

## SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion."—Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont.—"I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble. My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated. I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial."—Mrs. STREPHEN J. MARTIN, Chesterville, Ontario, Canada.

## Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

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ACQUISITION CARDS—\$5.00 a year.

LOCALS—10c per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, AUGUST 8, 1913.

### NOTE AND COMMENT.

One of the sweetest occupations of old age is recalling the scenes and occurrences of one's youth. So try to store up as many pleasant recollections as possible for a future supply. Among the happiest will be found those of the good we did for others, and the innocent fun we enjoyed.

Scotland is now asking for home rule by a native parliament. It will not be surprising if, before the first quarter of the present century ends, local parliaments are established in Ireland, Scotland, Wales and England for the management of purely local affairs with a general parliament in London controlling general interests and foreign relations.

With the increased prosperity of Canada comes the usual increase in divorce cases. Thirty-six applications for divorce were granted by Parliament last session. The year previous there were only 16 cases granted, in 1910 there were 12, and in 1909 six. Toronto easily leads as the divorce centre of Canada, as of the 36 applications granted no less

**Every Woman** is interested and should know the wonderful MARVEL Whirling Spray. The new Vaginal hygiene. Best—Most convenient. It cleanses delicately. Ask your druggist for it.

If you cannot supply the MARVEL, accept no other, and send stamp for illustrated book—entitled, "It gives full particulars and directions for use to ladies." WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

than 17 were from the Queen City. The "high living" the "high gaming," and the "high flying" are contributory causes of trouble between man and wife. The man and wife who are all-in-all to each other in the struggling days find many causes of irritation as they mount the social ladder with increasing riches.

A bill is in preparation to present to the Legislature at its next session whereby corporations will have to bear more of the tax burden. The institutions which are most likely to be affected are banks, loan companies, trust, telephone, telegraph and express companies, gas and electric light steam and electric railway. It is claimed the prosperity of these companies is directly attributed to public patronage, and should bear a just share of the public tax burden.

Subtle flattery is not a lost art in Alberta, as we gather when we read in a newspaper from that province: "Mrs. Herbert Taylor, who is a pleasant and estimable woman, and who can bake the finest cake ever made, having sent us some, and therefore making us a judge, and who has a family of nice, clean, polite children, and who plays the piano beautifully and who gives lessons to a few fortunate pupils in our little city, had a tooth pulled on Friday."

**Deafness Cannot be Cured** by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

**How Long Will You Live?** A life table measuring the health conditions, based on the mortality in three years, 1909 to 1911, inclusive, has been prepared by the Department of Health, New York City. In 1882 a similar life table was prepared under the direction of the late Dr. John S. Billings.

The compilation shows that thirty years ago a child under 5 years could expect to live 41 years, while a child at that age at present may look forward to a future lifetime of almost 52 years, an increase of almost 11 years. The life of a child between 5 and 10 years has been prolonged from 46 to 51. A person of 25 to 30 had an expectancy of life 30 years ago of almost 32.6 years. At present the expectancy is 34.3, an increase of 1.7 years.

Persons between 40 and 45 years had an expectancy of life of 23.9 years a generation and a half ago, and at present one of 23.4 a decreased expectancy of six months. At all ages above 40 years there is a constantly increasing diminution of the duration of life varying from 6 months at 40 to 3 months at 85 years.

The table shows the expectancy of life is greater among females than among males up to 40 years. Above 40 the reverse is true. Eighty-nine per cent. of the saving of life is before the twentieth year of age, and especially among children under 5 years.

The remarkable decreases in the mortality from diphtheria and croup, measles, scarlet fever and smallpox, under 5 years account for this comparatively tremendous prolongation at ages under 5 years.

The increased mortality above 40 is attributed to certain diseases that affect the heart, kidneys, stomach, liver and intestines. The death rate from cancer, heart diseases and kidney diseases has increased within a generation. Accompanying this increased mortality has been an increase in the consumption of spirituous liquors and nitrogenous articles of food, which the circular says means too much drink and too much meat.

When a man has no longer any desire to live, his heart is as lonely as the grave which looks so restful to him away out in the shadows.

**Dad's Dope**  
Fanning the thermometer on a hot day does not result in any perceptible reduction of temperature.

Women are not eligible for admission to the bar in England. Perhaps the old-fashioned barristers feared they might change the style of their gowns.

It is reported that the succulent oyster, the most delectable product of marine life is growing scarce. What do we care? No one will begin eating it until next September, and perhaps by that time it will have renewed its depleted number along the coasts of the several seas, where it is wont to multiply and grow fat.

Possibly one reason why the order has gone forth requiring all soldiers in the Canadian training camps to wear mus-taches is to give the young officers a chance to relate their hair-breadth escapades.

The royal matchmakers of Europe are kept busy arranging a matrimonial alliance for Princess Patricia. This is a matter likely to be decided by H. R. H. personally, and until she intimates her intentions little attention need be paid to idle conjectures.

Harry Lauder conducted the service in a Bristol church the other Sunday. It would be hard for Harry to keep from making a mental estimate of the "siller" in the contribution boxes when they were handed in.

It is not uncommon for many men to forget how much they owe, but in these days of money famine, when people are straining their memories to recall any possible asset, it is surprising to read of the thousands of dollars laying unclaimed by depositors in the banks. Sympathy is wasted on these "absent-minded beggars."

After you pay cash for an electric run about you have to charge the batteries.

The victories of the English oarsmen at the Henley regatta is another evidence that John Bull is able to paddle his own canoe.

