

THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, DECEMBER, 8, 1911

FEEL FINE! TAKE "CASCARETS" FOR LIVER, BOWELS

Spend 10 Cents! Don't Stay
Bilious, Sick, Headachy,
Constipated

Can't Harm Your Best Cathar-
tic for Men, Women and
Children

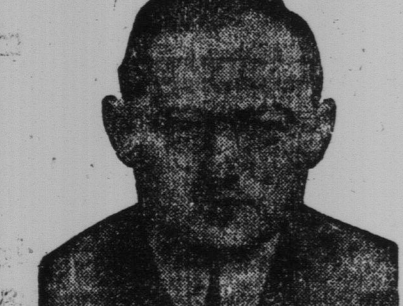
Enjoy life! Your system is filled with an accumulation of bile and bowel poison which keeps you bilious, headachy, dis-
tressed, tongue coated, breath bad and stomach sour. Why don't you get a 10-cent box of Cascarets at the drug store and feel better? Take Cascarets tonight and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. You'll wake up with a clear head, clean tongue, lively step, rosy skin and looking and feeling fit. Mothers can give a whole Cascaret to a sick, cross, bilious, feverish child any time—they are harmless—never gripe oricken.

HOW I CURED MY CATARRH TOLD IN A SIMPLE WAY

Without Apparatus, Inhalers, Salves
Lotions, Harmful Drugs, Sn. o. e
or Electricity

Heals Day and Night

It is a new way. It is something ab-
solutely different. No lotions, sprays or
sickly smelling salves or creams. No
atomizers, or any apparatus of any kind.
Nothing to smoke or inhale. No steam-
ing or rubbing or injections. No elec-
tricity or vibration or massage. No



powder, no plasters; no keeping in the
house. Nothing of that kind at all.
Something new and different, something
delightful and healthful, something in-
stantly successful. You do not have to
wait, and linger and pay out a lot of
money. You can stop it ever night—
and I will gladly tell you how—FREE.
I am not a doctor and this is not a so-
called doctor's prescription—but I am
cured and my friends are cured, and
you can be cured. Your suffering will
stop at once like magic.

I Am Free—You Can Be Free

My catarrh was filthy and loathsome.
It made me ill. It dulled my mind. It
undermined my health and was weak-
ening my will. The hawking, coughing,
spitting made me obnoxious to all, and
my foul breath and disgusting habits
made even my loved ones avoid me
secretly. My delight in life was dulled
and my faculties impaired. I knew that
in time it would bring me to an untimely
grave, because every moment of the
day and night it was slowly yet surely
sapping my vitality.
But I found a cure, and I am ready to
tell you about it FREE. Write me
promptly.

SEND NO MONEY

Just your name and address on a pos-
tal card. Say: "Dear Sam Katz: Please
tell me how you cured your catarrh and
how I can cure mine." That's all you
need to say. I will understand, and I
will write to you with complete infor-
mation. FREE at once. Do not delay.
Send postal card or write me a letter
today. Don't think of turning this page
until you have asked for this wonder-
ful treatment that can do for you what
it has done for me. SAM KATZ,
Room D.T., 1155, 142 Mutual St., To-
ronto, Ont.

"AT LESS MEAT" IF BACK HURTS

Take a Glass of Sa's to Fush
Kidneys in Bladder
Bothers You

Eating meat regularly eventually pro-
duces kidney trouble in some. In other
cases, says a well-known authority, be-
cause the uric acid in meat excites the
kidneys, they become overworked, get
sluggish, clog up and cause all sorts of
distress, particularly backache and mis-
ery in the kidney region; rheumatic twinges,
severe headaches, acid stomach, con-
stipation, torpid liver, sleeplessness, blad-
der and urinary irritation.

The moment your back hurts or kid-
neys aren't acting right, or if bladder
bothers you, get about four ounces of
Sa's from any good pharmacy;
dissolve a tablespoonful in a glass of water
before breakfast for a few days and your
kiddies will then act fine. This famous
sa's is made from the acid of grapes
and lemon juice, combined with litha-
mus, thus ending bladder disorders. It
dissolves in a fourth of a glass of
water and use to bathe the eyes from
two to four times a day. Boy-
Opto has given stronger eyes,
clearer, sharper vision and relief to
thousands.

