

touch of soul with soul that aids and inspires humanity.

There is one difficulty which frequently causes a new student (and older ones also) some uneasiness of mind, and that is, that on coming to a University you may hear scientific statements made and religious ideas expressed which may be in direct contradiction to the beliefs that you have always held. Do not be afraid of such statements. It will do you good to hear them, provided you think about them meditatively and honestly. Do not be too hasty to either accept or cast aside new ideas. We can all be guided in this difficulty by the words of Emerson, "Truly speaking it is not instruction but provocation that I can receive from another soul. What he announced I must find true in me or wholly reject, and on his word, or as his second, be he who he may, I can accept nothing." What we want to do is to apply the new idea to life, and if it makes life better and brighter, then accept and work out the truth of it in word and action. But if it will not bear this application we must be true to ourselves and reject it.

Of one thing rest assured, that the Truth itself never changes, although it may be presented to us in different ways and we may not see it in the light we once did, and if we are fulfilling the true law of our being, we must be advancing in the Knowledge of Spiritual Truth as well as in the other Sciences. Even amid our own affairs let us ever have the firm confidence in Righteousness which Clough expressed, "It fortifies my soul to know That though I perish Truth is so, That howsoe'er I stray and range, Whate'er I do Thou dost not change.

I steadier step when I recall That if I slip Thou dost not fall."

And if at times we are unsatisfied and feel as if we would like to see the very bottom of things so to speak, let us remember and follow the advice of those other beautiful lines of his:

"The Summum Pulchrum rests in
Heaven above,
Do thou as best thou mayst thy
Duty do,
Amid the things allowed thee live and
love,
Some day Thou shalt it view."

We have tried to show some of the opportunities that are here for us. But let us in conclusion remember that all depends upon the use each individual makes of these opportunities. Are we true to ourselves? Is it the principle of Sincerity and Truth that is guiding our lives? If not, sooner or later we shall be brought to see our failure. Let us strive to have the spirit of unselfishness and devotedness to the Right permeate our lives and to cast aside what is false and untrue. Be a man.

"Man is his own star: and the soul
that can

Render an honest and a perfect man,
Commands all light, all influence, all
fate,

Nothing to him comes early or too
late.

Our acts our angels are, or good or ill,
Our fatal shadows that walk by us
still."

Mr. Dunlop, of the City Y.M.C.A., outlined the programme for the year and invited the students to join. Those who have enjoyed the privilege of the Y.M.C.A. gym. can recommend it to the Freshmen.