Nearer, oh, nearer, dear Christ, may we come, Nearer, ah, nearer the light of our home! Moss hung the forest ways, tangled and drear; Weary and stumbling we shiver with fear; Deep are the livers—oh, heed Thou our moan!— How are we, helpless, to ford them alone?

Only the starlight, Thy message of grace, Gleams in the dark on each sorrow white face; Songs in the midnight Thy heaven-birds sing, Of hopes for the morrow and comforts that cling; Almost Thine arms in caressing we feel, Almost the touch that all sorrow can heal.

Deep in the woodlands, bewildered, astray, Blackened the boles on our sin haunted way: But for Thy compass that grideth us true, But for the pole star that glimmereth through, How could we hope for the red of the gloan? How could the twilight e'er gather us bome? Yet, as we journey, the glimmers grow bright; Surer we feel of the City's great light! Years seem the windings of bramble-set ways; Heavy the Cross-but it shortens the days! Nearer, ah nearer dear Christ, are we come, Almost in sight of Thy welcoming home.

Lead us full softly, O Lord, to the light
Shining perpetual, golden and white!
Since Thou hast guided Thy saints unto Thee,
Crowned them and set them Thy glory to see,
Pardoned, we also, as loved ones at home.
Into the blaze of Thy Presence would come!
—Sacred Heart Review—Caroline D. Swan.

#### FIVE - MINUTE SERMONS. Sixth Sunday After Epiphany.

DISCOURAGEMENT.

"The kingdom of heaven is like to leaven, which a weman took and hid in three measures of meal, till the whole was leavened." (Matt. xiii. 32.)

The progress of spiritual life is slow

with most of us, my dear brethren. We go along day by day, and it seems as if we had advanced but little since the day we began. It seems to us as if we were still standing at the starting place, and the goal as far off as ever. The good resolutions which we made when we began to serve God are not forgotten, neither are they broken But the same evil influences are all about us, tempting us and luring us on to commit sin again, as in the days of our wickedness-those sins which which we have renounced many a time since. And the older we grow the fiercer, perhaps, become those tempta-tions. We think it may be that now we ought to be free from them; that as we have stopped sinning, the desire, even involuntary, of sinning again ought to leave us. And because temptations continue we imagine that sin is within us and that we must purge it out. So we try to make a general confession. The result is not satisfactory, and we fret and your angel guardian is not far off." worry and delude ourselves with the belief that we are wholly evil and that we have made no progress since we We have fallen into the error so common, especially among pious people, that concupiscence is sin.

The truth of the whole matter is this, summed up in a few words of Holy Scripture: "My son, when thou comest to serve the Lord, prepare thy soul for temptation.

God wishes us to purge our souls as well as to strengthen them, and He allows us to be tempted that we may have not only the merit of resistance, but also the strength which comes from repeatedly engaging in battle with the enemy. For the more you fight, the greater will be your experience in the battles to come; and the more victories you gain, the more easily will you gain those which God puts in your

The whole man is to be purged and cleansed. Nothing undefiled can rules do not admit of the slightest exenter Heaven. So if you have put ception. Truth to say, and there is yourself into the hands of God, you nothing special to be seen, nor is there must let Him do with you what He any question of trade secrets. pleases. He has His ways and means, and His ways are not your ways. So trangers is simply because every He allows Satan to tempt you as He woman naturally looks up and her at allowed him to tempt St. Paul and Job, tention is distracted from her work for and indeed all His chosen ones. He from one to five minutes in this way, has chosen you, and He asks you to be that will make in the case of 150 patient while He works out His purpose in your soul. Look, therefore, utes, or five hours, and we cannot on the temptations with which you are allow that." beset as so many chances by which you may resist, and so advance. In-deed I would not bid you to ask anything else from God but grace to over With each temptation that comes there comes a grace tenfold stronger, which is for your use. Use it then boldly for the honor of God and the good of your soul. And do not be discouraged if these temptations last as ong as your life in this world. Do not get discouraged in the Christian life and be tempted to say: "I make no advance, because I am not free from temptation." But rather in the midst of your trials say with St. Paul: "I have fought the good fight; there is

### Converts Make Good Catholics.

laid up for me a crown of justice in

While we honor our brethren in the faith, born and raised in it, more especially should we honor converts, who by prayer and study, and above all, by the action of the grace of the Holy Ghost, have found what so many others have lost. Their zeal, new born, should permit of no cavil, no bitterness; but a charity truly Christian and Catholic - Pittsburg Catholic.

