

## TORTURED BY RHEUMATISM

"FRUIT-A-TIVES" Brought Quick and Permanent Relief



MR. P. H. MCHUGH

108 Church Street, Montreal.

December 10th, 1917.

"I was a great sufferer from Rheumatism for over 16 years. I consulted specialists, took medicines, used lotions; but nothing did me good. Then, I began to use 'Fruit-a-tives'; and in 15 days, the pain was easier and the Rheumatism was better. Gradually, 'Fruit-a-tives' overcame my Rheumatism; and now, for five years, I have had no return of the trouble. Also, I had severe Eczema and Constipation, and 'Fruit-a-tives' relieved me of these complaints; and gave me a good appetite; and in every way restored me to health." P. H. MCHUGH.  
50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent post paid on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

## MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by  
**Minard's Liniment**  
—Rev. Wm. Brown.

I was cured of a bad case of earache by  
**Minard's Liniment**  
—Mr. S. Kaubach.

I was cured of sensitive lungs by  
**Minard's Liniment**  
—Mrs. S. Masters

Manufactured by the  
**Minard's Liniment**  
Yarmouth, N.S.

## Laugh When People Step On Your Feet

Try this yourself then pass it along to others. It works!

Ouch! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called Freezone when applied to a tender, aching corn stops soreness at once and soon the corn dries up and lifts right out without pain. He says Freezone is an ether compound which dries immediately and never inflames or even irritates the surrounding tissue or skin. A quarter of an ounce of Freezone will cost very little at any drug store, but is sufficient to remove every hard or soft corn or callus from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels.

## Special Bargains In Talking Machines

Only five specially priced Phonolas left, reg. \$27.50, yours for..... \$19.75  
Plays all records on the market. Call in and let us demonstrate the superior qualities of the Phonola.

## Lutheran Book & Music Rooms

67-69 Frederick St.

## O. SOLOMON Moving, Trucking and Quick Delivery

Special Service for PARTIES AND PICNICS to all parts of the Country with Motor Truck. Leave Orders Phone 299 or with Fred. Solomon, Phone 1063

## WHALE HUNTING IN SMALL CANOES.

Wooden-Handled Harpoon and Bomb Gun Used in Chase.

Whale hunters do not all have to range the seas in ships waiting for the look-out in the crow's nest to howl "There she blows!" How the Eskimo whalers capture the ocean leviathans almost on the shore is told by workers of the Episcopal Church mission at Plover Hope, Alaska, in reports on work which they expect to have alleged through the aid of the nation-wide campaign of the Episcopal Church now in progress. This campaign to mobilize the church's resources and extend its missions, religious education and social service at home and abroad contemplates greater activities among these dwellers of Uncle Sam's northern territory.

As the ice begins to break up in Spring, the Eskimo men form themselves into canoe crews, each with a komlik, or captain. Six or seven men compose a crew. They work on shares remaining constantly on duty through the whaling season for six or seven weeks. They take turns sleeping on a sled drawn up on the ice, with four or five men constantly on watch. When a whale is sighted, the crew making the discovery launches its canoe and makes for the victim's head. The whale cannot see directly ahead because his eyes are in the sides of his head instead of in front.

On nearing the whale's head the komlik, with a sweep of the paddle, sends the craft to the side of the leviathan. The boat leader throws a wooden-handled harpoon with a long line. To the harpoon a bomb-gun with a trigger attached. It is released on percussion, and from six to ten seconds after the whale is harpooned the 12-inch bomb explodes in the whale's interior. As it drives to escape, its progress under water is marked by the seal bladders attached to the end of the line, which remain above water.

