

To the Weary Dyspeptic.  
We Ask this Question:

Why don't you remove  
that weight at the pit of  
the Stomach?

Why don't you regulate that  
variable appetite, and condition the  
digestive organs so that it will not  
be necessary to starve the stomach  
to avoid distress after eating.

The first step is to regulate the  
bowels.

For this purpose  
**Burdock Blood Bitters**  
has no Equal.

It acts promptly and effectually  
and permanently cures all derange-  
ments of digestion. It cures Dys-  
pepsia and the primary causes lead-  
ing to it.

**THE Mutual**  
**Life** ASSURANCE  
CO. of Canada

Insurance in Force, - - - \$35,000,000  
Total Assets, - - - 6,500,000  
Surplus, - - - 738,000

**E. E. BOREHAM,**  
Manager for Nova Scotia,  
Metropole Building, HALIFAX.

### STRENGTH NECESSARY TO GOODNESS.

In a certain business house the confidential clerk had been for some time making personal use of his employer's money, and covering it up by false entries. At last the manager discovered the theft, and also came to know that one of the younger clerks knew of these wrong transactions. When the clerk was asked why he did not inform the manager, he replied, "I had not the heart to do it." But the manager turned on him, and said: "You had not the heart to expose your friend's wrongdoings; you had not the heart to rebuke wrong; you had not the heart to insist on righteousness; you had not the heart to honor your own conscience; you had not the heart to serve the interests of your company! Such a weak heart in such a serious crisis is not commendable sympathy, but condemnable cowardice." Let us not forget that strength is essential to goodness.—Rx.

### TAKE COURAGE.

Take courage, and turn your troubles, which are without remedy, into material for spiritual progress. Often turn to our Lord, who is watching you, poor, frail, little being as you are, amid your labor and distractions. He sends you help and blesses your affliction. This thought should enable you to bear your troubles patiently and gently, for love of Him who only flows you to be tried for your own good. Raise your heart continually to God, seek His aid, and let the foundation-stone of your consolation be your happiness in being His. All vexations and annoyances will be comparatively unimportant while you know that you have such a friend, such a stay such a refuge. May God be ever in your heart!—Frances de Sales.

### ALL THE CONGREGATION DISAPPEARED.

The Rev. E. D. Price, of the Good Mission, Central India, tells a story which shows how easily frightened the Good people are.

"At a big meeting at April," he says, "which has always seemed a hopeful place it was suggested that the names of those willing to become Christians should be written down there and then. The effect of this announcement was instantaneous. The whole meeting of more than one hundred persons disappeared in half a minute; some rushed into their houses and shut the doors, others climbed over fences and hid in the fields, and the only persons to be seen were the catechists and an old man and his son, who alone seemed in earnest."

These people had been told that the missionaries meant to get them taxed more heavily, or to do some other harm to them.—Ex.

### COMMENDABLE ZEAL.

The Christian Standard, ("Disciple"), seems to be making marvelous progress in the way of increasing its subscription list. It already has a grand list, but it is not satisfied, and the ministers and laity of the denomination are not satisfied with present achievements. They are laying hold with a will. None among them seems to think it beneath his dignity, or foreign to the idea of his office, to help put the paper into every home in the entire membership of the church. It tells us:

"This canvass is developing into a people's movement, and plain disciples of Christ all over the country scattered brethren, farmers, day laborers, merchants, clerks, doctors, carpenters, blacksmiths, school teachers, housekeepers, commercial travelers, and all people of all legitimate callings, are vying with the preachers in contributing to the success of the present movement."

And again it says: "We are on a rising tide. Our subscription manager already keeps two stenographers busy to take care of his heavy and continuously increasing mail, and on special occasions has had to call in the help of others. But the honest correspondents will be welcomed from as many communities and churches as do the work which is possible. To double the Standard circulation is to immensely more than double its effectiveness as a mirror of the New Testament plea, and of civic righteousness."

How it would rejoice our hearts if we could say such things of the many friends of The Messenger and Visitor.



## DRESSED DOLL FREE!

GIRLS, would you like to have this beautiful dressed doll? If so, send us your name and address on a post card and we will send you one doz. large, beautifully colored packages of Sweet Pea Seeds postpaid. Sell them at 10c. each, return us \$1.20 and we will immediately send you the most beautiful Doll you have ever seen. Doll is fully and fashionably dressed, including a stylish hat, undergarments trimmed with lace, stockings and cute little slippers ornamented with silver buckles. She has lovely golden curly hair, pearly teeth, beautiful eyes and jointed body.

