

THE UNKNOWN.



Theosophist (soulfully)—Do you ever feel that vague longing to be face to face with the unknown, to consecrate your life to—

She (frankly)—Yes, indeed! This is my sixth season.

ONIONS FOR THE COMPLEXION.

Walter Besant says: "May I help you, madam, to an onion? Will you prefer the vegetable raw or fried? Or you may have it boiled, baked or sliced in vinegar. You decline the offer? Fie! It is because you know not the sovereign qualities of this vegetable. The praises of the onion have been recently set forth in an American paper, which says: 'If ugly girls will eat onions they won't be ugly. Ugliness is another term for sickness. Well people feel good and look good. Health is beautiful, and onions are health-giving.' The writer goes on to explain that onions, raw or cooked, stimulate all the organs, aid digestion and—which is perhaps of greater importance—brighten the complexion. Some of the best people, particularly in college and literary circles, are not 'at home' even to their intimate friends on Sunday. The ladies stay at home on Sunday to consume 'leeks for the lily cheeks.' After the leek soup a cup of strong black coffee is recommended, with seclusion. Again, madam, may I help you to a few slices of the Bermuda variety for the good of the lily cheek, which they will transform into a cheek of rose and lily?"

EYESIGHT—HOW TO PRESERVE IT.—Everyday you hear some one say that his eyes are bad—he can't see as well as you can at a distance, or he can't read unless he holds his paper at arm's length from him. You ask him, why don't he get glasses? He answers: "If I start to wear glasses I will always have to! Such people do not realize the fact that their eyesight is always getting worse, which they could prevent with proper glasses. They would rather worry their eyes and wince than wear glasses which would do away with all the trouble. To do without glasses as long as possible is wrong. You should wear them as soon as your eyes feel strained or tired. Of course, it is very important that your glasses should be the proper ones to secure comfort and ease. Such glasses can only be obtained from a skilled optician, and the only place where such can be had is at F. W. Nolte & Co.'s, 37 Fort street.

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Frank Campbell

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