

ALWAYS KEEP ON HAND

Pain-Killer

THERE IS NO KIND OF PAIN OR AGUE, INTERNAL OR EXTERNAL, THAT PAIN-KILLER WILL NOT RELIEVE.

LOOK OUT FOR IMITATIONS AND SUBSTITUTES. THE GENUINE BOTTLE BEARS THE NAME,

PERRY DAVIS & SON.

B. B. B. Banishes Blemishes.

There is no other remedy equal to B. B. B. for making the blood pure, rich and red, and the skin clear and smooth.

Here's proof from Bertha J. Tozer, North Esk, N.B.

"I have had pimples on my face for three years, and about two years ago I took an attack of nervousness. I got so bad I could not sleep and lost my appetite and was very weak and miserable. I was taking different kinds of medicines but seemed to be getting worse. A friend advised me to try Burdock Blood Bitters, I did so, taking in all four bottles. As a result I sleep well, have a good appetite, my face is free from pimples, my skin clear and my health is in every way perfect."

CATES' Invigorating Syrup

Well known throughout the country, is an excellent

TONIC, PHYSIC and APPETIZER.

Safe and Reliable

and should be in every house. For Coughs, Colds and La Grippe a little night and morning will soon break them up.

DYSPEPTICS will find great relief by taking a little after eating.

For Irregularities of the Bowels nothing can be found to excel it, as it causes no griping or pain.

For Asthma and Palpitation of the Heart one swallow gives instant relief. It is an invigorator of the whole system, has been well tested already, and will do all that we say of it.

Put up in large bottles at 50 cents each and sold everywhere.

DON'T TAKE MEDICINE

If you are weak and run down, use

Puttner's Emulsion,

which is FOOD rather than medicine. It will soon build you up.

Always get **PUTTNER'S** it is **THE BEST.**

FOR SCIATICA PLEURISY STITCHES CRICKS NEURALGIA RHEUMATISM LAME BACK

MENTHOL D&L PLASTER

THE BEST ANTI-RHEUMATIC PLASTER MADE

EACH PLASTER IN ENAMELED TIN BOX PRICE 25¢ ALSO IN 1/4 YARD ROLLS PRICE \$1.00

DAVIS & LAWRENCE CO. LTD.

MANUFACTURERS MONTREAL

The Home

How to be Beautiful.

A quaint, middle-aged maiden lady said to me once, "If I had my life to live over again, I would be just hansom." I could not repress a flicker of a smile, which seemed to be expected, and was received in good faith, but she repeated, "Yes, real hansom; but it's too late now you have to begin when you are real little, and never let angry thoughts, selfishness, nor meanness of any kind get a-holt of your heart."

Many a time since have I thought of this saying, and watched the faces in the crowded thoroughfares and street-cars, and I am convinced that it is true, and it is such faces that leave a benediction with you and haunt your memory.

In these days of massage and aids to beautify I believe we think too little of the deep lines and ineradicable furrows traced by the thoughts that are untrue to our better natures. The girl who would never think of exposing her delicate skin to rough winds and driving storms fills full the dark paint pots of worry and peevishness, and leaves lines on her face that cosmetics cannot hide nor toilet water wash away.

A smile lifts all the lines of the face and adds a glitter to the eye that belladonna cannot even imitate, and aside from the good it does to the beholder, it reacts on the one who smiles, and leaves touches like the brush of the finest portrait painter, scarcely seen at first, but by and by leaving the face a thing of beauty.

Try it for a month, and let a smile be always ready, instead of a frown; then consult your mirror, and convince yourself that this is true. You will find your face growing smoother, the mouth will have a more pleasing expression, the eyes will have a charming expression, and the whole effect is brighter and better.

Smile? Why, all the massage in the world cannot make you as beautiful as that will, even though the manipulator be genuine Russian or Turkish. I only wish I could advertise as fluently as they, that this great beauty producer might be appreciated, and everyone believe in it.

I don't mean you shall grin like a Cheshire cat—far from it. A grin is deliberately put on, like a mask; a smile bubbles up from the heart.