The komlik then hoists a flag, which is a sign for the other canoes to join in the hunt. If the whale is killed its body is drawn up the edge of the ice and the whale bone extracted. In the mouth of one large whale are 375 slabs of baleena, or whalebone, attached to the upper jaw. The slabs are 12 inches and 11 feet long in the large species and weigh 3,000 pounds, worth about \$3.25 a pound. The Point Hope Eskimo are good whale hunters, and the influence of the missionaries has been so marked that whaling vessels put in there to obtain part of their crews. Vilhjalmur Stefansson, the Arctic explorer, also went to Point Hope to get men for the Karuk and other vessels of his little fleet on his last expedition into the frozen North because of the good reputation of the Eskimo there. The Episcopal Church hopes as a result of its nation-wide campaign to expand its various activities all over the world, to extend undertakings among the Alaskan Eskimo—especially in the establishment of schools for which they are asking. Hospitals also are needed for there are many accidents among those who are engaged in whaling.—St. Paul News.

## THE TOO CLEAN HOUSEWIFE

"Don't make a god of your house my girl," advised the Happy Matron, when the young bride had finished her recital of floor cleaning and shelf dusting. "It's hard for us women not to be extremists in everything. It's our nature, I guess, out of all proportion over a house seems to be a natural thing with a lot of us."

"When I first married I had a mahogany bedroom suite. I was as proud as anything over it, and watched over it like a mother. I would start up after I had gone to bed, and watch my husband to see that he didn't drop a nail file on its shiny surface, or set a glass of water where it would make the slightest mark. I didn't realize that I was acting the part of detective over my husband, and he took it more or less as a joke at first. But he was just as proud of our nice new things as I was. He used to say that I followed him round with a polishing rag and a dust pan, and did almost. But the habit grew upon me until I flaved all day to have every thing at the highest pitch of cleanliness and I fretted all evening for fear my husband would scratch anything or spill ashes. I would watch this like a hawk, anticipating everything he intended to do if it threatened to bring any muss into the house."

"One evening he returned from a walk very elated because a stray dog had followed him. I cried out in horror when he brought it into the sitting room. I had a vision of my sofa pillows all covered with dog hair. My husband quietly took it out and put it at the front door, and sat silently down in his chair. I knew that his silence was more significant than words, but I didn't guess how significant. After thinking for a while, he looked up calmly and said, 'Jess, this house is too clean for that dog. Its too clean for ME, and its too clean for any human being but yourself, and so I am going to leave you to live in your house alone. I'm TIRED second fiddle to a bunch of furniture.' That jolt woke me up. I'm twice as good a wife, and half as good a housekeeper as I used to be."

## TODAY'S ANNIVERSARIES

1787—François Guizot, historian orator and statesman, who established the primary school system in France born at Nimes. Died Sept. 12, 1874.  
1819—Francesco Crispi, celebrated Italian statesman and premier, born in Sicily. Died in Naples Aug. 12, 1901.  
1822—Rutherford B. Hayes, nineteenth President of the U.S., born at Delaware, O. Died at Fremont, O., Jan. 17, 1893.  
1894—Admiral Nishizawa, presented with a gold medal at Philadelphia for his heroic action at Rio de Janeiro.

## TODAY'S BIRTHDAYS

Sir Alfred Smithers, chairman of the Grand Trunk Railway, born in Surrey-England, 69 years ago today.  
Charles F. Conklin, former national amateur billiard champion, born at East Troy Wis., 53 years ago today.

## AVOID WASTE ON YOUR FARM

Mix Cane Mola with your feed and give a red-hot feed. Cane Mola is 100 percent Pure Sugar Cane Treacle and makes the roughest feed palatable and nourishing. Edit Webber, local agent has just received a shipment. Place your order today.

Capes on big coats promise to have a certain popularity, but they are not very becoming to small women who should remember. But a small many look a mere bundle if she has wire hips and heavily draped shoulders.

# Alcoholic Insanity Disappears

## Our Foremost Alienist Says It Has Now Practically Vanished

"SINCE the passage of the Ontario Temperance Act Alcoholic Insanity has practically disappeared," says Dr. C. K. Clarke, Canada's foremost Alienist.