**How to Forget the Heat**  
A Montreal lady gave a luncheon last week to forty laborers who were employed in putting down an asphalt pavement in the neighborhood of her home. She might have sat quietly behind the awnings and complained of the heat, but she thought of others. The best way to endure the hot weather is to forget about it. This can best be done by thinking of others who are in a more trying position.

No success is worth anything that is won by thrusting down others or taking unfair advantage of them.

**A PURELY VEGETABLE PILL.**—The chief ingredients of Parmelee's Vegetable Pills are mandrake and dandelion, sedative and purgative, but perfectly harmless in their action. They cleanse and purify and have most healthful effect upon the secretions of the digestive organs. The dyspeptic and all who suffer from liver and kidney ailments will find in these pills the most effective medicine in concentrated form that has yet been offered to the suffering.

## Canadian National Exhibition

**EXPANSION YEAR**  
New Livestock Department  
Everything in Agriculture Exhibits by the Provinces  
Exhibits by Dominion Government  
Exhibits by Foreign Countries  
Acres of Manufactures  
**MAGNIFICENT ART EXHIBIT**  
Paintings from Germany, Britain, United States and Canada  
Educational Exhibits  
Cadet Review  
Japanese Fireworks  
Canada's Biggest Dog Show  
America's Greatest Cat Show

### AND NERO THE BURNING OF ROME

The Musical Surprise  
The Musical Ride  
Auto-Polo Matches  
Circus and Hippodrome  
Roman Chariot Races  
Athletic Sports  
Great Water Carnival

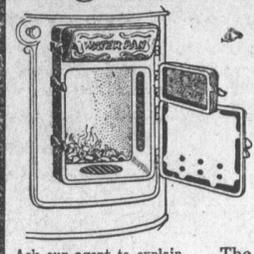
### IRISH GUARDS BAND

Score of other Famous Bands  
Twelve Band Concerts Daily  
Wreck of the Airship  
Withington's Zouaves  
New Giant Midway  
Grand Double Bill of Fireworks

### PATRICK CONWAY'S BAND

Aug. 23 1913 Sept. 8  
**TORONTO**

## Large Doors—Easy Firing



Look at these roomy Double Feed Doors. You can use a big shovel—there is no danger of hitting the sides and spilling coal all over the floor. These doors will admit a big chunk of wood too. The Sunshine Furnace is easy to operate.

Ask our agent to explain its many advantages, or write our nearest branch for booklet.

## McClary's Sunshine Furnace

London Toronto Montreal Winnipeg Vancouver St. John, N.B.  
Hamilton Calgary Saskatoon Edmonton 331

Sold by T. Dodds & Son

## Plumbing and Heating

If you are building this year we will be glad to estimate the cost of a bath room for you. Our man has city experience and will guarantee work to pass any inspector.

**Bucks Reliance, Pease Economy and Kelsey Furnaces** are leaders that require no description. Our prices are low and work guaranteed.

## The N. B. Howden Est.

PLUMBING AND REPAIRING ON SHORT NOTICE

## House Furnishings

Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for Parlor, Dining Room, Bedroom, Library or Kitchen.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

Let us show you the new patterns.

## HARPER BROS.

PHONE 31 FINE FURNITURE FUNERAL DIRECTORS

**Fall Fair Dates**  
The Western District Fair Association have fixed the following dates for the fairs of that circuit:  
Strathroy.....Sept. 15-17  
Petrolea.....Sept. 18-20  
Forest.....Sept. 24-25  
Parkhill.....Sept. 25-26  
Wyoming.....Sept. 26-27  
Bridgen.....Sept. 30  
Alvinston.....Oct. 2-3  
WATFORD.....OCT. 7-8

**FARM FOR SALE**  
LOT 17, CON. 2, WARWICK, S.E.R., 100 acres, about 5 acres bush, balance seeded down to timothy, small orchard, 1/2 storey frame house, 2 good barns, plenty hard and soft water, pump and new steel windmill, 1/2 mile from school, 3/4 miles to Watford Churches and P. O. on good gravel road. Further particulars apply to J. J. M. JAMES McCLURE, Hartshorn, Alberta.

## GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford Station as follows

GOING WEST  
Accommodation, 27 ..... 8:44 a.m.  
Accommodation, 29 ..... 2:45 a.m.  
Chicago Express, 5 ..... 9:27 p.m.

GOING EAST  
Ontario Limited, 46 ..... 7:43 a.m.  
Accommodation, 28 ..... 12:03 p.m.  
New York Express, 2 ..... 3:00 p.m.  
Accommodation, 30 ..... 5:16 p.m.

O. VAIL, Agent, Watford

**THE INDUSTRIAL**

Absolute satisfaction when ground the In Government appeal to legal deposition Debitures and assets of the (and upwards one hundred

**Watford Tuesday, GRAND UNDER WATFORD VIA GRAND DI BY STAR LINE TIME-TABLE**

LONDON.....  
HYDE PARK.....  
KOMOKA.....  
STRATHROY.....  
KERWOOD.....  
WATFORD.....  
KINGSCOURT.....  
WANSTEAD.....  
WYOMING.....  
MANDAMUN.....  
ARRIVE AT SARNIA VIA Special Train will leave Detroit, Tuesday, August train on August 12th. Boat Tickets will be 60 cents. Children half fare. The palatial steamer Straits, with ample time to will stop at Belle Isle Park the time there instead of 60 Train tickets can be by Excursionists can spend the

**MAKE by always CAN**

We are supplying for human skill to We have reduced every purpose.