by them nobody, save themselves, has any idea, but surely the grateful thanks which are continually coming back to them, must be some reward for their lives of self-sacrifice.

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Some idea of the growth of the Diet Dispensary may be formed by a comparison of figures. The number of applicants during the first year was some three hundred; last year they were nearly eight thousand. The first treasurer's report gives the total receipts as \$150.54, and a balance from this on hand of \$13.66. The statement closed March 15th, 1895, shows that \$2,303.58 had been handled, and the balance was \$115.10, a somewhat startling increase.

That the work is far from perfect, the Committee only too keenly realize, but they are constantly striving to improve, and they earnestly desire the co-operation of all who have any interest in their efforts to aid the sick who are powerless to help themselves. A new year has lately begun, the workers still endeavor to fill their obligations to the sick and distressed, but with each year they feel more keenly the need of more sympathy and help from many;—from each and all who know what sickness and