

URGES FRIENDS TO TRY IT, TOO

Fully Restored by Tanlac, Montreal Lady Wants Others to Enjoy Benefits.

"Tanlac has been so fine for me and my brother-in-law that I am going to have my little son take it also, for I understand it is just as good for children as it is for grown people."

"For the past year I suffered dreadfully from a nervous, run-down condition. My appetite was gone, my digestion poor, and my nights almost sleepless. In this condition I lost considerable weight and was simply miserable."

"I was telling a friend how badly I felt and she told me to take 'Tanlac'—that it was very, very good. Well, I took four bottles of the treatment and have been in splendid health ever since. My nerves are calm, my sleep is restful, and my digestion is perfect. I gained in weight from one hundred and two pounds to one hundred and twelve, and am glad to recommend Tanlac to all my friends."

SPRING MEETING AT BLUE BONNETS

Montreal, May 14.—Four stakes to be renewed at Blue Bonnets in the course of the spring race meeting of the Montreal Jockey Club, which will begin on June 7, to run through the 14th, will close today.

The stakes are the kindergarten, \$2,500 added, for two-year-olds, five furlongs; Windsor Hotel Cup, \$5,000 added, a handicap of one mile and a furlong, for three-year-olds and over; Connaught Cup, \$2,500 added, a handicap of one mile and a quarter, for three-year-olds and over; and Prince of Wales Steeplechase, \$2,500 added, a handicap of about two miles, for four-year-olds and over. Following the precedent of Maryland racing, the Montreal Jockey Club will charge no entrance fee in any stake. But there will be starting fees of \$25 each in the Kindergarten, Connaught Cup and Prince of Wales Steeplechase, and one of \$50 in the Windsor Hotel Cup. The operation of this scheme has in the course of the last few years greatly lengthened the entry lists of Maryland stake races and vastly improved the quality of the sport at Havre de Grace, Bowie and Timonium.

Racing associations in Canada are taxed more heavily by the Dominion and Provincial Governments than racing associations in the States are taxed, when they are taxed at all. Nevertheless the values of the Montreal Jockey Club's stakes to be renewed this year will not be lowered. They will be up to the standards of last season. There will be a steeplechase every day at Blue Bonnets, with \$1,200 to \$1,500 added. Handicaps for flat runners will have similar values. The M. J. C. races will be run over the only course in Canada that is one mile and a quarter around and equipped with a backstretch extension that permits the running of seven furlongs, seven furlongs and a half or one mile around one turn. The Blue Bonnets course was built on the model of the old Sheepshead Bay course, which was the last word in American race tracks. Only at Belmont Park, Aqueduct and Saratoga are there steeplechase fields as roomy as the Blue Bonnets field.

Three of the Blue Bonnets stakes to be revived in June will be open to horses from all parts of the world. They are the Prince of Wales Steeplechase, the Windsor Hotel handicap and the Kindergarten. The Connaught Cup will be restricted to horses owned prior to May 1, 1923, by Canadians residing in Canada. Five horses may start in different interests or the race may, at the discretion of the stewards, be declared off. That the coming Connaught Cup will be declared off, however, is extremely improbable. There are enough horses in Canada that can meet the conditions to insure a field of ten or a dozen starters. In addition to the purse there will be a challenge cup presented by Field Marshal His Royal Highness the Duke of Connaught and Her Royal Highness the Duchess of Connaught.

STAINLESS SILVER COMES TO RELIEVE HOUSEWIVES

Sheffield, England, April 24.—(A. P. by Mail).—A new tarnish-resisting alloy, "stainless silver," has been discovered as the result of research in the laboratory of a local firm.

In making this announcement at a meeting of the Institute of Metals, Harold Turner said experiments had been in progress for two years for the discovery of an alloy resistant to ordinary atmospheric corrosion. Articles made of the new silver alloy exposed to the atmosphere for many months had retained their lustre and showed no signs of tarnishing. The new metal technically is silver, and carries the hall-mark.

"I Avoided an Operation Appendicitis Disappeared"

Mrs. James Wells, Udora, Ont., writes—

"I took a severe pain in my right side. It was very bad at times. I tried oils and tablets without gaining any relief. The doctor pronounced it chronic appendicitis. I dreaded an operation and a friend advised Dr. Chase's Kidney-Liver Pills. I used them and not only obtained relief from pain, but I believe it has completely freed me of appendicitis, as it is now over a year since I have had any of the old symptoms."

