TORREST BLEET THE TRANSPORT

is an anxious time for all mothers, but more especially for young mothers. It is the most fatal time of the year for babies and young children. It is then that stomach and howel troubles are storied from foe. We have now other better developed senses, psychic and physical, which tell us of friendship, and kissing has become a mark of affection rather than a tent composite of the stories of the bewel troubles come almost without test of it. warning, and often before the mo- It is not against this that the hy-The mother must take strict caution to keep her little one's stomach sweet and pure and his bowels moving regularly. No other medicine can do this so quickly and thoroughly as Baby's Own Tablets.

The mother must take strict cautings of pecking at the lips of every one, especially of the purpose can aspire to. For young or old suffering from these complaints it is the best medicine that can be procured. The Tablets should always be kept in the house. An occasional dose will keep baby well or if illness family is hygienically permissible, comes on suddenly the Tablets will tertunately. It is, of course, quickly remove the cause and make below the transmission of backets that the sum of the transmission of backets that the sum of the transmission of backets.

THE EYES AND LIGHT.

tention to the care of the eyes than should be sacred. was formerly the case, and it is well that this is so.

A great deal more is demanded A great deal more is demanded of the human eye to-day than in former times, even if one goes back only a very little way. It is not anly the increasing strain of education, for in many ways the strain here is lessened, owing to better membered this and kept very what, and growing the better membered this and kept very windows, clearer windows, have become involuntary and obli- Companion. gatory readers, even the least literary. The only way out of it all An Easy Pill to Take.—Some per to be happy, and we can all be well

great cities at least, after dark that prepared as to make them agreeme greatest risk is incurred. When able to the most fastidious. The the healing, peaceful night de- most delicate can take them withscends, then comes the assault of out feeling the revulsion that fol- ther unruly in school so exasperatlight, and many are beginning to lows the taking of ordinary pills. ed their teacher that she ordered

that excessive light can cause in stomach. jury to the eye. Snow-blindness is a complement instance of this, as is also what is called eclipse blindness, meaning symptoms which folof the sun. The same symptoms the martyred statesman, "someone hurled a base, cowardly egg at me, can be produced by watching any and it struck me in the chest." "And what kind of an egg might that be?" asked the young man.
"A base, cewardly egg," explained the statesman, "is one that hits you and then runs." tain-climbers are said to suffer more severely because the light on high mountains is richer in the ultra-violet rays than the light in val-

These violet rays, which cause the trcuble, may be offset by the wear- What did you think of that girl ing of amber-tinted glasses, which at her coming-out party?" "Well, split up these rays before they to be perfectly frank, I thought a public duty. Almost all Boards reach the retina.

Now that lighting by electricity as becoming so general a fashion, it is advisable that people should learn how to protect their eyes from killer "Perry Davis"—25c. and 50c. its glare; its light should always be arranged not to shine directly on the eyes, the bulb should always be ish both the fish and the fighter. made of ground glass, and several lamps of moderate power are better Minard's Liniment Cures Carget in Cows. exterminating this menace to the than one extremely powerful one.

KISSING.

Under the rule of the Puritans in former days, pleasure was frowned upon as a snare of evil, and the Did you see a pile of wood as you ful world was called upon to eschew it came in? under pain of spiritual condemnation. To-day the Puritans have passed, but another band of menters has arisen, still warning the nations against many things, but this time under threat of temporal punishment.

These are the preachers of sanitation and prentive medicine, who would have men walk the narrow path of hygienic righteousness. These are even harder masters than their spiritual forbears, for they will not let us be dirty, they will not let us eat too much, they will not let us live in stuffy houses, with doors and windows doubly sealed against a trickle of fresh air, and now they are even lifting their voices against the world-old custom of

The worst of it is, they are right, at least in a general way; for kissing, in its modern promiscuity, is pernicious, and should be condemaed as dangerous.

Tue custom probably had its ori-

gin, not in affection, but in suspicion. In primitive times, when the Mothers must keep guard over the health of their little ones during the summer months. Summer identification, and of distinguishing

baby well and happy. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Willier ams' Medicine Co., Brockville, Ont. people, but somewhat modified by constant interchange. Against these each member of the family is in a measure immune. They are like an ill-natured pet dog that respects the members of the house hold with which he lives, and will not bite them, but snaps and snarks of the saled, and best of all, the hair is growing well, and is NOT WHITE as is most always the sase in horse wounds.

Kissing should, therefore, be a THE EYES AND LIGHT.

It is an undoubted fact that people in general pay much more at
suffices. Above all, the baby steps

HIS SPELLING.

of the human eye to-day than in Little Wee had been brought up

The worst danger, however, is cause of their nauseating taste.

The daytime. It is, in all Parmelee's Vegetable Pills are so the part of t realize that it is from dusk to bed time that the eyes are put to their ity of these celebrated pills, but the main reason is their high tonitimes.

It has always been recognized cal quality as a medicine for the first times.

They plunged into the task. Some

COWARDLY EGG.