Then, smiles are contagious, and besides beautifying your own face, you are adding an effective stroke here and there to other faces, until gradually—well what? I guess the millennium will come.—Christain Work.

The Home Life.

If we could keep alive the sentiment which once enfolded every word and act, and which made those days a lyric poem, the home would always be the heaven we promised ourselves and each other that it should be, and these sad estrangements which have made a tragedy of so many lives would be impossible. Hearts that have once beat in unison would never make discordant sounds, but the music would grow more sweet and rich and mellow if we would live for each other as we used to do and be as polite to and considerate of each other as we are to strangers. The religion of the home life is the religion which Christ preached. It was sentiment on the part of Mary to anoint the Master's feet, but sentiment has more to do with human happiness than wealth or social position. To gratify the desires with costly gifts is one thing, but a simple rose which carries your heart is worth more than them all. Whatever represents affection, though it be only a word or look, throws a spell over the household and charms it with contentment. We can bear all things while love is true, but all things are burdens, even riches and fame, when love is absent. I know no better religion than that which teaches me to keep my heart young and to cherish that sentiment which daily blesses me and others. The little things of life are the only great and important things, after all.—Christain Work.

SALMON SALAD.—Open a can of salmon carefully, turn out the fish and drain. Have your salad bowl or dish covered with nice fresh lettuce leaves. Remove the bone and skin from the salmon and place the latter over the leaves. Dust it lightly with salt, and pour over it two or three tablespoonfuls of lemon juice. Put on a thick covering of mayonnaise dressing and serve.

PLANNING MEALS.—The average housekeeper, says an exchange, finds that her memory is shortest when it comes to the daily planning of meals. Her frequent cry that she cannot think of anything to order never seems to be suggestive to her of its own remedy. She has ordered and does order every day the round of family living, and if, when the process is over, she would arrange in a little book kept for that purpose the chief dishes that have appeared on the table during the twenty-four hours, she will find that she quickly accumulates a valuable memorabilia. Instead of cataloguing these dishes under Sunday, Monday and Tuesday, it is simpler to classify them breakfast, luncheon, dinner; substantial and desserts.

ORANGE MARMALADE.—2 pounds bitter oranges, 2 lemons, or if only sweet oranges can be bought, then use 3 lemons; 9 pounds crystallized sugar, 14 breakfast cups of water. Take rind from fruit and slice as thin as possible into fine chips; if skins are very thick, cut out part of the white pith and throw it away; slice thin the oranges and lemons, and save pips, putting them into one of the cups of water and washing well before throwing pips away. Place chips of peel and fruit and the 14 cups of water, including the cup that contained pips, into a porcelain or granite iron pan, and boil gently one hour, then set aside in a cool cellar for 24 hours. Then put on fire and let come to a boil; now add the sugar and boil for 20 minutes; test in usual way to see if it stiffens; if so, it is done; put into jelly glasses; cover glasses with paper brushed with white of egg.

A STAUNCH ALLY.

M. B. Connick, of Middleton, P. E. I., an unwavering friend of Dodd's Kidney Pills.

Cured of Bright's Disease by Dodd's Kidney Pills—Always Eager to Bring Remedy to the Notice of Others—Copy of His Recent Letter.

MIDDLETON, P. E. I., DEC. 25.—One of the firmest friends that wonderful medicine, Dodd's Kidney Pills, ever had in the province of Prince Edward Island is Mr. M. B. Connick the well-known blacksmith of this place. Mr. Connick recently wrote to the D. & D. Medicine Company expressing undying gratitude for his cure, and parts of his letter are so much to the point that with his permission we reproduce them here.

"Yours of the fifth to hand," it commences, "and was glad to hear from you. As for using my name you have my permission to do so, for what I stated to you at first (re cure of Bright's Disease) is all right. I would not be working now only for Dodd's Kidney Pills. All the country knows my case and there have been hundreds come to ask me about it, and, of course, I told them the whole thing, just as it was. I told a man and a young lady in Charlottetown last summer and when I last saw them they were feeling much better. I told them to keep on taking them.

"There is a man here now while I am writing this letter and I have got him to start in and take Dodd's Kidney Pills. He is in the same way I was. There is no use in a man taking one or two boxes and then stopping. He must take enough to make a cure and so I told him.