Dr. Chase's Kidney-Liver Pills. One pill a dose, 25c a box. All dealers or Edmondson, Bates & Co., Ltd., Toronto.

MORE ABOUT THE EMPIRE STADIUM

Engineering Features of the World's Greatest Sports Arena—40 Miles of Terracing.

There is no sports arena in the world to equal the new Empire stadium in the grounds of the British Empire Exhibition at Wembley. It is one of the greatest engineering wonders of modern times—a triumph in art, science and labor. It marks a new epoch in sport. It is all-British. This is how it compares with the Colosseum in Rome:

Table comparing Colosseum and Stadium dimensions: Outside length, Outside breadth, Arena (full), Arena (grass measurement), Association football pitch, Spectators.

You could put the Royal Albert Hall inside the Colosseum, and the Colosseum inside the Stadium. The outer wall of the Wembley Stadium is half a mile round. Apart from the main exhibition front, it has thirty-seven arches, each forty-five feet high, with a fifty-foot span.

It is built of steel and concrete; very little timber is used. An outbreak of fire is unlikely; but there are ample precautions if a fire occurred. It has the best-laid football pitch in the kingdom. No clay surface. In the preparation of this football arena, besides the 1/2 inches of turfing soil on the ten-inch foundation of ashes and clinker, the workmen laid on this a total of 76,230 turves, each measuring eighteen inches by twelve inches by 2 1/2 inches thick. The circular running track is just a quarter of a mile round. A 220 yards straight is provided—the only one in Europe.

There is accommodation for a thousand athletes. It is an ideal training centre, with gymnasium, baths, billiards and reading rooms. The banqueting hall, 215 feet by seventy feet, will seat a thousand people, and the tea room 600 people. There are buffets for thousands more. Imposing features of the north front, overlooking the exhibition grounds, are the two concrete towers, rising to a height of 106 feet four inches above the terrace, and over 280 feet above ordnance datum. Each of the towers is surmounted by a reinforced concrete flagstaff. In the construction of this great stadium the following materials have been used:— One thousand four hundred tons of structural steelwork. Half a million rivets for which one and a half million holes were drilled. Six hundred tons of steel rods for reinforcing the concrete. Total length of these rods about 600 miles, and the total numbers of the rods one-quarter of a million. Twenty-five thousand tons of concrete (using 3,600 tons of cement). Forty miles of terracing. Fourteen miles of concrete beams to form the terracing in the stands. In addition, 150,000 tons of clay were dug up—chiefly by the two-ton drag-line excavator—and re-deposited for levelling up purposes to form part of the terracing. The stadium architects are J. W. Simpson, F. R. I. B. A., and Maxwell Ayrton, F. R. I. B. A.; the engineer, E. O. Williams, B.Sc., A. M. I. C. E.; the contractor, Sir Robert McAlpine & Sons, and the Quantity Surveyors, Messrs. Baker & Mallett.

PEOPLE SHOWING DEEP INTEREST IN OUTDOOR SPORTS

Chicago, May 14.—(Associated Press).—The 1923 crop of fans in outdoor sports bids fair to exceed all records. Baseball has started off with unparalleled patronage; reservations for the leading horse and automobile racing events indicate enormous crowds, and the prospective summer program of outdoor boxing, especially among the heavyweights, doubtless will draw many thousands.

Arrangements for handling spectators have been largely expanded in every spectacle from baseball and football to horse racing, and still seems inadequate.

The New York Yankees' new park was opened to 74,200 baseball fans, with 25,000 turned away. The Chicago Cubs' enlarged park April 22 inclosed 38,000 persons, and thousands stood on the playing field. New baseball parks in other cities were similarly favored.

The management of Churchill Downs, Louisville, Ky., has expanded seating facilities to care for some 30,000 persons for the Kentucky Derby May 19, but confidently predict that

LIVEN UP THE LIVER REGULATE THE BOWELS TONE UP THE STOMACH WITH MILBURN'S LAXA-LIVER PILLS

They will regulate the flow of bile to act properly on the bowels, and will tone, renovate and purify the liver, removing every result of liver trouble from the temporary, but disagreeable bilious headache to the severest form of liver trouble.

