The Evening Chit-Chat

By RUTH CAMERON

It is a well recognized fact, that, in respect to almost all his possessions and customs, the average person's tastes are subject to the fluctuations of fashion. There are constantly changing styles in everything about us, in our furniture and our houses, our jewelry and our fine summer resorts, our flowers and our automobiles, our food and our fiction. But did it ever occur to you that there are even styles in words?

You have probably observed that a certain shade of brown and a bright red, called "hunter's pink," are the new colors for the spring. Now, of course, that does not mean that these colors are new in the sense that they did not exist. It simply means that we will have a run on them this season. In just the same way we have a run on words. Take the word "efficiency," for instance. Prior to the last two years, how often would the average person have run across that word? Perhaps half a dozen times a year. And to-day, anyone who reads or talks much has a good chance of meeting it as many times in a week. "Efficiency in business," "efficiency in school organization," "efficiency in the Church," "mental efficiency," "physical efficiency."—phrases like these are continually assailing his eyes or ears.

Again, take the word "strenuous." Fifteen years ago would your correspondent ever have thought of writing to you that she had had a strenuous week? No, she would probably have said that she had had a very busy week. The word "strenuous" in those days would have sounded very strange to you. But two or three years ago—I do not say to-day because the vogue of "strenuous" is already beginning to pass—this was the natural ago—I do not say to-day because the word to express such a condition.

"Negligible" which is a word which has come into common use during the last five years. I had a striking proof of this fact when, after having used the word and having been asked its meaning, I turned to the dictionary to support my definition and did not find the word at all. It is only to be found in a very recent edition of the dictionary. In this respect, of course, it is different from the other words cited, in that they were catalogued, but not commonly used.

Some other words which have been suggested to me as words which are, or have been, in vogue, are "charm" — in the sense of attractiveness, "wonderful"—"Isn't this a wonderful day!" "unique" and "conservation." "Coordinate," I am told is the very latest thing in words. Everywhere, you hear such expressions as "The pupil must co-ordinate his faculties." It bids fair to be a successor in popularity to "efficiency."

In the case of many of these words there's a reason. Some movement or some event has brought them into prominence. "Efficiency," of course, comes from the "efficiency engineer" movement; "conservation," from the western conservation talk; and "strenuous," well, I'm quite sure I don't need to mention the source of that word's prominence. Other words seem to spring into popularity for no apparent reason, much in the inexplicable manner in which styles in other things appear.

Thus, even in words, we are all bellwethered and follow meekly after each other; so even in words we must have a change of style, and the only thing which is always in fashion is change of fashion.

Ruth Cameron

LOCAL TREATMENT FOR WOMEN'S DISORDERS

The health we enjoy depends very largely upon how the blood circulates in our bodies; in other words, if we have perfect circulation we will have perfect health.

There is a constant wearing out of the tissues in every part of the body. The blood flowing through the veins carries off this waste or dead matter, while the blood coming from the heart through the arteries brings the fresh new living tissue, the essence of the food we have digested, to replace what has been carried off. This constant wearing out and expelling of the dead matter and the replacing of it with new matter, atom by atom, goes on day and night, until in about 7 years a complete change has been effected. Thus every man and woman has an entirely different body in every particle of it from what he or she had 7 years before.

It sometimes happens, however, from a variety of causes, that the blood becomes congested in certain portions of the body. This means that the blood vessels in these parts become weakened, and the circulation in that section of the body becomes sluggish and stagnant. The consequence is that the dead matter in that part of the body is only partially carried away, and that but little of the new, vital matter is introduced there to build up and strengthen the tissues and nerves.

This condition invariably exists in all cases of female disorders. The dead matter retained in the circulation, which should have been expelled, causes irritation and inflammation of the delicate membrane, and oppresses the nerve centres. This condition is the cause of the grievous physical and mental suffering which accompanies female troubles.

To obtain relief it is evident that the first thing to be done is to get rid of the dead matter which is being held in the circulation. If this dead matter is allowed to remain there a species of blood poisoning will result and nature will endeavor to get rid of it by forming ulcers, tumors, etc.

