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May 3, 1894.

Ps.

nned tomatoes, to half a boxhardened serve se of celery.

re never tried are it exactly as ing apple sauce time apples apple shortcake tcake.

in slices; pour a little grated get cold. Put em into cakes, a grated bread, manice brown. hot.

fish well and ad); prepare a opped fine and it it and season fish with this, ping pan; pour sprinkle with If a good sized

iet.

ut thirty mins' time will be
Peas and asenty to thirtycovered with
for one hour.
l cook in forty
r they require

I headache and I started to aly, 1892, and by cured. prwood, Ont.

ces, boil until aix with it half grated cheese, in a buttered Scatter the top vn in a quick

l down into a arts of boiling thirty minutes. At the end of to each quart ey are done all d to the beans of butter and er. Return to

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ing-basin, and -crumbs mixed ves, and tiny sed and cored bread-crumbs.

n. By impacmentation, and and derangehis fruit. The y indigestible. the protection ays be rejected.

oils, pimples, Burdock Blood rom a common

Children's Department.

May 8, 1894.]

Handsome is that Handsome Does.

Near me lives a little fellow
Who has cheeks like roses red,
And his eyes are bright and sparkling,
And I often hear it said,
"What a charming lad—so handsome!"
But I never can agree
With the ones who sing his praises,
For he is not fair to me.

Very lazy, very selfish,
Is this lad of whom I tell;
He's determined not to study—
Never has a lesson well;
How he hates to help his mother!
Not a stick of wood he'll bring
Till he's done a deal of grumbling,
And it's so with everything.

If you saw his cheeks get crimson
With his anger, and a scowl;
Make his pretty features ugly,
And you were to hear him growl
When he's bidden to do something,
You would quite agree with me,
That far, very far from being
A delightful lad is he.

There's an old and truthful saying,
"Handsome is that handsome does;"
Many a lad with plainest features
Has a noble look to us;
For we know him kind and helpful,
And his smile can make us glad,
And his plainness—we forget it—
He's the really handsome lad.

Benson the Saddler.

"HE THAT SERVES GOD SERVES A GOOD
MASTER."

"Remember, I must have the bridle on Monday," said Mr. Harcourt, as he turned to leave a shop where he had been giving some orders about his harness.

"I beg your pardon, sir," said Benson, "but it will not be possible to get it done by Monday."

"Not possible," returned Mr. Harcourt, stopping short; what nonsense! why, there's all to-morrow."

"To-morrow is Sunday, sir," returned the saddler, firmly but respectfully.

A Tonic

For Brain Workers, the Weak and Debilitated.

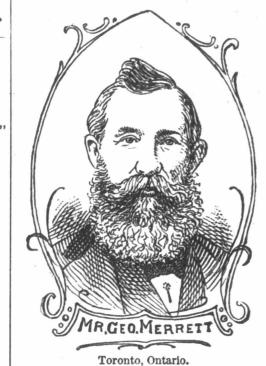
Horsford's Acid Phosphate is, without exception, the Best Remedy for relieving Mental and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Dr. E. Cornell Esten, Philadelphia, Pa., says: "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

Descriptive pamphlet free.

Rumford Chemical Works, Providence, R.I.

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As Well as Ever

After Taking Hood's Sarsaparilla

Cured of a Serious Disease.

"I was suffering from what is known as Bright's disease for five years, and for days at a time I have been unable to straighten myself up. I was in bed for three weeks; during that time I had leeches applied and derived no benefit. Seeing Hood's Sarsaparilla advertised in the papers I decided to try a bottle. I found relief before I had finished taking half of a bottle. I got so much help from taking the first bottle that I decided to try another, and since taking the second bottle I feel as well as ever I did in my life." Geo. Merrett, Toronto, Ont.

In Dreadful Condition

Almost a Complete Wreck
After the Grip

Can Hardly Express Sufficient Crat-

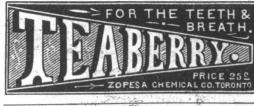
"C. I. Hood & Co., Lowell, Mass.:

"Dear Sirs—I felt it my duty to let you know the good Hood's Sarsaparilla has done for me. I have been troubled with summer complaint for years, unable to do anything. I tried everything but seemed to get no relief. Then I became a victim of the grip and was left in a dreadful state, so weak I could scarcely work and when I did I worked in misery. The doctor said I had Bright's disease. My kidneys were in dreadful condition. I found one of your papers at my door, and on reading it decided to

HOOD'S Sarsaparilla CURES

give Hood's Sarsaparılla a trial, thinking at the time it was not much use as nothing helped me before. But, thank God, I got relief after the first bottle. I kept on taking it and used five bottles; am now a cured man; never felt better. I have loudly recommended Hood's Sarsaparilla, for I owe my life to it and hope this may be the means of leading others to give it a fair trial." Joshua Smith, Norwich Ave., Woodstock, Ontario.

Hood's Pills cure liver ills, constipation, jaundice, biliousness, sick headache, indigestion.



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Vestments. By R. A. S. Macalister, M.A.
Being Vol. I., Parts I. & II. of "The Transactions
of the Society of St. Osmund." Price, 35c.

W. E. LYMAN, Cor.-Secretary, 74 McTavish St., Mentreal "Well! what of that?"

"We do not work on a Sunday, sir."

"Then I shall go to those who do;
you can put the bridle in the carriage,"
added Mr. Harcourt, turning to the
man to whom he had given the order.

"We can get it done by Tuesday, sir, without fail," interposed Benson.

"Tuesday will be too late," and then, without another word, Mr. Harcourt stepped out of the shop, and bidding his groom take the bridle from the man, he got into his phaeton, and drove off, muttering to himself, "The old humbug! I will make him repent his folly."

Benson watched the carriage until it had turned the corner, and with something very like a sigh went back to his seat. He had lost his best customer; he felt sure of that. A man whom he had been most anxious to oblige; good work, well paid for, and paid promptly; such a customer it was hard to lose. Besides, Benson had had recent losses in trade, followed by sickness in his family, and money was very scarce, and would have been most welcome. He felt that the temptation to break God's law had been a severe one. Yet, after a moment's prayer, he sat down to his work with a quiet spirit, remembering that he who serves God serves a good Master, and may be content to look to Him for his wages.

A few hours after, a Mr. Wilcox, a clever, pushing saddler, who lived in an adjoining street, came bustling in, looking wonderfully elated and cockahoop.

"Well, Benson," said he, as he rubbed his hands one over the other with uncommon glee, "you have been and done it; that is all."

"Done what?" inquired Benson, as he looked up quietly from his work, making a good guess, however, as to his visitor's meaning.

"Knocked down your own luck with one hand, and given it to me with the other."

"You mean, I suppose, that Mr. Harcourt drove on from my shop to yours?"

"Exactly, and I thought that the least I could do was to come and thank you, and to tell you how happy I should be to work for as many more as you choose to send."

"I need not tell you I shall not send you those that I can keep," replied Benson, trying hard not to show that he was annoyed; "but, God helping me, I will never go against my conscience—not for any man or any money."

"Well, every one to their taste. These are not days to refuse good work when it is offered; and as to your scruples, they are all nonsense; just as if there were any sin in pushing a needle and a thread through a bit of leather on a Sunday! The better the day, the better the deed."

Remember that thou keep holy the Sabbath day. Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of

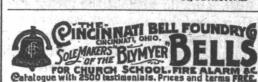


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that?"
on a Sunday, sir."

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