

WOMAN SUFFERED TEN YEARS

From Female Ills—Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Belleville, N.S., Canada.—"I doctored for ten years for female troubles and did not get well. I read in the paper about Lydia E. Pinkham's Vegetable Compound and decided to try it. I write now to tell you that I am cured. You can publish my letter as a testimonial."

—Mrs. SUVRINE BABINE, Belleville, Nova Scotia, Canada.
 Another Woman Recovers.
 Auburn, N. Y.—"I suffered from nervousness for ten years, and had such organic pains that sometimes I would lie in bed four days at a time, could not eat or sleep and did not want anyone to talk to me or bother me at all. Sometimes I would suffer for seven hours at a time. Different doctors did the best they could for me until four months ago I began giving Lydia E. Pinkham's Vegetable Compound a trial and now I am in good health."—Mrs. WILLIAM H. GILL, No. 15 Pleasant Street, Auburn, New York.

The above are only two of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which show clearly what great things Lydia E. Pinkham's Vegetable Compound does for those who suffer from woman's ills.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



Guide-Advocate

Watford, Ont.
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HARRIS & CO.
 PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
 WATFORD, OCTOBER 8, 1915.

NOTE AND COMMENT

Montreal Star: Every man who volunteers in Canada casts the most effective vote against conscription in any part of the British empire.

Ottawa Citizen: With the prices of bonnets and things as at present any domestic system involving even the possibilities of polygamy can't expect to make much headway.

Pittsburgh Gazette-Times: Some how it doesn't seem exactly feasible to equip every merchant vessel with a professional mind reader to tell what submarine commanders are thinking.

Wireless waves sent five miles have started the engine of a motor car. The experiment was made at the Indiana State Fair, and has naturally, in the present state of public mind, suggested new possibilities of destruction.

The Gaelic American, a weekly paper of New York, and The Irish World, a weekly of the same city, have been refused the privilege of the mails in Canada and are prohibited from circulation in Canada in any way. Possession of any copy previously published or to be issued of either journal means five years imprisonment.

It is pointed out that during the first years of the last century, from 1800 or 1815, when all Europe was suffering from the Napoleonic wars, she gave birth to almost every great man who was to guide her better

destinies for a hundred years to come. In that terrible period of travail Britain gave birth to Disraeli, Gladstone, Cobden, Bright, Browning, Tennyson, Shaftesbury, and many others. Italy had Cavour, Mazzini, Garibaldi and Victor Emmanuel, the four men who secured the liberty and unity of the Italian kingdom. America gave us Wendell Phillips, William Lloyd Garrison, Harriet Beecher Stows, Henry Ward Beecher, and, most glorious of all, Abraham Lincoln.

Equal suffrage for Alberta will be the live question at the next session of the Provincial Legislature, according to the decision of Premier A. L. Sifton, announced in a letter to President Speakman as follows: "In regard to women's suffrage, this matter has received the serious consideration of the Government, and I have given instructions for the preparation of a statute placing men and women in Alberta on a basis of absolute equality, so far as Provincial matters are concerned. This bill will be presented at the next meeting of the Legislature as a Government measure."

Soldiers and Tobacco

Tobacco smoking is alleged by those given to the practice to be conducive to patience under hardship and mildness of temper, and this may be the reason why users of the weed have endured with such equanimity the fierce assaults which have been launched against their pet luxury by generations of moral reformers. It should be some comfort to the smoking community to learn that the London Lancet, the leading medical paper of the world, has come to their rescue. The Lancet, in discussing the campaigns which have been waged against the purchase of tobacco for the soldiers in the trenches, declares that "smoking does much to allay the restlessness and muscular irritability engendered by mental and physical fatigue. Smoking is a custom that has widely prevailed among men who have played a great part in solving the problems of existence in its many details."

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O.
 Sold by all Druggists & by Constipation.

Changes in Parcel Post Regulations.