The above explanation will also show why ORANGE LILY is so successful in curing this condition. It is a local treatment, and is applied direct to the affected organs. Its curative elements are absorbed into the congested tissue, and from the very start the dead matter begins to be discharged. A feeling of immense relief, both mental and physical, accompanies it, and the improvement is constant and positive. This feature of the expelling of the dead matter is always present to a greater or less extent, and in some cases it is so marked as to be amazing. The case described in the following letter is not exceptional:

"Dr. Coonley—I am thankful to Mrs. F. E. Currah, your Canadian representative, for my health restored by your wonderful remedy. I have suffered for 17 years, but not so bad until 3 years ago. Then I had a doctor, who told me I had a tumor, and could live no more than a year. If I went through an operation I would not live through it. A year later I sent for him again, and he gave me up to die. My husband then sent for another doctor, who performed an operation, and it did me much good. I doctored with him 3 or 4 months, but became so bad again that I thought I could live no longer, and I began to long to die. One day my husband came home and threw a slip of paper to me with Mrs. Currah's address and told me a lady had advised him to write to her for a treatment that would cure me. I said it was too late, that I would die anyway. I could not lift a teacup without hurting me. Then the first doctor told me I was worse than ever. However, my husband sent for ORANGE LILY, and the third treatment brought away one tumor. Others followed, until 7 tumors had been expelled, 3 large ones and 4 small ones. I know if it had not been for ORANGE LILY I would have died, for I could not live much longer. I would have thought it cheap at one hundred dollars for a month's treatment, instead of one dollar. It is worth its weight in gold.—MRS. GEO. LEWIS, Huntsville, Ont.

The above letter is published with Mrs. Lewis' permission. All letters received are treated as being sacredly confidential, but occasionally some patient feels so grateful for being cured that she is willing to make the matter known for the benefit and encouragement of her suffering sisters.

ORANGE LILY is a positive, scientific remedy for all disorders of the female functions. As explained above these troubles are of local origin, and require local treatment. It is just as sensible to take medicine internally for female troubles as it would be to take medicine internally for a bruise, a boil or an ulcerated tooth. In all these cases some dead matter is being retained, and the cure is effected by employing local methods for expelling the dead matter. ORANGE LILY has antiseptic, soothing and healing properties, and also tones up and invigorates blood vessels and nerves. I am so anxious that every suffering woman may satisfy herself, without cost to her, that ORANGE LILY will cure her, that I hereby make the following

FREE TRIAL OFFER

I will send, without charge, to every reader of this notice who suffers in any way from any of the troubles peculiar to women, if she will send me her address, enough of the ORANGE LILY treatment to last her ten days. In many cases this trial treatment is all that is necessary to effect a complete cure, and in every instance it will give very noticeable relief. If you are a sufferer, you owe it to yourself, to your family and to your friends to take advantage of this offer and get cured in the privacy of your home without doctors' bills or expense of any kind. Address MRS. FRANCES E. CURRAH, Windsor, Ont. 7

A WOMAN'S GOOD LOOKS

Depend on her general health and freedom from pain. Many a woman looks old before her time because of those irregularities which are essentially feminine. Starting from early womanhood, she suffers from frequently recurring derangements that upset her womanly health. If she be beautiful she grows into that mellow age without wrinkles and crowfeet about the eyes or the blue circles underneath. It is invariably the rule that such women suffer little, or not at all, from womanly derangements which sap the health and leave in the face the tell-tale story of pain and suffering. Dr. R. V. Pierce, the famous specialist in the diseases of women, found a prescription in his early practice that soothed the organism peculiar to womanhood—oiled the machinery, as it were, of the human system—and helped the woman to pass those painful periods that scar-lined and aged her face. This remedy became the well-known Dr. Pierce's Favorite Prescription, that has benefited thousands of women and saved them from misery and suffering at different periods in life.

MRS. PIERCE.

MRS. HARRIET E. PIERCE, of 244 Bright Street, Sarnia, Ont., writes: "I am now a well woman after suffering for three years and doctoring with several different doctors, each one saying it was something different, and the last one, after putting me through a thorough examination, said I was suffering from a growth, which, in time, would result in cancer, and said I would not live more than two years if not operated upon right away. I became hopelessly discouraged but would not consent to the operation as I was too weak and too much afraid, but at last, through the advice of a friend, I tried Dr. Pierce's medicines, and after using two bottles of the Favorite Prescription I immediately felt a change. I also used two boxes of Healing Suppositories, and eight boxes of 'Lotion Tablets,' and can safely praise the name of Dr. Pierce's medicines to all who suffer from any female disease, for these medicines are all they are claimed to be, and I hope will help others as they have helped me."