"And what kind of an egg might

Red, Weak, Weary, Watery Eyes.
Relieved By Murine Eye Remedy. Try
Murine For Your Eye Troubles. You
Will Like Murine. It Soothes. 50c At
Your Druggists, Write For Eye Books.
Free. Murine Eye Remedy Co., Toronto.

she'd better go back-"

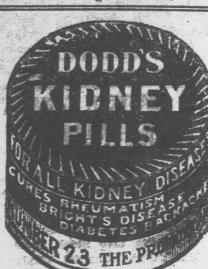
A hook in the jaw is apt to fin

NO GRAMMARIAN

give a poor feller a bite t' eat?

Weary Willie-Yes'm, I seen it.

Weary Willie (beating it while his gives relief by removing the cause. shoes were good)—'Scuse me, lady, Give it a trial and be convinced. but I ain't no grammarian.



ISSUE NO. 30-10.

TRUTH IN A NUTSHELL.

"Move_inside, gents," cried the "Ye're breakin' the rules standin' are you a registered pharmacist?" on the platform here."

"Some o' them ain't," piped up a little man. "They're standin" on

Regarded as one of the most potent compounds ever introduced business?" with which to combat all summer complaints and inflammation of the tery Cordial has won for itself a stamps, please."

GOOD FISHING.

"How's fishing around here!" "Great; this is one spot where there are no big ones to get away."

AN ADDER

school, mamma, they call 'Posteript.' Do you know why?"
Mamma—"No, dear." Tommy—"Because her name is Adeline Moore."

AT A DISADVANTAGE.

Two boys who managed to be ra-

fifteen minutes later one of them grew uneasy, and began watching his companion in disgrace. Suddenly the watcher burst out, with despair, between his sobs, and said to the teacher: "'Tain't fair, mum; his name's Bush, and mine

Schluttermeyer." Minard's Liniment Cures Colds, Etc.

A SUM IN ADDITION.

Herr Pastor-"I've made seven cople happy to-day; I've just married three couples. Friend-"But that's only six peo-

Herr Pastor-"Well, how about

The destruction of the house fly is of Health are now carrying on a PUBLIC INSTITUTIONS have found crusade against it. A bulletin recently issued by the Dominion Govcrnment states that no house fly is free from disease germs. Use Wilson's Fly Pads freely and persistently, and do your share towards public health.

Weary Willie-Lady, kin youse About all you have to do to make a boy hate any particular kind of Mrs. Rurallum-Why, certainly. food is to tell him that it is health-

Much distress and sickness in Mrs. Rurallum-You mean you children is caused by worms. Mother Graves' Worm Exterminator

TRIED HER BEST.

"Thank you," she said, as he finally gave her his seat in the car. "It's almost impossible to stand on you feet."

"That was because kept pulling 'em out of your way, ma'am," he replied.

RESIST EVIL.

If a bribe is offered you, Promptly spurn it; If you write a thing untrue, Better burn it; If you ever go amiss And in stealing seek for bliss.

Best return it.

Smite a fly on one cheek and he returneth to the other.

Should you merely steal a kiss,

CAUTIOUS

"Excuse me," said the old lady, "Certainly, ma'am," answered

the clerk. "You have a diploma, I sup-

"Yes, ma'am." "How long have you been in the

"About ten years." ther realizes there is any danger, grenist—the sensible one—protests, bcwels, Dr. J. D. Kellogg's Dysen-bur against the meaningless and tery Cordial has won for itself a "Well, I guess you are all right.

SHE WASN'T SKEPTICAL Young Lady-The last bread I got of you was so hard I couldn't eat

Bake" (indignantly)-Young lady, I want you to know that I made bread before you were born. Young Lady-Oh, I don't doubt it. I think that was some of it you sold me.

The Bowels Must Act Healthily. -In most ailments the first care of the medical man is to see that the bowels are open and fully performing their functions. Parmelee's Vegetable Pills are so compounded that certain ingredients in them act on the bowels solely and they are the very best medicine available to produce healthy action of the howels. Indeed, there is no other specific so scrviceable in keeping the digestive organs in healthful action.

A DROUGHT.

"They also advertised shower Tommy-"There's a girl at our baths at the summer resort where we put in the summer."

"Didn't they have them?" "Naw, there wasn't a shower all

rot miserable, whatever may be their social condition. To be well is in the newspapers: "Lost-A mangy lapdog, with one all kinds of corns and warts,

pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this ? All Druggists and Stores.—

TORNAL SHAMP TON TO

You will find relief in Zam-Buk! It eases the burning, stings

am Buk

Builds Strong, Healthy, Sturdy Youngsters.

To serve—heat in oven, pour hot milk over it and salt to taste. Sold by all grocers, 13c. a carton; two for 25c,

and Wire Panoes at factor price write for booking Address, Poront

CHENILE OURTAINS LACE CURTAINS OVED AND CLEAN



EVER HEARD IT NEXT DOOR Myer-"In some countries shee

There are a million things I want Wilson's Fly Pads freely during the sommer months, the house fly peril would soon be greatly diminished.