"Dodd's Kidney Pills are coming into great favor here as I suppose you must have noticed by their sale."

M. B. Connick, of Middleton, P. E. I., had Bright's Disease for fifteen years. Five different doctors attended him in vain. A few boxes of Dodd's Kidney Pills cured him completely.

Radway's Ready Relief

Radway's Ready Relief cures the worst pains in from one to twenty minutes. Not one hour after reading this advertisement need any one suffer with

Aches and Pains.

For Headache (whether sick or nervous) toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or limbs, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

A Cure for All

Colds, Coughs, Sore Throat, Influenza, Bronchitis, Pneumonia, Swelling of the Joints, Lumbago, Inflammations, Rheumatism, Neuralgia, Prostrations, Chills, Headaches, Toothache, Asthma, Difficult Breathing. Cures the worst pains in from one to twenty minutes. Not one hour after reading this advertisement need any one suffer with pain. Radway's Ready Relief is a sure cure for every Pain, Sprains, Bruises, Pains in the Back, Chest and Limbs.

IT WAS THE FIRST AND IS THE ONLY PAIN REMEDY

That instantly stops the most excruciating pains, allays inflammation and cures Congestions, whether of the Lungs, Stomach, Bowels or other glands or organs, by one application. A half or a teaspoonful in half a tumbler of water will in a few minutes cure Cramps, Spasms, Sour Stomach, Heartburn, Nervousness, Sleeplessness, Sick Headache, Diarrhoea, Dysentery, Colic, Flatulency and all internal pains.

There is not a remedial agent in the world that will cure Fever and Ague and all other Malarious, Bilious and other fevers, aided by Radway's Pills, so quickly as Radway's Ready Relief.

50 cents per bottle. Sold by druggists.

Radway's Pills

Always Reliable. Purely Vegetable

Perfectly tasteless, elegantly coated, purge, regulate, purify, cleanse and strengthen. RADWAY'S PILLS for the cure of all disorders of the Stomach, Bowels, Kidneys, Bladder, Nervous Diseases, Dizziness, Vertigo, Constipation, Piles, SICK HEADACHE, FEMALE COMPLAINTS, BILIOUSNESS

INDIGESTION, DYSPEPSIA, CONSTIPATION

—AND—

All Disorders of the LIVER.

Observe the following symptoms, resulting from diseases of the digestive organs: Constipation, inward piles, fullness of blood in the head, solidity of the stomach, nausea, heartburn, disgust of food, fullness of weight of the stomach, sour eructations, sinking or fluttering of the heart, choking or suffocating sensations when in a lying posture, dimness of vision, dots or webs before the sight, fever and dull pain in the head, deficiency of perspiration, yellowness of the skin and eyes, pain in the side, chest, limbs, and sudden flashes of heat, burning in the flesh.

A few doses of RADWAY'S PILLS will free the system of all the above named disorders. Price 25c. a Box. Sold by Druggists, or sent by mail.

Send to DR. RADWAY & CO., Lock Box 88 New York, for Book of Advice.

The Crow of Croup.

It strikes terror to a mother's heart to have her child wake up at night with a croupy cough.

Child can scarcely speak, can hardly breathe—seems to be choking.

There is no time for delay—apply hot poultices to the throat and upper part of the chest, and give Dr. Wood's Norway Pine Syrup—nothing like it for giving prompt relief—will save a child when nothing else will.

Mrs. Wm. Young, Frome, Ont., says: "One year ago our little boy had a severe attack of inflammation of the lungs and croup, which left a bad wheeze in his chest. We were advised to use Dr. Wood's Norway Pine Syrup, which we did, and it cured him completely.

"Now we always keep this remedy in the house, as it excels all others for the severest kinds of coughs or colds."

Laxa-Liver Pills are the most perfect remedy known for the cure of Constipation, Dyspepsia, Biliousness and Sick Headache. Do not gripe or sicken.

Cowan's

Royal Navy Chocolate and Hygienic Cocoa

are always the favorites in the homes The COWAN CO., TORONTO.