

Whose Fault If the Child Is Delicate?

The success of your child's future is largely dependent upon its present health. The time to watch its health is while it is young—during the growing age. Give a boy or girl health as a foundation and their future is fairly well assured. Isn't delicate health in children sometimes the result of unintentional neglect? Parents often dismiss these troubles with the remark, "They will be all right tomorrow." Drowsiness, weakness, lack of energy, loss of appetite, inability to study and concentrate, etc., in children are due to ill-health. Usually what the child, boy or girl, needs is a tonic. Carnol has worked wonders as a tonic with children. Read what Carnol did for Mrs. Ida Waite's little girl:

"I am very glad to be able to speak to any parent and explain to them that my little girl has been completely restored to health by the use of Carnol. She has been from infancy a weak, delicate child and very nervous, but the use of Carnol has not only completely strengthened her, but restored her to perfect health. I recommend Carnol to all mothers whenever a safe and effective tonic is needed."—Mrs. Ida Waite, 5 Summit Street, Halifax. 1923.

Carnol is sold by all good druggists everywhere.

Maddolena's Story
AND
The Cameo Bracelet.

CHAPTER XVIII.

"Such things have been, but not lately, nor in that part of the country for which we are bound; so you need not anticipate any half-breath escapes, nor marvelous adventures, answered the baroness, coolly. "Before we arrive at the only part of our route that can be called lonely, my nephew will have joined us. He and his manservant will be more than a match for a dozen of the evil-disposed among the peasantry; we have nothing to fear from any other persons we may encounter."

Only half satisfied by these assurances, Lady Camilla sat upright in the carriage, watching every tall tree or large stone they drew near, lest some evil figure would start up from behind it, and fiercely demand her money or her life. Nor were Bessie and Trixie free from fears of the same description, though they were only contented by the silent pressure of hands as they sat side by side.

However, madam, was so unconcerned, the weather so lovely, and the scenery they traversed so exquisitely grand, that the alarm engendered by Maddolena's slip of paper gradually died out, and the end of the first day's journey found them almost eagerly looking forward to similar pleasure on the morrow.

Lady Camilla, however, the most timid of the party, stepped back as they were quitting the hotel at which the night was passed, in order to interrogate the host, who struck his shoulder at the query, "Was there any danger of encountering brigands?"

"Most decidedly not. They had been chased from the neighborhood, and their leader shot long since. A child," he added, "might traverse the route they were about to take, with perfect safety. Never in all his experience, and he had been the proprietor of the Golden Lion for thirty years and some odd months—never had he heard of travellers being attacked."

"Of course you have not," said madam, who had overheard the colloquy. "If there had been the smallest chance of such an event occurring, I should not have been here without an efficient escort. I have no personal fears; but I am not rash enough to burden myself with three helpless, irrational women unless I know that I am not likely to lead them or let them lead me into any trouble."

After this sharp and dictatorial speech, the baroness heard no more about the terrors of her companions. But this may have been owing less to their dread of her displeasure than the fact that they had quite ceased to entertain them by the time the only mountain passes they were to thread were reached.

Here, Sir Charles Ormsby, who had never been more than a stage ahead, was waiting at the entrance of a neat little town to conduct them to the apartments he had obtained in the house of a gentleman with whom he was slightly acquainted.

The Conte and Contessa Amalfi were delighted to make the acquaintance of so illustrious a lady as Madam Caspares, and were profoundly interested in the beautiful young widow under her protection; nay, so pressing were they in their hospitality, that the visit was prolonged for several days, during which Camilla, if seldom left alone with Sir Charles, yet contrived to rivet more firmly the chains he had seemed inclined to break.

Bessie and Trixie, immured in the poorly furnished apartments allotted to their use, found themselves in danger of being forgotten by every one; for neither of the baroness' maids had accompanied her, and the servants of the house were too much occupied to wait upon the quiet English girls, who were evidently but dependents. Thus overlooked by all in the house, they would have found the monotony of the little apartment looking into a courtyard, and the neglect with which they were treated, intolerable, if they had not compensated to themselves by long and frequent rambles into the extensive but badly cultivated grounds surrounding the villa.

On the last evening of their sojourn at the villa, Lady Camilla retired to her room directly after dinner to answer some business letters from the agent of her deceased husband; and Sir Charles, strolling idly wherever chance led him, presently found himself at the rustic gate of an orchard, drawn thither by the sound of a tambourine and babble of merry voices. He was amused as well as surpris-

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Fortify the system against Colds, Grip and Influenza by taking



which destroy germs, act as a tonic laxative, and keep the system in condition to throw off all attacks of Colds, Grip and Influenza.

The box bears this signature
E. H. Brown
Price 50c.
Made in Canada

Just Folks.
By EDGAR A. GUEST

LAUGHTER

"His wall to laugh and sing and jest When hearts are at their merriest. 'Tis well to fling the barb of wit When joy has kissed the tip of it. But silence is a sweeter thing Than clever words which bite and sting."

The phrase which brings a smile to his lip And lights the eye with gentle mirth In conversation's fairest gem Is friendship's golden thread. Then send another home to weep. 'Twere better not to speak at all Than wince from your lips should they fall. Comedian, scattering smiles of cheer, You shall be loved as you reverse What man hold sacred. Never touch The loveliness men value much: There are some shrines in every breast. Too pure for mockery or jest.

