stepping out

Thursday, October 20

Canadian Gothic/American Modern, a play by Canadian playwright Joanna Glass will play at the Rebedda Cohn Auditorium from Oct. 19-23 at 8 p.m. First in a series of productions to be staged by the Dalhousie Theatre Department.

Margaret Randall, author journalist and poet will speak on Alternative Media: Mass Culture and Popular Culture in Nicaragua on Wednesday, October 20 at 12 ncon. The lecture will be held at the Halifax City Regional Library on Spring Garden Road. For further information call 422-8338.

Friday, October 21

The School of Library Services, Dalhousie University presents a lecture entitled, "Growing Up and Writing for Kids", on Friday, October 21, 1983 at 3:30 p.m. in the MacMechan Auditorium. Mr. Gordon Korman will make the presentation.

Dalhousie Newman Society will host Arch Bishop James Hayes who will speak on the Eucharist and Penance at 7:30 p.m., Room 100, SUB, Friday, October 21, 1983. All are welcome.

On Friday October 21 there will be a Wine Cellar. 9:00 p.m. - 1:00 a.m. with Paul Donat & Marc Lulham. Green Room, Dal SUB, \$2.00.

This year's Winterdance auditions will be held at Studley Dance Studio on Friday, Oct 21, at 1:30 p.m. If you are interested in auditioning and are unable to attend these sessions, please contact Patricia Richards at

A woodwind quintet and three voice students will inaugurate the Music Department's 1983-84 series of noon-hour recitals by Dal music students in the Art Gallery, on Friday, October 21 at 12:30 p.m. The woodwind quintet will perform Persichetti's "Pastorale" and voice students will each perform songs by the 19th century French composer, Claude Deb-ussy. Admission to the recital is free.

Saturday, October

White Heather

Saturday, October 22, 8:00 p.m. Regular: \$9/\$8 Students & Seniors: \$8/\$7

Top Scottish entertainers present an evening of good music and plenty of fun for the entire family.

The Halifax Coalition Against Nuclear War is organizing a march on Saturday, October 22, International Disarmament Day, to protest cruise missile testing and the global nuclear arms race. Marchers will assemble at 11:30 a.m. at the Dal SUB or at 12:30 p.m. at the South Commons. For more information call 424-2146.

Saturday, October 22-Meeting on the Occasion of the International Day of Protest Against the War Preparations. Speakers: Tony Seed, Maritimes spokesman for the People's Front, and Bill MacKeiggan of the Halifax Committee Against Imperialist War. A colour film (work in progress) on the militarization of Halifax and the peace movement by Fish Or Cut Bait Film Collective will be shown along with a photo display. North End Library, 2285 Gottingen Street, 7:30 p.m. Everyone welcome.

Sponsored by O'BRIEN'S PHARMACY at 6199 Coburg Road (Just opposite Howe Hall) "Serving Dalhousie Students for 18 years"

The Dalhousie German Club will hold a Hea Market on Saturday, October 22, from 10 a.m. to 2 p.m. Proceeds will go towards funds for the club's activities. Anyone wishing to donate old clothing, books, records, or anything else, should drop these articles off at the German House no later than 5 p.m., Friday, October 21. Come on over to the sale. Who knows what you may find? Perhaps a good Hallowe'en costume!

Sunday, October 23

The Halifax public will have a chance to discuss the contentious issue, What has the Church got to do with Politics on Sunday, October 23 at 7:30 p.m. Margaret Randall, who has lived in Nicaragua since 1980 and has just published her third book, Christians in the Nicaragua Revolution and Martin Rumsheidt, theologian at the Atlantic School of Theology will address the meeting at the Public Archives, 6016 University Avenue. Sponsored by the Latin America Information Group. For more information phone 422-8338.

Eating Raoul will be screened Sunday, October 23 at 8 p.m. in the Cohn Auditorium. This film is an upfrom-underground slice of life in which the American dream goes awry when the sexual revolution invades the 1950's style sanctuary of a socially unconscious middle-class couple in Los Angeles.

A Coffeehouse for Peace will be held Sunday, October 23 at 9 p.m. in the Grawood Lounge. Performers will include Charlie Phillips, Andrea Currie, Tom Hydorn, and Terry Mullen.

The Glass Orchestra

Sunday, October 23, 3:00 p.m.

This very unusual Toronto group is so-named because all of their instruments use glass in various forms to produce or modify sounds. Their alloriginal music grows directly from the characteristics of the instruments

United Church Community Sunday Night Services. Every Sunday night at 7:30 p.m., Room 314, SUB. Everyone

Monday, October 24

On Monday, October 24-The movie Bye Bye Brazil will be shown in the McInnes Room, Dal SUB, at 8:00 p.m. Admission \$2.00.

Tuesday, October 25

Pans & The Seine

Tuesday, October 25, 8:00 p.m.

Today the Seine is the centre of Industrial France. It teems with the life of the modern world in sharp contrast to the remains of the past. A large portion of the film is about Paris, the wonderful city whose heart is the Seine. Filmed and narrated by Kathleen Dusek.

Tuesday, October 25-Nooner Highland Dance Demonstration from 12:30 to 1:30 p.m. in the Green Room, Dal SUB.

Wed October 26

The Dal Scuba Club will be holding a general meeting for all members and those who are interested in participating. This will be the last chance to sign up for our fall Basic Scuba course. A newsletter will be available, extras can be picked up at the dive locker on the third floor of the Biology department in the L.S.C. The meeting will be held in the 5th floor lounge at 7:00 p.m. in the L.S.C. on October 26.