Myer-"Ever notice that dilar dated old umbrella Jones carries ?" "Wifie-"Be sure to advertise for Gyer-"Yes. It is evidently one

Holloway's Corn Cure destro

BSENT-MINDED SCOTCHMA

The Scotchman could not find ticket. On the conductor's seco round it was still missing. "What's Sure enough, there was the missin ticket. The conductor punched and went his way. "Ah, we'el," naid Sandy, in reply to his fellowpassengers' banter, 'I'm nae sae absent-minded as ye wad think. You was a vera auld ticket and I was jist sucken aff the date."

Minard's Liniment Cures Distemper.

And All Uniteted Stocke BOUGHT AND SOLD BY REVILLE & CO., 43 Sentent, TORONTO

s Your Hearing Good Special Offer for a Month's Home Triat. 238 Spading Avenue, Terente.

SCIENCE (Including Engineering) The Arts course may be taken without attendance, but students desiring to graduate must attend one session. There were 1517 students registered session 1909-10.

For Calendars, write the Registrar, GRO. Y. CHOWN, B.A.

COOPER'S tects horses

Positively prolive stock from horn-flies, blow-flies. gad - flies, lice, mites,

and all these insects which worry them most to death in the hot weather. Your cows will give 1/2 more milk, your orses will work better, your sheep we healthier, if you use FLY KNOCKER.

Quickly, easily and economically ap-lied with a sprayer. One gallon will rotect 25 cows for two weeks, at a cost less than one cent a day each.

10

OMEGA

\$1.75 A GALLON 50c. A QUART

WM. COOPER & NEPHEWS TORONTO.

10



AND COMPANY OF THE Have you a good eye, and a little patience. The in the outside circle around the Omega Watch absolutely free, try it anyway, full particulars are printed below. "Read Every Word."

INSTRUCTIONS TO CONTESTANTS Count the dots, write your name istating whe Mr. Mrs. or Miss) and address plainly on a piece paper or a post card, mark on the outside (For Dot Contest) and mail your answer so that we will receive it not later than Aug. 10th, 1910, to ELLIS BROS., 108 YONGE ST., TORONTO

Answers may reach us any time on or before August 10th, 1910. Results will be announced in this paper early in September. The prizes will be awarded in the order they are drawn. drawn.
Some prominent disinterested person in Toronto will be requested to draw the winning requested to draw the winning answers.

Ten watches only will be given away but every one who answers correctly will receive a consolation prize.

If there are not ten correct answers the balance of the watches will be sent to the next nearest.

A Letter from one of Last Year's Winners

Cedarville, April 18, 1910.

Dear Sira.—Last summer I won
a lö-jewel Sterling Case Watch as
third prize and I may say that it is
O.K. in every respect.

And I may say that if Ellis Bros. do

Dot Contest of 1909.

as much for others as they did in my case they will do more than they advertise. If there are any who desire information in regard to the Omega Watch please direct him to me. Wishing Ellis Bros. success, Tremain, yours truly, (Signed) John Gillespie. Cedarville, Ont.

LIST OF PRIZES 10 Prizes, Cash value \$152.50, "Omega" Watches, all st class in every respect, 5 are Gent's sizes and 5 are Ladies' sizes.

Men's Prizes t Prize—"Omega" 21 Jeweled, wor fitted into best "Sovereign" Gold Fills Case. Cash value.

2nd Prize—"Omega" 17 Jewele works fitted into best "Sovereign Gold Filled Case, t ash value \$17.3 and Prize—"Onega" 15 Jewele works fitted into best "Banne Gold Filled Case, Cash value \$12.3 and Prize—"Onega" 15 Jewele works fitted into best "Banne Gold Filled Case, Cash value \$15.3 and Prize—"Onega" 15 Jewele works fitted into best "Banne Gold Filled Case, Cash value \$15.3 and \$15.

value. Str. Omega" 15 Jewel-ed. works fitted into best "Repai" Sterling Bliver Case. Cash value. 19.75 Ladies' Prizes 2nd Prize—"Omega" 17 Jeweled, works fitted into best "Sovereign" fold Filled Case. Cash value, \$17.60.

3rd Prize—"Omega" 15 Jeweled, works fitted into the best "Silver Oxidized"

EVERY CONTESTANT WILL RECEIVE A PRIZE To those who are not fortunate to win a watch we will seed absolutely free of charge, a \$1.00 (One Dollar) coupen, which we will accept at any time as part payment on an Omega Watch at the established selling prices. There is no time limit to the use of these coupons. We will still continue to honor the coupons which were distributed as prizes in our Omega Watch

PARTICULARS

The winners of the five men's watches will be determined by drawing five answers from the correct ones received from men only. The winners of the five ladies' watches will be determined by drawing from correct answers received from ladies only. DIAMOND & WATCH IMPORTERS

BROS. 108 Younge St., TORONTO, Cana