

## THE Maritime Business College,

HALIFAX, N. S.,

That excellent training school in AC-  
COUNTING, STENOGRAPHY and  
TYPEWRITING, Re-opens

September 2, 1902.

Send for full particulars to

KAULBACH & SCHURMAN,  
Chartered Accountants.

Relieve those Inflamed Eyes!

### Pond's Extract

Reduced one-half with pure soft water,  
applied frequently with dropper or eye cup,  
the congestion will be removed and the pain  
and inflammation instantly relieved.

CAUTION! Avoid dangerous, ir-  
ritating Witch Hazel preparations  
represented to be "the same as"  
Pond's Extract which easily cure  
and generally contain "wood alco-  
hol," a deadly poison.

## Fredericton Business College

Does Not Close

During the Summer Months. You may  
enter at any time. TEACHERS should  
take advantage of our Summer Session.

Year Book containing full particulars  
sent free to any address on application.

—ADDRESS—

W. J. OSBORNE, Principal.  
Fredericton, N. B.

## Joggins Coal

This FIRST CLASS COAL

can be purchased by the Cargo in  
ROUND RUN of MINE and SLACK  
sizes by communicating with P. W.  
McNAUGHTON, at 20 Orange St.,  
St. John, or Joggins Mines, N. S.  
We guarantee the quality to be of the  
best for steam purposes.

CANADA COALS & Ry. Co., Ltd.  
Joggins, N. S.

The Whole Story  
in a letter:

### Pain-Killer

(PERRY DAVIS')

From Capt. F. Love, Police Station No.  
5, Montreal: "We frequently use PERRY  
DAVIS' PAIN-KILLER for pains in the stom-  
ach, rheumatism, stiffness, frost bites, chil-  
blains, erysipela, and all affections which  
befall men in our position. I have no hesi-  
tation in saying that PAIN-KILLER is the  
best remedy to have near at hand."

Used Internally and Externally.  
Two Sizes, 5c. and 50c. bottles.

## Wanted Everywhere

Bright young folks to sell Patriotic  
Goods. Some ready, others now in pre-  
paration in England.

Address to-day the

VARIETY MFG CO.

SHERIFF'S SALE.

There will be sold at Public Auction on  
Saturday, the thirtieth day of August, A. D.  
1902, at twelve o'clock, noon, at Chubb's  
Corner (so called), in the City of Saint John,  
in the Province of New Brunswick, all the  
right, title and interest of William Chittick,  
in and to all that lot, piece and parcel of land  
described in the deed thereof to the said  
William Chittick from one Edward Thomp-  
son and wife as—"Situate in the Parish of  
Musquash, on the westerly side of the Dipper  
Harbor road, beginning at the big gravel  
hole, thence west, north and east to the said  
Dipper Harbor road, containing one acre, to-  
gether with the buildings thereon." The  
same having been levied on and seized by me  
under our execution issued out of the Saint  
John County Court against the said William  
Chittick at the suit of James H. Gould.  
Dated this twenty-second day of May, A. D.  
1902.

ROBERT R. RITCHIE,  
Sheriff of the City and County of St. John

**BELLS** Made of Steel Composition for  
Churches, Chapels, Schools, Ac.  
In tone like Bronze Metal Bells  
but at much less cost. Catalogue  
sent free. THE OHIO BELL FOUNDRY, Cincinnati, O.

## The Home

### BENEFITS OF A FREQUENT CHANGE.

The doctor looked at his young patient  
with rather a dissatisfied air. "Why do  
you not get well?" he asked her, somewhat  
impatently. "Your fever left you long  
ago, and you have no organic trouble, and  
yet you stay just in the same state day  
after day. You will hurt my reputation if  
you keep on in this way," he added, jok-  
ingly; but on leaving the room he spoke  
more seriously. "She must be roused in  
some way," he said to her mother and the  
trained nurse who was in attendance.  
"What she really needs is a change; but  
she is too weak in her present condition to  
travel. I am going to try an experiment,  
which will do no harm, and it may do  
good. I want you to let me have another  
bedroom for her, and arrange it quite  
differently from the way it is now. A  
room with a fireplace, if possible. Light  
a bright little wood fire and buy her a pretty  
new dressing-gown. We will give her a  
radical change in her own house, and see  
what she will do."