However bright, however smart, Drive not your jest into the heart. 'Twere better silence due to keep Than send another home to weep. 'Twere better not to speak at all Than wince from your lips should they fall. Comedian, scattering smiles of cheer, You shall be loved as you reverse What man hold sacred. Never touch The loveliness men value much: There are some shrines in every breast. Too pure for mockery or jest.

Laughter should set the eyes astir, Not dart into another's woe. Laughter should soothe the pain of care, Not give an extra pang to bear. 'Twere better that the brilliant mind Seem dull than it should prove unkind.



Corns
Don't Pain Them!

Cutting a corn is always dangerous. Blue-jay sends corns. Kills the pain instantly, then the corn loosens and comes out. No risk, no constant trouble. Get Blue-jay at your druggist.

Blue-jay
THE REFORMED ONES.

The men who quaff their vices upon the New Year's Day! Their wantonness summons to drive old habits away. They see me when I'm smoking my Flor de Ray, cheroot, and, divers gods invoking, they criticize and hoot. "The man is but a rabbit," they say, "he's lacking grit, who sticks to such a habit, which all the wise men quit. We, too, were once besotted with punk tobacco fumes, death angels had us spotted for full untimely tombs. Our lungs were filled with cinders, our hearts with nicotine, our tongues were moulty green. And then we rose sublimely and banned the smokery's games, and now no graves untimely are yawning for our frames. We have all honest hunger for wholesome apples and greens, we're feeling ten years younger, and look like movie queens. Why be forever stoking your face with burning weeds? Oh, cut out all this smoking—aspire to higher deeds!" A little while they bore me with admonitions grand, they pass along before me, a white and spotless band. And then I see them sneaking to Noah's stogie store; they cease their moral speaking, they lecture me no more.

"You have robbed me of all my play-fellows," the young girl pouted, "and transformed them from happy innocents to mercenary little creatures, who will fight and squabble over the last cent!"

"They had victimized you quite long enough," he answered, lightly, "and I do not like to see you sacrificing yourself for the pleasure of that very correct friend of yours," and he glanced in the direction of the absorbed sketcher.

"I am not half so unselfish as Bessie herself," was the prompt response. "Besides, it is one of my duties to make myself useful; and if I choose to exercise my talents for my friend as well as my patroness, why blame me?"

"Is it your devotion to your duties, most zealous of demoiselles, that has rendered you invisible ever since we have been here?"

"I have been like Fortune, easily found if sought," she answered, quaintly.

"But not always ready to smile on the seeker," Lady Camilla tells me that you evince a strange taste for seduction."

"You spoke of me to Lady Camilla?"

"Why should you object to my doing so?"

(To be continued.)

Household Notes.

Silver ribbon and silver lace harmonize enchantingly on a frock of lemon-colored taffeta.

An embroidered box coat is worn over a slip-over dress with the popular wrap-around skirt.

Daintily shirred puffs are used on the short sleeves and at the hips of a frock of pale tinted voile.

LOOSEN UP THAT COLD WITH MUSTEROLE

Have a jar of Musterole handy. The moment a cold starts use it freely. Just apply the ointment to the congested parts and you will immediately feel a warm tingle as it penetrates the pores, followed by a soothing cooling sensation and quick relief.

Musterole is made of pure oil of mustard and other simple ingredients of well-known medicinal value. It will not redden the skin, burn or blister. Many doctors and nurses recommend Musterole not only for colds but in cases of bronchitis, sore throat, pleurisy, pneumonia, lumbago, cramp, rheumatism, and contusion. Taken in time it may prevent pneumonia. There is nothing just like Musterole or nearly so good for any of the above ailments.

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Better than a mustard plaster



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Double Width, All Dark Shades. Great Value. Only **1.80 yd.**

Navy Suiting Serge
54 inch, **2.30 yd.**

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We have it.

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Eat fruit and avoid irritating, weakening purgative medicines.

Fruits are nourishing too, and easy to digest. It is absolutely necessary to eat them to "carry off" heavy meals. Our fruits are always the "choicest."

- Cal. Sunkist Oranges—40c. Doz.
- O.K. Table Apples—(large & juicy) 55c. Doz.
- Cal. Lemons—(Seedless) 50c. Doz.
- Grape Fruit—(Bright) 10 & 12c. ea.
- Green Grapes . . . 80c. lb.
- Bananas, 50c. & 1.00 Doz.
- Cranberries . . . 85c. Gal.
- Campbell's Pork & Beans 3 Tins for 47c.
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- TINNED FRUITS!**
Apricots (2 1/2's) 3 Tins for 75c. Extras 3 tins for 1.10
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FOR more than 38 years Sloan's Liniment has been used by the families of the nation in quickly relieving **rheumatic aches, lumbago, neuralgia, sciatica, lame, sore, strained muscles, bruises, and other pains and sprains.**

Sloan's Liniment is an effective counter-irritant that penetrates to the affected part, **without rubbing**, scatters the congestion, and promotes a **swarm, comfortable relief**. Try it when you "bona ache" and you feel you can hardly stand up any longer.

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