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is here offered for men in Medical Category "B" who are under the M.S.A., and for men who are not under the M.S.A., to work in the flying fields, workshops and offices of the Royal Air Force in Canada. No other branch of the Service offers the possibilities for improve-ment that is obtained by smbitlous endeavor in Royal Air Force work. It is a big opportunity to serve the Allied cause, in congenial and healthy surroundings, and in instructive and interesting work.

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# THE CAMPAIGN IN THE HOLY LAND

CHRISTIAN GOVERNMENT IN-STEAD OF MOHAMMEDAN

#### The Sacred Places of the World Are Being Restored by Our Valiant · British Troops.

country recalls the historical importa ce given these places in the

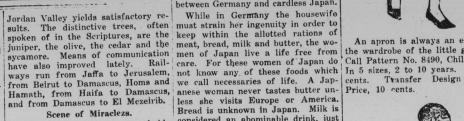
story of the life of esus Christ. Palestine is a strip of land 160 miles long and from 70 to 90 miles broad, lying between Mesopotamia and Egypt. It was included in the district called Syria by the Greeks and Esh-Sham by the Arabs. It and Esh-Sham by the Arabs. It has an area of about 12,000 square miles, and the population is about 1,000,000. On the northwest frontier beyond Mount Taurus was the very beyond Mount Taurus was the very different civilization of Asla Minor, and from that quarter the Hittites poured into Palestine. The Asyrians menaced it from the east. Some-times, too, the Ethiopions came from the far south. Of all these emfrom the far south. Of all these energies, Palestine remained the battle-field from the very earliest dawn of history down to 500 B.C. In an-cient times the high-roads from the Nile to the Euphrates, from the Levant to the Red Sea and the Persian Gulf, ran through Palestine; over them came most of the trade be-

have had obvious effects on plain. barren desert, giving life to none of Nazareth for things He said. but shepherds. There are the great The Christians of the early period plains fit for cavalry and chariots, paid little or no attention to Nazar-and the mountain ranges that train eth until the sixth century. when only infantry and guerilla warriors.

Products of Palestine. The country in recent years has been cultivated with diligence, and yields cereals, lentils, sesamum and

maize, and such fruits as olives, figs, dates and oranges. Wine is made successfully, and cotton in the

NSTANT



Many of the most remarkable events recorded in the Gospels, such

as the feeding of the five thousand, took place on the shores of the Sea of Galilee, while it was on this same After centuries under the rule of the murderous Turk, Palestine is al-most entirely under Christian gov-that Christ walked on the water to most entirely under Christian gov-His disciples. The Sea of Galilee is that country, being thirteen miles capture of the towns and cities in that country recalls the bistorical widest part. Its shape is in general the largest body of itesh water in the country, being thirteen miles long and seven miles wide at its widest part. Its shape is in general that of an irregular pear. Its depth is not less than 200 feet. Another feature of the Sea of Galilee, even in these modern times, is its sus-

in these modern times, is its susceptibility to sudden storms. Capernaum, a city of Galilee, was the residence of Peter and Andrew before Jesus called them to be His disciples. Jesus Himself made it the headquarters of His ministry in Galilee after His repection at of egg Nazareth. However, its present site is a matter of dispute. Cana, re-ferred to several times in the Gos-pel of John, was not far from Caper-naum. From the Sea of Galilee can be seen the peaks of Mount Carmel, noted as the theatre of the contest between Ellich and the priests of between Elijah and the priests of Baal. Farther north on the Mediterranean coast are the sites of the Old Testament cities of Tyre and Sidon, inhabited by the Phenicians, and a Semitic race like the Israelites.

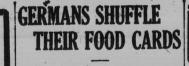
## The Town of Nazareth.

trade be-nand this where Joseph and Mary, the parents Ages. of Jesus, lived, and was His home in them came most of the trade be-tween India and Europe, and this where Joseph and Mary, the pare lasted far into the Middle Ages. The brokenness of the land and childhood and carly manhcod a especially the mixture of hill and until He started on His ministry. At the beginning of Christ's M and

At the beginning of Christ's plain, have had obvious effects on At the beginning of Christ's min-the history of the country. Pales-istry He returned to Nazareth and populations. There is found there all kinds of climate, of soil and of One of His remarks was: "Verily I products. There is rich valley land feeding husbandmen, and not far ed in his own country." He was from its steep mountain sides, or the threatened with death by the people barren desert, giving life to none of Nazareth for things He said. but should be the grant of th

