

O Happy Band of Pilgrims!

Words by J. M. NEALE.

Music by SIR WALTER PARRATT.
(Organist of St. George's Chapel, Windsor.)

The musical score is written for voice and piano. It consists of two systems of staves. The first system has a vocal line (treble clef) and a piano accompaniment (bass clef). The second system also has a vocal line and piano accompaniment. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are printed below the vocal lines.

1. O hap - py band of pil - grims, If on - ward ye will tread
With Je - sus as your Fel - low To Je - sus as your Head! A - men.
2. O happy if ye labour
As Jesus did for men!
O happy if ye hunger
As Jesus hungered then!
3. The Cross that Jesus carried
He carried as your due:
The Crown that Jesus weareth
He weareth it for you.
4. The faith by which ye see Him,
The hope in which ye yearn,
The love that through all troubles
To Him alone will turn:
5. The trials that beset you,
The sorrows ye endure,
The manifold temptations
That death alone can cure:
6. What are they but His jewels
Of right celestial worth?
What are they but the ladder
Set up to Heaven on earth?
7. O happy band of pilgrims,
Look upward to the skies,
Where such a light affliction
Shall win so great a prize! Amen.

SUNDAY REST.

THE RULE OF THE HOUSE.—"It has always been a rule in Smith & Son's that no work should be done on Sundays. To this rule there is on record only a single exception. This occurred in September 1855, shortly after the battle of Alma: the despatches containing the nominal list of killed and wounded arrived late on Saturday night, and after consultation with his father, young Smith called upon the staff to sacrifice their Sunday rest in order that special supplements might be distributed in London and the provinces. In contrast to this incident, and to show that this was done, not to enhance the reputation of the firm or to conciliate customers, but to put a speedy end to the doubts, fears, and, alas! to the hopes of many distracted families, it is only necessary to mention another incident which happened some years later. Messrs. Smith received a command to supply one of the Royal Family with newspapers. Among other journals on the list accompanying the command was the *Observer*, published then, as now, on Sunday morning. The command was complied with, but it was explained that, as Sunday work was contrary to the rules of the firm, the *Observer* could not be supplied. This was

followed by a visit from an indignant official, who seemed at a loss to understand how a regulation of a firm of newsagents could stand in the way of a Royal command; but even the threat of withdrawal of the whole order did not avail to cause a departure from the rules of the house. To this day, though Sunday papers have in the meantime multiplied many times, and are, moreover, a peculiarly popular form of literature, those who desire them have to obtain them elsewhere than from Smith's agents."—*From the Life of W. H. SMITH.*

GUARD YOUR SUNDAYS.—"I endeavour to press on all the simple counsel, 'Guard your Sundays.' I believe that England owes her stability and greatness to the general observance of the Day of Rest and the study of Holy Scripture. The two are bound together, and exactly in proportion as we neglect one or the other we prepare our national ruin. In these times of restless excitement and engrossing business, I do not see when we can reflect calmly on the greatest things—the things unseen and eternal—if the quiet of Sunday is taken from us, 'the Day of the Rest of the heart.'"—*Bishop Westcott.*