

What's the worth of one horse's day's work? How much do you pay your hired man? Why not save many a day's work for both? Turning soil with a

You can Figure it out for Yourself NOW

"Crown" Gang Plow

will do it, besides saving the use of a single plow. Three horses, one man and a "Crown" will do a bigger day's work, and easier, than two men, four horses and two ordinary plows. Get a "Crown," save money, and do your work quicker. The "Crown" is easily adjusted to any depth: three levers work smoothly, all conveniently located. Wheels have dust-proof boxes with roller bearings. Our local agent near you will show you the "Crown," and gladly answer any question. Send now for our special plow-book and catalog "P". They're both free.

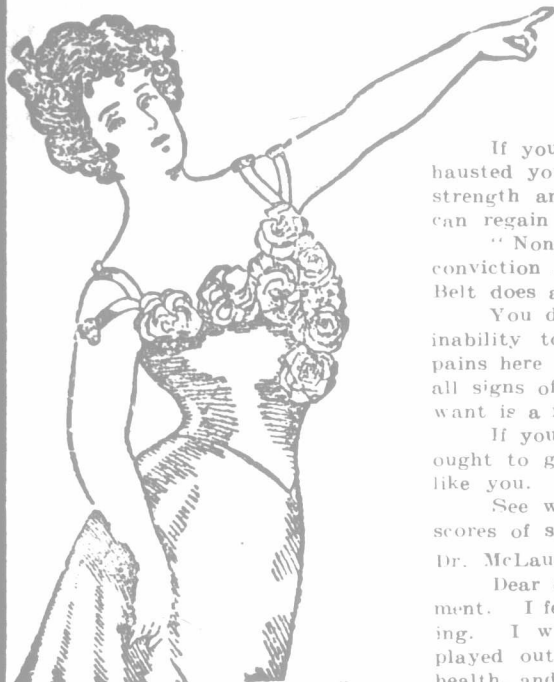
The FROST & WOOD CO., Ltd.,
Smith's Falls, Canada

Easily Handled

Equipped with sod or stubble bottoms and straight or rolling coulters.

SAVE THE TIME OF A MAN A HORSE AND A PLOW

WEAK MEN, HAVE COURAGE!



If you get up in the morning with a dull brain, tired nerves, an ache in your back, a dread of the toil and hardships of everyday life, these are signs that your vitality is at a low ebb—that some of the organs or functions of your body are in a weakened, morbid condition.

If you are a young man, and free rein for evil habits and passions has exhausted your vital energy, or if on the shady side of forty, you have not the strength and stamina that should be possessed by a man of your years, you can regain your health, strength and energy with Electricity.

"None are so blind as those who will not see," but if you are open to conviction and want to improve your condition, I can convince you that my Belt does all I claim for it, and even more.

You don't need to be taught that restless nights, sleeplessness, despondency, inability to concentrate your thoughts, loss of appetite, weak back, headache, pains here and there in other parts of your body, lack of energy and push, are all signs of nervous breakdown, physical debility; you know that, but what you want is a remedy that will restore the vitality that you have lost.

If you have doctored and drugged and got no benefit, that's no sign you ought to give up. Drugs can't restore your vitality. Electricity is for men like you. It's the greatest nerve builder and body builder in the world to-day.

See what people say who have used my Belt. Every mail I get, brings scores of such letters:

Dr. McLaughlin:

Oso Station.
Dear Sir,—I write to let you know that I am well pleased with your treatment. I feel like a new man. I have gained over 20 pounds, and am still gaining. I would not be without your Belt for what it cost, and if this one gets played out, I will send for another, for it is worth a good deal to have one's health, and Dr. McLaughlin's Belt will give it to anyone when it has helped me.

DAVID CRAWFORD,

Huntingdon, Que.

Dr. McLaughlin:

Dear Sir,—I have been suffering from Rheumatism for the last two years, and your Belt has completely cured me in two weeks. I would not part with it for twice what I paid for it. I highly recommend your Belt when I have an opportunity, and I am thankful for what the Belt has done for me. **JOSEPH LARGISS.**

My Belt, with special Electric attachment, will restore your vigor. It will check all loss of vitality, and affects every organ of the body. It cures Nervous Debility, Varicocele, Rheumatism, Lame Back, Lumbago, Sciatica, any case of Kidney Disease that has not gone as far as Bright's Disease, Stomach Trouble, Constipation. If you haven't confidence in electricity, let me treat you at my risk. I will give you the Belt on trial, without one cent of risk to yourself. Give me reasonable security, and I will take your case, and you can

PAY WHEN CURED.

