

YOUNG WOMEN MAY AVOID PAIN

Need Only Trust to Lydia E. Pinkham's Vegetable Compound, says Mrs. Kurtzweg.

Buffalo, N.Y.—"My daughter, whose picture is herewith, was much troubled with pains in her back and sides every month and they would sometimes be so bad that it would seem like acute inflammation of some organ. She read your advertisement in the newspapers and tried Lydia E. Pinkham's Vegetable Compound. She praises it highly as she has been relieved of all these pains by its use. All mothers should know of this remedy, and all young girls who suffer should try it."—Mrs. MATILDA KURTZWEG, 529 High St., Buffalo, N. Y.

Young women who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by this root and herb remedy.

If you know of any young woman who is sick and needs help, advise her to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass. Only women will receive her letter, and it will be held in strictest confidence.

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY
Subscription \$1.50 per annum in advance. \$2.00 in advance to the United States.

ADVERTISING RATES.

YEARLY CONTRACT
1500 inches 8 cents per inch.
1000 inches 9 cents per inch.
500 inches 10 cents per inch.
Short periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.

LEGAL ADVERTISING.—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Agate measure 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year \$5.00.

ADVERTISERS' CARDS—\$5.00 a year.

LOCALS—10c per line each insertion. Minimum Charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS
WATFORD, SEPTEMBER 28, 1917

NOTE AND COMMENT

"As well go to sleep with a burglar sitting in your front hall," Mr. Elihu Root says, "as to talk about the peace and security of a democracy with Germany still competent to pursue its career of domination."

New York Sun: The German people may be accented with shrewd falsehoods about the purposes of the United States. They may be deceived as to the measure of our participation in the war and its probable effort. But not even the most skilful liar in the Prussian service will be able to prove to them when the embargo looks the door of their cupboards, that they are not hungry. All the pride, all the ambition in the world cannot withstand the message that stares from empty plates.

What is Germany's plan for the "next time?" One of her leading authorities has said. "There will be peace shortly, but the war will be resumed in ten years." "That is their idea," commented Mr. Lloyd George, Britain's Prime Minister; "that is the way they talk. They say, 'There are three things we ought to have foreseen. We ought to have had plenty of food stored in Germany. Next time! Then we shall see to it that there is plenty of copper, plenty of cotton. Then we made a mistake about submarines. Instead of having two or three hundred we ought to have two or three

CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Peckham*

thousand. Next time!" There must be no next time.

The Ontario Municipal Association at its first meeting in Toronto, emphasized and directed to be placed on the statutes of the province an amendment to the public health act whereby the councils of municipalities big and little be placed in control of the appointment or retirement of the medical officer of health. The officers now live, work and have their being without by your leave of the council. An officer these days may be a veritable nonentity, indifferent as to the conditions of the people for whose interests he is appointed, and may do those things which the board of health might prefer he left alone, but there is no help for it. He is under the protection of the provincial board of health and cannot be discharged from office without its consent. The autocratic and alien bit of legislation is recanted by every council and board of health in the province. The municipal association is demanding that the act be so amended that the councils who hire the officer and pay him may at the same time control his appointment.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions. After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

Women who will Vote

A misunderstanding has arisen in some quarters regarding the position of the female relatives of returned soldiers under the War Time Election Act, says the Toronto News. Some people seem to think that the mothers, wives and sisters of returned and discharged soldiers are not to have the vote. This is an entire mistake. The female suffrage clauses of the Act apply to the relatives of all the officers and men who have been overseas. Not only this! The mothers, wives and sisters of soldiers who have not yet been overseas, but who embark before election day, will also enjoy the privilege of casting ballots. All the women called upon to make the real sacrifices of the war are to have a part in the selection of the incoming Parliament—a Parliament which will in large measure hold in its hands the fate of the men at the front and of the Dominion for which they fight.

What a Tractor will do

Two careful tests were carried out at Holstein, in order to see exactly what a 9-18 gasoline tractor would do. With three gallons of gasoline, the outfit plowed one and one-half acres of fairly heavy clay sod at an average depth of six inches. In the second test a little over one-half acre was plowed on one gallon of gasoline. In spite of the fact that the field is only thirty-five rods long, the acre and one-half was turned over in seventy minutes, and in the second test the one-half acre was plowed in a few seconds over thirty minutes. The whole nine acre field was plowed on nineteen gallons of gasoline in ten and one-half hours.

