

October 16th, 1919

# OWN TABLETS

ernard, La Presentation  
"I have used Baby's  
for my baby and am well  
h them. I have recom-  
to several of my friends  
so used them with bene-  
The Tablets are a mild  
laxative which regulate  
and bowels and thus  
efit in cases of indiges-  
ation, colic, colds, etc.  
d by medicine dealers or  
5 cents a box from The  
Medicine Co., Brock-

F S.S. 1, MALAHIDE

roll for September, 20  
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# How to say "No!"

Mark Your Ballot with an X after Each Question under the word "No"

1	Are you in favour of the repeal of the Ontario Temperance Act?	YES	NO
2	Are you in favour of the sale of light beer containing not more than two and fifty-one one-hundredths per cent. alcohol weight measure through Government agencies and amendments to The Ontario Temperance Act to permit such sale?	YES	NO
3	Are you in favour of the sale of light beer containing not more than two and fifty-one one-hundredths per cent. alcohol weight measure in standard hotels in local municipalities that by a majority vote favour such sale and amendments to The Ontario Temperance Act to permit such sale?	YES	NO
4	Are you in favour of the sale of spirituous and malt liquors through Government agencies and amendments to The Ontario Temperance Act to permit such sale?	YES	NO

Above is an exact reproduction of the Referendum ballot, showing the correct way to Vote in order to sustain the Ontario Temperance Act as it stands.

Everybody should study the four questions and realize exactly what they mean. Do not be misled by the insidious demand for "light" beer.

The beer of the ballot is 118% stronger than the Ontario Temperance Act now allows, and over five times as strong as the limit allowed for beer defined as non-intoxicating in Great Britain and the United States.

## Answer Each Question

1. Unless you vote on every question your ballot is spoiled.
2. You must mark your answer to each question with an "X" only. Anything else would spoil your ballot.
3. Unless a majority vote "No" on question 1 the bars will be restored and the sale of all kinds of intoxicants permitted.
4. Unless a majority vote "No" on questions 2, 3 and 4 the Ontario Temperance Act will become almost worthless.
5. The only SAFE course is to mark your ballot as shown above.

## "No!"—Four Times—"No!"

No repeal; No government beer shops; No beer saloons; No government whisky shops.—Four X's, each under the word "No."

## Ontario Referendum Committee

JOHN MACDONALD, Chairman  
D. A. DUNLAP, Treasurer  
ANDREW S. GRANT, Vice-Chairman and Secretary  
(100! Excelsior Life Bldg., Toronto)



## LATEST TYPE OF TOURIST CARS

One of the Features in Canadian National Railways' Daily Service

### Toronto-Winnipeg-Vancouver

The Canadian National daily transcontinental train Toronto-Winnipeg-Vancouver made its initial trip from Toronto, with one of the very latest type of steel tourist cars as part of its equipment, the first of an order of twenty such cars in whose construction every point has been considered for the safety and comfort of the passengers. This modern type of tourist car, with antitelescopic device is of similar design to the standard sleeping coach, the exception being they are upholstered in leather instead of plush.

Electrically lighted throughout, all berths, upper and lower, are provided with berth lamps. A new feature for this class of car is that lamps have been installed under the seats in the aisles of the car, so that when the ceiling lamps are turned out for the night, light may be provided under

### NOTICE TO CREDITORS

In the matter of the estate of Lawrence Sturk, late of the Township of Malahide, in the County of Elgin, deceased.

Notice is hereby given pursuant to Section 56 of the Trustee Act (R.S.O. 1914, Chap 121) that all creditors and others having claims or demands against the estate of the said Lawrence Sturk, who died on or about the eighth day of July A. D. 1919, are required on or before the thirtieth day of October, A.D. 1919, to send by post prepaid, or deliver to John E. Sturk, R. R. No. 1 Dunboyne, Ont., the executor of the last will and testament of the said deceased, their Christian name and surnames, addresses and descriptions, full particulars of their claims, a statement of their accounts and the nature of the securities if any held by them.

And take notice that after such last mentioned date, the said executor will proceed to distribute the assets of the said deceased, among the parties entitled thereto, having regard only to the claims of which he shall then have notice, and that the said executor will not be liable for the said assets or any part thereof, to any person or persons of whose claims notice shall not have been received by him at the time of such distribution.

Dated this 18th day of September, A. D. 1919.

EDWARD A. MILLER,  
Solicitor for the Executor.

25-10-2-9-16.

berth curtains, a great convenience for passengers when going through the car.

Phosphorous push buttons can be readily seen in the dark, should the passenger require to switch on the light or ring the bell when the berth is in darkness.

