

THE LANCASTER ARGUS

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CIRCULATION, 400.

Argus and his Hundred Eyes.

—O—

Argus was one of the mythological heroes of Ovid, and was fabled to have a hundred eyes, of which two only slept in succession. On this account, Juno sent him to watch Io; when Mercury, by command of Jupiter, lulled Argus to sleep with the music of his flute, and then killed him. Juno then transferred Argus's eyes to the tail of the peacock.

Although the Lancaster Argus has not a hundred eyes, yet it may have taken a hundred eyes to collect and systematize what it contains. It does not lay great claim to originality, but claims to know a good thing when it sees it. It would be presumption on its part to try to improve many of its selections, which may be the condensed knowledge of many minds.

What one party knows, others may not know. Most people have their specialties. A local item, which might appear commonplace to its originator, might be of widespread interest when printed in a local paper like the Lancaster Argus.

The Wonders of the Telegraph.

On an average about 800 messages are sent daily from New York to London between the hours of 10 and 12. Messages are sent to London and replied to within four minutes. The result of this wonderful service is that the New York and London markets are brought so closely together that either city feels the slightest fluctuation in the markets of the other almost instantaneously.

A man's faults should never be mentioned behind his back, nor his goodness spoken of before his face.

Rum and Tobacco.

These terrible enemies often find us defenceless. Our craving stomachs call for stimulus. Bad food, badly cooked, is the cause of much of this uneasiness and longing of the stomach. A wife who smells her husband's breath will help him much more by good food than by bitter words. Pies, cake, puddings, fries, heavy bread, strong coffee and tea play the mischief with the stomach: then it calls for some stimulus. Good beef and mutton, light, sweet bread and good vegetables, taken in moderate quantities, with a discreet use of lemon juice, will prevent much of the craving for drink and tobacco.

Much is said of overwork now-a-days, and much that is nonsensical. Gentlemen consult physicians daily, full of the notion that overwork is killing them. Nineteen times in twenty it is bad food, late hours, cigars and other abuses. With good food properly eaten, plenty of sleep, a clean skin, and some exercise in the open air, not one man would break down from "overwork" where ten are now supposed to.

"Stay East, Young Man."

The Census returns for the last decade show that the increase in the respective Provinces has been as follows:—

Manitoba,	148	per cent.
The North-West,	141	"
British Columbia,	88	"
Ontario,	10	"
Quebec,	10	"
Nova Scotia,	2	"
Prince Edward Island,	.38	"
New Brunswick,	.02	"

This gives to New Brunswick an increase of only 61 on its population of 321,233 in 1881. There is one possible cause for this discrepancy. The newly opened C. P. R. has, at first, had a tendency to accelerate emigration to the West. Moreover, numerous pamphlets, illustrating the fertility of the lands in the West, are issued, while we seldom hear a word about those in the Maritime Provinces, which are almost as good, and have the additional advantage of being in a more settled country.

It is a very rare man who can tell the difference between a woman who wants to be friendly with him, and a woman who wants to flirt with him.