Dr. Clarke's statement to the Ontario Referendum Committee continues:

"ALCOHOL is one of the important factors among the causes of insanity, especially indirectly. Since the passage of the Ontario Temperance Act certain forms of insanity in this province have practically disappeared.

"The abolition of the bar has undoubtedly had a wonderful effect in protecting the weaklings in the community from temptation and inevitable degradation.

"It is much too soon to determine how far-reaching the benefits of prohibition have been, but doubtless police and jail statistics will bear testimony as to the diminution of crime.

"The removal of the bar must be regarded with satisfaction by every right-thinking person in the country, especially by those who know how easily mental weaklings and neurotics fell into deplorable habits through its malign influence.

"It was not that these persons suffered alone, but that many of the next generations lost whatever chance they had of living down the curse of a bad heredity.

"Alcohol simply intensified the defects of the parent and thus made hopeless the lives of the children."



DR. C. K. CLARKE

Medical Director National Committee for Mental Hygiene, Superintendent Provincial Hospitals for the Insane, Kingston, 1881-1905 and Toronto, 1905-1911. Superintendent Toronto General Hospital, 1911-1918.

## The Menace of Insanity

"Insanity is the Mad Son of Alcohol, Idiocy is its Driveling Daughter," says Vance Thompson.

ONTARIO maintains 6,000 patients in the Insane Asylums at a cost of about \$1,000,000 a year and an indirect cost of many millions more.

Ontario has one insane patient to every 417 people—not including the feeble-minded. Kansas, pioneer "dry" state of the West, has only one case to every 873 people.

The menace of insanity has alarmed government authorities and brought about the recent appointment of a National Committee for Mental Hygiene, of which Dr. C. K. Clarke is the Medical Director.

Read what he says:

"Since passage of the Ontario Temperance Act, Alcoholic Insanity has practically disappeared."

Next to "mental strain, overwork and worry," "Alcoholism" is the chief assigned cause of insanity, according to the yearly reports issued by the Ontario Government. Since the Ontario Temperance Act went into force private hospitals for alcoholics, "Gold Cures," etc., have been closed.

Remember what experts on insanity say when you answer the questions on the Referendum ballot and vote for sane legislation by marking your ballot with an X after each question under the word "No."

## Mark Four X's

(One X under each "No")

1	Are you in favour of the repeal of the Ontario Temperance Act?	YES	NO
			X
2	Are you in favour of the sale of light beer containing not more than two and fifty-one one-hundredths per cent. alcohol weight measure through Government agencies and amendments to the Ontario Temperance Act to permit such sale?	YES	NO
			X
3	Are you in favour of the sale of light beer containing not more than two and fifty-one one-hundredths per cent. alcohol weight measure in standard hotels in local municipalities that by a majority vote favour such sale and amendments to the Ontario Temperance Act to permit such sale?	YES	NO
			X
4	Are you in favour of the sale of spirituous and malt liquors through Government agencies and amendments to the Ontario Temperance Act to permit such sale?	YES	NO
			X

Simply mark X after every question under word No as indicated in sample ballot.

## Ontario Referendum Committee

JOHN MACDONALD, Chairman.

D. A. DUNLAP, Treasurer.

ANDREW S. GRANT, For Chairman and Secretary (1001 Eglinton Ave. E., Toronto).

## Operations Unnecessary

HEPATOLA removes Gall Stones, corrects Appendicitis in 24 hours without pain. Registered under Pure Food and Drug Act. \$5.50 Delivered.

Sole Manufacturer

Mrs. Geo. S. Almas

230 4th Ave. S. Saskatoon, Sas.

## How the Little Old Wise Man Found Him a Roommate!



Velvet Whirls Round this Big T in a Multitude of Tiny Folds

The Beret Highly Favored in Paris These Days—Huge Collapsible Crowns of Soft Fabric Above Small Roll Brims—Clipped Ostrich is a Winter Trimming That Minds Not Wet Weather.

