

Women best in country

# A good Yarr for team

by Brian Lennox

The Dalhousie Tigers cross-country team is consistently one of the top cross-country teams in the nation. Each year, head coach Al Yarr has a squad that is ranked in the top ten in Canada. Currently, the women's team is ranked second in the nation.

Lucy Smith and Sue Comeau

head a strong women's team, one of the best in the nation. Smith has had an incredible year in 1989. She was a CIAU All Canadian last year. In the summer, she won a gold and a silver medal at the Canada Games. Last weekend in a race in Boston, Smith came second against some very strong competition in the Tufts 10K. Comeau, a five-year veteran, has

been steadily improving each year to a point where she could be an All Canadian this year. Comeau has overcome some tough injuries early in her career,

which demonstrates she has the mental toughness to run competitively with some of the best women in the nation. She also represented Nova Scotia at the

Canada Summer Games in Saskatoon.

The men's squad is led by Ovind Naess, an all conference runner in the past. Naess is better known for his orienteering, but he also excels in cross-country. Dan Hennigar, Darrin Richards and Paul Riley are three other runners for Dalhousie who are very talented. Coach Yarr expects

a major contribution from each runner, even from the freshmen who Yarr describes as being keys to the team's success.

The Tigers have to be the favourites to win both AUA titles and, in the women's division, a definite threat for a national championship.

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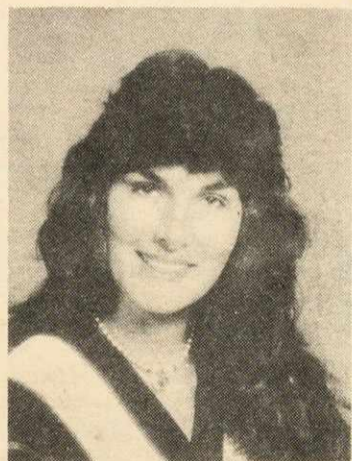
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