The Sunday School as

BIBLE LESSON.

Abridged from Peloubet's Note Pirst Quarter, 1905. JANUARY TO MARCH.

Lesson XL-March 12.-The Slavery of edith Sin,-John 8: 31-40.

GOLDEN TEXT. Whoseever committeth sin is the servant of sin.—John 8: 34.

EXPLANATORY.

THE CLIMAN. JESUS SHOWS THE WAY TO HE FREEDOM THEY SO MUCH DESIRE.—Vs.

THE CLIMAR. JESUS SHOWS THE WAY TO THE FREEDOM THEY SO MUCH DESIRE.—VS.

FIRST. THE TEST OF DISCIPLESHIP. CONTINUING IN JESUS WORD. 31. JESUS SAID.
GIVING them needed instruction. To THOSE JEWS WHICH BELIEVED ON HIM. Better (as R. V. and Am. v.) "had believed him," believed what he said, believed that he spoke the truth, but including a larger number of people than those spoken of in vs. 30 as believing on him, this last phrase meaning "to accept him as Saviour, Teacher, Sympathizer, Judge; to rest the soul upon him for present and inture salvation, and to accept and adopt his precepts and example as binding upon the life." Is viz continue in My word. Abide in it live under the influence of his beachings, accept them, obey them, make them the guide of life. Then ARE TE MY DISCIPLES INDEED. "Truly my disciples." A disciple is a learner one who accepts another as teacher and master; goes to school to him, one who accepts his teachings and follows his example. Hence a true disciple of Christ is a true Christian.

SECOND A LESSON TO BE LEARNED THE TRUTH. As. AND YE SHALL KNOW THE TRUTH AS. AND YE SHALL KNOW THE TRUTH AS. AND YE SHALL KNOW THE TRUTH AS AND YE SHALL KNOW THE TRUTH

There. The Frout Peres. The freedom is "the glorious liberty of the children of God."

Just as the child, after it has learned to read through the bondage of alphabets and grammars and dictionaries, comes into the glorious liberty of literature, and roams through all its fields without thinking of the alphabet or grammar; as the musician, after his training in the laws of music, comes into the freedom where it is part of his nature to act according to those laws, and so are away beyond them in the delights and ectassies of song or oratoric; so the Christian has entered a state far beyond the slavery of law, where it is natural and easy for him to do right; for he acts from love, not law. He belongs to a higher sphere of action. Prople semetimes imagine that to become a Christian is to eater a bondage, because to do a Christian's work with the sinner's feelings would be a bondage! But his feelings are changed, so that he loves to do what he dishled before.

AN ILLUMINATING DISCUSSION CONCERNING PRESOM—VA. 13 59 33. NEVER IN RONDAGE TO ANY MAN. They had been in captivity and were now opportessed, but they possessed much civil liberty. Probably they were thinking only of personal slavery. It was a very rare occurrence for a lew to be reduced to the condition of a slave.

34. WINDSONYER COMMITTERY AN IS THE REPAYARY (Dondervant, slave) or SIR.

35. 36. SREVANT — SON. The reference seems to be Abraham's sons, Isaac and Ishmael, brought up together and treated a like, as was customary, but in the end the house, and the son of the slave did not.

37. YA BER ARRAMA'S SERD. That is, descendants of Abraham Jesus then gree on to show them that though descended from Abraham they were not Abraham's children and heirs, because they were not like him, had not his sperit. They could not inherit his promises unless they first inherited its me the side of the second o

Do not try to have a theory of God,a philosophy of God. This little flower has enough of the sunshine for all its needs. All we meed to do is to let God into us by welco Jesus as the flower lets the sun into itself by drinking in and assimilating the sun-This is eternal life not the life on and on, but to live now and always in God's eternity .-- Frank W. Gunsaulus.

d for

HISTORY OF AN ERROR.

Here is a remarkable instance of how a under—one of the most obvious and glaring blunders possible—may escape the notice of a whole army of proofreaders and

A. B. wrote a certain paper for a popular journal. This paper went through certain accessive stages during the process of production. At each stage it received a new reading from begining to end Thus:

1. It was written in MS. Then it was

read through and in great part re-written 2. It was read through again when completed and sent to be typewritten.

3. The typewrit'er read it through before nding it back.

4. The author corrected the typewritten MS. carefully and sent it in again.

It was then set up in type.

 The author received a proof, which he read and corrected, sending it back for press. 7. The editor or the sub-editor read it finally and passed it for the magazine.

The paper thus had at least seven readings. Yet a blunder was passed, if the auther made it-or committed, if he did not make it-of a most elementary description; one that leaps to the eyes; one that stands out of the page calling on everybody to spo it, correct it, put an end to it.

The blunder was simply this. A certain strike of workingmen was spoken of as undertaken for 'lower' wages instead of 'h gher' How the word got there-whether the author wrote it in the first instance, or the typewriter, or the compositor, it is impossible to say. Probably it was an author's mistake. A long succession of readings of the passage followed. Not one of the readers discovered the mistake.—'Tit-Bits.'