A safety feature introduced is a device for holding down the upper berth which precludes any possibility of the berth closing when in use. Separate berth curtains are also provided so that passengers in the upper berth will not disturb passengers in the lower.

The kitchen has the latest steel range, facilities for washing dishes, and lockers enable passengers to store their food. Lavatories have received special attention, and provide greater conveniences than the older type. An electric thermostatic heating control can be so adjusted as to regulate the temperature of the car, thus preventing overheating.

Thus, with the introduction of the daily service of the Canadian National lines between Toronto-Winnipeg-Vancouver, is the added convenience of the very latest type of tourist cars for second-class passengers who can enjoy a transcontinental trip in every comfort at minimum expense.

### POPULAR MECHANICS

The engineer had become tired of the boastful talk he heard from the other engine drivers at his boarding house. One evening he began:

"This morning I went over to see a new machine we've got at our place, and it's astonishing how it works."

"And how does it work?" asked one.

"Well," was the reply, "by means of a pedal attachment a fulcrum lever converts a vertical reciprocating motion into a circular movement. The principal part of the machine is a huge disc that revolves in a vertical plane. Power is applied through the axis of the disc, and work is done on the periphery, and the hardest steel by mere impact may be reduced to any shape."

"What is this wonderful machine?" was asked.

"A grindstone,"—Pittsburgh Chronicle-Telegraph.

**Your Eyes**  
Granulated Eyelids,  
Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggists or by mail 60c per Bottle. For Book of the Eye free write Murine Eye Remedy Co., Chicago.

## WEARING OF WAR MEDALS AND RIBBONS

Numerous inquiries are being received at the Headquarters, Military District No. 1, London, with reference to wearing war medal ribbons and decorations, and apparently these ribbons are being worn by some men who think they are entitled to them but are not. The following information will serve as a guide.

1. The Expeditionary Force 1914-15 Star will be issued in due course to those entitled to it. The ribbon may be worn by all ranks of the C.E.F. who have actually served on the establishment of a unit in a theatre of war between 15 August, 1914, and the 31st December, 1915, both dates inclusive. The ribbon of this star is red, white and blue shaded and watered. The theatre of war in this instance is defined as excluding the British Isles and the High Seas.

2. The ribbon of the British War Medal 1914-1919, may be worn by all ranks who joined the C.E.F. in Canada between the 5th August, 1914, and the 11th of November, 1918, and who between these dates inclusive and whilst belonging to the C.E.F., rendered approved service overseas. This ribbon is centre, orange watered with stripes of white and black on each side and with border of royal blue.

3. The wearing of the ribbon of the Victory Medal by those entitled to issue of the medal, is authorized. This will be issued to all officers, nursing sisters, and non-commissioned officers and men of the Allied Forces who actually entered a theatre of operations on the strength of any military unit on any front. The Victory medal ribbon is 1 1/2 inches in width, colors, double rainbow watered.

Detailed information regarding the issue of the British War Medal and of the Victory Medal will be published later. These ribbons should be worn in the following order: 1914-15 Star first, the British War Medal 1914-19 second and the Victory Medal Ribbon third. The order in which decorations and medals are to be worn is definitely laid down and in case of doubt the information will be furnished on application. British War Medals are worn in order of date.

The wearing of uniform by officers or other ranks who have been demobilized and are not on military duty, is not permitted without written authority from the General Officer Commanding the District. Thirty days are allowed for men upon demobilization in which to get their civilian clothes. It is customary to grant

permission for men who have been demobilized to wear their uniform whenever there is occasion for it, such as memorial services, funerals, reunions and similar public functions. These applications should preferably come through the Local Secretary of a veteran association and be sent to the A.A.G.

## DAIRY COWS IN THE UNITED STATES

According to recent reports, there are more than 23,000,000 dairy cows in the United States. The average productive life of a dairy cow is not more than six years, which means that the farmer with 12 cows must have two heifers coming into milk every year to maintain the number of animals in his herd. It means also that the whole number of cows in the United States must be replaced every six years, and that approximately 4,000,000 must come into maturity each year in order to maintain the number of cows in the growing population of the country. Not only is the population increasing, but a knowledge of the value of dairy products has brought about a greater consumption, for the demands for which must be met in some way. The cow does not usually become productive until she is at least two years old. The number of the productive dairy heifers to be maintained in an immature condition is approximately 3,000,000. It costs about \$70 for feed to raise a dairy heifer to the age of two years. This means that the farmer with 12 cows must of necessity raise two heifers each year, or, that he must at all times have on hand four productive heifers. At \$70 a head for cost of feed alone, this represents an investment of \$280, simply to insure maintenance of the number of animals in the herd. The dairy industry in the United States has approximately \$560,000,000 invested in these unproductive animals. Regardless of the cost, the dairy business must be maintained and these heifers must be raised.