The Christians of the early period pilgrimages were continuously made to the shrine of the Virgin. The

tile district, about hall-way between sauces. the southern end of the Sea of Gal-ilee and the Mediterranean Sea, on the southern slope of Jebel-el-Siks, is now! is now! surely get a small bottle for you from And now? his wholesale drug house Well, everyone knows what canning now! If Nicholas Appert were to During recent manoeuvres a cap-tain called one of his sergeants one a paper above his head and crowing Punishment to Fit the Case. a hill 1,600 feet high. The present is now! If Nicholas Appert were to town, El-Nasira, which lies in the come to life and to visit some of the same slope, but lower than the old busy community canning centres of the same slope in the same slope is the same slope in the same slope in the same slope in the same slope is the same slope Saves Time, town, had a population at the last census estimated at 11,000, of which 4,000 were Moslems and the remainday and said, "Sergeant, note down with delight. Private Bates, one day on bread and "Father," Worry and water for slovenly turnout on par-Waste The Field of Armageddon. The famous field of Armageddon. Why the Crops Failed. The famous field of Armageddon. Why the Crops Failed. If we are to judge by the stores is that appear in the papers, all the is that appear in the papers, all the is thermen are cultivating war gar-often mentioned in the authorized version of the Bible. The revised version uses the form Harmegedon, which is commonly regarded as the In a railway train the conversaand a lot of discomforts when the morning cup Version uses the form Harmegedon, which is commonly regarded as the equivalent of a Greek term which into turned to gardening. "I guess," said Johnson 'none of you ever saw such paranips as I grew last year. Why, do you know, I had battle was to be for ght at the Day have been chosen as the name, be out of the ground." "Talking about parsnips," said partice with a site name, be out of the ground." INSTANT POSTUM rather than tea or coffee had been on sourcel occasions the scene of great battles. Why Vegetables Cost More. Why Vegetables Cost More. Talking about parsnips," shed able horse Perkins, meekly, "reminds me of LINIMENT. some I once grew out west to try the offect of a patent fertilizer my bro-ther had discovered. The result was astonishing. Those parsnips for Postum is free from caf-eine, is made in Yours truly VILANDIE FRERES Why Vegetables Cost More. Mrs. Smith—"Really, Mr. Giles, your prices are getting exorbitant." Farmer Giles—"Well, mum, it's this way: When a chap 'as to know the botanical name of what he grows an' the zoological name of the him. noment, is de-ous, and the ne of table bev-He Preferred Ann. "Mammy," said six-year-old Henry, "you should let Ann put up my lunch instead of doing it yourself." "Why, Henry," she replied, "it's no trouble, and I'd just as soon do it myself." "Yes, I know," he said, "but Ann olsoors puts more up." ige economy. the botanical name of what he grows an' the zoological name of the hin-sect wot eats it, an' the chemical name of wot kills the hinsect, some one's got to pay for it!" "There are 17,000 women employed in the Parls offices of the French War Department." "Annow, sarcastically, "What was the matter with 'em. Outgrew their ""Well," replied Perkins, calmly. "We found out afterwards; it was be-cause the end of the roots had been eaten off by the rabbits in Australia." a change try



# BREAD TICKETS NECESSARY WHEN LEAVING HOME

#### Envy the Simplicity of Japanese System as Compared with Elaborate Teuton Card Scheme.

In Germany rationing and "cards" are most integral necessities of every day life. Existence without cards would be out of the question. A German before leaving the house looks over his stack of cards and makes certain they are all in the right place. Men would sooner go out without a cane than without a bread card, which is saying a great deal, considering German habits. So the Germans look upon a land without rationing cards as a realm of fiction. German newspapers at present print stories showing the strange difference between Germany and cardless Japan.

Bread is unknown in Japan. Milk is considered an abominable drink, just about good enough for those detested foreigners. Meat is very rare and costly. Consequently it does not figure on a Japanese bill of fare. A market in Japan looks entirely different from one in Europe.

The people of Japan consume more fish than any other nation. Fish Fish therefore are very plentiful in all the market places. The Japanese cal market places. The Japanese cal fresh water and salt water fish. Jap eat an's mountain lakes are supplying a wealth of fresh water fish. The num-ber of dishes consisting of fish is enormous. They are fried, boiled, roasted, steamed, baked, grilled and cooked in cabbage leaves. They are cooked whole and in slices. Served with soja, fish is considered an exqui-

site dish. Besides fish the Japanese are fond of eggs and yegetables. In this field again the Japanese kitchen excels in a vast variety of dishes. Some sea plants are baked in the oven and eaten. Beans are cooked in soup, which serves as a sort of milk to the Jap-Porridge of beans is the com anese. mon diet o fthe Japanese peasant. Rice is rather expensive, and the Japanese are looking upon it as a Sunday and holiday dish. Tea and rice wine are the customary drinks in Japan. And thus 60,000,000 of in Japan. And thus 60,000,000 of people are living, say German newswithout knowing anything papers, about rationing.

Canning Was Invented by a French

It is only a little more than a hundred years since the fruit-jar came indred years since the rult far cane at to use and now it would be hard to place one's finger on a spot where it is not in common use. In the olden days the way to keep fruit and vegetables was to dry them or put them away in

BESTERNET PRESTOR





Endow me to-day; That I may fight like a man, And conquer if I can, Nor die—ere I slay! With a good sword sharp and swift,

With a sword that gleams in its sway With a sword, Ithuriel's gift Gird me to-day; That I may fight like a man, And conquer, if I can, Nor die till I slay!