THE WORLD HATES A QUITTER.—If you go into a fight, stay with it, no matter how poor your chances look. The other fellow probably wants to quit, and if you hold your head up, he will quit first.

The victory to the brave. It takes nerve and energy to win nowadays. You don't want to be a failure. You are made for better things, but you can't win without courage and energy.

That's the idea behind my Electric Belt, the body battery that pours electric vim into a man's body.

Get My Book: It's Free

Call at my office if you can. If you cannot, cut out this coupon, mail me your address, and I'll send you my beautifully illustrated 80-page book that is full of sound facts that you ought to know.

DR. M. S. McLAUGHLIN,
112 Yonge St., Toronto, Can.
Please send me your book, free.

NAME

ADDRESS

Office Hours: 9 a. m. to 6 p. m.
Wednesdays and Saturdays until
8.30 p. m.

QUESTIONS AND ANSWERS. Miscellaneous.

SQUIRRELS IN GRANARY.

Granary is situated near a grove. Squirrels are eating the oats. How can I get rid of them? **SUBSCRIBER.**

Ans.—Chink up the crevices in the granary with tin or zinc trimmings—or have the squirrels' teeth drawn.

SYMPTOMS AND TREATMENT OF MILK FEVER.

What is the cause; what are the symptoms, and what the best treatment for milk fever in cows? **S. J.**

Ans.—While, as a rule, the heaviest-milking cows are most liable to this complaint, moderate milkers sometimes fall a victim to it. The cause had long been a mystery, but experience and observation has pretty well established the fact that milking the cow out too clean in the first few days after calving causes a collapse of the system, which does not occur when the colostrum, or first milk, is removed gradually, as in the natural conditions when the calf takes a little at a time and often. The symptoms are ceasing to feed, or drink, the milk flow ceases, a whisking of the tail, a lifting up and crossing of the hind feet is noticeable, then a swaying of the hind quarters, the cow finally lying down and being unable to rise, the head drawn back, and lapsing into unconsciousness, in which condition the cow may remain for days before death occurs. For prevention and treatment, see article on this subject in "The Farmer's Advocate" for March 19th, page 540.

SAINFOIN.

Can you tell me anything about Sainfoin? In one of the Experimental Farm reports it is reported as giving a greater weight than alfalfa. I tried a peck of seed some years ago, sowing it by hand before the last harrowing, but it did not grow, unless it is so like alfalfa that they can't be told apart. **C. W. B.**

Grenville Co., Ont.

Ans.—Sainfoin is a perennial, leguminous cloverlike plant of the bean family, native throughout the whole of Central Europe and much of Siberia. It is a hardy plant, adapted to dry, calcareous soils, somewhat porous in character. It thrives on the chalk soils in the south of England, and has succeeded in Quebec. At the Ontario Agricultural College it is not spoken of with much favor, for, while it gives good crops, it is pronounced somewhat coarse and woody. At the Central Experimental Farm, Ottawa, Mr. John Fixter, ex-foreman, grew it as a honey-producing plant. In habit of growth, it is more woody in the root-stock than clover, and much branched. It also grows to a greater average height. The stems, which are covered with fine hairs, bear numerous leaves, long and pinnate. The blossoms are numerous, and of an attractive pinkish color, brightening into a crimson tint. The seed pods are flattened from side to side, and wrinkled. Sainfoin comes on quite early, and Prof. Thos. Shaw estimates its feeding value as much the same as that of alfalfa. It is esteemed where it can be grown for the production of pasture, of soiling food and also hay, being especially valuable for enriching the land through the medium of its root-stocks, and more especially when the tops are plowed under as green manure. It is said to be a good pasture crop when properly grown, not producing bloat in cattle or sheep as alfalfa does. It will furnish grazing about as early as alfalfa, and considerably earlier than medium red clover. It is grown for soiling more frequently than for hay, and will furnish several cuttings of green feed in a season, or two of hay. It has been found more difficult to get a good stand of sainfoin than of other varieties of the clover family, owing to the low germinating power frequently found in the seed, hence weeds and grasses are liable to come into the soil and crowd out the sainfoin. It is specially important, therefore, to sow it on a clean seed-bed. The seed is frequently sown in the hull, and usually in the early spring. In the rough form, it is generally broadcasted by hand at the rate of from three to five bushels per acre. Freed from the hull, it may be sown like alfalfa or clover, at the rate of 30 to 40 pounds per acre.

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