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When making a purchase two things should be considered—QUALITY AND PRICE. Any article that has been purchased at a low price, but which has not quality behind the price, has really been a very expensive purchase. We offer you QUALITY at REASONABLE PRICES.

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Khaki Work Shirts, 90c. and \$1.50 each
Negligee, a large variety,
70 cts. to \$2.80 each.

Men's Braces.

Police and Firemen's, 35 cts. per pair
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Boys' Straw Sailor Hats. A Big Job.

Navy, Brown, White and Red. Reg. price, 85c
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Men's American Neck Ties.

A splendid assortment of American Wide End Silk Neck Ties, 25c., 35c., 50c., 60c. and 75c. each. We have a Tie to suit you.

Men's Stylish Hats. SOFT FELT.

Brown, Navy, Black, Grey and Green, \$1.40 and \$1.60 each.

HARD FELT.

Comfortable and neat, 80c. to \$2.50 each.

Never Too Late.

By RUTH CAMERON.



RUTH CAMERON

Are you at the present time forming any good habits? There are certain much emphasized maxims of conduct which, while they are good in what they assert, are not good in what they infer. One of these is the well pounded in assertion that the only time to form good habits is while you are young.

That is an excellent time, perhaps the best time, but the inference that if you haven't formed good habits before you are thirty there is no use in trying to do so afterwards is bad.

You can form a good habit any time you make up your mind hard enough. And as one ought to grow in control of one's mind as one grows older one has that advantage to offset the lack of plasticity in one's temperament.

A Good Habit is a Path of Least Resistance.

A good habit is a groove in the mind a path of least resistance toward right living.

Good habits accomplish that much to be desired miracle—they help a man to do naturally the things he ought to do. That is, they take that much effort off his mind and leave the energy for other things.

Forming a good habit is like putting money in the bank. It comes hard at the time but once you get it there it begins to draw interest.

And I think one should have at least one good habit forming all the time, just as one should be putting aside something each month.

It is an interesting thing to take account of stock once in awhile. Are you putting anything in the habit bank?

Three Kinds of Good Habits.

I asked myself that question and was ashamed to find only one good habit on the make, that of drinking two glasses of water before breakfast.

Good habits can be roughly divided into three classes: health habits (like the water drinking); mental habits (like reading some worthwhile book in a stated period) and character habits (such as getting up promptly when called).

Don't you think one ought to have one of each kind on the make all the time?

A Piece Of Good Advice.

And while we are on the subject just one bit of advice that has helped me. It is from Henry James:

"Never suffer an exception to occur until the new habit is securely rooted in your life," he warns, "each lapse is like the letting fall of a ball of string which one is carefully winding up; a single slip undoes more than a great many turns will wind again."

If I omit drinking that water one morning it is harder to drink it the next. Perhaps some day I shall reach the point where the action is automatic and I can afford to skip a morning. And then, by the irony of fate, I won't want to.

Minard's Liniment Co., Limited.
Dear Sirs,—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good.

One bottle of MINARD'S LINIMENT, warmed on flannel and applied on my breast, cured me completely.

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Roxbury, Digby Co., N.S.

Hand-drawn and hand-embroidered voile waists rival the crepe de chine.

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80 crates Small Onions.
50 crates Green Cabbage.
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5 cases Fresh Grape Fruit
80 boxes Red Apples.