LAST NIGHT'S NEWS FROM DEASTAD CITY

Estimated Death List May be 2,800 or More;
Harrowing Tales of Suffering; St. John Re-
lief Committee Arrives

Halifax, N. S., Dec. 7.—A terrible
northeast blizzard adds horror to the
Halifax holocaust. The dead are being
taken out crusted with snow and charred
by fire. The estimate of 2,800 is believed
to be correct. The death list is possibly
higher. A child was found living today
in the ruins, unhurt, and it is feared
this means that many have been burned
alive. Two hundred children's bodies
remain in the Dartmouth school. There
are indescribable scenes at the morgue.
One man saw all that remained of two
beautiful daughters, twenty-two and
eighteen, in one small box; also his
gallant son recently home from the front
after three years of fighting, and his wife
with bodies terribly mutilated, legs,
arms, and heads missing. A soldier on
the train coming to the city was crying
over the picture of his sweetheart taken
two weeks ago, and who now has both

EVEN CROSS, SICK CHILDREN LOVE SYRUP OF FIGS

If Feverish, Bilious, Constipated,
Give Fruit Laxative
At Once

Don't scold your fretful, peevish child.
See if tongue is coated; this is a sure
sign its little stomach, liver and bowels
are clogged with sour waste.
When listless, pale, feverish, full of
cold, breath bad, throat sore, doesn't
eat, sleep or act naturally, has stomach
ache, indigestion, diarrhoea, give a tea-
spoonful of "California Syrup of Figs,"
and in a few hours all the foul waste,
the sour bile and fermenting food passes
out of the bowels and you have a well
and playful child again. Children love
this harmless "fruit laxative," and moth-
ers can rest easy after giving it, because
it never fails to make their little "in-
sides" clean and sweet.
Keep it handy, Mother! A little "in-
side" of "California Syrup of Figs,"
which has directions for babies, chil-
dren of all ages and for grown-ups plain-
ly on the bottle. Remember there are
counterfeits sold here, so surely look
and see that yours is made by the "Califor-
nia Fig Syrup Company." Hand back
with contempt any other fig syrup.

CUT THIS OUT

OLD ENGLISH RECIPE FOR CAT-
TARRH, CATARRHAL DEAF-
NESS AND HEAD NOISES.
If you know someone who is troubled
with head noises, or Catarrhal Deafness,
cut out this formula, and hand it to
them and you may have been the means
of saving some poor sufferer perhaps
from total deafness. We believe that
Catarrh, Catarrhal Deafness, head noises,
etc., are caused by constitutional dis-
ease, and that salves, sprays, inhalers,
etc., merely temporize with the com-
plaint and seldom, if ever, effect a per-
manent cure. This being so, much time
has been spent in perfecting a pure,
gentle, yet effective tonic that should
quickly dispel all traces of the catarrhal
poison from the system. The effective
prescription which was eventually for-
mulated is given below in an under-
standable form so that anyone can use
it in their own home at little expense.
Secure from your druggist 1 oz. Per-
ment (Double Strength). Take this
home and add to it ¼ pint of hot water
and 4 oz. of granulated sugar; stir until
dissolved. Take one tablespoonful four
times a day.
The first dose should begin to relieve
the distressing head noises, headache,
dullness, cloudy thinking, etc., while the
hearing should rapidly return as the sys-
tem is livv gorated by the tonic action of
the treatment. Loss of smell and mucus
dropping in the back of the throat are
other symptoms that show the presence
of catarrhal poison, and which are often
overcome by this efficacious treatment.
If nearly ninety per cent of all ear
troubles are directly caused by catarrh,
there must be many people whose hear-
ing may be restored by this simple home
treatment.
Every person who is troubled with
head noises, catarrhal deafness, or cat-
tarrh in any form, should give this pre-
scription a trial.

Marlatt's Specific FOR Gall Stones AND Appendicitis

Remember that wrinkles and bagginess
of cheek or chin are due to the muscular
tissue losing its strength and shrinking.
The skin is too large in area to fit
such tissue smoothly. It wrinkles or sags.
To remove this, use a quick-acting, as a
simple wash lotion daily. It contains
just what is needed to tone and tighten
the skin, and a half pint of
which is all that is needed to bathe your
face in the liquid. This at once tightens
the skin and solidifies the underlying tis-
sues—which, of course, smooths out the
lines and draws in the sagging skin. It
also stimulates capillary circulation, bring-
ing natural color to faded cheeks.

Eyesight Dim?

If your eyesight is dim, your vision
blurred; if your eyes ache, itch,
burn or feel dry, get a bottle of Boy-
Opto tablets from your druggist.
Dissolve one in a fourth of a glass of
water and use to bathe the eyes from
two to four times a day. Boy-
Opto has given stronger eyes,
clearer, sharper vision and relief to
thousands.
Note: Doctors say Boy-Opto strengthens eyesight
and is a valuable aid in many instances.
For Sale at Watson's Drug Store.

Study the Inside Nerves

WITH the brain as its centre,
the nervous system reaches
out to every organ of the
human body. From the spinal
column and from the various nerve
centres the thread-like nerve fibres
find their way to every nook and
corner of the body, controlling all
movements and action, and making
a living being of the mass of flesh
and bone.