#### Its Cause and Cure.

Cold weather, shivering, no heat to sustain, emaciated, because ill nourished. This is either because the starchy foods are improperly acted upon by the digestive juices or the oily constituents of the food are not assimilated. Cod Liver Oil combined with Maltine supplies this deficiency, for the oil, rendered palatable and easy of digestion, is at once assimilated and stored up in the form of adipose tissue. Besides this the maltine renders soluble the starchy foods—whose special function is to supply heat or fatty tissue—thus affording material necessary to supply the waste of the body. Maltine with Cod Liver Oil is at once a food, a body builder, and medicine, incomparably superior to any preparation for the consumptive or debilitate ed. Verify this by a trial.

Do not delay in getting relief for the little

#### OUR BOYS AND GIRLS.

Politeness.

Politeness is an article for every day wear. If you do it only on special and rare occasions, it will be sure to sit awkwardly upon you. If you are not well behaved in your own family circle, you will not be truly so anywhere, however strictly you may con-firm to the observance of good breed ing, when in society. The true lady or gentleman at all times and in all places-at home as well as abroad-in the kitchen as well as in the parlorin the field or in the workshop. A snob is-a snob always and everywhere.

The Benefits of Water.

The girl is yet to be born who would not be beautiful. Do you wish red lips, bright, sparkling eyes, cheeks plump and tinged with the glow of health, beauty of form and color? Drink, and drink often and much, of pure water. Drink before breakfast and after; before lunch and after; before dinner and after; and above all before retiring for the night. Drink slowly and not with each mouthful of food. Be sure the water you drink is pure. In the city the health board will see to that. In the country, if you have no evidence of its purity, boil it thirty minutes and let it cool, well protected from any impurities in the air. When you do not drink as you ought your very nature gives forth a cry—inaudible—like that of the "Ancient Mariner," "Water, water everywhere and not a drop to drink.

Your Angel Guardian;

"Father," asked Johnny, a boy about five years old, one morning of his father, "is it true that every child has an angel guardian standing beside his bed? I don't think I have one. we have renounced years ago, and At least, I have never seen an angel guardian standing by my bed?"

"Search well," said the father, "and perhaps you will find one. Don't you see anything at the foot of the bed?' "Nothing, except mother," said the child, stretching out his little arms to

her with a smile.
"Well," said the father, "you have found your angel guardian. always keep themselves concealed be hind mothers. When you are at your mother's side, believe me, my boy,

The Value of Minutes.

A party of ladies and gentlemen were lately visiting a large carpet factory, and the manager took them over the different floors of the establishment. On ascending one of the staircases they came to a locked door, on which the following inscription was painted in white letters :

"Strangers not admitted under any circumstances." The curiosity of the ladies was ex-

cited to a high pitch, as they inquired almost in one breath, "What is to be seen inside?" "That is one of our workrooms in

which 150 women are employed in embroidering carpets," answered the manager. "Oh, how we should like to have a

peep at them," exclaimed the ladies. "I am sorry I cannot comply with your wish," said the gentleman, with a shrug of his shoulders, "but our rules do not admit of the slightest ex-

St. Agnes.

What child does not know and love sweet little St. Agnes, with her lamb? Beautiful, wealthy and loved, she never had time to realize that she was so, because all her thoughts were fixed on the beauty of our Lord. That is the sure cure for vanity, and self centred

ness!
"In this life we see," says a quaint old writer, "voluntary poverty accompanied with riches : humility with noin a small body a great cour bility ; age, judgment in childhood, victory in

weakness.
From a child she began to delight in the love of Christ.
She had made herself a dwelling place in His sacred Wounds and built a temple in weakness. His Heart."

