

Raw Meat Alimentation in Tuberculosis

R. W. PHILIP records the results of a series of observations. He found that the exhibition of raw meat was followed by a marked increase in nitrogen retention, even with a diminished intake. Intestinal metabolism was improved, there was a rapid increase in hemoglobin, while digestive leucocytosis (lymphocytosis) was increased, sometimes to more than double that occurring in relation to cooked meat. The following recipes are given for the actual preparation of the meat: (1) Pounded raw meat; that is, finely minced or bruised beef slightly seasoned with salt, served natural, cold or gently warmed throughout, say from a quarter to half a pound, three times daily. The meat should be perfectly fresh; (2) beef juice prepared as follows; extract half a pound of fresh meat in half a pint of cold water plus half a teaspoonful of salt for from one and a half to two hours at 35° C. Express the liquid through a cloth. Or the juice may be expressed from the meat directly without the addition of water with more powerful pressure. The meat juice must be freshly prepared for use on each occasion. (3) Raw meat soup prepared as follows: Take half a pound of finely minced fresh meat and mix in a bowl with sufficient milk to produce a

uniform paste. Immediately before serving add half a pint of milk at 60° C.; or the soup may be made in a similar fashion with stock of beef or chicken, or veal, in place of milk. —*The Lancet.*

Rest!

Rest is not quitting
The busy career;
Rest is the fitting
Of self to one's sphere.

'Tis the brook's motion
Clear without strife,
Fleeing to ocean
After its life.

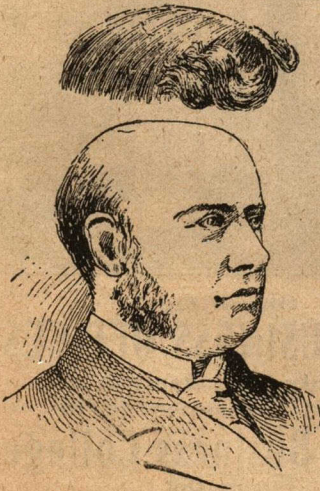
'Tis loving and serving
The highest and best;
'Tis onward unswerving;
And this is true rest.

—*Goethe.*

The First Autopsy in Montreal

IN THE description in "Hakluyt's Voyages" of the travels of Jacques Cartier, is found the following, which describes the earliest reported autopsy performed in this city. It took place in 1535, when the winter was passed in Hochelaga and many of the crew died of an epidemic disease.

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