

### Social Notes of Interest

Mrs. Frank Doyle and her daughter, Miss Harriet Doyle of Moncton, were in the city on Monday, remaining over yesterday for the High School closing. They were guests of Mrs. H. C. Baker, 46 King square, while here. Miss Doyle is taking the training for nursing at the City Hospital, Moncton.

Miss Eileen C. Cushing returned home by the Boston train yesterday after a four months' visit with her uncle, Dr. William C. Cushing, engineer of standards with the Pennsylvania Railroad System at Philadelphia, and with relatives and friends in New York and Providence. Miss Cushing accompanied Dr. Cushing to the Vassar College commencement, June 7 to 10, at which Dr. Cushing's daughter, Annie Theodora Cushing, received her B. A. degree.

Miss Mary Owens, daughter of Mr. and Mrs. J. Frank Owens, 272 Tower street, West End, has returned home after having completed, with honors in several subjects, the commercial course at Mount St. Vincent College, Halifax. Miss Owens was awarded a bronze medal by the Degan Typewriter Co., a bronze medal for speed and accuracy by the Underwood Typewriter Co., a certificate for speed in typing by the Underwood Co., a diploma in bookkeeping by the Goodyear Bookkeeping Co., of Iowa, a diploma in business correspondence by the White College,

Chicago, and a certificate in filing by the Office Specialty Co., Toronto. Honors and first division marks were awarded Miss Owens in stenography, typewriting, filing, bookkeeping, business correspondence, commercial law and rapid calculating.

Mrs. Coligley of West St. John has returned from Massachusetts, where she was visiting. She was accompanied by her nephew, Charles Tarbell, of Dorchester, Mass., who will be her guest for some time.

Mrs. C. M. V. Spence and young daughter, of 176 Sydney street, left on Monday to spend a few weeks at the home of Mrs. Spence's parents, Mr. and Mrs. Richard Rodway, Dartmouth, N. S.

Miss Louise Tapley arrived home on Saturday from Toronto, where she has been attending the Margaret Eaton School of Literature and Expression.

Mrs. F. E. Williams and her daughter, Miss Eileen Williams, returned home Monday from New York, where they had an enjoyable visit, following Miss Williams' return from McGill University, where she is a second year student. Mr. and Mrs. Williams and family have taken up residence at their summer home at Millidgeville.

The home of Mr. and Mrs. George Stevens, Fairville, was the scene of a merry party Monday evening when 50 of friends assembled to present Miss Frances L. Stevens, their daughter, a lovely shower. Gaily decorated was the cart which was pulled into the room by two tiny children, little Ines Totten and Arthur Totten. The verses attached to each gift were read by the bride-elect, who opened her parcels and

### Summer Changes Of Costume

Summer calls for a more varied wardrobe than any other season. You can manage on small money if you keep in trim by the simple economy of Dry Cleaning. Old Dresses become new Dresses, old Sweaters become new Sweaters, old Skirts recover their spark and you can laugh at the cost.

Just what sort of Dry Cleaning is well indicated by the fact that the benzine that bathes your garments here passes steadily through twelve filters.

### New System Laundry

Cleaners, Dyers, Wet and Dry Wash.  
(Mid-city depot—Phonograph Salon.)



### SISTER Mary's KITCHEN

#### LOSE WEIGHT.

One whole orange, 1 cup consommé, 1 maple cup custard, ½ cup combination vegetable salad, 2 lamb chops, 1 cup dandelion greens with lemon juice, 2 tablespoons diced carrots, 1 pint skimmed milk, 2 pieces crisp gluten toast, 1 tablespoon gluten croutons, 1 bran roll.

Total calories, 1090. Protein, 238; fat, 239; carbohydrate, 618. Iron, .0207 gram.

Milk is especially acceptable in a high protein diet because of its non-acid ash after oxidation in the body. The protein of milk leaves an acid-forming ash, which if used to excess is sure to cause trouble.

The minerals in milk tend to form the alkaline ash as well as supply the necessary lime and iron in the diet. Don't neglect your pint of milk daily. Skimmed milk is quite as valuable with the exception of the vitamins found in the butter fat as whole milk. Your fresh fruits and vegetables will supply this need.

#### GAIN WEIGHT.

One whole orange, 4 tablespoons creamed potatoes, 2 ounces sausage, 1 cup consommé, ½ cup combination vegetable salad with 2 tablespoons French dressing, 2 tablespoons baked macaroni with cheese, 1 maple cup custard, 1 cup tomato soup with rice, 2 lamb chops, 3 new potatoes in cream sauce, 1 cup dandelion greens with 1 tablespoon butter and lemon juice, 2 tablespoons diced carrots with butter, 1 fried banana, 2 tablespoons graham pudding with 1 tablespoon whipped cream, 1 pint whole milk, 2 cornmeal muffins with 2 tablespoons maple syrup, 2 tablespoons croutons, 1 bran roll, 3 tablespoons butter.

