The best type of swine have been evolved from the experience of breed ers and packers.

Minard's Liniment For Dandruff.

Long Thumb-Strong Will.

### CHILDHOOD INDIGESTION

Nothing is more common in child-hood than indigestion. Nothing is more dangerous to proper growth, more weakening to the constitution or more likely to pave the way to dan-gerous disease. Fully nine-tenths of all the minor ills of childhood have Canadian Pacinc Ocean Services, Limited, went through without a hitch. The ship is 653 ft. long, 77 ft. 9 ins. wide and has a depth to the bridge deck of 53 ft. 6 ins. Her gross tonage is about 22,000 tons, and she is arranged to carry about 490 first class, 106 second class, 238 third class passengers, and 547 of a crew. Of the cargo spaces, a large portion has been fitted for the carriage of silk. The ocean speed is about 21 knots. The vessel is built to the highest class of Lloyd's register, to full Board of Trade requirements and sub-divided in full accordance with the requirements of the Bulkhead convention.

#### Peaceful Autumn.

Golden-rod waving in veil'd air; Michaelmas daisies, too, so fair. Peaceful Autumn, Peaceful Autumn.

A glance doth prove all Nature's work-

Not a leaf its task is shirking. In late blossoms bees are lurking.
Peaceful Autumn, Peaceful Autumn Forewarn'd by the receding sun, The birds' long journeys have begun Peaceful Autumn, Peaceful Autumn.

Granaries are overflowing, Golden pumpkins, moon-like, glowing; Near the river cattle lowing. Peaceful Autumn, Peaceful Autumn Drawing his bow across his wings,

The lively music master sings.
Peaceful Autumn, Peaceful Autumn. Flaming maples, beauty giving, Voices of all creatures living, Join in chorus of Thanksgiving. Peaceful Autumn Peaceful Autumn

#### Your Promised Land.

Mebbe we ain't all in clover, But, we're goin' to play our part; Got so much for to say grace over, Dunno where to start! It's a fine old world Where the blessings fall,

Till you can't git 'round

Frocks You Can Make Yourself

Width, 1% yds.

9636—Ladies' Dress (37 or 35-inch length). Price, 35 cents. In 7 sizes, state to 46 ins. bust measure. Size 36 from the McCall Co., 70 Bond street, Trombe Dent W. Call Co., 70 Bond street, Trombe McCall Co., 70 Bond street, Trombe Dent W. Call Co., 70 Bond street, Tr

The Blended Flavors

of wheat and malted barley, fully developed by twenty hours baking make

Grape:Nuts

The Ideal Cereal

Ideal not only from a taste standpoint

but because of easy digestibility, full

nourishing worth, economy and ease

At Grocers Everywhere

of service.

requires 31/8 yds. 42 ins. wide; pleated Toronto, Dept. W.

Crystals of sodium nitrate made by a Paris scientist are so pure they can be used in optical instruments.

## Jack Tar's Jargo

If the top joint of your thumb is long, it shows that you have good will power. Well-developed, reasoning faculties are possessed by those people who have thumbs, the second joints of which are long.

Thumbs that work easily are owned by careless, happy-go-lucky, spend-thrift individuals. A stiff, firm-jointed thumb, however, shows that the person is keen, tactful, self-possessed, and cautious—the sort of man who will get on in the world.

Jack lar's Jargon

As soon as anything new comes the lives of our saliors they at the lives of our saliors they at the person were immediately a four sea dogs. Almost lives of our sea dogs. Al a fair breeze.

A marine calls his bluejacket pal "flatfoot," in return for which he is halled as "Joey." The ship's cook is "slushy," and an artificer is "chippy chap." Even the chaplain does not escape. He is the "devil dolger."

escape. He is the "devil dodger."
A grumbler "flogs the cat," while a
bad-tempered man "lies under the
truck." A "schooner on the rocks"
isn't as ominous as it sounds—it is just a pan of vegetables; while pre-served meat is "Fanny Adams." A "fanny," however, is a tot of rum.

A funny man is "Cuts," and a story-teller is "Tom Pepper." "Gold dust," of course, is the paymaster, though the less respectful call him "Pusser" and "Paybob." The commander is the "bloke."

'A "holiday" isn't a good time, it is a gap left in the clothes-line when washed garments are hung up to dry washed garments are lung up to dry. A "handy billy" is a small pulley; and the "bullgines" drive the ship. The order "Haul away handsomely!" does not mean pull hard, but pull slowly

and carefully.

A gunner is "Bue lights," because he is responsible for the "fireworks," The master-at-arms is "Jaunty"; a ship's corporal a "crusher"; a petty officer is "Tanky."

"Sailors are "matters" and "And."

"Sailors are "matloes." and "Andrew is the Navy.

### FREQUENT HEADACHES A DANGER SIGNAL

The Victim Nearly Always Suffers From Weak, Watery Blood.