The Price of Coal

Editor Evening Telegram.

Dear Mr. Editor,—I read with considerable amusement and disgust the letter in yours of the 25th inst., signed "A Miner from Cape Breton," and would advise him before talking or writing on Coal Business to get facts and figures, as according to his figures he is entirely "at sea." Does he think as some Cape Bretoners do that "Newfoundlanders are too green to burn?"

(1.) He clearly shows his ignorance when he says that Coal dealers do not pay more than $2.50 per ton at the mine. North Sydney Screened Coals is always shipped and accompanied by a certificate, which one can see in any of our Coal dealers' offices. This coal costs $3.25 per ton at the mines;

(2.) Freight, he says, is $1.50. I think there would be quite a run on coal freighters if that figure were procurable, as coal freights per steamers are $1.10 per ton in regular season, with a time limit for discharging;

(2.) He refers to duty as 50c., which clearly shows he is a very poor "Know it all." The duty on Soft Coals is 70c. per ton. This he may ascertain by walking east to a place called the Custom House. Let him ask a policeman, he will show the way;

(4.) Cost of landing, he says, is 30c., why, "Cape Bretoner," even the cats are laughing, let alone members of L. S. P. U. The new labour rates for discharging coals per contract are 33c. per ton from hold of steamer to wharf, the truckage from wharf to store varies from 5c. to 10c. per ton; and, again, there is the trimming in store which costs another 15c. to 25c. Summing up we find the cost and expenses of 1 ton of coal as follows:—

North Sydney Screened Coals	$3.25
Freight	1.10
Duty	.70
Discharging	.33
Truckage to store	.07
Trimming, say	.20
Cartage home	.60
Marine insurance, 1 p.c.	.03
Advance in price at North Sydney	.25
	$6.53

leaving the dealer with 47c. per ton to cover insurance in store, upkeep of premises, storage, besides incidentals and bad debts.

One reading "Cape Breton Miner's" letter and unacquainted with the different expenses on coals from the time it leaves the mines until it reaches the consumer, would imagine that our Local Coal Dealers are a pack of "bare faced" robbers.

It seems a pity that "Miner from Cape Breton" does not start in the coal business and sell it at $4.80 per ton, thereby losing $1.73 per ton, as I am sure he could control all the trade of Newfoundland, for such dealers as Harvey's, Franklin, Crosbie, Morey, Mullaly, Hynes and Campbell would buy all their stock from him direct, without importing any themselves.

My advice to "Miner from Cape Breton" is to go away back and sit down, don't come down here "airing yourself, the air is too pure for you."

Trusting you will publish this letter, and thanking you for space, Mr. Editor.

Yours truly,
LOVER OF FAIR PLAY.

St. John's, Nfld., April 26th, 1912.

WITH THE ADVENTISTS. —"The Doctrine of the Immortal Soul: It's Source and Authority. What says the Bible?" In these days of Spiritism no more important subject can be studied. Elder C. H. Keslake will discourse upon it at the Adventist Church, Cookstown Road, to-morrow night. Come, hear it. Seats free.

Be Warned by Headache

It tells of Serious Derangements of the Liver and Kidneys—Try Dr. Chase's Kidney-Liver Pills.

You can stop a headache with powerful drugs. But it is not generally wise to do so.

A headache almost always warns you of derangements of the digestive system, the liver, kidneys or bowels.

Awaken the liver to healthful action by the use of Dr. Chase's Kidney-Liver Pills and you not only free yourself of headache, but remove the cause which will soon lead to more dangerous results than headache.

Pains are the result of poison in the system and whether you have headache, backache or aching limbs, you can be almost sure of relief and cure by the use of Dr. Chase's Kidney-Liver Pills.

They are wonderfully prompt, as well as definite and thorough in action. You can depend upon them, no matter how long-standing or complicated your case. One pill a dose; 25 cents a box; all dealers or Edmanson, Bates & Co., Toronto.

OLD AGE.

BY H. L. RANN.