Total calories, 3974. Protein, 401; fat, 1626; carbohydrate, 1947. Iron, .02 gram.

The normal diet should be in the proportion of one-tenth protein, three-tenths fat and six-tenths carbohydrate. In a gaining diet the amount of fat is increased but the fat must be easily digested.

Carbohydrates which consist of starch, sugar, dextrin and the acids of fruits and vegetables are the most easily digested and absorbed. Consequently any diet containing more carbohydrate calories than protein or fat.

#### Her First Thought.

"My dear, Jones tells me that he and his wife are separating. Let's see, it isn't a year since we attended their wedding."

"No. Thank goodness they're hardly long enough together to find out that the silver we gave them was only plated."

Bicycles must have a license in Denver.

### FAIRVILLE AND VICINITY.

Mrs. Arthur Purdy, of West St. John, is spending the summer with her father, Alexander McAllister, of Lorneville.

Mrs. Samuel Nichols, of West St. John, has returned home after spending a few days at the home of Mr. and Mrs. William McAllister, Lorneville.

Mrs. George Cudlip, of Grand Manan, who has been the guest of Mrs. Wallace Galbraith, Lorneville, left yesterday for Moncton, accompanied by Miss Titus, teacher of the Lorneville school.

Mrs. Arthur Wilson and her little daughter, Margaret, of the Manawagish Road, are spending a few weeks at Grand Bay.

William Baxter, University of New Brunswick student, of Fairville, who has been at his home for the summer vacation, has accepted a position at Doaktown in civil engineering work under George Lawson.

Mr. and Mrs. James Galbraith and son, Edward, of Lorneville, are spending a few weeks visiting friends in the city.

Mrs. Herbert Robson has returned to West St. John after spending a few

### Delicious!

## "SALADA"

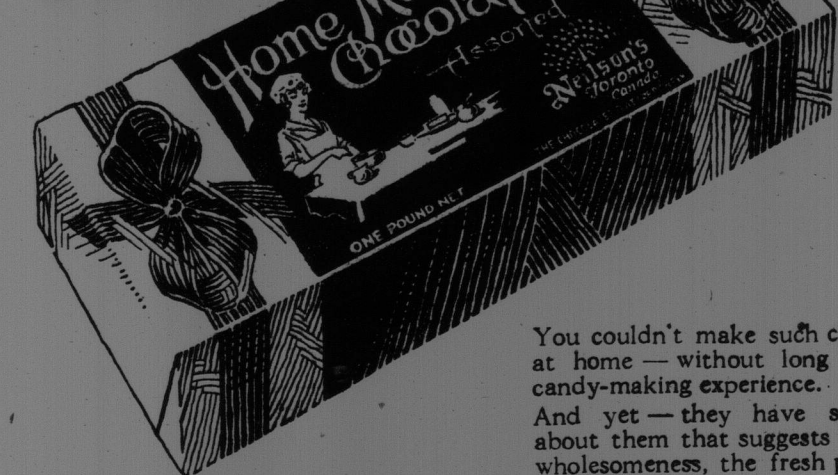
Pure, Fresh and Satisfying.  
Sold in aluminum packets. — Try it.

weeks with her parents, Mr. and Mrs. James McAllister, in Lorneville.

A Billion to Boot.  
Mrs. Binks—"This paper says that a Springfield woman has a baby that never cries." Binks—"By George! I wonder how she'll trade."

There are more than 40,000 written words in the Chinese language, each represented by a different character.

## That "Home Made" Taste



60c.  
per lb.

## Neilson's

THE CHOCOLATES THAT ARE DIFFERENT

You couldn't make such chocolates at home — without long years of candy-making experience. And yet — they have something about them that suggests the pure wholesomeness, the fresh piquancy, of home made dainties.

So we call them Neilson's "Home Made" Chocolates. They are boxed plainly, in order to give you this extra quality at a low price.

## Lovely Crepes and Summer Fabrics

### Dropstitch Crepe

A silk of unrivalled popularity for sport wear. Colors are: Navy, Sand, Pearl, Jade, African, Brown and \$2.35 yd. Log Cabin \$1.75

### Brocaded Wool Crepe

One of the season's Nocty Fabrics in lovely colors and designs \$2.15 \$1.75

### Brilliant Collection

#### Strikingly Good Values

### Silk and Wool Crepe

A quality that will give excellent wear. Comes in attractive colors — Mauve, Cocoa, Grey and Henna. 36 in. \$1.89 yd.

### French All Wool Crepe

An attractive and very fashionable material in Cocoa, Fawn, Strawberry, Navy, Mauve and African. Brown. 40 inches wide \$1.60

### Crepaleen

36 inches wide. Knitted Crepe. A delightful cool fabric for summer dresses. Colors — Mauve, Pearl, Copen, Canary, Strawberry, Jade, Cocoa, \$2.25 yd. New Rose \$1.15

### Lingerie Tricolette

Circular knit from fine fibre silk yarn especially made for lingerie purposes. Splendid value, in White, Mauve, Flesh and Sky Blue \$1.15 yd.

