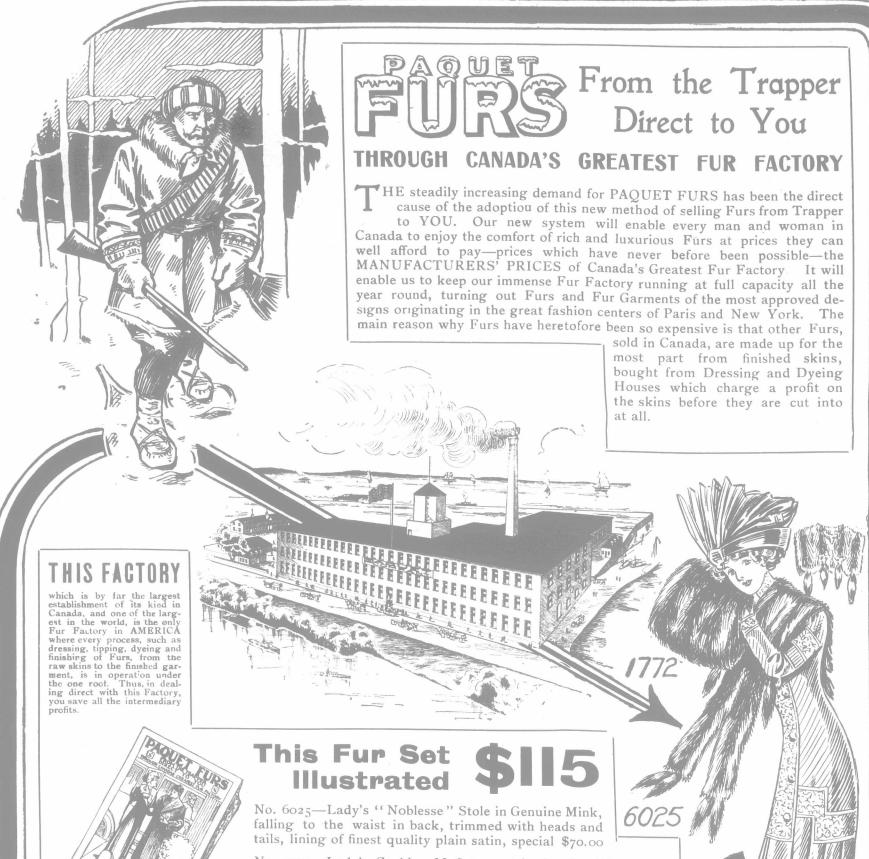


FOUNDED 1866

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No. 1772-Lady's Cushion Muff to match, Genuine Mink, finest satin lining, special \$45.00



How to Use the Fork

What is the proper way to use the fock when eating meat and potatoes ? is should it be held in the right hand like a spoon, when carrying the food to the mouth, or should it be held in the left, and the food "helped" on it with the knife ? H. S.

Lanark Co., Ont.

1866

You will make no mistake when eating meat and potatoes if you hold the knife in the right hand, the fork in the left. This is the accepted method in Canada; in some parts of the United States 1 have seen the other. When eating pie, soft vegetables, etc., the fork should, of I wish course, be held in the right hand; the write knife is not needed then.

Christmas Pudding, Cake, and Candies.

I would thank you very much for a recupe for idum pudding, and Christmas eake and cludles. Would be thankful for s cleans for a Christmas dinner. of also like a patter for a knitted

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week. It is may, and applul suggestions.

INGLE NOOK HEADER. Ont.

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oman after my own bast e Ingle Nook folk would had of time as your

Fudding.-One lb.

2 lbs. raisins, 11 lbs. currants, 11 lbs. chopped suet, 14 lbs. bread crumbs, 4 lb. chopped mixed peel, 1 lb. almonds, 1 grated nutmeg, 1 tablespoon other spices, 6 eggs well beaten, 1 pint milk, 1 tablespoon salt, 1 cup molasses. Mix raisins with a little flour to flour them, but add no more. If too thin, add more bread crumbs. Let stand over night, then boil two hours.

Eggless Plum Pudding.-To 1 cup sweet milk add 1 cup molasses, 1 cup chopped suet, 3 cups flour, 1 cup seeded raisins chopped, 1 teaspoon each of salt, soda, cloves, allspice and cinnamon. Boil in mould three hours. . . When boiling puddings, tie a cloth around the mould, or put the pudding in a floured bag, and be

sure to keep the water boiling. Many prefer to steam them instead.

Christmas Cake.-Here is a Macdonald Institute recipe for Christmas cake. It ought to be good. One lb. seeded raisins, 11 lbs. currants, 1 lb. mixed peel, 1 lb. figs, 1 lb. sugar, 1 lb. butter. 6 eggs, 1 cup syrup, 1 lb. flour, 1 lb. almonds. Spices to taste .-- I have heard that Christmas cake, which is so hard to bake without burning, may be managed beautifully by putting the batter in corset-boxes lined with greased paraffin or butter paper. About five hours are required, in a moderate oven. The cake baked thus is also in a very nice shape for cutting.

Some Christmas Candies .- Fig - Almond