Without the nerve force which
is manufactured in the brain there
could be no beating of the heart, no
breathing of the lungs, no diges-
tion, no activity, no life.

It is only when you think of the
nervous system in this way that
you begin to realize its true
importance and to appreciate the
far-reaching effects of any derange-
ment of the nerves. Any break in
this connection with the brain, or
any pressure on the nerve fibres to
interfere with the transmission of
nervous energy, means helplessness
or paralysis of the part affected.
It may be the loss of power to use

Dr. Chase's Nerve Food

50 cents a box, a full treatment of 6 boxes for \$2.75, at all dealers, or Edmansons, Bates & Co.,
Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint.

FAR WORSE THAN THE BATTLEFIELD

Story of Duncan Gray, St. John
Returned Soldier

WAS IN HALIFAX HORROR

Escaped From Collapsing Shed on
Water Front—Helped in The
Rescue Work—Fearful Scenes
Are Recalled

Duncan Gray, of this city, returned
home at noon yesterday from Halifax.
He was in one of the sheds along the
water front when the terrible explosion
took place. The Times he told the
following story:
"I was working away inspecting shells
when all of a sudden there came a ter-
rible noise and everything about me be-
gan to shake. A few seconds later a
gust of wind swept through the shed
and then down came plumes, boards and
other material. I rushed out into the
open and the sight that met my gaze
was one of the worst I ever want to see
in this world. I have been with the
trenches in France, I have gone over
the top and saw friends and comrades
shot to pieces in my presence. I have
seen scores of dead men lying about the
battlefield, but the sight that greeted
me yesterday was a thousand times
worse and far more painful. Stone and
other debris, some battered beyond re-
cognition, and others groaning in their
last agony. Rushing here and there I
struggled to assist them and as near as
I can remember pulled out twenty-two
men and children from under wreck-
age. As I was right in the affected dis-
trict I saw the full horror of the situa-
tion. Partially blinded by the smoke
from burning dwellings, I hurried hither
and thither trying to assist some poor
mothers and children, who went about
screaming and looking for lost ones they
will never see again. I struggled on and
came across bodies of dead men, women
and children in the district which was
then a living hell. The flames were
sweeping along belching forth great vol-
umes of smoke, and half-strangled. I
kept pulling out bodies from under
burning houses, chimneys and other
things. Some of the bodies were with-
out clothing and were badly mutilated
that it was hard to realize that they
had ever been human beings.
"The firemen were by this time gath-
ering and fighting frantically to cope
with the situation. They were badly
handicapped as so many of their num-
ber were dashing about in the burning
dwellings seeking loved ones. Some of
the men were practically demented, and
thought only of their wives and chil-
dren, and they risked their lives dash-
ing about in the ruined district. When
the citizens began to calm down they began
to do everything in their power to as-
sist the injured and dying, while others
rushed to assist in fighting the fire. Leav-
ing the centre burn itself out they work-
ed in a circle and when I left last night
they had the fire pretty well under con-
trol. I will never forget how I felt
when I saw little kiddies running along,
some with blood streaming from them,
crying for their mothers, while wives and
husbands rushed about in a state of
frenzy."

PLAYGROUNDS EXECUTIVE

The executive of the Playgrounds As-
sociation met in the Y. M. C. A. last
evening with Mrs. A. E. Wilson and

a new-born babe. Both of the mother's
eyes are gone and blood is streaming
from her wounds. Flying glass cut like
keen razors with the patients' faces cut
in ribbons. Glass is still in their wounds
though doctors are doing all possible.
There are disquieting reports of a terri-
ble loss of life in the naval college. Rail-
way men were killed at work in large
numbers. The damage is noticeable out
as far as Bedford, ten miles. The ex-
plosion was seen from Rockingham as a
whirlwind of smoke and flame, then
a terrible detonation. Gas tanks were
out of commission through the
forcing of plates, interfering with cook-
ing in the restaurants. The damage is
not largely repaired. Trains with
wounded are being sent to Windsor,
Truro and New Glasgow. A colored
woman sent to Truro was found clasp-
ing with her babe quite dead.

THE GREAT HEALTH RESTORER

COUGHS
COLDS
BRONCHITIS
LA GRIPPE
AND
LUNG TROUBLE

OLIVEINE
EMULSION

For business men and women, overworked mothers, delicate boys and girls, and anyone run down from hard work
or sickness and requiring a strengthening.
Take Oliveine Pills for Constipation, Bloating, Dyspepsia and all Irregularities of the stomach and bowels.
Oliveine Ointment is a marvelous remedy for Hemorrhoids, Eczema, Sores and Skin Diseases.
Manufactured and Sold Everywhere
FRASER, THORNTON & CO., LIMITED Cookshire, Quebec, Can.