The tortures of body and mind to which St. Agnes were put are beyond our words. Human ingenuity was taxed to the full to lead her to sin and to cause her to suffer. But the childface looks down on you and me through the ages, peaceful, tranquil, un-shadowed by one thought of wrong or yielding. Fire could not burn her. Sinners turned from her presence "confessing and praising God." The executioner who was to thrust her through with the sword stood distinguishing piety. trembling before his frail victim, unable to strike until she calmly ordered him to do so, adding, "Let the Lord vouchsafe to take me into His arms." "Then she stood firm in prayer, and

out of the wound which was given her there gushed forth so much blood that it covered her whole body, and her blessed soul was crowned with the glory of martyrdom."-Young Catho-

are themselves unhappy, but they make everybody around them miser A kind word, a look even, has a able. wonderful influence. John Boyle O'Reilly summed up the whole philos-

ophy of life in this short sentence—
"Kindness is the word!"
In the lately published letters of Maria Edgeworth we find that she is con-stantly writting "How good people are!" and "How kind people are!" she seems to have been able to inocuate every one with her own geniality. We will generally find that people are to us just what we are to them. We must give in order to take. A little girl being asked why everybody loved her, replied very simply, "I do not know, except it be that I love every-

There is no one too poor, no one too lowly, but he can do a kindness, or be helpful. In front of a restaurant in New York city, there is a large box, into which newspapers are dropped by passers-by; the papers are gathered morning and evening, and sent to the hospitals for the sick to read. One evening a little girl who was selling papers, dropped one of her papers in the box, and then ran on, crying, "Evening papers!" She had contrib-

uted her mite. Be agreeable, wear a smile on the face, rather than a frown. Let your offuence be sunny and cheerful; there is enough pain in the world already without adding to it. When tempted to say a harsh or angry word, check yourself, and keep silence; but if you have a kind word, never hold it back; say it, and it may strengthen some poor soul, courage some fainting heart. -Orphans Bouquet.

An Intelligent Dog. A San Francisco paper says that Keys, canine employee of the Union iron works of that city, recently met with an accident by which his right front leg was broken. Keys had been looked upon by the officers of the iron works as one of their regular workmen for about four years. He is a dog of no particular beauty and his pedigree would not be considered by dog fan ciers, but he possesses wonderful intelligence. He makes the Potrero police station his home, and he is the pet of Lieutenant Bennett, but nearly every workman in the shipbuilding concern claims the friendship of the dog. the first tap of the gong every morning Keys has reported for duty at the Union iron works, and he has never left until a full day's work has been accomplished. He was particularly useful in the shipyard and in the boiler shop, and the foremen of hese departments say he was more valuable than a man for doing certain kinds of work. He could crawl through small holes in boilers and about ships, and his particular work was to carry tools, bolts, nuts, rivets and other small articles needed by workmen who had crawled into such places, and to have them creep back and forth for such articles would cause considerable loss of time. Keys thoroughly understood his work and he was always on hand when needed. Yesterday a steamer was placed on the dry dock for repairs, and the dog, realizing that his services might be needed by the workmen, was climbing a ladder to the deck, when he slipped and feil about twenty feet. The men picked him up and making a stretcher of some pieces of canvas, carried him

### What of Your Future.

physician to set the broken limb.

to the police station and sent for a

the woman, of cultured mind, of grown graces, of calm, strong faith and hope: of happy recollections and supporting expectations of good name, and abundant good works and achieve

ments all about

It is a beautiful sight—the man, the woman, of the middle age, at the zenith, the prime of life, true to prin-ciple, answering to the demands of the ge : soher under the sense of responsibility, but determined, buoyant,

cheerful, successful. But these admirable personages are not natural prodigies, nor their admir-able qualities inborn or accidental. Such persons and such qualities are the result of grace, purpose, persistent effort, discipline, and almost without exception commenced in early life, during the formative period, largely in childhood.