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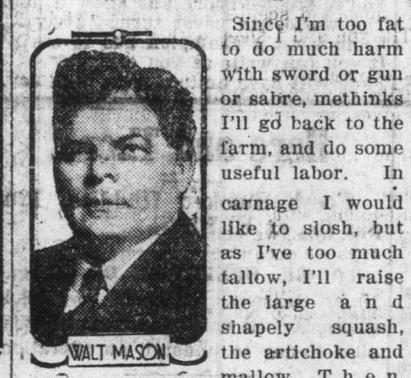
The Committee of the Naval and Military Convalescent Hospital gratefully acknowledge the following gifts received during the month of June: Mrs. Gosling, gramophone records; puzzles; Miss Holden, candy; Mrs. H. Atlay, jigs saw puzzles; Miss Southcott, flowers; Mr. T. Hayward, magazines; Mrs. J. Ayre, ice cream, biscuits; The Misses Davidson, Mrs. Cooper, Miss A. Hayward, cigarettes; Mrs. Chessman, cards and magazines; Mrs. Pitts, cushion; Mrs. Norman Alderdice, drawing materials; Mrs. Harrington, books; Mrs. R. B. Job, ice cream; Mr. Warren, gramophone records; Khaki Guild, basket sweet bread; Mrs. Rose, cake; Mrs. M. J. Pearce, The Gulls, games; Mrs. Logan, motor ride; Nfld. Poultry Association, pen of hens; Mrs. Rogerson, fish; Imperial Tobacco Company, 500 Gem cigarettes; Mrs. J. H. Butler, Topsail, eggs, home-made bread; The Misses Knowling, Ayre, Alderdice and Bruce, fruit, candy, cake; Mrs. MacDougall, eggs; Mrs. Fred. Carter, fruit; Mrs. J. S. Munn, fruit, chocolates, papers; A Friend, chair; Mrs. C. Ayre, magazines; Miss Southcott, flowers; The Misses Davidson, cigarettes; Mrs. Mackenzie, cake; Mrs. Fagin, ice cream; Mrs. E. B. Job, eggs, cream, magazines; Mrs. G. Marshall, motor drive; A Friend, eggs; Miss Lewis, cakes and oranges; Lieut. Duley, motor drive; Mr. W. H. Crowdy, cigarettes; Mr. Tessier, motor drive; Mrs. G. Morris, jellies, fruit, chocolates; Mrs. S. J. Blackler, Nipper's Harbour, pillow, pillow cases, cushion; Mrs. Graham, rhubarb; Miss Dora Ayre, books; Miss Goodridge, fruit; Mrs. Milley, motor drive; Mrs. Frank Morris, fruit; Mrs. Logan, motor drive; Mrs. Lester, 5 feather pillows, jam; Mrs. Tessier, rhubarb; Mrs. Frank Morris, Mrs. MacDougall, eggs; Miss Belle White, tea set; Mrs. James Ryan, motor drive, eggs; Sir J. Outenberg, vegetables, flowers; A Friend, football; Lieut. Duley, motor drive; A Friend, eggs, apples; Mrs. Duncan, fresh butter; Mrs. Sullivan, motor

Resolution of Sympathy

July 6th, 1917.

The Methodist Conference, at the recent Session, forwarded the following Resolution to the Bishop of Newfoundland, which was gratefully acknowledged by His Lordship:—
RESOLVED that the Conference has heard with profound regret of the painful and extended illness through which His Lordship the Bishop of Newfoundland has been called to pass. The Conference welcomes the news of improvement in his health, and expresses the hope that he may speedily reach restoration, enjoy a prolonged season of service in extending the Kingdom of our Divine Master, and have an eventful life radiant with the glory of our Lord.

BACK TO THE FARM.



Since I'm too fat to do much harm with sword or gun or salve, methinks I'll go back to the farm, and do some useful labor. In carnage I would like to slouch, but as I've too much tallo, I'll raise the large and d shapely squash, the artichoke and mallow. Then, maybe, when the war is done, and Kaiser Bill's a goner, with him who piled the deadly gun they'll let me share the honour. When I'm declared too fat to fight, I do not sulk or grumble; I say, "Whatever is right—I'll choose a task more humble. There surely is some useful sphere in which a portly duffer may do as much as though, with spear, he made a Prussian suffer. So I shall hum some martial chants while spading, raking, doing; I'll cultivate my nutmeg plants and keep my string beans growing." Most men are glad to bear the flag to any warstruck region, if they can ride on prancing nag, and boss a fighting legion. We cannot all wear stripes of gold and train with captains courtly, for some of us have grown too old, and others are too portly. But there are places for us all whatever our age or station, to hang a banner on the wall and do things for the nation.

Camisoles can often be made out of the silk muslin left from a party dress. The black silk frock should have a narrow belt of gray pique, a narrow band of grey pique around the lower edge of the collar and gray pique collar.

The Gas Range!

The Gas Range means comfort for the housewife; shorter kitchen hours for her, and a cleaner kitchen. It is a great mistake to think that cooking with gas is expensive.

