The Proper Use of Helps.

There is a great deal of talk nowadays in Sunday School conventions about "the return to the Bible," and impassioned oratory is heard denouncing the substitution of a leaflet or quarterly for book itself. Among the sanest utterances which have come to our notice is this by Rev. Robert J. Burdette, who

"I don't decry the 'lesson helps,' bless the teachers who have devised these helps for the busy men and women, the busy housekeeper, the busy merchant, the tradesman, and the mechanic, the salesgirl and the seamstress, the wage-earners who teach in the Sabbath Schools with such scant time for study, and that time taken from their rest and sleep and hours of We must have these helps. recreation. Blessed be the restaurant and the cannery. Use all the helps you can get. not set the canned things on the table And do not open the cans in uncooked. Get them ready for the table, the class. as the women do the nice things they buy in the market place. Serve them in the daintiest china, in the clearest crystal. Do as the women folks do, even in the preparation of a dish they have prepared a thousand times; they ask other women if they know of any new way of cooking Exchange recipes with your neigh-

bors; that's what Sunday School conventions are for-to learn new ways of serv-

ing old dishes."

LESSONS AND GOLDEN TEXTS-SECOND QUARTER.

Studies in the Book of Acts.

Lesson h. April 5.—Paul's Farewell to Ephesus. Acts 20: 28-58. Study vs. 17-38. Commit vs. 31-34. (Read vs. 1-16.) Golden Text: Acts 20: 35. Remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

2. April 12.—THE RESURRECTION. 1 Cor. 15: 20, 21, 50:58. Commit vs. 55:58. (Read the whole chapter.) GOLDEN TEXT: 1 Cor. 15: 20. Now is Christ risen from the dead and become the first fruits of them that

3. April 19.—THE LAW OF LOVE. (A Temperance Lesson.) Rom. 13:7-14. Study vs. 1-14. Commit vs. 9, 10. GOLDEN TEXT: Rom. 13: 10. Love worketh no ill to his neighbor: therefore love is the fulfilling of the law.

4. April 26.—Paul's Journey to Jerusalem. Acts 21:3-12. Study vs. 1-16. Commit vs. 11, 12. Golden Text: Acts 21:14. The will of the Lord be done.

May 3.—PAUL ARRESTED. Acts 21: 30-39. Study vs. 17-39. Commit vs. 30-32. (Read Acts 21: 40—22: 29.) GOLDEN TEXT: Pet. 14: 16. If any man suffer as a Christian, let him not be ashamed.

6. May 10.—THE PLOT AGAINST PAUL. Acts 23: 12-22. Study vs. 10-35. Commit vs. 20-22. (Read Acts 22: 29—23: 9.) GOLDEN TEXT: Acts 23: 11. The Lord stood by him, and said, Be of good cheer.

Lesson 7. May 17.—Paul Before Felix. Acts 24: 10-16, 24-26, Study vs. 10-27. Commit vs. 14, 16. (Read Acts 24: 1-9.) Golden Text: Ps. 23: 4. I will fear no evil: for thou art with me.

8. May 24.—PAU. REFORE AGRIPFA. Acts 26:19:20.

Commit vs. 27:29. (Read the whole chapter.) Golden
TEXT: Acts 26:22. Having therefore obtained help of
God, I continue unto this day.

Goo, I continue unto this day.

9. May 31.—The Lift-Giving Spirit. Rom. 8:1-14.

Commit v. 1. (Read the whole chapter.) Golden Text:

Rom. 8:14. For as many as are led by the spirit of God they are the sons of God.

they are the sons of God.

10. June 7.—PAUL'S VOTAGE AND SHIFWRECK. Acts 27:
33-44. Study vs. 1-44. Commit es. 41-44. Goldben Taxy:
78. 107: 28. Then they cry unto the Lord in their trouble, and he bringeth them out of their distresses.
11. June 14.—PAUL AT ROME. Acts 28: 15-24. 80;
31. Study vs. 16-31. Commit es. 30; 31. (Read Acts 28: 1-15.)
GOLDBY TRY: Rom. 1: 15. I am not ashamed of the

gospel of Christ 12. June 21.—Paul's CHARGE TO TIMOTHY. 2 Tim. 3:14

-4:8. Commit vs. 12-14. (Read the epistle.) GOLDEN TEXT: 2 Tim. 4:8. There is laid up for me a crown of rightecusness. 13. June 28.-REVIEW. GOLDEN TEXT: 2 Tim. 4:18

The Lord shall deliver me from every evil work, and will preserve me until his heavenly kingdom.

ORDER OF SERVICES-SECOND QUARTER.

OPENING SERVICE.

I. SILENCE II. RESPONSIVE SENTENCES. [Psa. 30. 1-5, 10-12.]

SUPT. I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes

SCHOOL. O LORD my God, I cried unto thee, and thou hast healed me.

O LORD, thou hast brought up my sou! SUPT. from the grave : School. Thou hast kept me alive, that I should

not go down to the pit.
Sing unto the LORD, O ye saints of his, SUPT. School, And give thanks at the remembrance of

his holiness. For his anger endureth but a moment; in SUPT.

his favour is life.

School. Weeping may endure for a night, but joy cometh in the morning.

Hear, O LORD, and have mercy upon me: SUPT. SCHOOL, LORD, be thou my helper.
SUFF. Thou hast turned for me my mourning into dancing :

School. Thou hast put off my sackcloth, and girded me with gladness To the end that my glory may sing praise SHPT.

to thee, and not be silent. SCHOOL. O LORD my God, I will give thanks unto thee for ever.

III. SINGING.

IV. THE TEN COMMANDMENTS, OR THE APOSTLES' CREED. V. PRAYER, followed by the Lord's Prayer in concert.

VI. SINGING.

CLOSING SERVICE.

I SINGING II. RESPONSIVE SENTENCES. [Phil. 4. 6, 7.]

Be careful for nothing; SUPT.

Surr. Be careful for nothing;
SCHOOL
But in every thing by prayer and supplication with thanksgiving let your requests
be made known unto God.
ALL.
And the peace of God, which passeth all
understanding, shall keep your hearts
and minds through Ohrist Jesus.

GOL

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[Study al

Acts 20. 28-3

28 Take h to all the floo hath made ye God, which

blood. 29 For I 1 shall grievou sparing the fl

30 Also of speaking per ciples after to 31 Therefo

the space of every one nig God, and to t to build you among all the

or apparel. 34 Yea, ye have minister them that we

35 I have so laboring ye to remember t he said, It is ceive.

36 And who down, and pra 37 And the neck, and kiss 38 Sorrowin

which he spak more. And t

Time.-Pro 58. Place. thirty-six mile

M. Address Tu. Paul's F

W. Elders ex Th.

28-38

Strength Warning