### AVOID ALUM IN FOOD

Baking Powder is one of the most important food ingredients. Alum or other injurious acids are frequently used by some concerns to lower the cost of production.

It is a pure phosphate baking powder and is guaranteed to be the best, purest and most healthful baking powder possible to produce.

W. Matthew Williams. in "Chemistry of Cooking." says: "Phosphates are the bonemaking material of food and have something to do with building up of brain and nervous matter."

Made in Canada

**Grand Army Representatives** Object to Methods of Soldiers' Committee.

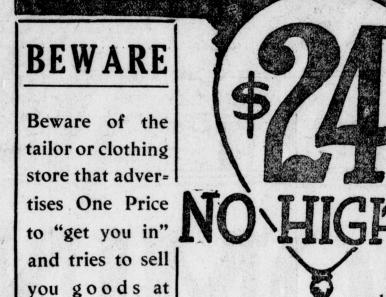
WILL JOIN FLYNN

In Series of Public Meetings to Fight for the \$2,000 Gratuity.

OTTAWA, Oct. 2.-The special comnittee on re-establishment had a series of galvanic shocks this evening when it was known that Messrs. Gothard and McKenzie, delegates from the Grand Army of Canada, Vancouver, had left to join J. Harry Flynn in his fight for the \$2,000 gratuity and would not come before the committee. They a message for the committee, which was delivered after the chair had called these witnesses several

had called these witnesses several times, in which they stated that they did not intend to go through the same grilling as Flynn had been subjected to, and would join him in his course of public meetings.

Earlier in the day C. G. MacNeil, counsel for the Great War Veterans' Association, produced for the committee a "human document" in the form of Rupert C. Pritchard, a man who had served with the British and Canadian armies, been wounded and shell-shocked, was unable to resume his trade, which before the war netted him 70 cents an hour, and was now "broke." He had just secured a job delivering telegrams for the Canadian Pacific Railway, at which he hoped to earn a living while waiting for his next pension check. He had been receiving \$12.50 a month, which was being increased on Oct. 1 to a 40 per cent disability, which would pay him \$288 a year. \$288 a year. He had been brought from Washing



AreTipTopTailors

TIP TOP TAILORS would welcome an investigation in clothing prices, for the reason that it would reveal and firmly establish the facts regarding the HIGH quality of TIP TOP CLOTHES and the low price at which they are sold in our stores.

"PROFITS AND PROFITEERING" would have a new definition to the clothes buying public. It would be proven that there is no profiteering in Tip Top Clothes, because the retail price is based on the cost of economical production at our wholesale tailoring plant, with the middlemen's profits eliminated.

We are both maker and merchant, and an investigation would bring out the outstanding facts that under our plan of working with our own who lesale tailoring plant and our output assured by the operation of our own stores means the lowest possible price to the public, and they are assured the greatest value for their money.

The Tip Top Plan Means The Elimination of

Tip Top Tailors

CANADAS ON LY ON E PRICE

1---The usual maker's Profit

2---Wholesale selling cost

3---Jobbing

higher prices

when you arrive.

4---Wholesale credit losses

5---Retail charge accounts

6--- Dead stock on hand

As all Tip Top Stores are under one management, we further eliminate added retail costs and extra extravagance. It is the combination of these saving costs, coupled with the specialization of one price that makes us the greatest one-price S. C. HARRIS, London Managertailors in the world today.

Place your or= der now for fall and winter. Materials now ready.

Courses Inadequate.

Not Normal.

Mr. MacNeil asked Captain Parkinson if he knew there were many cases of men who had either completed or relinquished their courses and were drifting about as derelicts.

Captain Parkinson said there were among returned men, as eisewhere, a certain number of men who might be classed as failures. He said Pritchard's case had been taken up today, and the D. S. C. R. would look after him in every possible way if he would let them.

A Chain of One-Price Stores from Coast to Coast The Largest One-Price Tailors In Canada 5 Dundas St. London.

Clothes Made-To-Measure

cleans Frank Turner, a vocational student, sinks said the courses given were inadequate, and disabled men were being sent into and disabled men were being sent into the world unable to compete with fit men. He considered a year's course should be given. Men were not being satisfactorily re-established. The conditions in which students in the commercial courses worked were "appalling." The witness stated over one hundred men were working in one house, fifty in a double parlor, and there was but one lavatory for all of them. Conditions, he said, were insanitary and altogether unfit for returned men to work in.

Dr. W. J. Black, who was called, said there was too much duplication in the closets drains kills rats, there was too much duplication in the agricultural training of the D. S. C. R. and soldiers' settlement board. The latter body should have full control of all agricultural training of men who were to take advantage of the land settlement scheme. 100% Extra Strong Not Normal.

Captain N. F. Parkinson, recalled, said Pritchard, a previous witness, had been found unsuitable as a motion picture operator, owing to his disability, and was given the commercial course as a multigraph operator. This was mechanical work, and would have brought the man's arm back to normal. Pritchard, the witness said to Mr. MacNeil, was hardly in a normal condition owing to his wounds and shell shock. It was not possible to start the man in his course in less than eleven days after he was boarded. There was a private fund at the disposal of the board which might be used to carry a man in straitened circumstances until he was receiving pay and allowances.

# THE



Reserve Funds and Undivided Profits, \$16,207,742.

TOTAL ASSETS, \$434,198,057.

With our chain of 582 branches throughout Canada, Newfoundland, the West Indies, and other countries, we offer the public unexcelled banking facilities. Trade inquiries are solicited and courteous, prompt attention guaranteed.

To Measure Book sent out of town by re= quest.

Samples

Style

### THE PURE WOOL UNDERCLOTH

THAT WILL NOT

Lverybody's lappy

as well as comfortable

when they are wearing

those who appreciate quality and comfort.

While the first cost is higher than ordinary underwear, the better wear, greater warmth, lighter weight and all-round satisfaction make it much more economical in the long run.

You cannot buy poor 'CEETEE'-it is not The process of manufacture is different and

expensive—there is nothing else like it made in Canada—special machinery—specially trained operators—each garment with individuality. Only the very finest, safest and cleanest Australian Merino wool is used—so soft that a baby can wear it.

There are no seams—as the garments are nade with a selvedge and the joins are knitted together-not sewn as in ordinary garments. Each 'CEETEE' garment is knit, not cut, to

Each 'CEETEE' garment goes through our special secret process, making it absolutely unshrinkable.

As a matter of fact, 'CEETEE' is better than imported, it is in a class by itself—without competition and is superlative.

Made in all sizes for Men, Women and Children - in Union Suits or Separate Garments.

ASK YOUR DEALER TO SHOW YOU.

The C. TURNBULL COMPANY of Galt, Limited



On Active Service-

The C. Turabull Co., Ltd.

BONN, GERNANT, Jan. 2ml, 1919

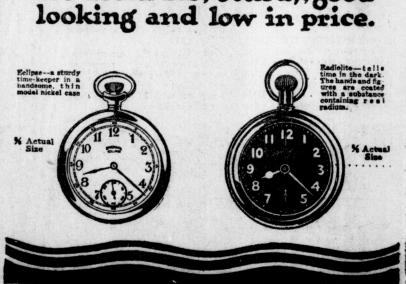
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rerseas, I bought three sets of comons, which I have worn almost conmily since and which have given splenstisfaction. They are now innisted and
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## Royal Bank of Canada

Capital Paid-Up, \$15,343,970.

V. F. CRONYN, Manager, Richmond Street. W. D. BEAMER, Manager, London East.



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an extra watch!

Particularly men who go

in for sports, or whose

work isn't all white collar

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are accurate, sturdy, good