Persons have become distinguished in virtue, commencing later in life, as some have become scholars; but in the former, as in the latter, such cases are exceptions.

Now, we would ask you-what do you young people hope to become in your time, and for all whom you are to influence? What are you planning to be and do? You will not rise above your aims and plans; and aims and plans thoughtfully laid and faithfully prosecuted are almost sure to be realized. You can become and can do about what you will, with God's grace. We would encourage you to early,

You can be pious, and eminently so, and still be young, cheery, and happy. You cannot, and fall into the current of popular indulgence and irresponsi bility. It means something to be a full grown, normally developed Chris tian, something of self denial of effort, and trust. May God help you. May you help yourselves to this attainment.

Liver Oil is at once a food, a body builder, and medicine, incomparably superior to any preparation for the consumptive or debilitated. Verify this by a trial.

Do not delay in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. If you love your child why do you let it suffer when a remedy is so near at hand?

Baby Eczema and Scald Head. Infants and young children are peculiarly subject to this terrible disorder, and if not roomptly arrested it will eventually become chronic. Dr. Chase made a special study of the skin and we can confidently recommend Dr. Chase's Ointment to cure all forms of Eczema. The first application soothes the irritation and gives the little sufferer rest. Baby Eczema and Scald Head.

A fellow must be sociable to get along. This is one of the commonest excuses for bad habits among young men. If he drinks to excess on some occasion, if he stays out unreasonably late at night or does anything else for which he is properly chided by those who naturally have an interest in him, the first thing the young man pleads in self defense is the necessity of socia-bility. He must be sociable to get on ! A moment's sober reflection would show even him the foolishness of this excuse. What does he understand by sociability? He probably could not define what he means by the term if he was asked to do so. Certainly he would utterly fail to demonstrate how the cultivation of bad habits becomes contributory to success in any worthy application of the word.

That sociability engendered over

friendly glasses in the salocon is fatal to the hopes of youth. A mature per son of intelligence and experience is obliged to pity the youth handicapped by a stupid credulity in the value of acquaintanceships fostered in circumstances and surroundings. fostered in such Bat in the majority of cases the plea is insincerely uttered. Even the most unsophisticated young man usually perceives the mockery of asserting what is so palpably opposed to common sense. One of the first fruits of yielding to temptation is the stimulation of guile and the person who stoops to do a mean and shameful thing will not hesitate to lie to cover his tracks, if he deems it convenient or expedient to deceive those who question his acts. So the young man who, giving way to his own inclination or the importunities of his companions, frequents the saloon or worse resorts of vice, glibly explains that the exigencies of material advance ment require such concessions to sociability. If only the poor fellow could be induced to weigh the matter seriously in his own mind before it is too late. would discover, if he was not already conscious of his own dishonesty in offering this excuse. He would be compelled to acknowledge that far from serving his true interests, the vicious associations and tendencies insepara ble from tippling places, imperil them beyond hope of salvation. He would be forced to confess that if he was anxious to impede and not promote his own progress intellectually, socially materially not to say morally, he could adopt no surer or more expeditious means than this sort of sociability which he falsely pretends to regard as conductive to the opposite effect.

Sociability is an excellent quality to cultivate in its normal phases. It has its valuable appurtenances from a legitimately selfish standpoint, as well as with reference to the unselfish pleas ures of congenial intercourse between men. The truly sociable character is a delight to the circle which it irra-diates. The individual who possesses the precious faculty of making himself always agreeable to those with whom he comes in contact, holds the key to the greatest of human privileges, the rare privilege of being universally respected and esteemed in the little world in which he moves and has his being. Such a person usually prospers in his material affairs no less than in his friendships, because people are glad to meet him and do business with him and will very often go out of their way to have dealings with him, which they could transact just as profitably though less pleasantly perhaps with somebody else. Rut he is a good fellow, cheer-ful, obliging and satisfying, so they go young man making his way in the world, this trait of cheerfulness or sociability is an invaluable aid to success. Good nature is irresistible, when it is spontaneous and sincere and most persons, even dyspeptics and the ira-sciple, like to have around them companions and assistants discreetly and thoughtfully and properly good tempered. Naturally such persons are ever in the line of promotion, that is other things being equal, they are preferred to those less fortunately en-dowed or who have not taken the trouble to acquire and cultivate habits