SHORT-HAND.

For originality and conciseness we have never seen anything to equal a letter written by a little boy of seven years to his nucle in reply to one from him.

UNCLE'S LETTER.

"My dear little Percy: .Have just received letter from you, and I think it very nice. By next year, my lad, you will write better

THE VALUE OF CHARCOAL.

Few People Know How Useful it is in Preserving Health and Beauty.

Nearly everybody knows that charcoal is the safest and most efficient disinfectant and

the safest and most efficient disinfectant and purifier in nature, but few realize its value when taken into the human system for the same cleansing purpose.
Charcoal is a remedy that the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system
Charcoal sweetens the breath after smoke-

Charcoal sweetens the breath after smoking, drinking or after eating onions and other odorous vegetables.
Charcoal effectually clears and improves complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

acts as a natural and eminently safe carnartic.

It absorbs the injurious gases which collect in the stomach and bowels, it disinfects the mouth and shroat from the poison of catarch. All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is in Stuart's Chârcoal Lozenges; they are composed of the finest powdered Willow charcoal, and other harmless antiseptics in tablet form or rather in the form of large, pleasant tasting lozenges the charcoal being mixed with honey.

The daily use of these lozenges will soon tell in a much improved condition of the general health, better complexion, sweeter treath and puzer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit

benefit A Buffalo physician in speaking of the benefits of charcoal, says: "I advise Stuar's Charcoal Lozenges to all' patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath mouth and throat; I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cants a box at drug stores and although in some sense a patent preparation yet I heliuve I get more and better chercoal in Stuart's Charcoal Lozenges than in any of the ordinary charcoal tablets."

than I do. I am not sure but that you do] now. When you write again tell me if you could read this letter without help.

Do you love that new baby cousin at That is what they call it, is it not?

"Are you a good boy? Do you mind your grandma and auntie? Do you get in your regular fights with Ted each week, or you a wiser and better boy now? Good bye little fellow. Write me again.

"Uncle Bob "P. S .- Enclosed find twenty-five cents for marbles and tops."

*Dear Uncle Bob: Yes I think it was—I think i do write as good—No I could not yes i do-yes it is, yes i try to. yes i do. No. please write scon.

"P. S-i thank you."- I Jameson, in Lippincott's.

JUST FOR A MOMENT.

In the early days in flows, writes a corres-pondent of the Youth's Companion, a village school was held in a room of a farmhouse. The farmer, Mr. Jennings, told the pupils that they must not molest his bers.

They were obedient children and respected the farmer's rights; moreover, since most of them went barefoot, they were not anxious to stir up trouble in the hives.

One day a little girl went to Mr. Jen-nings and made this naive and sincere ex-"Please, Mr. Jeonings, my brother Willie stepped on a bee, but it was a accident and he got right off "-Ex.

We trust our friends for a sea voyage to the captains of the ship, although we miss them when they go. And is Christ so poor a cap-tain that we cannot trust our friends to go before us on the homward voyage with him? -Bolton Jones.

The Irish lady declared to the Magistrate that the defendant had stolen her hen

"How do you know it is your hen?" asked

the Judge.
"Know it!" cried the irate lady, "I bave known that hen ever since it was an egg."

'If It were customary in this country to nfer titles upon men who go in for literature, what should I be?' asked a conceited journalist of his editor.

'Baron of Ideas,' was the reply.

0. J. McCully, M. D., M R. S., London.

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HEALTH IS THE FIRST ESSENTIAL

It Helps Women to Win and Hold Men's Admiration, Respect and Love

Woman's greatest gift is the power to inspire admiration, respect, and love, There is a beauty in health which is more attractive to men than mere regularity of feature.



To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of Ill-healts, painful or irregular menastruation, headache or backache, secure Lydis E. Pinkham's Vegstable Compound and begin its use.

Pinkham's Vegetable Compound and begin its us.
Mrs. T. E. Gillis, Windsor, N. S., describes her illness and cures, in the following letter:
Dear Mrs. Pinkham:—
"When I commenced to take Lydis E. Pinkham's Vegetable Compound I was suffering with weakness and womb trouble, headaches, backaches, and that worn-out, tired feeling. I have only taken the Vegetable Compound a few short weeks, and finas unade me well, strong and robust. I believe that Lydis E. Pinkham's Vegetable Compound is without equal for famale troubles,"

Women who are troubled with pain-ful or irregular menstruction, back-ache, bloating (or flatulence), lencor-rhosa, falling, inflammation or ulcararhosa falling, inflammation or ulcera-tion of the uterus, ovarian troubles, that "bearing-down" feeling, dizzi-ness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound. Surely you cannot wish to remain sick, weak and discouraged, when you might so easily be cured. The medi-cine which has made so many other women well will cure you also.

NTERCOLONIAL RAILWAY

On and after MONDAY, November 21st, 904, trains will run daily (Sunday excepted)

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8 Express for Sussex
134-Express for Quebec and Montreal

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