## THE TOUCH TELLS MERITS OF TIRE

Buyers and users of automobile tires often ask: "How can I tell a live fresh tire from one that is stale and lifeless?"

The answer is, "By touch," says an expert.

"It may be that you will have to practice," he continues, "if so, take a tire which you know to be fully a year old. Press your thumb down hard upon the surface—as though you were going to make a thumb print. Do that several times and try to make the rubber move. There will be a little or no response according to the amount of life left in the rubber. Try to drive your thumb nail down into live rubber and the 'come back' from the substance will be so strong that your nail will scarcely leave a mark. A nail pressed into the sur-

24 Years the same "good" tea

# RED ROSE TEA

"is good tea"

Sold only in sealed packages

face of a dead tire will leave the scar according to the amount of life left in the rubber."

"How do you tell whether or not a used tire is made of good rubber or not?" he was asked.

"One very simple and sure method," he said, "is to wipe the dust from the rubber and run the palm of your hand over it. If the rubber is slick and shiny it is of good quality, but if it is rough and granular you may feel assured that it is of poor quality. A properly made tire of the best materials should, when bounced on the floor, be as lively and nervous as a thoroughbred race horse."

## YOU HAVE PERSONAL LIBERTY

To come and mark quadruple X If everybody will, who can, 'Twill make a ban on vice and shame, Win honor to our country's name, The plotters of man's fall will vex.

Listen! When good old father Abraham, Was called out of the Lord, He waited, not to argue, concerning bed or board,

The faith which marked his every track, Brought his beloved Isaac back; Such is the faith we need to-day, Too bad! We have strayed so far away, Since chronic selfishness and greed, Care not how many Isaacs bleed.

## RUN IN ON THE RIM IF IT IS NECESSARY

Don't underinflate or overload tires. These are the most common causes of tire trouble. Avoid underinflation by testing the air pressure semi-weekly.

Don't neglect cuts. Water and dirt get in and rot the fabric, often causing blowouts. Inspect your tires weekly for cuts and have them sealed promptly.

Don't let your wheels run out of line. If your tires show undue wear,

don't blame it on the tires, but find out the cause. Usually you will find your wheels are out of line, with the result that your tires are dragging.

Don't start or stop suddenly. This strains your tires unnecessarily and causes rapid wear.

Don't run on a flat tire. Nothing ruins a tire more quickly. Better remove the tire and run in on the rim if necessary.

Don't carry a spare tire for long without using. Change over once in a while. A tire often deteriorates faster on the tire-carrier than on the wheel.

1889 — 600 Branches — 1919

# The Royal Bank of Canada



The Bank follows a liberal policy in extending credits to Farmers.

If you are going to need a loan to buy seed or live stock, see the Manager of the nearest branch of the Royal Bank early about your requirements. This is an invitation to call at the Royal Bank the next time you are in town.

Capital and Reserves \$33,000,000  
Total resources \$470,000,000  
H. E. ARMSTRONG, Mgr.  
Aylmer Ontario

# Reconstruction and Telephone Service.

TELEPHONE service, like other public services, undoubtedly suffered through the war.

Hundreds of skilled telephone workers went overseas. Many trained operators sought temporary positions in munition plants. There was a world shortage of the materials that go to build a telephone system. Our reserves of plant and equipment were drawn upon until they were practically exhausted. Necessary repairs and maintenance work had to wait.

Then came the armistice. The business world sprang into intense activity. The demand for new installations all over our system was enormous.

Now comes the task of getting back to normal—restoring our reserve plant, over-taking arrears of maintenance and repairs, hurrying new construction of local and long distance equipment to meet pressing demands for service.

Our plans for this year involve an outlay for extensions and replacements of over \$7,000,000. We are giving intensive training in our operators' schools to hundreds of young women to prepare them for central office positions.

Our chief concern is that our subscribers should get the best possible service under all conditions. Skilled workers, adequate equipment, a resolve to do our best, while realizing that we are all servants of the public—these are the factors which, we hope, will result in the maintenance of the pre-war standard of telephone service.

And we ask the kindly co-operation of all telephone users in—

- Making sure of the number by consulting the directory before calling;
- Speaking distinctly, directly into the mouthpiece;
- Answering promptly when the bell rings.

The Bell Telephone Company of Canada

After-war conditions, and the telephone