A couple of days afterward, the girl was  
told that she was so much better that she  
was going to be moved into another room,  
and despite her reluctance, the change was  
made. The next day she showed some  
languid pleasure at her pretty and novel  
surroundings, her diet was altered, and  
she gradually acquired an appetite. In a  
pretty new dressing jacket, she received  
the compliments of the doctor and nurse  
with complacency, and from that time on  
began to convalesce rapidly. "All going  
to prove," said the doctor, "that absolute  
change is often an essential toward re-  
covery, and that the required stimulus  
may be given, if necessary, at home."

Even to those who are in health, the  
benefits of a home change should not be  
underrated. "I like to get a new cook,  
because it is the only way to get a different  
food," said a young married woman; but  
the most experienced housekeeper ap-  
preciates the imperative hygienic value of  
change, and varies the family diet accord-  
ingly. Every woman has experienced the  
mental and even moral stimulus of a new  
gown (always provided it has been paid  
for), but not every one recognizes the fact  
that it is the same with domestic sur-  
roundings, and that to occasionally make  
a different arrangement of furniture is a  
good thing, while small novelties in the  
way of new books and periodicals, a change  
of dress, and particularly the menu, all go  
to brighten the home atmosphere, and  
give a tired man the change he really re-  
quires.—New York Tribune.

### BRAISED CHICKEN.

Fowl that are too old to roast may be  
made tender and of good flavor by braising  
and look the same as a roasted chicken.  
Single, draw and wash the same as for  
roasting; cut in dice one small carrot,  
turnip, onion and stalk of celery in small  
pieces; put them in a large pot with four  
thin slices of salt pork, and on them place  
the fowl with the breast up; then lay one  
slice of salt pork over each breast; add a  
sprig of parsley, one bay leaf, three cloves,  
five pepper corns, one teaspoonful of salt  
and two cupfuls of boiling water; cover  
the pot closely and let simmer three hours.  
If the water boils away add a little more.  
When the chicken is tender rub it with soft  
butter, dredge with flour and put in the  
hottest part of the oven to brown for a few  
minutes; strain the liquor from the pot,  
thicken it with a little brown flour rubbed  
in cold water, cook until thickened and  
serve with the chicken.

### STRAWBERRY SHORTCAKE.

Put four cupfuls of sifted flour in the  
sifter with one teaspoonful of salt and five  
level teaspoonfuls of baking powder, sift  
this into a bowl, then rub in two good  
tablespoonfuls or four level, of butter;  
add one pint of milk, stirring with a spoon;  
the dough should be very soft; turn it out  
on a greased oblong or round pan and bake in  
a hot oven 30 minutes; it should rise even-  
ly; turn it out, leaving it inverted, cut a

circle around the top within an inch of the  
edge, remove the top and with a fork pick  
out the crumbs from the centre; spread  
the inside of the cake with butter, fill it  
with crushed strawberries which have been  
standing in sugar enough to sweeten them,  
put the crust over and cover the top and  
sides with a meringue; put in the oven  
long enough to slightly brown the meringue,  
put a few large strawberries on top,  
whipped cream sweetened may be used in  
place of meringue; shortcake should be  
served as soon as put together.

### BISQUE OF CLAMS.

Chop one quart of clams rather fine, add  
to them one quart of chicken stock and  
simmer one hour; put three level table-  
spoonfuls of butter in a frying pan, add to  
it one small onion sliced, let cook slowly  
ten minutes, being careful not to let brown,  
draw the onion to the side of the pan,  
press out all the butter and put the onion  
in with the clams, then add to the butter  
two tablespoonfuls of flour and stir until  
smooth and frothy, and add to it the soup  
with one bay leaf, one sprig of parsley,  
one sprig of thyme, one blade of mace,  
salt and pepper to season, remove the  
herbs and mace and run through a strain-  
er, then through a puree sieve, return to  
the pot and heat to a boiling point, beat  
the yolks of two eggs, add to them one  
pint of cream and add this to the soup,  
add more seasoning, if necessary, the soup  
must not boil after the eggs are added or  
it will curdle.

### CHICKEN CROQUETTES.

Put half a cupful of cream in a frying-  
pan; rub together one level tablespoonful  
of flour and two level tablespoonfuls of  
butter and stir it into the hot cream; then  
add one cupful of chopped chicken, one  
level teaspoonful of salt and a little pepper;  
stir and let simmer two minutes; then add  
one egg beaten a little; stir quickly and  
remove from the fire and add half a tea-  
spoonful of lemon juice; spread this in a  
platter and put in a cool place; when cold  
divide into as many portions as are to be  
served; shape and roll in bread crumbs,  
then in beaten eggs, then in crumbs again;  
put four or five in the frying basket and  
let fry one minute in very hot fat; drain  
on paper, arrange on a folded napkin and  
serve with mushroom white sauce.