There are few ailments that cause

more genuine misery than nervous or sick headaches. Only those who have endured the suffering, sometimes for days at a stretch, can realize the agony of the victims. Noises increase the pain; food is unthought of, for it only adds to the distress. When the attack is on there is little to be done until it passes away. These head-aches are nearly always a danger signal that too frequently pass unheeded. They are the symptoms of many maladies, such as anaemia, constipation, indigestion, etc., and when these are cured the headaches permanently disappear. Headaches are more often a sign of weak, watery prood than anything else, and the most successful treatment, therefore, is a remedy that will rebuild the blood and make it rich and red. This can best be done through a fair course of Dr. Williams' Pink Pills, which has a special action on the blood, and through the blood on the nerves. In this way Dr. Wil-liams' Pink Pills have been found invaluable in a wide range of diseases due to poor, watery blood, such as anaemia, rheumatism, indigestion, after effects of influenza, neuralgia, etc. The effectiveness of this tonic treatment is illustrated in the following case: Mrs. Geo. Arn, R.R. No. 6, Simcoe, Ont., says:—"Some years ago my daughter, then a young girl of eleven, became very much run down and ner-vous. She was troubled greatly with sick headaches, and frequently with vomiting spells, and although we lived just across the road from the school, she was not able to attend. She was taking medicine all the time, but it did not seem to do her any good. I had often read of Dr. Williams' Pink Pills, and finally decided to give them to her. By the time she had taken two boxes she seemed much better, and before the fifth box was finished, she was again in the best of health and has always since enjoyed the best of health. I am satisfied it was Dr. Williams' Pink Pills that restored her, and I have since seen equally good results in other cases."

You can get Dr. Williams' Pink Pills that restored her, and I have since seen equally good results in other cases."

The tendency among shippers of

Embroidery Design No. 783

9642—Ladies' Dress, Price, 35 cents sections, 11/8 yds. 36 ins. Width, 21/4 through any dealer in medicine or by mail at 50 cents a box or six boxes In 7 sizes, 34 to 46 ins. bust measure.

Size 36 requires 3% yds. 54 ins. wide.

McCall Transfer Design No. 1044.

## That Grievance.

Have you got a grievance? We most of us have; yet harboring a grievance is one of the most foolish forms of

Women usually have a great many more grievances than men. They are more introspective, also more intui They feel even the slights they cannot see. Men are more frank with one another. If they are annoyed they say so; women sometimes smile, ever

when they feel very hurt.

It is a well-known fact that many women-run concerns-including clubs break down owing to disagreements among the ladies. Women take offence, and as has been said already, they do not always show it, but they nurse a grievance, until it becomes sense of wrong and a heavy

mind burden. Now, why shouldn't we have any grievances? It's wrong and un-Chris-

The Sound Was Right. Teacher-"Willie, use the word

gruesome' in a sentence."
Willie—"The boy went to camp, and
when he returned his mother found

Safety First.

you will have to speak to papa about this?"

He-"Yes. dearest. I suppose must," (After a pause). father got a telephone?" "Has your

Thought He Knew Better.

"Don't try to kid me, Mr. Smith!"
was the scornful rejoinder. "Don't
you suppose I know that hay don't

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism

and Sprains, as I have used it for both with excellent results.

Beyond Expression.

An elderly lady was questioning the x-artilleryman. "And what was the

"Well it was like this," replied the ldier. "We had just spotted a Ger-

replied the soldier sadly,

"DANDERINE"

Stops Hair Coming Out;

Doubles Its Beauty.

A few cents buys "Danderine." Af-

ter an application of "Danderine" you can not find a fallen hair or and dand-

ruff, besides every hair shows nev

man machine gun nest with about twelve enemy gunners that were hold-

"did it kill them all"

T. B. LAVERS,

Yours truly

grow in humps like that!"

ruined by unskilled stropping. There is one and one only razor that Johnny paid his first visit to a farm sharpens itself - the the other day. All his life he had lived in the heart of a great city, and when he suddenly came in sight of a AutoStrop Razor. You can't strop it wronglyhay-stack, he stopped and gazed earh-estly at what appeared to him as a new brand of architecture. "Say, Mr. Smith." he remarked to the farmer, pointing to a haystack, "why don't they have doors and winjust slip the strop through the frame and a few strokes to and fro

will renew the blade "Doors and windows!" smiled the rmer. "That ain't a house, Johnny, Any dealer will demonstrate the AutoStrop Razor that's hav."

soldier.

"No'm,"

"it was a dud."

to you, guarantee satisfac-tion, or refund of purchase

Only \$5.00 complete with strop and twelve blades in an attractive assort-ment of cases to suit any

edge.

price.

Edge Before and After Stropping (Magnified).

It's the stropping

that counts!

Any razor is soon

AutoStrop Safety Razor Co., Limited ng, Toronto, Canada

# rel" on with some member

Someone has not invited her family. or they have slighted her, or done or left undone something, and she seizes upon it, and has a "grievance." This grievance she carefully nurses until it becomes a full-grown child of real un-

ex-artilleryman. "And what was the most terrible sight you witnesses in It's a nasty, spoilt child, too, and she always brings it with her when she comes to call, and lets it annoy you while she shows it off. the war?" she said.