There is nothing repulsive in Miller's Worm Powders, and they are as pleasant to take as sugar, so that few children will refuse them. In some cases they cause vomiting through their action in an unsound stomach, but this is only a manifestation in their cleaning power no indication that they are hurtful. They can be thoroughly depended upon to clear all worms from the system.

Mr. Archie Jamieson, of the 4th con., Bosaquet suffered a bad loss Thursday last in the loss of his stabling and some 600 bushels of oats. Mr. Jamieson is the leasee of the Melville property. The fire caught in the mow of the stable from a spark from the threshing engine that was at work near the building shock-threshing, and work had almost been completed when the fire was discovered. As the oats were threshed they were deposited in the granary in the stable, and the amount is estimated at 600 bushels.

A snapshot of Mrs. T. S. Scott, Kingsville, has been returned to her under unusual circumstances. It was lost by a member of the 28th Battalion who was wounded last September. A Canadian officer found it in the trenches, and has returned it to Mrs. Scott.

149th Battalion Much Scattered

The following are extracts from a letter written to The Sarnia Canadian by Lieut. Lloyd Lott, now attached to the Royal Flying Corps. He says in part: "I don't know whether you have heard what they did with the 149th or not, so will endeavor to tell you what I know. When we arrived at Bramshott they absorbed all our men in the 25th Reserve Battalion, and most of them have since been re-drafted to other units. Of the officers, Col. MacVicar is in France with the Imperial Forces; Majors Moncrieff, Durnfield, Capt. Wykes-Smith, and Capt. Edwards are also with the Imperials in France. Capt. Knowles is with the R.F.C., Capt. Trainor is with the officers' battalion at Seaford. Lieut. Woodrowe, Swift, Stokes, MacMillan, Fyle, Williams, Scott, are still with the 25th Reserve Battalion, so you see we are pretty well scattered. I spend from two to three days a week up at the War Office and have had a splendid opportunity of seeing the inside working of things, and I sure can say that the old Englishman that we knew in Canada before the war is dead and a new man is in his shoes, for they are certainly making things hum, particularly in the aeroplane work. It is marvellous to see what they have accomplished, and what they expect to accomplish in the next few months. If the U.S. is going to overtake them here in the production of machines they will have to hurry some."

This Up-to-Date Range

has a ventilated oven with walls of nickelled steel that roasts and bakes to a turn. The glass door enables you to watch the baking and the thermometer shows exact temperature. Our free booklet describes many other special features. Write for it.

McClary's

PANDORA RANGE

LONDON TORONTO MONTREAL WINNIPEG VANCOUVER
ST. JOHN, N.B. HAMILTON CALGARY
SASKATOON EDMONTON

For Sale By T. DODDS & SON.

Guide-Advocate Ads. are Business Bringers

Redpath SUGAR



From "Ye Olde Sugar Loafe" of grandmother's day, to the sparkling "Extra Granulated" in your own cut-glass bowl, Redpath Sugar has appeared three times daily, for over half a century, on thousands of Canadian tables.

"Let Redpath Sweeten it."

Made in one grade only the highest!



Get Behind the Wheel of a Ford and Drive

TRY it just once! Ask your friend to let you "pilot" his car on an open stretch. You'll like it, and will be surprised how easily the Ford is handled and driven.

If you have never felt the thrill of driving your own car, there is something good in store for you. It is vastly different from just riding—being a passenger. And especially so if you drive a Ford.

Young boys, girls, women and even grandfathers—thousands of them—are driving Ford cars and enjoying it. A Ford stops and starts in traffic with exceptional ease and smoothness, while on country roads and hills its strength and power show to advantage.

Buy a Ford and you will want to be behind "the wheel" constantly.

The Ford
THE UNIVERSAL CAR

Runabout - \$475
Touring - \$495
Coupelet - \$695
Sedan - \$890

F. O. B. FORD, ONT.

RAY MORNINGSTAR - Dealer - WATFORD



Miniature

Sm. Mu. Me. Dep.
Here you will find
VIOLINS
GUITARS
BANJOS
MANDOLINS
SHEET
If it's "worth w