ALL procrastination must come to an end now; it is high time to buy a fall hat! The woman who has put off the matter from day to day, making her summer headgear "do" until she has definitely made up her mind what she wants in autumn millinery must now face the question and buy something or other, even if it is only a go-between hat to tide over until a more satisfactory one has been selected. And there seems to be pretty wide choices in the new millinery. There are shapes and styles to suit everybody and every type; it will not be difficult to pick out a becoming fall hat this year.

Soft Beret Styles Becoming. Paris is making a great vogue of the little draped turban called the beret, and two hats of this type are pictured. One is suggestive of the tall Cosack turban with high draped velvet crown and close breast trimming of grey crepe feathers. Grobe and hackle are much used for all-around trimming and nothing is more becoming than these soft feathery bands above the face. The Cosack turban is in gray and black—a modish combination this season. More emphatically of the beret type is the velvet turban with folds and folds of soft material over and under a rather wide rolling brim. The crown is low and velvet is crushed over it so that it forms a continuous line with the roll brim rather than standing up from it separately. This beret is made of blue velvet and the crepe feather that droops at one side is blue-gray. Oddly placed feathers and wings make the autumn hats unusual and distinctive. One never knows just when a feather will appear next—standing across the crown, shooting out from the brim or drooping over one's ear and resting on the wearer's shoulder.

Huge Bows of Lace Topple Over Brims. Instances of the oddly placed trimmings of the season is instanced in the illustration showing a wide brimmed sailor adorned only with a mammoth lace bow, adroitly wired and posed on the front of the brim, the lace loops projecting toward the front. Were this bow tied in a conventional manner and attached at the side of the crown the hat would not be half so chic; it is the odd and unusual position of the bow which gives the big hat its individual character and its smart distinction. As you have guessed, this big hat is black, and the bow is made of black lace. Another large hat pictured is trimmed quite differently—with a garland of flowers fastened tight against the crown. Here again is the unusual rather than the conventional arrangement would not be half so smart as these embroidered chenille posies and hug the material of the crown. The hat is a drooping-brim sailor of the hat.

Special Towels for Fall. BABY always has his own towels, especially marked with his own initials, or with the word "baby," and half a dozen at least of these dainty towels hang from the rack that accompanies his bathtub to the hearth-rug every morning. The very softest linen is used for baby's towels; perish the thought of any harsh fabric coming in contact with his tender little body! Soft, old linen towels if in good condition, may be used for baby's bath; or new linen towels of fine, soft damask weave. Even these should be laundered a few times before they take their place on baby's towel rack in the nursery. No towel should be permitted, except in the soft, absorbent bath towels and these should be of very best quality, and so large that baby may be wrapped completely in his big bath towel the minute he comes out of the water, and then dabbed and patted dry with his fine linen towel before he is trod to a sprinkling of talcum. Some charming towels for an autumn layette have tiny

pale gray with an of pansy purple velvety flowers are in tones rose and mauve, soft blue. The ch brownish green in embroidered. Hats remember, if you p home, that the flat a background of a a flat, embroidered blocked shape wot and ugly. The lin be soft and grac must be draped, t ery melting into t of the hat.

Metal Flowers Br Another style o commended by Dux ter wear, is showa with a turned back ly shaped brim is date. For brims are ventional this sea at all sorts of unex pictured turban o almost no brim at front of the brim i bers, spreading out at either side of i exaggerated brim i of metallic flowers gold and rose go French tricornes back brims at th points of the hat, and across the exp the face are spoli flowers in gold, sli other metallic effe Clipped Ostrich Wes One of the pra the season is cli resembles a shooe A graceful penst fr is of almond green draped crown and brim, and the thiey this clipped ostrich stands up inside al all the way arou ostrich, the short t weather a rain d quite unharmed, rather expensive f deal of handsome of the clipped ban the trimming will satisfactory. there is a smart straight brim poin side. The high, d black hatter's plu faced with deep sh of clipped ostrich shade springs up fr of black moire zil the base of the ge Angora and Beav st For morning w