Old age is that period of man's existence when his enthusiasm and teeth begin to slip away from him. It is becoming quite an easy matter to pick up bargains in teeth, but at three score and ten a man's enthusiasm for joy rides and the light fantastic fades out faster than the colors in a 6-cent gingham. Old age is largely a state of mind. Its outward symbols are wrinkles, and a mild preference for corn meal mush, together with a tendency to arise early in the morning and shake down the furnace just when the rest of the family are trying to collect in a little lost sleep. There are two kinds of old age—sweet and sour. The former is the more popular of the two, and is generally surrounded by love and a collection of bed slippers. A sour old age gives a great deal of pain to all concerned, especially at the time of probating the will. Some people are naturally contrary and arrive at old age several years ahead of their schedule, saddening the home with sarcastic comments relative to the quality of the pie crust, while others trip into the 80's like an animated sunbeam, scattering unselfish service and silver threads among the gold along life's pathway. The old age which retains its interest in youth and flowers and books and politics is the most beautiful thing in this world, bar none, unless it is the brightness of youth as yet unspoiled. The man of fifty who turns into Old Age alley, accompanied by crowsfeet and the sound of a slipping clutch, had better start repairs on his digestion or his bank account. Worry hurries more men into old age than length of years. There are a whole lot of people who are laying in supplies for a rainy day for relatives who proceed to blow in what is left on bright green limousiens with cigar holder and reading lamp.

THIS WOMAN'S TROUBLES GONE

Terrible Cramps, Dizzy Spells Nervousness, Misery—Her Story of How She Got Well Again.

Hindsboro, Ill.—"Your remedies have relieved me of all my troubles. I would have such bearing down misery and cramps and such weak, nervous, dizzy spells that I would have to go to bed. Some days I could hardly stay up long enough to get a meal.

"The doctor's medicine did me no good so I changed to Lydia E. Pinkham's Vegetable Compound and got good results from the first bottle. I kept on taking it and used the Sanative Wash with it, until I was well again. I think every woman who suffers as I have, could take no better medicine."—Mrs. CHARLES MATTISON, Box 58, Hindsboro, Ill.

Testimony of Trained Nurse.

Cathlamet, Wash.—"I am a nurse and when I do much lifting I have a female weakness, but I take Lydia E. Pinkham's Vegetable Compound and I cannot say enough in praise of it. I always recommend it for female troubles."—Mrs. ELVA BARBER EDWARDS, Box 54, Cathlamet, Wash.

The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as those above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger—it has stood the test for years.

Whale's Marvellous Blower.

A Perfect Valvular System Connects It With Lungs.

A whale is purely mammalian, like ourselves. The young are born alive and such milk; their blood is warm, they have a four-cavitied heart; their bones, muscles, and nervous system resemble in structure those of other mammalia.

But these great mammals must live all their lives in the water. How then, is their breathing to be managed? In the seal we find self-acting valves, that close the aperature in the nostrils as tightly as a cork in a wine bottle when the creature descends beneath the waves.

In the whale we find a different kind of self-acting breathing valve. The windpipe does not communicate with the mouth. A hole, as it were, bored right through the head.

Engineers would do well to copy the action of the valve of the whale's blow-hole. A more perfect piece of structure it is impossible to imagine.

Day and night, asleep or awake, the whale works his breathing appartus in such a manner that not a drop of water ever gets into the lungs.

Again, the whale must of necessity stay a much longer period of time under water than seals and other aquatic animals. This alone might possibly drown him, inasmuch as the lungs cannot have access to fresh air.

We find that this difficulty has been anticipated by a peculiar reservoir in the venous system, which reservoir is placed at the back of the lungs. Seemingly this is unimportant, but it is of the greatest practical value to whalers. If the harpoon wounds this reservoir the animal will bleed to death.—Washington Post.

MINARD'S LINIMENT CURES GARGET IN COWS.

The Titanic

All wealth and wit could do
In building her was done;
Of all great ships she was
The greatest 'neath the sun.

"Titanic," she was named—
The Monarch of the Sea;
And man in her combined
Strength, speed, and luxury.

Far from the thought of man
Was her impending doom—
That those who thronged her decks
Were standing on their tomb.

Upon a star-lit night.
As through the air a bird,
She through the water sped,
When, lo! a crash is heard!

Despising her proud sway,
An iceberg lies in wait
And rams her ribs; headlong
She plunges to her fate!

Some sixteen hundred souls
She buries in the deep;
The Floating Palace is
The shroud wherein they sleep.

The pride of man is crushed;
His heart by anguish torn;
Anticipating joy,
He turns away to mourn.

Across two continents
Huge waves of sorrow roll;
Yet, while men dare the sea,
The sea will claim its toll.

