

FitzPatrick resigns... continued

FitzPatrick said that before his resignation takes effect, he "will reconcile the CASA account at UNB and close it as soon as possible while adding no new charges."

"I will also reconcile to the satisfaction of the SU Accounting Coordinator the other accounts on which I am authorized to make disbursements," he said.

FitzPatrick says he will defend individual disbursements in front of the SU Public Accounts Committee when it is established.

"I have done nothing wrong," FitzPatrick emphasized to Council in a halting voice. "I just want to clear my name and get this over with," he said.

FitzPatrick plans to stay on as CASA Regional Director, and remain as Acting National Director until such time that Alex Usher returns from medical leave. FitzPatrick will also organize CASA's National Conference on Post-Secondary Education, slated for February 1996. The conference, which will be the first national meeting of stakeholders in Post-Secondary Education in 8 years, has been attributed largely to FitzPatrick's lobbying efforts of government. According to FitzPatrick, CASA will rescind the offer made to the UNB Student Union to co-host this conference.

SU President Kelly Lamrock, who heard of FitzPatrick's resignation only 20 minutes before the Council meeting, urged Council not to accept it. Lamrock claimed FitzPatrick was a "victim of trial by media."

"When events of this nature are reported in the press, it creates the impression that politicians must be up

to something," Lamrock told *The Brunswickan* in an interview following the meeting. "Rumor travels faster than explanations," Lamrock claimed.

Lamrock said FitzPatrick's decision surprised him, "I didn't want him to resign and was prepared to back him." Lamrock said he was fully satisfied with FitzPatrick's explanations of his expenses.

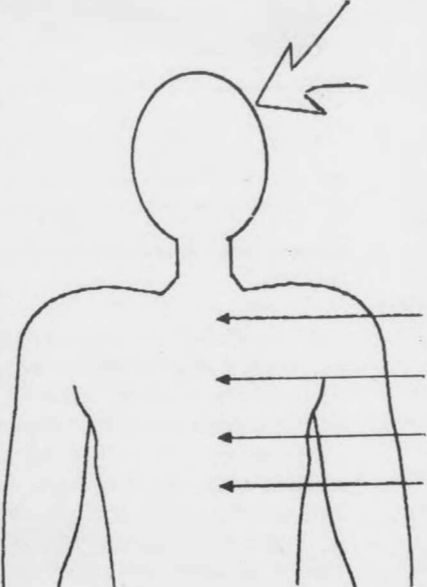
Councilor Shona Bertrand (Law) was "floored" by FitzPatrick's resignation but told Council not to feel guilty for asking questions. "We have every right to question," said Bertrand, admitting that the expenditures, as presented to Council, "looked bad" last week. "But we didn't rush to judgment last week," Bertrand said. "I didn't get the sense that there was animosity towards any individuals around this Council table last week," she said.

This, in spite of three motions from last Council which, in FitzPatrick's opinion "demanded explanations" of him, and which named him specifically. FitzPatrick, while one of six card holders, was the only one penalized by having his cheque withheld.

Councilor Mike Blanchard (Engineering) asked FitzPatrick to reconsider and at one point moved a motion to table the acceptance of the resignation until next week. But FitzPatrick asked Council to accept his resignation immediately and after further debate, the resignation was accepted with 13 in favour, 6 against, and three abstentions.

FitzPatrick's resignation ends four years of service to Student Council, including three years as an Executive. FitzPatrick also served two years on the Academic Senate and one year on the University Board of Governors.

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Source: *Psychosomatic Medicine*

Approximately one million students in North America have learned Transcendental Meditation. Over 500 studies conducted at more than 200 universities and research institutions show profound benefits for mind and body, as well as improvements in personality and relationships through the practice of the Transcendental Meditation technique.

Graphics courtesy of Neil Dickie.

by Neil Dickie for *The Brunswickan*

Ann Shannon was looking for a way to deal more effectively with the pressures of a demanding routine. The Master's student in Psychology at UNB student heard about Transcendental Meditation from friends. A year ago she looked into the benefits, and impressed, decided to begin the practice. Now, she says, "I have a calmer approach even in the face of pressures that previously would have caused stress reactions."

Dr. Miron Rezun, a UNB professor of Political Science, says, "TM gives me a cleaner and deeper insight and perception. It has given me insight into things that I only superficially understood before."

Dr. Rezun, who learned Transcendental Meditation 20 years ago as a graduate student in Toronto, adds, "When I meditate, it helps me assimilate knowledge. More important, Transcendental Meditation helps me

synthesize that knowledge better. This is very important to me. TM helps me reach conclusions, to solve problems."

Transcendental Meditation is one of several courses now being offered by two new colleges to develop the full potential of mind, body, behavior and environment. Maharishi Vedic College and Maharishi Ayur-Veda College formally begin their operations in New Brunswick this fall.

Maharishi Vedic College will emphasize the development of consciousness, whereas Maharishi Ayur-Veda College will offer health programs to prevent disease and promote longevity, says MVC co-director and UNB alumnus Neil Dickie (BA, '81).

Incorporated in New Brunswick last year and based in Saint John, the colleges offer a range of evening and weekend courses in both Fredericton and the Port City.

Dickie says the colleges offer unique programs that do not compete with UNB or any other college, but actually

help students get the most out of their education by developing their potential.

"Other colleges and universities focus on knowledge itself, on acquisition of facts, theories, information," said Dickie. "Our programs will bring fulfillment to the existing educational system by offering techniques to expand the container of knowledge—the consciousness of the learner—while he or she gains useful knowledge and skills in applied areas."


Over the past 25 years, more than 4 million people from all walks of life have begun the practice. Neil Dickie, who learned TM in 1973 as a sophomore, says over 1000 UNB students, faculty and staff have learned the technique. Several, including Dickie, have become certified Transcendental Meditation teachers at Maharishi European Research University and have returned to teach on campus.

Ann Shannon says she was impressed by the many benefits for education shown in studies published on Transcendental Meditation, including increased intelligence, increased creativity, improved academic achievement, increased self-confidence and self-actualization, broader comprehension and greater ability to focus, higher levels of moral judgment, greater intellectual and scientific orientation, and decreased smoking, alcohol and drug use.

Prof. Rezun finds a wide range of concrete results from his TM practice. "The benefits are more than psychological," he says. "It is very rejuvenating physically. I can feel it improving the functioning of my nervous system. For me, practicing TM is a teleological process: it helps me go towards my goals, in knowledge and in everything."

Unlike other forms of meditation, Transcendental Meditation involves no effort or concentration, nor any specific beliefs, behavior or lifestyle. Transcendental Meditation is not a religion, says Dickie, and does not conflict with any religious belief.

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