Many recommendations, changes in regulations and important announcements are made by the postoffice this month, regarding the parcel post service, which has grown to large dimensions of late.

Parcels which are received in Canada from places outside and are found to contain letters will in future be assessed at the double rate of postage for the letter in addition to the ordinary paid postage rate for parcels. The wrapper of the parcel will be marked "letter enclosed" with a charge of double the postage rate to which the letter would have been liable had it been mailed separately.

Postmasters are also requested to carry out the regulation in the case of re-directed parcels. In instances where a parcel cannot be delivered at the post office to which the sender addressed it, but has to be re-directed to some other post office, the additional postage is either to be prepaid by the person who redirects the package or surcharged on the package itself and collected at the office delivering it. The same will in future apply to parcels from outside Canada.

CASTORIA

For Infants and Children
 In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Hutchins*

The rules committee of the Chicago board of education has adopted a rule which prohibits teachers from becoming members of any federated organization.

Women are prohibited from preaching in Norway.

FOR YOUNG FOLKS

Story of Jim Crow and the Sad Fate That Befell Him.

TOO FOND OF THE CHICKENS.

How Some of the Hens Played Tricks on Jim—His Last Escapade—Puzzles and Games and Many Things of Interest to Small People.

The story of Jim Crow is told by James Speed, who took the youngster from his parents' nest and made a pet of it. At first he refused to eat, but soon got over that. Jim became so tame that he would alight on his master's hand or arm in most familiar fashion and beg for food. He was much interested in the chickens about the place, but they resented his advances. Once or twice when he was



JIM CROW ON HIS MASTER'S HAND.

setting on the edge of a bucket getting a drink a hen slipped up behind him and with a quick stroke tumbled him heels over head into the water.

Jim, however, continued to try to make friends with the hens, but at length went too far and attempted to pick up a young game chicken. In an instant the mother hen and Jim were a mass of tangled feathers, and when they were parted Jim was a sad sight. He died the next day and was buried in the garden. Poor Jim!

Hidden Nuts.

Give each guest a piece of paper and a pencil and explain that they are to write on one side of the paper the names of the nuts concealed in the sentences on the other side. Five nuts are hidden in the five sentences:

1. Thomas wanted to go skating, but Terence did not care to go.
2. I heard the college boys were going to haze Louis.
3. Hope can drive away despair.
4. Catch that chick or yonder cat will eat it.
5. It was calm on Dexter lake this morning.

Answers: 1. Butter. 2. Hazel. 3. Pecan. 4. Hickory. 5. Almond.
 Next are five series of jumbled letters which can be transposed into five more nuts:

1. Hbcee—Beech.
 2. Hrtel—Hilbert.
 3. Otciphasi—Pistachio.
 4. Antwul—Walnut.
 5. Catcouno—Cocconut.
- A prize may be given the one who finds the most nuts in a given time. A silver nut cracker for the first prize and a peanut doll for the booby.

Japanese Customs.

Every Japanese house of pretensions has in its principal room a raised platform or dais upon which the mikado, should he by chance ever visit the house, would sit. It is a law that no subject may look down upon the mikado. A pretty Japanese custom is that of making excursions to the country when the trees are in bloom to see them. The Japanese are great flower lovers and are most fond of the blossoms which grow on trees. Their love for cherry blossoms is well known. In February they visit the plum tree, the cherry in April, the lotus in July, azaleas during the long summer months and in the autumn is the great chrysanthemum festival, while in December come the camellias.

A Remarkable Bird.

Among the feathered tribe the bower bird of Australia easily takes the record for versatility, being at once gardener, architect and artist. For it not only constructs a most funnel-like bower framed like a Gothic arch, but can lay out a garden, discriminately picking the orchid blossoms and arranging them into pretty patterns with fine taste.

First Shorthand.

The earliest work on shorthand writing was compiled by Dr. Timothy Dright of Cambridge in 1593.

