

The Reliable Jewellers and Opticians.



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To bring out your good points and hide your defects is always our aim. We spare neither trouble nor expense in giving you warranted materials and expert workmanship. Made at "Maunder's" is the sterling mark of tailor made clothes. A large and varied stock of New Suitings and Overcoatings just in. Samples and Self-Measuring Cards on application.

MAUNDER

Tailor and Clothier, 281-283 Duckworth Street.

We are preparing for a Great Bargain Sale of

Dainty Linen Embroidered, Hemstitched, bace and Insertion Trimmed. The Newest in Handkerchiefs, "The Lissue."

Initial Silk Handkerchiefs, Irish Lawn and Cambric Handkerchiefs; in fact all kinds of Handkerchiefs down to the Children's Printed Hand-

kerchiefs, at 2 for 5c. Special Prices will be announced later.

Watch for Bargains. ROBERT TEMPLETON

"Except."

SALASALASALASALASALASALASALAS

- By RUTH CAMERON.

'The difference twixt the pessimist And optimist is droll, The optimist sees the doughnut, The pessimist sees the hole." Q n e evening

last week Molly, the little stensgrapher lady, and | one of our mutual friends were theatre party and a midnight supper given in honour of the

star. It was an unusual treat for the v evidently

me during the next two days and dis-Molly was my first visitor. enthusiasm was, a thing of beauty and

a joy forever. "It was just wonderful. I didn't think anything so lovely would ever happen to me." she concluded after a vivid description. "I had an absolutely perfect time." Our mutual friend dropped in the

next day. "Yes, I had a lovely time," she admitted when I brought up the subject I knew she had come to talk "The R's certainly did things to in style. The only thing needed te make it absolutely perfect was to have had automobiles to bring us and ker kind of folks. take us home. I do hate travelling round in trolley cars in evening gowns. People stare so and then you are sure to be all mussed before you get there. Every time I do it I say I never will again. It spoils half

To one girl the occasion was "abso-

lutely perfect." To the other the occasion was per fect EXCEPT - and the EXCEPT loomed so large that it hid most of the perfection.

The difference between Molly's viewpoint and that of her friend is often the whole difference between entertained at a happiness ad unhappiness in this world. The man or woman who has the lat-

> ter viewpoint will never be really happy. For even in the happiest lot there is always at least one thing needed to make absolute perfection. That one thing may be very tiny in comparison to the happiness. But so is a penny tiny in comparison to the sun, and yet if you hold the penny close to your eye you can make it hide the sun. Even so, if anyone has the habit of holding their little "excepts" close up to the eye they may shut out a world of happiness.

I was admiring a very charming room the other day. "Yes, I think it would look pretty well," said its mistress, "except for that rug. It's terribly shabby but I can't afford a new one just yet, and it absolutely spoils the room for me. It's the only thing I can 'see when I come in."

Poor foolish woman. I wonder what will be the next "except" when she finally gets the rug. Of course there will be one. There always is to Do YOU belong to that class? Or

to Molly's class? What do YOU see in life, the dough-

Why Have "Nerves?"

This is the reason why women have "nerves." When thoughts begin to grow This is the reason why women have "nerves." When thoughts begin to grow cloudy and uncertain, impulses lag and the warnings of pain and distress are sent like flying messages throughout limbs and frame, straightway, nine times in ten, a woman will lay the cause of the trouble to some defect at the point where she first felt it. Is it a headache, a backache, a sensation of irritability or twitching and uncontrollable nervousness, something must be wrong with the head or back, a woman naturally says, but all the time the real trouble very often centers in the womanly organs. In nine cases out of ten the seat of the difficulty is here, and a woman should take rational treatment for its cure. The local disorder and inflammation of the delicate special organs of the sex should be treated steadily and systematically.

Dr. Pièrce, during a long period of practice, found that a prescription made from medicinal extracts of native roots, without the use of alcohol, relieved over 90 per cent. of such caces. After using this remedy for many years in his private practice he put it up in form of Dr. Pierce's Favorite Prescription, that would make it easily procurable, and it can be had at any store where medicines are handled.