F. A. DYKEMAN & CO.  
THE STORE OF COMPLETE SATISFACTION



AT  
THE VOGUE  
101 Charlotte

### Summer Dresses

At "The Vogue" Only  
A wide range of choice in material and color. Every Summer Dress is a Value in keeping with "The Vogue" standard and excellence.

Most reasonably priced during stock taking at \$4.98 and upwards.

### Ladies' Dresses

Canton Crepe, Wool Crepes, Poiret Twill, Roshonara Crepe, Fleurette Crepe.

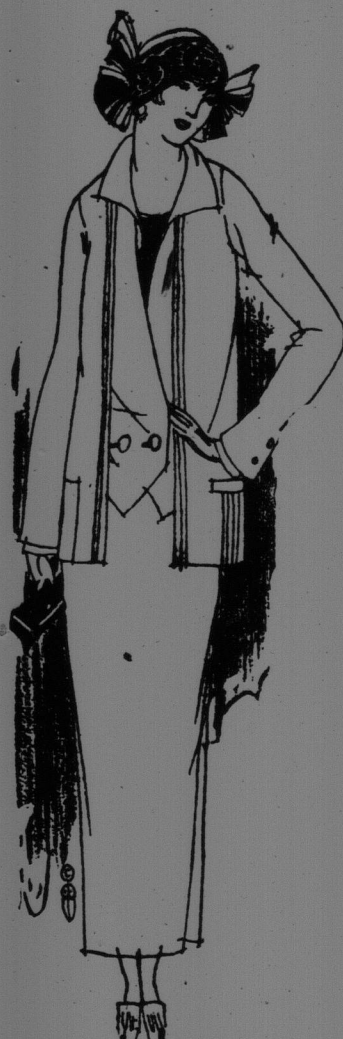
\$7.00 to \$55.00

Regularly priced at from \$9 to \$85. Absolutely exclusive in design and material.

### Summer Furs, \$6.45 and Upwards.

Squirrel Chokers, Fox Stoles, Seal Scarfs, Stone Martens.

Fashion's most exacting tests are met by the high quality and correctness of style at KOMINSKY BROS.



It is the policy of these stores to take stock at least twice a year in order to keep their various lines of Ladies' Clothing strictly up-to-date. The policy is to keep no garment on hand out of season.

To ensure quick disposal of stock, while the goods are in season, a stock-taking Sale will be held this week.

## Sale Begins Thursday Morning at 9 O'clock

AT 101 CHARLOTTE and 723 MAIN

Every Garment in the Exclusive "Vogue", 101 Charlotte, Is Included. This will be recognized as an exceptional and timely opportunity for discriminating shoppers.

### Ladies' Suits

MATERIALS  
Tweeds, Sport Flannels, Tricotines, Poiret Twills, Serges.

#### STYLES

Tailored, Boyish, Box Models.

\$14 to \$37.50

The regular value of these suits is \$19.50 to \$65.

In this sale only high class ready-to-wear, etc. are offered. The price reductions are most generous.

#### NOTE:

Summer Dress At "The Vogue" Only



### Ladies' Coats

MATERIALS  
Tricotines, Poiret Twills, Marvellas, Tweeds, Camel Hair, Checks and Stripes.

\$10.00 to \$60.00

In a variety of styles, all correct for 1924. These coats are offered in the newest shades. The values are from \$13.95 to \$85.

### Sport Silk Skirts \$3.95 and Upwards

A large assortment of these Skirts is available. The garments are of the very highest grade. The prices are most moderate for such models and materials.

Sales occur seldom at "The Vogue." Do not miss this opportunity.

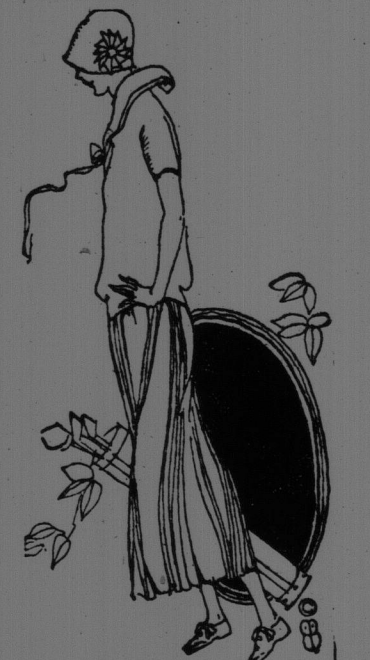
Remember: Sale starts Thursday at 9 A. M.

### Ladies' Skirts

Canton Crepes, Wool Crepes, Roshonara Crepes.

\$4.00 to \$11.50

Regularly quoted at \$5.00 to \$14.50. Latest styles, newest shades, popular color combinations.



The season's most popular and choicest models are available in Ladies' Coats, Suits, Dresses, Skirts and summer Furs.

The Vogue, 101 Charlotte

KOMINSKY BROS. 723 Main St.