Whenever a woman becomes used to gas for cooking, thoughts of a coal or wood stove fill her with gloom. A Gas range is so much easier to operate, so efficient for all kinds of cooking, and so much cleaner, that the idea of going back to the old style methods is decidedly unpleasant. Yet in winter many housewives think they must use a coal or wood stove, because there is no other way of heating the kitchen. THERE IS ANOTHER WAY AND IT IS FAR BETTER THAN THE OLD. THE CLOW GAS STEAM RADIATOR WAY. may 23, 17

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Paints, Stains, Oil, Varnishes, Floor Polish, Wax, Mops, Paint Brushes, etc., to be had at BOWRING BROS., Ltd., Hardware Dept.—may 25, eod, tf

Sunday Services

Church of England Cathedral—Holy Communion (1st Sunday) 7:00, 8:00 and 11; other Sundays, 8:00; Matins (except 1st Sunday), 11; Children's Service, 3:30; Evensong, 6:30. Week Days—Matins, 8:00; Evensong, 5:30; Saints' Days, Matins, 7:30; Holy Communion, 8:00; Thursdays, Holy Communion, 7:15; Fridays, Evensong 7:30. Sunday Schools, 2:45 p.m.; Boys' Bible Class, 2:45 p.m. (Vestry); C.M.B.C. (Synod Bldg.) 3 p.m.

St. Thomas's—Holy Communion, (Men's Corporate) 8 a.m.; Morning Prayer and Sermon, 11 (C.L.B. Service). Preacher, Rev. C. H. Barton; Sunday School, 2:45; Evensong and Sermon, 6:30. Preacher, Rev. A. Clayton.

St. Mary the Virgin, St. John's West—Holy Communion on the first Sunday in each month at noon; every other Sunday at 8 a.m. Other Services at 11 a.m. and 6:30 p.m.

St. Michael's Mission Church (Casey Street)—Holy Communion at 8 and 11 on the 3rd Sunday of the month; and at 8 on other Sundays. Other Services 11 a.m. and 6:30 p.m.

Christ Church, Quidi Vidi—Holy Communion, second Sunday at 8 a.m. Evening Prayer, third Sunday in each month at 7 p.m. Every other Sunday at 8:30 p.m.

Virginia School Chapel—Evening Prayer every Sunday at 2:30 p.m.

BROOKFIELD SCHOOL CHAPEL. Evensong—Every Sunday at 3 p.m. Sunday School—Every Sunday at 4 p.m.

ST. MATTHEW'S CHURCH, THE GOULDS. Evensong—Every Sunday at 3 p.m.

ASYLUM FOR THE POOR. Holy Communion—The first Sunday in each month at 9 a.m. Matins—Every Sunday at 9 a.m.

METHODIST. Gower Street—11 a.m., Rev. N. M. Guy; 6:30 p.m., Rev. D. B. Hemmeon. George Street—11 a.m., Rev. D. B. Hemmeon; 6:30 p.m., Rev. Dr. Morton.

Cochrane Street—11 a.m., Rev. Dr. Morton; 6:30 p.m., Rev. W. H. Detchow. Wesley—11 a.m., Rev. H. Royle; 6:30 p.m., Rev. H. Royle.

Wesley—The service on Sunday morning will be for the Volunteers. Subject: "The Faith in the Trenches." Returned Soldiers and Sailors will also be made welcome. The service in the evening will be evangelical. Subject: "Christ in the Furnace." The Church is open to everybody; visitors and friends are heartily invited.

St. Andrew's, Presbyterian—11 and 6:30. Rev. Gordon Dickie, M.A. Congregational—11 a.m., Rev. W. H. Thomas; 6:30 p.m., Rev. W. H. Thomas.

Salvation Army (No. 1 Citadel, Gower St.)—7 a.m., Kneadroll; 11, Holiness Meeting; 3 p.m., Praise Meeting; 7 p.m., Great Salvation Meeting.

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Now that the Wedding Season is here, we call the attention of those on gift-seeking bent to the suitability of well-chosen, well-framed Pictures as Wedding Presents.

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AFTERNOON, 2:15—NIGHT, 7:30 AND 9:15.

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An episode of the "Hazards of Helen" railroad series. "THE STOPPED CLOCK"—A mystery drama. "FREDDY VS. HANLEY"—A Vitagraph comedy-drama, featuring William Daneman. Lillian Gish in "A MISUNDERSTOOD BOY"—A Biograph drama. "BILLIE'S HEADACHE"—A screaming comedy with Billie Reeves. "SWEDEN, STOCKHOLM"—A scenic educational. MADAME OLIVE TIMMINS SINGING CLASSY BALLADS. PROFESSOR MCCARTHY playing the Newest and Best Musical Drums and Effects.

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Just Arrived:
California Oranges.
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Fresh Tomatoes.
Table Apples.
Texas Onions, etc.

FRESH EGGS.
FRESH SALMON
(by express twice a week).

Edgeworth Tobacco—
10 to the lb. and 4 oz.
Ready Rubbed; 2 oz.
and 4 oz. sliced.
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Caddies.

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