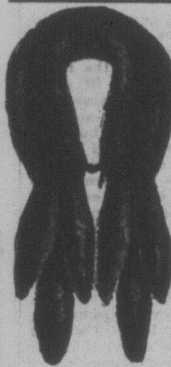
For girls, New Westminster, B.C., said: "I received your pretty Doll and am very much pleased with it. It is a perfect beauty and far exceeded my expectations."

Little Strouds, Newdale, Man., said: "I received the Doll and think it is a fine Premium. It is the most beautiful Doll I have ever had."

Girls, just stop and think what a truly wonderful bargain we are offering you. You can get this lovely big Doll completely dressed for selling only ONE DOZEN packages of Sweet Pea Seeds. Each package is beautifully decorated in 12 colors and contains 42 of the rarest, prettiest and most fragrant varieties in every imaginable color. They are wonderful sellers. Everybody buys.

Marie Stenhouse, New Westminster, B.C., said: "I sold all the seeds in a few days. I am a very successful seller."

1648 Toronto



### FUR SCARF FREE

Soft, warm, glossy black fur, 6 inches long, 5 inches wide, made of selected full fur, lined with 6 fine full silk. A handsome, stylish fur, given free for selling at 10c. each only 12 large packages of Sweet Pea Seeds. Each package is beautifully decorated in 12 colors and contains 42 of the rarest, prettiest and most fragrant varieties in every imaginable color. Everybody buys them. Mary Spence, Moss Mills, Ont., said: "I am so much pleased with my parcel that I had all the seeds sold. A fine certificate came with each package. Girls, write us a post card today and we will mail the seeds postpaid. Don't delay. Mary Murphy, St. Catharines, Ont., said: "I am delighted with my fur. Everyone thinks it is beautiful." Price Seed Co., Dept. 1014 Toronto.

### To Those

wishing to secure a Commercial or Shorthand & Typewriting Training, the

**Fredericton Business College**

offers advantages unsurpassed by any other institution in Canada. Attendance larger than ever. Write for free catalogue.

**W. J. OSBORNE,**

Principal.

Fredericton, N. B.

## Joggins Coal

This FIRST CLASS COAL

can be purchased by the Cargo in ROUND RUN of MINE and SLACK sizes by communicating with P. W. McNAUGHTON, at 20 Orange St., St. John, or Joggins Mines, N.S. We guarantee the quality to be of the best for steam purposes.

CANADA COALS & Ry. Co., Ltd.  
Joggins, N. S.

### WE TRUST YOU

With 2 doz. large beautifully colored packages of Sweet Pea Seeds to sell for us at 10c. each. For your trouble we will give you a beautiful little Watch with Gold hands on which a large rose with buds and leaves is elegantly enameled in seven colors. Edna Robinson, Fredericton, Ont., says: "My watch is a perfect beauty." Write us a Post Card today and we will send you the seeds postpaid. A fine Certificate free with each package. Grace Brown, Chatham, N.S., said: "I sold all the seeds in a few minutes." THE DOMINION SEED CO., DEPT. 1014 TORONTO, ONTARIO.

When answering advertisements please mention the Messenger and Visitor.

### Valuable Real Estate For Sale

In the Growing Town of Berwick and Vicinity.

A very fine dwelling house nearly new, finished throughout. Furnace, Hot and Cold water, in the house. Six acres of land under cultivation, attached, partly filled with fruit trees. Particularly adapted for the growth of small fruit. Three minutes walk to Post Office, Bank, Church, and ten minutes to the station. Finest situation in town.

Also twenty six acres of orchard land adjoining the camp grounds, part under cultivation and filled with sixteen hundred fruit trees, consisting of Apples, Plums, Pears and Peaches—the variety of plums are largely Barbans and Abundant and New bearing—abundantly. Five minutes walk to station. Also one of the finest farms in the Valley. Cuts from 65 to 70 tons hay, large orchards—bearing and just in bearing. Produce now 500 to 1000 bbls. apples per year and will soon produce 1500 bbls. Modern House finished throughout, nearly new, two barns—all in first class order.

Can be bought on easy terms by the right party. Also buildings, lots, orchard lands, farms, residences.

For further information apply to

A. A. FORD,  
Berwick Real Estate Agency  
Established 1897.

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Colonial Book Store,

St. John, N. B.

and we will mail you PELOUBETS' NOTES on the Sunday School Lessons for 1903.

### Should Have Changed

our art sooner, but couldn't get time to think about it.

Students in attendance always have first claim on us. Practice live students next. And we have been rushed with work.

But our students are beginning to graduate now, and we will get a chance to give our attention to prospective students.

Catalogue to any address.



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Oldfello's Hall