THE TORONTO WORLD

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LANGUID AND DEPRESSED BY WITHERING SUMMER WEATHER.

In these hot summer months, when weary muscles and shattered nerves make you feel so tired, depressed and worn out that you can hardly put one foot before the other, Dr. Chase's Nerve Food will lift you from that horrid overpowering weakness and ever present languor worse than pain. It makes you feel well because it creates the new, vigorous tissue that quickens you into enjoyable life.

Summer Sufferings The Broken Health of Busy Men. of Women.

It requires an enormous amount of vitality to withstand the weakening and trying effects of the withering summer weather, to overcome the languid, wornout feelings and to fight off the fevers and dreadful fatal diseases ever ready to attack those in a low state of health.

There is nothing so trying on the system as the hot summer weather, and none who suffer more from the heat than the woman with the cares of a family on her hands, requiring work in the hot kitchen and over the stove. Many a wornout, despondent woman who could scarcely drag herself about the kitchen has been restored to health and strength by the use of Dr. Chase's Nerve Food (pills), the great blood builder and nerve restorative.

Mrs. M. A. McCrea, Tory Hill, Ont., writes: "My system was all run down when I began to use Dr. Chase's Nerve Food. I was weak and very nervous and felt so tired and worn out that I could scarcely drag myself about the house. It seemed impossible for me to get rest or sleep at night, and I felt that I was gradually growing weaker and more nervous and irritable. Since beginning the use of Dr. Chase's Nerve Food I feel altogether different. It has gradually strengthened my nerves and built up my system wonderfully. I sleep well now, and am being thoroughly restored to health and strength. I believe it is the best medicine to be had for the nerves."

her case, restoring health and color and making her I have no hesitation in strongly recommending this great strong and well."

Instead of holidaving in the wilds of Muskoka or on the shores of the great lakes, many a man finds it necessary to plod on day after day and week after week at his desk, in the workshop or at the factory, and the strain of which are especially prevalent in the summer time and | the toil and worry, combined with the enervating and debilitating effects of the summer heat, is usually almost more than he can bear.

> What wonder that so many suffer from nervous headaches, nervous dyspepsia and brain fag, and find it difficult to remember and to concentrate their thoughts! The regular use of Dr. Chase's Nerve Food entire.y overcomes these symptoms of a breaking down nervous system and revitalizes the body and mind. Dr. Chase's Nerve Food contains in condensed form the most effective tonics of Nature. It builds up the system and wards off disease,

> Mr. A. R. Fawcett, the well-known editor and proprietor of The Leader and Recorder, Toronto Junction, writes. 'It is very seldom that I need medicine of any description, but this spring I got so badly run down and out of sorts generally that I became somewhat alarmed. Chancing to read a testimonial about the results derived from Dr. Chase's Nerve Food, from a gentleman whose case seemed to be identical with my own, I purchased a box and commenced using it.

"The result was simply marvellous. I was benefited Mrs. S. Dempsey, Albury, Ont., writes: "My little from the first, and soon restored to my usual good granddaughter, nine years old, was pale and weak, she health. I never felt better in my life than I do now. To had no appetite and seemed to be gradually growing | tell the simple truth, I did not have very great faith in any weaker. Dr. Chase's Nerve Food proved invaluable in medicine until I used Dr. Chase's Nerve Food, but now remedy to others, as a valuable and effective remedy."



As a summer medicine to revitalize the brain, the spinal cord, the nerves, and through them the entire human body, Dr. Dr. W. A. Chase's Nerve Food is unrivalled and unapproached. It increases the number of red corpuscles in the blood, creates new nerve force and entirely overcomes the wretched languid and worn out feelings of summer. Discuss one find new nerve force and entirely overcomes the wretched, languid and worn out feelings of summer. Disease can find no foothold when the blood is kept pure and rich and the nerves strong by using this great restorative. Dr. Chase's Nerve Food, 50 cents a box, 5 boxes for \$2.50, at all dealers or by mail postpaid, on receipt of price, from Edmanson, Bates & Co., Toronto. For chafing, heat rash and itching skin, Dr. Chase's Ointment affords wonderfully prompt relief and cure.