MRS. LILA B. HAWKINS, of Zeus, Va., writes: "I had been failing in health for two years—most of the time was not able to attend to my household duties. Female weakness was my trouble and I was getting very bad but, thanks to Doctor Pierce's medicines, I am well and strong again. I took only three bottles of 'Favorite Prescription,' and used the 'Lotion Tablets.' I have nothing but praise for Doctor Pierce's wonderful medicines."

TAKE DR. PIERCE'S PLEASANT PELLETS FOR LIVER ILLS.

Household Notes. over them.

Woolen materials can be cleaned until it is soft. with a dry rubber sponge, care being taken to rub the wrong side of the crown may be cut off to form a toque

If a stove is not equipped with a Put the steak into this without greas- if taken just before going to bed. ing, and turn as soon as it is seared

A good cologne is made of ½ oz. one of the best of kindlings. bergamot, 1/4 oz. oil of lemon, 1/2 oz. English lavender, 1/2 dr. oil of merolia and a quart of alcohol. Shake daily coarse chainstitch.

for four or five days. When a box of sardines is opened, should be drained of its oil at once and the fish turned out.

Children should sleep in a darkend room, and so should grown people. A flannel dipped in turpentine will hands. clean a porcelain tub excellently. Always, when pressing a skirt

on it on the wring side. Cookies should be kept into a cloth ined stone jar when hot if you would der to one cup of flour. keep them melting and crumbly.

Clean white gloves with fullers When cleaning a grate, mix the salt, one-eighth of pepper. placklead with a little turpentine.

Apples pared, cored and set into dish with sugar and water, to bake

Abbey's Effervescent Salt

Two Sizes—25c and 60c

Chutney-One teaspoonful of cay enne pepper, quarter pound of mus-To make a cement which will be tard seeds, one pound brown sugar found handy in the kitchen, add a one ounce ground ginger, one pound teaspoonful of glycerine to a gill of stoned raisins, one pound onions, glue. This is particularly good for three pounds apples, quarter pound tired menial with defective eyesight, fastening paper, leather or wood to salt, three pints vinegar, mix well together and simmer for two hours or

If a felt hat is faded or shabby the

A glass of hot water with lemor broiler, try heating a pan piping het. juice is excellent for the complexion

Old corks are good to make a low at the bottom. Keep turning till the fire burn up, and pine needles-to those who live in the country-make

> To pad the edges of doilies before embroidering them, work them in a

A fine bit of emery board, such as comes for manicuring, makes a good substitute for an eraser when you make an inkspot on paper.

Chamois mittens, worn while doing housework, are a great saving to the

Put a thimble on the curtain rod when slipping it through the hem of the curtain.

Two teaspoonfuls of baking pow For salad dressing, three table

spoonfuls of oil, one and a half of vinegar, quarter of a teaspoonful cf When weighing treacle for cooking

ourposes, if the scale is well floured first, the treacle will run off quite smoothly, without leaving any sticki-To make a jelly more nourishing,

mix with milk instead of water, but be careful not to have the milk too hot or it will curdle.

After using scrubbing brushes wash them thoroughly in strongly salted water and dry in the open air they will last much longer. Add a few bread crumbs to the

crambled eggs; they will improve he dish and make the eggs go fur-

Next to the woman who stands over redhot stove and cooks for harvest hands, the small town in which an amateur brass band has just been organized has the best claim on your

Black: BEAVER HATS.

Just to hand ex s.s. Carthaginian from London

24 only LADIES' BLK. BEAVER HATS. Eight different styles to

choose from. 3 only MISSES' MUSHROOM BLACK BEAVER HATS. SPECIAL:

3¾ doz. Assorted Felt · Hats. in all leading shades. All to clear at one price, 30c. each.

SOPER & MOORE

Roller Skating.

BY H. L. RANN.



is a form of so cial dissipation which has the unqualified ap proval both of the ministry and the bone-setting profession. It is an exciting pastime, as one never knows when he will be run into by some

Roller skating

passionate de vetee who has lost control of his steering gear and be thrown head first into the spectator's gallery.

