

the effusion, the dammed embargo caused by the landslide of blood and lymph that is inundating the surrounding territory with exudates farther up the stream to float off, and preparing the way for the next step in treatment. At the end of fifteen or twenty minutes of this manner of working, gentle, firm pressure can be made immediately over the swollen and but recently very tender parts, which in a few seconds can have circular motion, with the greatest push upward added to it; and this, if sufficient tact be used, will in all probability not hurt but be positively agreeable.—Douglas Graham, M.D., in *Appletons' Popular Science Monthly* for July.

## Book Reviews.

**Practical Points in Nursing for Nurses** in private practice, with an appendix containing rules for feeding the sick, recipes for invalid foods and beverages, weights and measures, dose list, and a full glossary of medical terms and nursing treatment, by Emery A. M. Stoney, graduate of the Training School for Nurses; Lawrence, Mass.; Superintendent of Training School for Nurses Carney Hospital, South Boston, Mass. Illustrated with 73 engravings in the text, and 9 colored and half-tone plates. W. B. Saunders, Philadelphia, publisher, 925 Walnut street.

This is a valuable book, containing in a very attractive form the essential information required by the aspirant for the important qualifications of a competent trained nurse.

It is a complete guide to those engaged in private nursing rather than hospital work. The subject is considered under the following headings:

1. The nurse—her responsibilities, qualifications, equipment, etiquette when out nursing.
2. The sick room—its selection, preparation and management.
3. The patient—duties of the nurse in medical, surgical and gynaecologic cases, catheterization, enemata, the administering of medicines.
4. Nursing in accidents and emergencies, duties in cases of accidental poisoning.
5. Nursing in special medical cases.
6. Nursing of new born and sick children.
7. Physiology and descriptive anatomy.

The book is profusely illustrated, cuts show the method of giving hot air baths, the sheet bath, cold packs, and all varieties of bandaging, positions of patients for tracheotomy and intubation, the arrangement of a croup tent, scale of urinary colors, and a number of anatomical plates. A very useful appendix gives instructions for feeding the sick and recipes for a variety of invalid foods and beverages. At the end is a dose list and comprehensive