

# U of A karate gaining prestige

by Carol Kassian

Wado-Kai karate is a going concern at the U of A.

Since the U of A Wado Kai Karate Club was formed in 1982, membership has grown from 10 founding members to the current enrollment of 130. The popularity of this style of Karate, which emphasizes spiritual, intellectual, and physical development, may be due to its distinctive nature. Wado Kai differs from other forms

tative from the club on the Campus Recreation Sports Clubs Committee, has witnessed the campus growth of the discipline for the past 6 years. Over this period of time, 30 black belts have graduated from the program. Many of these individuals are now professionals in their own fields, but return to the club as alumni.

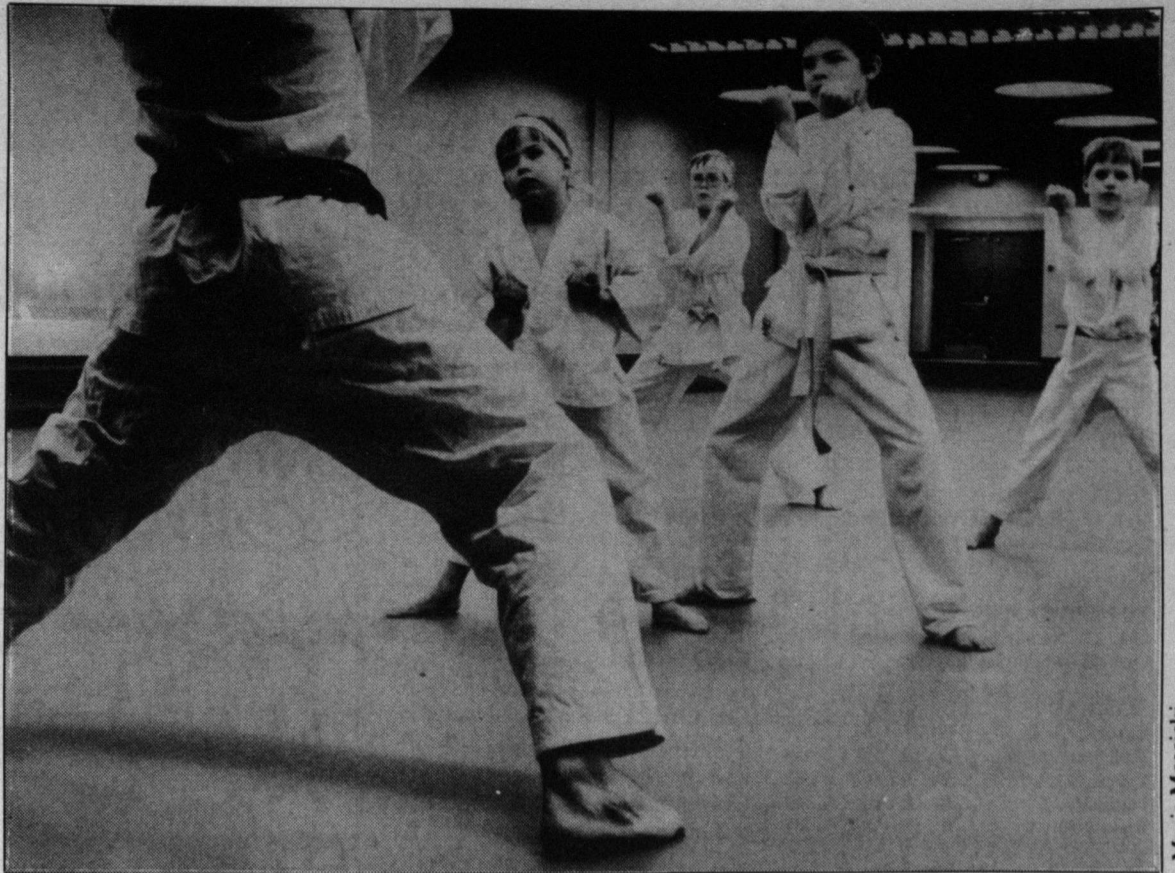
In addition, while it is rare for women to receive black belts in Wado Kai, many have attained this accomplishment through the U of A club. Due to these factors, Wado Kai Karate on campus has achieved a favorable profile and has become highly credible and respected.