Author Margaret Randall will speak about Changing Women in a Changing Society: Nicaragua Today on Wednesday, October 26 from 5:00 to 7:30 p.m. The meeting will be held at the Public Archives Building, 6016 University Avenue and will include readings from her book, Sandino's Daughters. The meeting is part of a cross-Canada tour and is sponsored by the Latin America Information Group. For more information call 422-8338.

The Arms Race Who's Winning Series continues on Wednesday, October 26 at 7:30 p.m. with an address by Inga Thorsson on Disarmament and Development. Mrs. Thorsson was the Swedish Under-Secretary of State for Disarmament Issues. This talk will be in Theatre Auditorium, McNally Building, Saint Mary's University. Sponsored by the Halifax City Regional Library, Dalhousie, MSVU and SMU.

Thursday, October 27

A Lagos Plan of Action Workshop will be held at the Centre for African Studies on Thursday, October 27 and Friday, October 28. Topics for discussion include Women and development in Africa, militarism, health policy options, the communications revolution in Africa and the Lagoa Plan. For times and further information contact the Centre for African Studies at 424-3814.

Saturday, October 29

The office of the Overseas Coordinator and the International Students Assn. are organising a bus tour of the island of Cape Breton. The tour will leave from the SUB at 8 am on Saturday, 29 Oct. and return on Sunday, 30th at 6 pm. The itinerary includes a visit to Alexander Graham Bell Museum in Baddeck, the famous Louisbourg Museum and possibly a drive up Smokey Mountain on the Cabot Trail. The night will be spent either in Sydney or Ingonish depending on the weather. If you have not registered, do so soon. Space is limited. The cost will be \$25 ONLY. For further information call 424-7077 or 429-8841 (Dora).

Monday, October 31

All interested faculty are invited to attend the first meeting of the Teaching Network to be held at 12:30, Monday, October 31, in the Learning Resources Office (main floor, Killam Library). Bring your lunch, we'll provide the coffee.

University Health Service 424-2171

OFFICE HOURS MON - FRI 9:00 am - 5:00 pm

Doctors and Nurses 5:00 pm - 10:00 pm

Nurse Present Doctor on Call 10:00 pm - 9:00 am

Doctor on Call Saturday - Sundays and Holidays

10:00 am - 6:00 pm Nurse Presetn Doctor on Call

6:00 pm - 10:00 am Doctor on Call

Student Health now has flu vaccine available by appointment only. Cost is \$2.

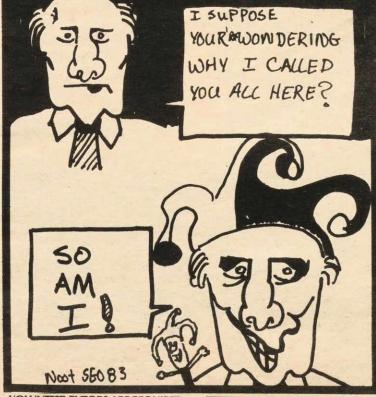
A programme on how to talk to groups calmly and confidently is being offered at the Counselling Centre. This free, six-hour session programme will be of particular interest to students who find that apprehension and tension make it difficult for them to give class presentations or participate in group discussions. To register phone 424-2081 or come in person to the Centre on the 4th floor of the SUB.

For those who want to get control of their eating habits and/or their weight. This six-session programme is being offered by Counselling Services and Health Services. The topics will include: eating habits, thinking and eating, exercise, nutrition, goalsetting and self-image. There is no charge for this course. However enrolment is limited to the first fifteen participants. For more information and to register, call or come to COUNSELLING SERVICES, room 422, SUB, 424-2081.

The students in the Costume Design Studies Program will be holding an ongoing Alterations Clinic in the Dal Arts Centre to raise money for a field trip. If you have pants that need hemming, a skirt to be shortened, or any alterations, bring them to the Costume Dept. 9:30 am - 12:30 pm, Monday to Friday. Lowest prices in town. Just follow the signs in the Arts Building to Costume Rental.

A program to teach participants how to relax and think more clearly during tests and exams will be conducted at the Counselling Centre. This free, five-session program will include physical relaxation, cognitive coping and exam writing techniques. To register phone 424-2081 or come in person to the Centre on the fourth floor of the SUB.

STUDY SKILLS PROGRAM - Counselling and Psychological Services offers a program to help you be more effective and more efficient in your studying. Topics covered include concentration, time scheduling, notetaking, reading, writing papers, exams and motivation. For more information contact Counselling Services, Room 422, Student Union



VOLUNTEER TUTORS ARE REQUIRED to provide reading and/or math assistance for students in Elementary and Junior High school grades. For more information about our programme and October's orientation seminar please phone - Veith House Outreach Tutoring Services: 453-4321.

SSAV, a crisis intervention service for female victims of sexual assault, is now available 24 hours daily, providing emotional support and options for help to the victim.

Confidentiality respected. Trained staff are on call. Phone Help Line

OMBUDS' OFFICE 424-6583

will be staff in the office at the following hours during the Fall term:

11:30-3:00 Monday

11:00-3:30 Tuesday

10:30—11:30 and

12:00-3:00 Wednesday

10:30-2:30 Thursday

10:00—2:00 Friday
Anyone wishing to contact the
Ombuds' Office at any other times should call 424-6583 and leave a message on our 24-HOUR ANSWERING SERVICE.

Ombudser-Kim Turner Assistant-Ombudser-Peter Rogers