of amiability. Obviously the sociability which pays -to gauge it by a favorite American standard-is not the sort that misguided young men profess to propagate in saloons and at late hours in ques t onable companionship. It is not the sort that thrives on evil association and is dependent on the development of vicious habits. sociability born of the dang-erous conviviality of drinking-places is generally confined to the preyourselves, and what to achieve in cincts within which it is generated. The old tippler who is "jolly" in his cups is usually the reverse when he is out of them, and the young man who practices sociability in secret among companions whom he rarely introduces into his own family circle, is more apt than not to be surly, quarrelsome and reticient when in the society of those with whom it would be most to his advantage in every way, to practice amia-bility and courtesy. It is true in one sense that "a fellow must be sociable to get along," but in quite another fashion and under wholly different circumstances than the shallow young men who most often urge this convenient plea, have in mind.

We would say to all young persons whatever their condition or surroundings: begin your habits of sociability at home, practice amiability and cheerfulness there, cultivate these virtues first of all for domestic use and they will serve you and promote your welfare in a practical sense where it will do the most good. But above all do not be dishonest with yourselves, false to your best friends and disloyal

CHATS WITH YOUNG MEN to your own highest purposes of life, by masking the culture of vicious and dangerous habits under the specious plea of sociability. Misanthropy is a thousand times better than the love of companionship which finds expression in dissolute acts, drinking, gaming and the other excesses and vices tha crowd in the wake of sociability bred in the fetid atmosphere of sintu haunts.-Cleveland Universe.

#### A LUMBERMAN'S LIFE.

Constantly Exposed to Inclement Weather.

HE FALLS AN EASY VICTIM TO RHEUMA TISM AND KINDRED TROUBLES-A TWENTY YEARS' SUFFERER TELLS HOW HE FOUND RELEASE.

From the Richibucto, N. B., Review. Mr. Wm. Murray, of Cormiersville, N. B., is an old and respected farmer, and a pioneer settler of the thriving little village he now makes his home. While Mr. Murray was yet a young man, he, together with his father and brother, founded one of the best mill properties to be seen in those early The mills consisted of a sawmill and gristmill, and were operated and managed by the two brothers. Laborsaving appliances being then comparatively unknown, the young men were exposed to dangers and difficul ties almost unknown to the present generation. One of the greatest evils in connection with the business was exposure to wet and cold, which, though unheeded at the time, have crippled its victim with rheumatism. In a late conversation regarding his disease, Mr. Murray told the following story of his long misery and final cure by the use of Dr. Williams' Pink Pills "For over twenty years I have been a sufferer from rheumatism. I attribute the cause of the disease to the time when as a young man I worked at our mills. In the winter we would haul logs on the pond where the alternate thaws and frosts of early spring would imbed them in the ice and slush. When the time came for starting up

the mill I would go out on the pond, sometimes in water up to my knees and work away from morning till night chopping logs out of the slush and ice was generally wet from head to foot, and every second night of the week I would, without changing my clothes, stay up and run the mill till daybreak So you see I was for two days at a time in a suit of partially wet clothes, and this would last till the ice had melted in the pond. After a few years rheumatism fastened itself upon me as a reward for this indiscretion, and, ever increasing in its malignity, it at last became so bad that for weeks in succession I could only go about with the aid of crutches. other times I was able to hobble about the house by the aid of two canes, and again at other times it would ease off a little and I was able to do a little work, but could never stand it for more than a couple of hours at a time. The least bit of walking in damp weather would overcome me, and I remember one stormy night when I tried to walk from Cocagne Bridge to my home, a distance of five miles, that I had to sit down by the roadside six times to ease the terrible pain that had seized my legs. During all those years of agony I think I tried all the patent medicines I could get a hold of, but they did me no good at all. I consulted doctors, but my sufferings remained undiminished. In the fall of 1895 I want to a doctor in Buctouche to see if there were any means by which It is a beautiful sight—the aged man, out of their course to favor him with I might at least be eased of my suffer-The doctor said frankly, "Mr. Murray, you cannot be cured - nothing can cure you." I was not satisfied and then I determined to try Dr. Williams' Pink Pills. I procured half a dozen boxes and began taking them at once. I

