ALMOST HELPLESS AFTER INFLUENZA

Left Weak, Nervous and Br Down-Health Regained.

"A few years ago," says Miss Frances Hankla, of Pienty, Sask, "my mother, Mrs. Walter Hankla, was stricken with influenza which was then epidemic, and for a time was in a critical condition. She appeared to get over the prominent symptoms of the trouble but did not regain her strength. Some weeks latter her weakness developed into sinking spells in which she would almost smother. Notwithstanding medical aid these spells continued and she was constantly growing weaker, until she was practically reduced to skin and bone. Her lips and gums were colorless, she was nervous, and suffered from indigestion and palatitation of the heart. At this stage suffered from indigestion and pal-pitation of the heart. At this stage a friend of mother's, who lived at a distance, came to see her and strongly advised her to try Dr. Williams' Pink Pills, which, she said, had greatly helped her in a critical ill-ness. We got these pills and mother began taking them. The improve-ment was slow at first, but we could see that the sinking spells were grow ing less frequent, and that strength was returning. The treatment with Dr. Williams' Pink Pills was contin-Dr. Williams Pink rins was continued, and day by day health and strength returned, until she was again able to go about, and help with the work of the house. The improvement this medicine made in her

condition, and very nervous. My appetite failed and I had no color. Knowing what Dr. Williams' Pink Pills had done for mother, I began taking them with the result that they soon made me as strong and full of vigor as the other girls of my age. I may just add that I think we owe mother's life and my good health to the pills and I hope our experience will be of benefit to some other suf-

You can get these pills from any medicine dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.



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## REGALLING THE DAYS OF LONG AGO

William Luckham, a Grand Old Pioneer of Lambton for 90 years, Recalls the Early History of

sion 4, north of the Egremont road in Warwick township. He later lived in Petrolea and is now residing at 313 Christina street, city.

They Had Fireplaces
To the Canadian Observer Mr. Luckham, who is still active and keen of mind, gave some of the details of his early life. The houses, when he first came to Lambton, were not the pretentious structures observed on farms today but log huts 12 by 16 and 12 by 18 feet, with the logs notched at the corners. The floors wer laid on "sleepers". No upholster-ed furniture graced the hut and the provement this medicine made in ner case was simply remarkable.

"I may also say," adds Miss Hankla, "that in my own case these pills were of the greatest benefit. Last winter I was in a badly run-down winter I was in a badly run-down and the case of the greatest benefit. Last winter I was in a badly run-down and the case will be found to the condition and very nervous. My approximately a single story of the case was simply remarkable.

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served as cook stoves.

The Tallow Dip

When darkness settled over the land no electric lights blazed forth with radiant glow but tallow candles or in the absence of candles, a dish of grease in which a piece of cloth had been fashioned as a wick flick-ered and sputtered and cast a feeble glow about the one room dwellings. Fires were started with flint and wood shavings and life was no bed of roses. Mr. Luckham is still employed as a salesman by the Upper

Canada Tract Society. Continuing his narrative of early life in Lambton he recalled that during his boyhood, in the early eighties Lambton was practically a dense forest with scattered settlers located in clearings one to fifteen miles apart. The nearest neighbor to his home at that time was one mile away The counties of Essex, Kent and Lambton were united then with the county seat at Sandwich three miles below Windsor. The governing council met at Sandwich and the jail

was located there.

Loves Hard Road
The settlement in what is now known as Warwick township in Lambton was then composed of English, Irish, Scotch and Welsh people, most of them were young and hardy and were willing to work and sacrifice to make a home for themselves.

Mr. Luckham recalled the tribulation of love making in those days. One of the first settlers in what is now Sarnia township cleared away a place, erected a small home, went back to Hamilton where his fiancee was living and after the marriage ceremony walked back to Sarnia township by easy stages bringing what household goods he possessed with him.

In War Times Travellers who wished to go east from Lambton used to go to Errol, which is really one of the oldest, if not the oldest place in the county and the first place to have a post office, and from there take the Egre-

mont road to London. During the Mackenzie rebellion a number of soldiers were stationed at Errol and Mr. Luckham's father was one of those who helped to supwas one of those who helped to sup-ply beef to the troops. His father used to walk down to the eastern townships, purchase steers and then drive them back to Errol where they were slaughtered.

Telling of means of communica-tion Mr. Luckham said that the first mail route traversed the area to Errol out the Egremont road to War wick and then on through Adelaide. mail couriers used horses and forded all the streams encountered

First Settlers The first settlers in Warwick village which was Mr. Luckham's home for many years, were William Bur-well and Mrs. Burwell. The former came from near Port Burwell and his better half from Fingall. They erected a fairly large house and catered to land settlers. Later the house was converted in a hotel. At the time she came to Warwick Mrs. Burwell never saw a white woman for some time



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saw a white woman for some time with the exception of her sister who had accompanied her.

At Warwick 200 acres was laid out in lots for a town site. For a while the settlement flourished but dwindle. An Irish gentleman securithose pioneers still live in the town-dwindle. An Irish gentleman securithose pioneers still live in the town-ship. Mr. Luckham carried on a shoe business in Warwick for twelve or out in lots for a town site. For a