Your home merchant will back up our guarantee on this splendid range. Ask to see

McClary's Pandora

Range and let him demonstrate its many exclusive features to you. A McClary dealer in every town.

SOLD BY T. DODDS & SON

New Furniture Arrivals

Never has there been shown in Watford such an immense stock of Furniture as we are showing. All bought for Spot Cash at large margins from regular prices. We have a fine assortment for every room in your home at prices you cannot equal. Watch our window and see the specials offered from week to week. White Enamelled Bed Room Sets, Oak and Walnut sets of newest designs. We have numerous different designs in Dressers and Stands, which would look charming in your home.

HARPER BROS.
 FURNITURE PHONE 31. UNDERTAKING
 ALL KINDS OF MUSICAL INSTRUMENTS, MUSIC AND RECORDS

THE 'WILLIAM BUCK' LINE

ANY purchaser of this line is assured of lasting satisfaction. The oldest and most reliable in the Dominion.

HAPPY THOUGHT STEEL RANGES
HAPPY THOUGHT CAST RANGES
RELIANCE FURNACES

LET US GIVE YOU PRICES TO-DAY

THE N. B. HOWDEN EST

TRENOUTH & CO.

DEALERS IN
 Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of
INTERNATIONAL STOCK FOOD
 FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.
CALDWELL'S MOLASSES MEAL
 AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
 Chopping and Rolling Done While You Wait
 PHONE 39

Guide-Advocate Want Ads. Get Quick Results

Makes Buildings 30 Degrees Cooler

On a hot summer day the temperature in the upper part of a building covered with J-M Asbestos Ready Roofing is from 15 to 30 degrees cooler than with any other roofing. The white asbestos surface reflects the heat instead of absorbing it and transmitting it to the rooms below.

J-M ASBESTOS ROOFING

Besides making a building cooler in summer and warmer in winter, it is the only ready roofing that never needs painting. J-M Asbestos is also the only ready roofing that is fire-proof.

ITS FIRST COST IS THE ONLY COST.
 Write or call today for Samples and Booklet.

G. CHAMBERS

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The Broader Issue

(New York Globe)
 As we think of Belgium; as we think of the non-combatants; as we think of the children wretchedly slaughtered; as we think of attacks being made on principles that we deem essential civilization—as these come in mind and we recall that we have peeped no protest the mood of boresfulness passes.

The big issue before the heart as conscience of every true American has not been the Lusitania case, important as that has been. It is the issue of whether we have done as are now doing our full share toward maintaining civilization, toward laying the foundations of a future permanent peace, toward upholding the principles of menaced democracy, wild beasts are abroad in the world are we doing our part toward chaining them up? The answers to returned are not clear enough warrant Americans in vaunting the selves.

It may be we have done and doing our full duty. But if the result of the war is to establish imperialism comparable to that Rome, if predominant military or naval power passes to a nation that has seemingly been caught by the lust of empire, then future America will hardly say that America did to be asked of it. If civilization in peril it can hardly be said that the vindication of the right of citizens to travel fulfills all obligation.

Children Cry FOR FLETCHER'S CASTORIA

The Shudderer

"Here, my dear," said the husband producing his purse, "here is the ten I won playing cards in the smoking-room last night. You may have it to buy the dress you wanted."

Reluctantly the conscientious wife took the money, then said, with an expression of rigid rectitude: "I simply shudder at the thought of using money gained such a way. Henry, promise me that after you have won enough for me to buy the hat to go with the dress that you will never again touch those cards. I don't want my husband to come a gambler."

MUCH ADLER-I-KA USED IN WATFORD

It is reported by Taylor & Son, much Adler-I-ka is sold in Watford. People have found out that a SPOONFUL of this simple buckwheat bark and glycerine mixture relieves most ANY CASE of constipation, or gassy stomach. It is so powerful it is used successfully in appendicitis. ONE MINUTE after you take it gasses rumble and pass out. It is safely safe to use and cannot gripe.