We despise Judas for selling out his Mas-  
ter for thirty paltry pieces of silver, while  
we, many times have been guilty of sell-  
ing him for the small gratification of a  
momentary spite, or to satisfy some mean  
and petty ambition.

### BABY'S OWN TABLETS

Keep Little Ones Well During the Hot  
Weather Months.

If you want to keep your little ones  
hearty, rosy, and full of life during the hot  
weather give them Baby's Own Tablets the  
moment they show signs of being out of  
order in any way.

This medicine cures all forms of stomach  
and bowel troubles, which carry off so  
many little ones during the summer  
months, and is the best thing in the world  
for sleeplessness, nervousness, irritation  
when teething, etc. It is just the medicine  
for hot weather troubles; first, because it  
always does good; and second, because it  
can never do any harm—guaranteed free  
from opiates. Mrs. W. E. Bassam, King-  
ston, Ont., says:—"I began using Baby's  
Own Tablets when my little girl was about  
three months old. At that time she had  
indigestion badly; she was vomiting and  
had diarrhoea constantly and although she  
had an apparently ravenous appetite her  
food did her no good and she was very  
thin. Nothing helped her until we began  
giving her Baby's Own Tablets, but after  
giving her these the vomiting and diarrhoea  
ceased and she began to improve almost  
at once. I have since used the Tablets for  
other troubles and have found them all  
that could be desired—they are the best  
medicine I have ever used for a child."

These Tablets are readily taken by all  
children, and can be given to the smallest,  
weakest infant by crushing them to a  
powder. Sold at drug stores or you can  
get them post paid at 25 cents a box by  
writing direct to the Dr. Williams Medi-  
cine Co., Brockville, Ont., or Schenectady,  
N. Y.

## CANADIAN PACIFIC RY.

### HOMESEEKERS

### EXCURSIONS

TO  
THE CANADIAN NORTHWEST.

Second-Class Round Trip Tickets will be  
issued from ST. JOHN, N. B.

To Winnipeg, Estevan, Moosomin, Swan River,	\$28.00
To Regina, Moosejaw, Yorkton,	\$30.00
Prince Albert, McLeod, Calgary,	\$35.00
Red Deep Strathcona	\$40.00

Tickets good going June 4, 25 & July 16.  
Good to Return two months from date  
of issue.

Further particulars on application to  
C. B. FOSTER, D. P. A., C. P. R.  
St. John, N. B.



Sick Headache, Biliousness, Dys-  
pepsia, Coated Tongue, Foul Breath,  
Heart Burn, Water Brash, or any  
Disease of the Stomach, Liver or Bowels.

Laxa-Liver Pills are purely vegetable;  
neither gripe, weaken nor sicken, are easy  
to take and prompt to act.

### A MODERN HORSE SHOW.

Lovers of the Horse will see lots to inter-  
est them at the St. John Exhibition. On  
Monday, September 1 Labor Day, there  
will be a parade of 500 cart and team  
horses. These animals will be judged  
before the grand stand and prizes awarded.  
On Tuesday there will be a grand parade  
of double and single hitched and prizes  
awarded; and on the remaining days as  
well as every day there will be horse  
parades with all the modern horse show  
features.

The International Moulders' Union,  
Toronto, will receive on Tuesday next a  
deputation of the Stove Founders' As-  
sociation of America to discuss the ratio of  
apprentices and journeymen and the pay  
for apprentices.

### FALLING AND CLIMBING.

Falling is easier than climbing. This  
represents the two ways in the universe.  
A writer, in an attractive work of fiction,  
describing the struggling of a man who  
resolved to do a noble deed when he was  
tempted to do a less noble one that would  
be easier, asks the pregnant question:  
"Why is it that the right things are so  
frequently unpleasant?" "Why is it?"  
"Just because it is. The universe was  
made that way, and so are we. We can  
fall without any effort, but it costs an  
effort to climb. The wrong way is broad  
and easy, and is thronged; the right way  
is straight and narrow, and is less tempt-  
ing. But when we think of the future and  
the end, who of us will hesitate to meet  
the cost, and finally to rejoice in the re-  
sults of victory?"—Sunday School Times.

It is mere mockery to ask us to put down  
drunkenness by moral and religious means  
when the Legislature facilitates the multi-  
plication of the incitements to intemper-  
ance on every side. You might as well  
call upon me, as the captain of a sinking  
ship, and say, "Why don't you pump the  
water out?" when you are scuttling the  
ship in every direction.—His Eminence  
Cardinal Manning.