Great tragedies call forth
The basest, and the best;
Of what men really are
Afford a searching test.

To-day we crown those men,
So strong, big-hearted, brave,
Who sacrificed themselves
Those quite unknown to save.

We mid our sorrow pause
And draw a full deep breath
To sing the praise of men
Who dying, conquered death!

Adown the centuries
Men will remember them;
Yea, the wind and waves,
Will chant their requiem!

FRED. B. WOOD.

St. John's, April, 1912.

Want Better Freightiug.

Editor Evening Telegram.

Dear Sir,—Kindly give me space in your paper to bring to the notice of our members and the Government how we are treated as to freight by the Costal Service. Is the coastal steamer supposed to be of any use to the settlements east of Placentia? It is useless to order or expect any freight by her. Men may be starving, cattle perishing, but there is no room left for freight for man or beast for the Southern Shore. West of Placentia there are steamers galore; Reid's, Bowring's, Crosbie's, and at least we might be allowed some space to have some freight. Yes, and when any is brought it is dumped off in some other port of call and can stay there till the railway comes, as far as they care. Nor will Messrs. Bowring give the freight left behind to any freighter, no matter how badly it is needed. Come, Messrs. Bowring, see that we get a show; we have the steamer once a fortnight; the service is as much for us as for the rest of the coast; we want our freight as well as the others, we have to pay for it, too (after waiting two or more trips), and we have less chances of getting freight.

Come, Messrs, Cashin, Morris, Howley and Devereaux, do something for us before voting time.

Yours truly,
HARE'S EARS.

Heating With Gas

If you have tried the old type of gas heaters a few years ago, and were disappointed wth the results obtaned, this should not deter you from trying the modern heaters. During the last few years a good deal of science has been incorporated into the design of gas fires and all the old defects have been removed. Some of the old fires were not quite satisfactory, now, however, the fire burns without noise, no fumes enter the room, the atmosphere is kept pure and is not dried, and the fires are designed to suit any scheme of decoration.

The medical profession was at first antagonistic to them, but of late thousands have been fitted in doctor's residences and in sick rooms on their recommendation, which is a sufficient testimonial on the hygienic aspect of the matter.—ap6,9,13,16,20,23,27,30.

LECTURE TO COLLEGE BOYS. — Pupils of the Methodist College were lectured to last evening in the British Hall on First Aid by Dr. Macpherson. The boys are getting ready for their second examination on the subject, having passed their first some time ago.

WILL DELIVER LECTURE.—Monday evening Rev. Dr. Rogers will lecture to the members of the Epworth League in the Sunday School room of Gower Street Church. His subject will be "The story of a trip to Cuba and Jamaica."

POLO SHOE POLISH

Shines easiest, retains its gloss longest and comes in the BIG box. Ask your grocer or shoeman. 10c

"Good for Leather—Stands the Weather"

We can show you THE GOODS, can give you THE CUT and STYLE and THE EXPERT WORKMANSHIP. The largest stock of

TAILORING GOODS

in the city All goods UP-TO-DATE. Mail orders given prompt attention. Samples and self-measuring cards sent to any address.

JOHN MAUNDER,
Tailor and Clothier, 281-283 Duckworth Street. ug2,eod

J. J. ST. JOHN.

Skipper Sardines,	Ordinary Sardines,
Baltimore Oysters,	No. 1 Tinned Salmon,
Fresh Halibut,	Pickled Herring,
California Peaches—tins,	Cal. Pears—tins,
California Apricots—tins,	Evap. Apples,

J. J. ST. JOHN.

ONCE AGAIN!

A Shipment of Our Now Celebrated

Job Room Papers

Come Early and Don't Miss a Bargain.

Robert Templeton.

SEALING PHOTOS.

A New Set of 150 Sealing Photos taken 1912 from the s.s. Beothic.

This Set shows the whole of the work at the icefields.

Steamers Florizel, Bellaventure, Nascopie, Beothic, Adventure, Eagle, Sagona, etc.; Hoods, Harps, putting the crews on the ice; men leaving steamers, Killing, Sculping, Pans, Towing, Hoisting Aboard, Deck Scenes, Stowing Below; S. S. Fogota arriving loaded.

The HOLLOWAY STUDIO.

Serravallo's Tonic

(Bark and Iron Wine)

Gives Health and Strength.

Sold by Druggists throughout the Island, and

HAYWARD & CO., Distributing Agents.