The prestige of the club has been complemented through the yearly attendance of the North American Head Instructor of the discipline. The head instructor has chosen the U of A as one of the privileged locations that he will attend in order to provide his expertise. Other instructors are also invited throughout the year, to complement the four resident instructors. Of these, Joseph Rempel, the Head Instructor, has his fourth degree black belt, and the three other instructors have their first degree black belts. The

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of Karate in its suitability for a wide variety of people, including those who are small in stature.

Joseph Rempel, who has been involved in Karate for 15 years and who is the current represen-



Maria Moscicki

## Karate kids

This class is part of the "Saturday Mornings are for Kids". The Wado Kai club practices six times a week in the basement of SUB.

degree of the black belts increases with the length of time devoted to the discipline.

The Wado Kai Karate Club practices 6 days per week, assists with classes in the "Saturday Mornings are for Kids" Non-

Credit Instruction Program, and hosts two tournaments per year. Sponsored by Campus Recreation, the tournaments attract participants from clubs throughout the province. Three hundred to four hundred individuals attend each tournament. The tournaments

perform two functions which include providing opportunities for competition and acting as a promotional vehicle for the discipline. The club also plans a number of social activities, including banquets, dances, and hikes which complement its overall program.

## ★ ENTERTAINMENT ★

### THIS WEEK AT THE PLANT

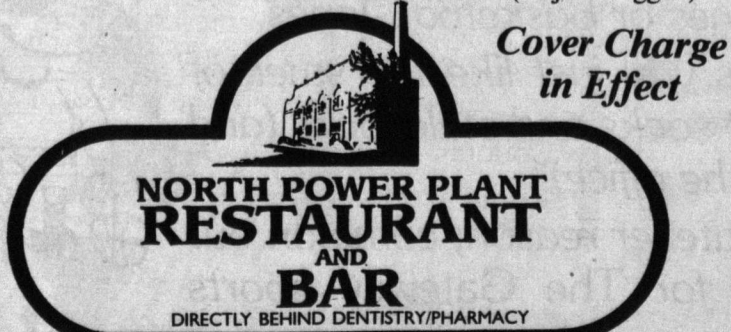


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### ESSAY COMPETITION

"South Africa is probably the only country in the world where significant first and third world societies coexist within a single national territory. The country does not have the luxury of debating the differences from either side of an international border, as does the rest of the world. The problems of traditional disparities, in the context of the information revolution have to be faced head-on until a solution is found."  
- Angus Gunn, 1988 (Author, *South Africa A World Challenged*)

In the search for better understanding of the complex social, political and economic problems facing South Africa, the Western Canadian Society of South Africa is sponsoring an essay competition to post-secondary students residing in the Province of Alberta.

Subject of the Essay

**"DIFFERENT NATIONS UNDER ONE POLITICAL ROOF"**

The populations of many countries are composed of people belonging to different nations. In some cases, harmony prevails among these people. Canada may serve as an example, having a population comprised of two founding nations and several other ethnic and linguistic groups. Other countries are less fortunate. Burundi is the latest tragic example of those countries plagued by hostility between national groups. Antagonism leads to hostility, which frequently results in destructive civil war.

What do you consider are the essential political, social, economic and cultural elements required for a multi-national country such as South Africa to follow the road of peace and harmony, while respecting the human and political rights of all its people?

Present your views in an essay of not more than five pages, double spaced.

#### PRIZE

The prize for the winner chosen from the essays received will be one return ticket to South Africa plus \$500 Cdn.

#### JUDGES

The winner of the Essay Competition will be chosen by the following persons, who have kindly consented to be judges.

Prof. Eric Waldman.... Profeser Emeritus, University of Calgary.

Professor Leslie Green.... University of Alberta

John Stewart-Smith.... Author "Individualism and Limited Government"

#### CONDITIONS OF ELIGIBILITY

Canadian citizens and legal residents living in the Province of Alberta and who are students at any officially recognized post-secondary educational institution in Alberta.

Essays of not more than five pages, typed, double spaced will be accepted up to and including Wednesday, November 30, 1988 at the following address:

**COMPETITION, BOX 402, STATION "G", CALGARY, ALBERTA T3A 2G3**

Results of the Competition will be announced in the press on Thursday, December 15, 1988.