soon felt a change for the better, and after my supply had been finished I got another half dozen boxes and continued taking them according to direc tions. That dozen boxes was all I tookand you see me now. I am alive and smart and can do any kind of work. did my farming this spring, and could follow the plough for days without feeling any rheumatic pains. Yes Dr. Williams' Pink Pills did me a world of good, and I strongly recommend them for the cure of rheumatism.

Dr. Williams' Pink Pills create new blood, build up the nerves, and thus drive disease from the system. In hundreds of cases they have cured after all other medicines had failed, thus establishing the claim that they are a marvel among the triumphs of modern medical science. The genuine Pink Pills are sold only in boxes, bearing the full trade mark, "Dr. Williams' Pink Pills for Pale People. Protect yourself from imposition by re fusing any pill that does not bear the registered trade mark around the box.

Care of the Complexion.

Care of the Complexion.

It is a well known fact that a torpid liver produces a sallow hue and a dull yellow complexion. You need not expect a clear, beautiful complexion if the blood is rendered impure by a sluggish action of the liver, which cannot properly perform its function of purifying and filtering all impurities from the blood. Ladies, Dr. Chase's Kidney Liver Pills is an invaluable remedy, for by their action on the liver and blood they promote true beauty by rendering the blood pure. This is the secret.

Look Out for the first signs of impure

Look Out for the first signs of impure blood—Hood's Sarsaparilla is your safeguard. It will purify, enrich and vitalize your BLOOD.



# A MINISTER'S STORY.

Rev. F. Elliott, of Richmond Hill Relates a Happy Incident.

Held Bedfast by Kidney Trouble-He Could not Turn Himself-Dodd's Kid-ney Pills Cured Him - "A Good, Honest, Reliable Medicine.

Richmond Hill, Feb. 7. - Rev. F. Elliott, a popular and prominent clergyman of this place, has written the story of his sufferings and recovery from K dney Disease. The sketch is of deep interest to thousands of Canadians.

Rev. Mr. Elliott says he feels it his duty to tell of the medicine that cured him-Dodd's Kidney Pills. Only "goodwill to men" could induce him to allow his name to be published in this connection. The testimonial is entirely unsolicited.

"I suffered so severely from Lame Back that I could not turn, nor get out of bed. I began using Dodd's Kidney Pills, and my rains and lameness soon disappeared. I consider Dodd's Kidney Pills a good, honest, reliable medicine for the diseases they are recommended for.

These are Mr. Elliott's own words, and such is the result every time Dodd's Kidney Pills are used. Any person who suffers from Bright's Disease, Diabetes, or any other Kidney Trouble. after having the assurance of such a worthy and eminent clergyman as Mr. Elliott, deserves no pity. The cure is within easy reach, and if they refuse to stretch out a hand to grasp it, no one can be blamed but pemselves.
Dodd's Kidney Pills positively and

permanently cure Lumbago, Dropsy, Paralysis, Heart Disease, Gout, Sciatica, Gravel, Stone in Bladder, all urinary disorders, Neuralgia, Lame Back, and all other Kidney Diseases. They are the only remedy on earth that has ever cured Bright's Disease and Diabetes. They are sold by all druggists, or will be sent on receipt of price, fifty cents a box, six boxes for \$2 50, by The Dodd's Medicine Co.,

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