Roller skating is usually practiced in some thoroughly ventilated rink which is heated by the breath of the skaters thereby compelling everybody to keep in motion or freeze. The average rink has plenty of leg room for 200 proficient skaters, but looks as small as a bedroom eleset to a wildeyed, loose-limbed beginner who has no direct supervision over his feet. When one of these animals is turned loose on the floor, he generally succeeds in falling on the back of his neck several times in succession, each time taking down with him a number of people who are not given to decide whether they will alight on the left

ear or the bridge of the nose. The roller skate is a treacherous ar ticle which is harder to stay on than a broncho with the stomach ache. It is attached to the ball of the foot by who feels perfectly satisfied if the gets within six inches of a fit. Ninetenths of our surgical operations are the result of roller skates which fit like a bathrobe on a mountain .goat. If the skates are too short, the wearer is liable to tip over in front and impale himself on the hardwood floor, after which he is sat upon with grea animation by everybody who can get to him. If the skates are too long, the beginner proceeds to fall over backward and allow a long procession of preoccupied skaters to meander over his physique, depriving him

of his vest buttons and breath. The roller skating rink is a poor place in which to nourish pride. Many a tall svelte stranger in white flannel pants has invaded a neighbouring rink and endeavored to do the grapevine twist for the benefit of the ladies, only to run into a ten-penny nail and slide feet first into the bandstand on his shirt front, being obliged to retire hurriedly to the dressing room for repairs.

On Second Thought.

It has been suggested that the clergyman who criticised men for, wearing creased trousers should also denounce the snobs who brush the dandruff off their coat collars.

There is also this to be said for this grand and glorious country of ours. It affords the men more opportunities for kissing the women than any other

The truth often hurts, but one hears so little of it that an anaesthetic sel

A woman often looks as well as the display in a show window. But

The best example of painstaking industry is that given by the man who succeeds in learning to play the

There is some criticism of the management of a Missouri River excursion boat which did not stop to pick up a passenger who had jumped overboard and was drowning. Are the people becoming too touchy? We

25c.

25 bris. CABBAGE,

Signet Chocolates, \$1.25 bx. Signet Choc. Mints, \$1.25 bx Signet Chocolate Caramels,

\$1.30 box. Signet Chos. Maple, 1.25 bx. Royal Chocolate Drops, \$1.05 box all 5 lb. boxes.

.J. Edens Duck worth Street and Military Road.

The attention of investors of small amounts who wish only the safest kind of securities-bonds, is called to our offering of bonds at \$100 denomina-

Hewson Pure Wool Textile 6's with Common stock bonus. Trinidad Consolidated Telephones

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In each of the past four years the Canada Life has earned a LARGER SURPLUS than ever before in its history. .

Favorable mortality, and low expenses, the result of good management, have helped.

C. A. C. BRUCE, Manager,

In Winter Time

If your new home is ready for walls and ceilings, or if you have some remodelling to do, don't wait for spring to plaster, but use BEAVER BOARD right now. BEAVER BOARD takes the place of lath and plaster: it may be decorated at once with paint in oil or water color and the house can be occupied at once.

BEAVER BOARD will not crack and never needs replacing. It is used for every class of building-home, store, office, &c., wherever you want durable, artistic, sanitary walls and ceilings.

We will show you how you can use BEAVER BOARD for your building or remodelling. Call, write or telephone.

COLIN CAMPBELL

J. J. ST. JOHN.

10 cases BAKE APPLES. Very Choice DUTCH CHEESE.

3 lb. tins BAKED BEANS, 12c. BLANC MANGE POWDER. LARGE KIPPERED HERRING.

FRESH EGGS, STUFFED OLIVES. HEINZ'S INDIA RELISH. - HEINZ'S MINCE MEAT.

BAKER'S COCOA. ROYAL PALACE BAKING POWDER, 20c. lb. FINEST IRISH BUTTER.

J. J. ST. JOHN

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