Mrs. J. Schelon, Bethany, Ont., writes:—"I have used Milburn's Laxa-Liver Pills for some time. I was troubled with a bad liver and headaches, but since taking your Pills I am perfectly well again."

Price 25c. a vial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



My Debt of Gratitude. 'Ulcers the Size of Man's Hand.'

Our portrait is of Mr. G. M. THOMPSON, a well-known member of the Staff of the Health, Birmingham, England, who writes:—"In July last I happened to get a scratch on my leg. It was so slight I took no notice of it till a fortnight elapsed. I found I could not go to work. It gradually grew worse, when it turned septic; from this period I got from bad to worse till at length the sores turned into ulcers. I had at that particular time about the size of a man's hand covering my leg. After I had tried everything I read about you and Clark's Blood Mixture and decided to take it; it was then in the month of October, and after the second bottle, I found relief. I continued until the seventh bottle when I found myself completely rid of the trouble. You can make good of this statement and I will be only too pleased to answer any enquiries because it is to nothing else but Clark's Blood Mixture that I owe my debt of gratitude."

Sufferers from Bad Legs, Abscesses, Piles, Eczema, Boils, Pimples, Eruptions, Gout and Rheumatism should realize that toxins, poisons, etc., can but give temporary relief, and are completely removed from the blood must be thoroughly cleansed of the impurities, and the impurities, that is, who so many remarkable recoveries are effected. Pleasant to take, especially from any inorganic ingredients. Of Chemists and Druggists. Ask for Clark's Blood Mixture.

Clark's Blood Mixture 'Everybody's Blood Purifier.'

the total attendance at the historic event will approximate 100,000. Legislative interference having been overcome, promoters of the Memorial Day auto race at Indianapolis are going ahead with preparations to handle a crowd of 150,000. With a heavyweight championship boxing contest practically certain for this summer, and a meeting of the principal heavyweight contenders already arranged, the fan crop in the padded mitt division appears as flourishing as any. Chicago's first openly conducted boxing match for nearly 20 years drew 15,000, the utmost capacity of the Coliseum, early this spring, and subsequent contests have been almost as well patronized.

The first day's attendance at the four American League parks was 138,200, slightly more than double the 1922 opening crowd. The National League opened to 92,800, 2,000 more than in 1922, but the Giants opened away from the home crowd at the Polo Grounds, somewhat reducing the total. The American Association in five park openings drew almost as many fans as in all the eight cities of the circuit last season. The great increase in the number of public and private golf courses last year has added thousands to the ranks of the fans who will be eager to witness the American championship of the links this summer. The University of Illinois opens its new stadium this fall. Nebraska recently broke ground for a new athletic field to be ready this fall, and Minnesota is conducting a drive for a new stadium, in response to the wave of popularity which has carried football to the peak of public interest.

The Davis Cup matches for world supremacy in tennis are scheduled for Forest Hills, Long Island, again this summer, adding opportunities for the tennis enthusiasts to swell the ranks of attendance on outdoor sports. A new tennis stadium is being built by the West Side Tennis Club and will be completed by September.

SCHOOLMATE OF ASQUITH

Rector-Schoolmaster Dead at Age of 69 Years.

London, April 25.—(By mail).—The death has occurred at the age of sixty-nine of the Rev. Charles George Duffield, rector of Stowting, Hertford, who was at the City of London School with Mr. Asquith. He went up to Queen's College, Cambridge, as a foundation scholar and exhibitioner, and obtained a second-class in the classical tripos. From 1877 to 1886 he was a master at Cranleigh School, and then headmaster of Appleby School, Leicestershire, for seven years, and of Madingley School for fifteen years. In 1913 he was called to the small benefice of Stowting.

HER FATHER DIES; WOMAN ENDS LIFE

Port Arthur, May 14.—Victim of melancholia, Mrs. Fred Foster, wife of a returned man farming in the Dorion district, 85 miles east of this city, committed suicide by drinking a quantity of iodine and cutting her throat with a carving knife. The body was found in the kitchen by a relative. Mrs. Foster's father died in England with cancer and his daughter labored under the impression that she too had the disease. The Fosters were married overseas.

Large advertisement for 'The Torch of Verified Circulation' featuring a portrait of a man and text about newspaper circulation and advertising benefits.

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