Of course, we can all make grievances. They are easily made—you needn't work overtime to get them You only want a great sense of your own importance, much conceit, a narrow outlook, and a thorough want of sympathy with everyone else to start a whole crop of grievances.

So let's get rid of them before they spoil our lives. We must throw them off, and make an effort to leave them on the sands of Time. Let the broad sea of selfishness and understanding sweep them away into its depths.

### Oh, What a Surprise!

The christening had gone off splen-didly, and even the very juvenile "star" had behaved beautifully; though the name he had received, "Reginald Homer," would seem to be sufficient justification for a revolt. In the vestry afterwards, the clergy-

man was making the usual entries When writing down the second name he paused thoughtfully. "Strange," he thought, as he re-called the original Homer, the great

Greek poet. "It's a curious name for the sonny of a navy."

Then he turned to the proud father

"Your favorite poet?" he asked, pointing to the name.
"Poet, sir," repeated the man, with a surprised look. "Poet, sir? Lor, no; I keeps pidgins!"

#### MONEY ORDERS.

When ordering goods by mail send Dominion Express Money Order.

Although wool prices declined to

The tendency among shippers of farm produce, in view of increased railroad freight rates, is to favor good roads and the use of motor trucks. Will any but the highest type of road meet the demands of the increased amount of heavy traffic, and will the cost of such roads be less than the increased cost of railroad freight service?

# **CASCARETS**

"They Work while you Sleep"?



Do you feel all "unstrung"?--bilious constipated, headachy, full of cold? Cascarets to-night for your liver and bowels will have you tuned up by togrievances? Its wrong and uncerts tian, of course, but never mind that for the minute; we must avoid them out of expediency. They will hurt us sweet, and skin rosy. No griping—no children laye Cassarinconvenience. Children love Cascarets too. 10, 25, 50 cents.

ISSUE No. 42--'20.

# Classified Advertisements.

PEMALE HELP WANTED.

LEARN TO VAMP IN A FEW hours with "Shay's Simple Chart of Chords" enabling a nerson to readily play accompaniments on plano or organ in every key; endorsed by leading musicians everywhere. Agents wanted, liberal commissions; postpaid to any address in Canada for \$1.00. Sethelp Pub. Co., 100 Broadway, Sydney, N.S.

#### Make Love-Live Long.

The art of love-making has a direct influence on the heart and blood. It stimulates the working capacity of the former organ, and keeps it up to concert pitch. As a result, the blood cir-culates with greater strength, and every part of the body is accordingly strengthened.

Love-making, moreover, has a very decided influence in stimulating the working of the liver. Patent medicines would have to go out of business to a considerable extent if the world were more generally given to the art of making love with genuine feeling.

Minard's Liniment Relieves Distemper

Fussy Aunt (being seen off)—"Are you sure this is the right train?"
Nephew—"I've consulted five port ers, two ticket collectors, the indicator, the station master, and gine driver. They all agree that it is; so perhaps you'd better risk it!"

# MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only-look for the name California on the package, their child is having package, then you are sure your child is having the best and most harmless physic for the little stoming up our advance. We located the nest and put the first shot right in the middle of the Jerries."

"How dreadful!" interrupted the old leady "did the little paralle".

### Miss Flora Boyko **Tells How Cuticura Healed Her Pimples**

"My face was very itchy at first, and after that it was covered with pimples that disfigured it badly. The pimples were hard and red and they were small, and they were small, and they were small, and they were small, and they were scattered all over my face and were or itchy I had to scratch and I could not sleep.

"These bothered me nearly a year before I used Cuticura Soap and Ointment and when I had used five cakes of Cuticura Soap and five boxes of Cuticura Cointment I was healed." (Signed) Miss Flora M. Boyko, Gardenton, Man., Dec. 26, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fall to include the exquisitely scented Cuticura Taleum in your toilet preparations. Splendid after bathing.

Seap 25c, Ointment 25 and 50c, Sold throughout the Dominion. Canadian Deput



# ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"





The name "Bayer" is the thumb-print of genuine Aspirin. It posi-tively identifies the only genuine Aspirin,—the Aspirin prescribed by physiciaus for over nineteen years and now made in Canada, Always buy an unbroken package a few cents. Larger "Bayer" package There is only one Aspirin "Bayer" and Pain generally.

There is only one Aspirin—"Bayer"—You must say "Bayer Aspirin is the trade mark (registered in Canada) of Bayer Manufactur accticacidenter of Salicylicacid. While it is well known that Aspirin manufacture, to assist the public against initiations, the Tablets of will be stamped with their general trade mark, the "Bayer Cross

far more than the person against whom we feel aggrieved.

I have a relation-we most of us have--who almost always has a "quar-