Prayer Before Battle.

With the fire and flames of youth, With the lust of brawn in the fray, With trust in my cause, in its truth

Power and lightness of limb, Mind that is locked to the small, These gifts I ask of Him, Creator of all. That I may fight as a man, And conquer if I can-6:27

Nor moan if I fall. LEMONS MAKE SKIN WHITE, SOFT, CLEAR

Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out the roses, the freshness and An apron is always an essential in the hidden heauty? But lemon juice the wardrobe of the little girl. Mc- alone is acid, therefore irritating, and Call Pattern No. 8490, Child's Apron. should be mixed with orchard white

years. Price, 10 this way. Strain through a fine cloth Design No. 891. the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skir and complexion lotion at about the and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

#### Feeding the Baby.

The very prosperous-looking gen-tleman stopped and permitted the very pretty girl to fasten a carnation in his buttonhole. Then he handed her a quarter. "What is this for?" he asked.

"You have fed a Belgian baby," "You have led begins basy was the reply. "Nonsense," said the other, adding a \$5 bill to the contribution, "you can't do it. Here, take this, and buy can't do it. Here, take this, and buy

a regular meal for the baby."

Minard's Liniment for sale everywhere.

The professor at the engineering college was in a bad temper, and the constant inattention of the students did not improve his geniality.

"Now, Phippin," he suddenly exclaimed, addressing a languid youth,

MONEY ORDERS. Buy your out-of-town supplies with

Dominion Express Money Orders. Five Dollars costs three cents.

How to Pronounce It.

was to dry then of parts sugar or salt. With the canning fever at its height at present it is interesting to note that the invention of canning is credited to Nicholas Appert. a Frenchman, who nite time of Napoleon Bona-lived in the time of Napoleon Bona-bived in the time of Napoleon Bona-bived and was given 12,000 francs by parts and was given 12,000 francs by the time of the freezone, says a Cincinnati authority. For little cost one can get a small the time for the time of the second biological b rically opposite answers. But there should be no further hesitation now that it is known that the general pro-nounces his own name with a soft ch as in Hoche. The Foch family is native of Tarbes and in that part of the country ch is always soft, as in the



The Last Syllable

The drill sergeant came from Bon-nie Scotland, and well the men knew, it. Many of them thought that and interpreter was an absolute necess-sity when he was giving orders, but the limit was reached one morning when he gave the following instruc-

"Richt turr-rrn by numbers, and mind ye don't move till ye hear the last syllable of the word turr-rrn!"

Minard's Liniment Believes Menralgia

Keeping Roses Longer. Split up the stems for a distance an inch or two before putting them in water.

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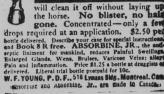
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FOR SALE WELL EQUIPPED NEWSPAPE and job printing plant in Easter Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 60, Wilson Publishing Co., Ltd., Toronto. WEEKLY NEWSPAPER FOR SALE in New Ontario. Owner going to France. Will sell \$2.000. Worth double that amount. Apply J. H. clo Wilso Publishing Co. Limited, Toronto.

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SHOE PULISHES

man a Century Ago.



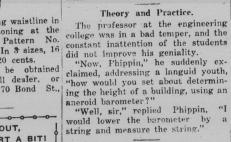
to 20 years. Price, 20 cents. These patterns may be obtained from your local McCall desler, or from the McCall Co., 70 Bond St.,

Toronto, Dept. W.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT! No foolishness! Lift your corns and calluses off with fingers

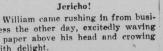
-It's like magic!

pilgrimagas were continuously made to the shrine of the Virgin. The town was especially reverenced the Crusaders. It was taken by Saladin in 1187, was later destroyed, and was rebuilt by Frederick II. in Paraciscans established themselves there in 1620 and built the Church and Convent of the Annunciator. Nazarch is in the middle of the States the process for canning salmon, lobsters and oysters. Gradual ly this extended to pickles, jellies and



.

Minard' Liniment Oures Dandraff.



with delight. "Father," he cried, "it says in to-night's paper: "Whole German Army in Jeopardy!'" "Oh, I thought you had some good news of the Western Front!' said the

father, disappointed. "Thats the place near Jerusalem, isnt it?"



Almost any man will tell you that Sloan's Liniment means relief

For practically every man has used it who has suffered from rhenmatic aches, soreness of muscles, stiffness of joints, the results of weather ex-

Women, too, by the hundreds of thousands, use it for reflexing neur-itis, lane backs, neuralkia, sick head-ache. Clean, reireshing, soothing, economical, quickly-effective. Say "Sloan's Liniment" to your druggist. Made in Canada, Get it today, "Sloan's Liniment" to your dru Made in Canada. Get it today,



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