

preciable moral advance is to be made.

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It is easy to divert attention to the more superficial aspects of a problem. This is true in the case of the conservation movement generally. The conservation movement has its moral aspect, for the attitude of one generation toward the next of "after us the deluge," is essentially immoral.

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The right incentive to the conservation of other natural resources, any person who investigates must agree, is the conservation of the public health.

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The matter of health, through modern knowledge of infection and inheritance, has ceased to become a thing of merely individual concern.

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If you are careless of your health; if you fail to pay the proper attention to hygiene; if your chase of dollars leads you to practices that mean an inevitable physical breakdown, you are a social criminal.

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If the community herds its children together, at the age when they are most susceptible to infection, in an environment which makes the schools a hotbed for the spread of disease, and tries to cram them with information while it washes its hands of all responsibility for their physical condition, it is committing a social crime. Many breakdowns of later life are traceable to latent infections contracted in youth in the schoolroom.

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A German scientist has recently announced that many cases of tuberculosis among men of advanced years under his observation are simply the manifestation of germs taken in during the early and resistant years. The system of the child, unaided, may be able to prevent the development of the disease, but the germ lies latent in the glands waiting for a relaxation of the bodily vigor to make its manifestation in the most malignant form.

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Health is absolutely the most important

concern of the home and of the school. The aim of all instruction in hygiene is to make health a habit. Health, therefore, and hygiene demand that a word be said anent the filthy habit of spitting.

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The public should be made to understand this, and that consumption is not an inherited disease, that it is contracted like other diseases from a pre-existing case, the second depending upon the first; that it is also a curable disease if recognized early and properly treated.

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The school children offer the best material to work on in the promulgation of these lessons, and hence they should be taught in the school room.

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If people would cease to spit on the floor, on the walls, on the sidewalks, in street cars, and in public places, and if all sputum were burned, consumption, for instance, would soon cease to be. The sufferer from consumption trained to these health habits is absolutely not to be feared; if careless and not so trained, he is a menace to the community.

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The cruelty to children of which we see most is the cruelty of neglect, often the result of drunkenness. Punishment, the ordinary punishment, is useless and harmful. Power of detention is required with enforced labour for the support of the wife and children.

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Sanitation and recreation go hand in hand in promoting public health and welfare. The standard of health will be highest in those cities where not only is strict attention paid to pure water, milk and food supplies, where the streets and alleys are kept clean, and where there is rigorous regulation of contagious diseases, but where provision is made for the amusement and exercise of the people. Besides, public recreation centers, public playgrounds and public skating ponds will improve the moral as well as the physical standard of

community.