

A CAPITAL WAY TO AVOID "FLU"

Well Worth Trying.

Of all the suggestions made for preventing the "flu," none seems to be more worthy of trial than the use of Dominion C. B. Q.

Dominion C. B. Q. (Cascara Bromide Quinine Tablets) immediately attacks the germs and, increasing the secretions of the stomach and liver, clears the system with certainty yet without weakening effects. There are none of the buzzing sensations peculiar to the Sulphate of Quinine.

Made by that old and reliable firm, The National Drug & Chemical Co. of Canada, Limited. At all druggists, in the Red Boxes.

To Rid Yourself of La Grippe, Colds

NEURALGIA, HEADACHES, etc., use DOMINION C. B. Q.

Tablets (in the red box) 25 cents.

HELENE'S MARRIED LIFE

BY MAY CHRISTIE

Copyright, 1920, by the McClure Newspaper Syndicate

XXXVIII.—Violets and Carnations

I dressed that night with special care. And I wore pink. For nothing but rose-color could express my mood. I had definitely determined to be happy. Jim was surely getting better. And I would regain his love. The fact of Travis Lloyd's attentions, mingled with Tony's compliments, served to reassure me that I was still both young and beautiful.

Ought I to wear the flowers that had been sent to me? Coming as they did from Mr. Lloyd, I didn't think it altogether right that I should wear them. And yet it would seem odd, were I to ignore the gift.

A thought struck me. Dressed in my pale pink evening frock, I caught up the bewitching bunch of violets and pink carnations, and ran along the corridor to Alice's room.

"Won't you wear some of these?" I held out the flowers towards her. There was an appealing look in my eyes.

"Wear them? I?" Alice shrugged her shoulders, dejectedly. "Good heavens, child, are you crazy? The man sent them specially to you!"

"But I don't want them!—I—It isn't right of me to encourage his attentions, Alice!"

Alice broke into a silver, mocking peal:

"I never heard of anything so ab-

surd, Helene! Where have you been brought up, pray? Not in a world, that's certain!" She took a step towards me, and laid two hands upon my shoulders. Her glance was quite affectionate.

"I'm not absurd," I answered, rather humbly. "Only—correct, I hope."

But her "correctness," rejoined Alice, fairly, "though as a matter of fact, I think you'd be lacking in 'savoir-faire' if you refused to wear these flowers! Good gracious, they don't commit the man in any way! Neither does your acceptance of them commit you—goosey!"

"Then—won't you wear them, Alice, please?" I urged.

"Me?" An old married woman?" Alice laughed again. "Now such an action would be 'incorrect'."

I flushed uneasily. For I, too, though no one knew it was of that genre, "married woman."

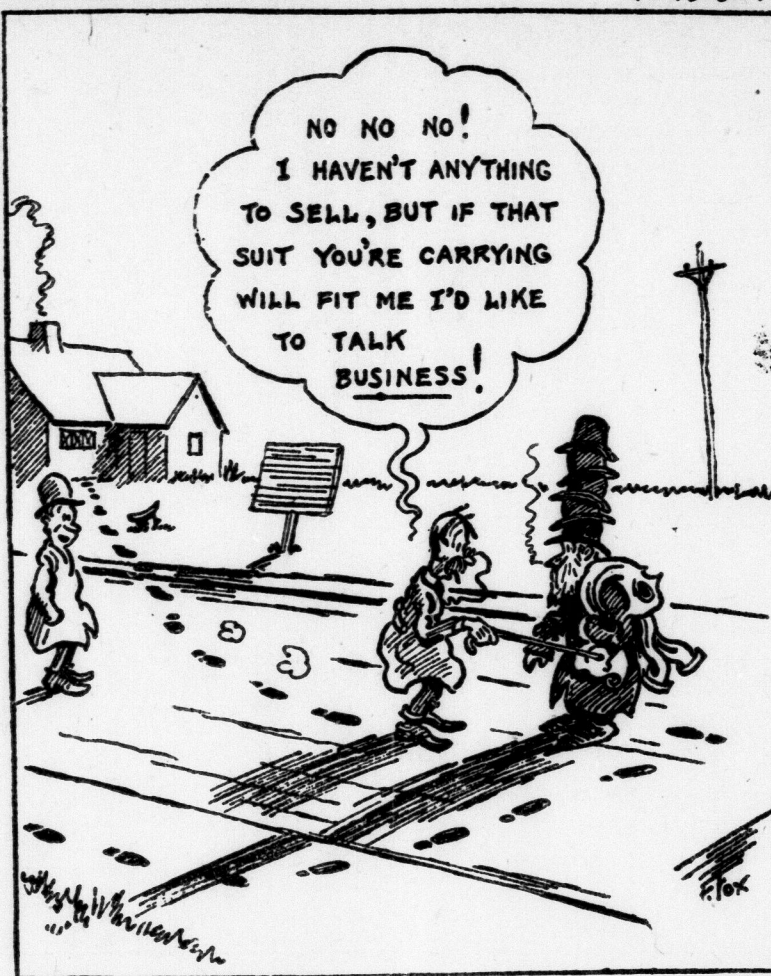
"Cheer up, Helene. It's quite out of the question that I should sport these flowers. Moreover, Travis Lloyd, I do believe, has a natural antipathy towards me. Yes—disapproves of me—all everything connected with me. Oh, he's polite enough. But I see a frozen, congealed look in his eye occasionally when he thinks I am not looking."

I could confirm this statement.

THE H. C. OF L.

By FONTAINE FOX

(Copyright.)



The day after Jones had been pricing a new spring suit an old clothes man happened through the neighborhood.

IMMIGRATION TO U. S. BEGINS TO PICK UP

NEW YORK, March 27.—Resumption of pre-war immigration of laborers began today, when two Italian steamships arrived here with 3,500 passengers, 3,285 of whom were in the steerage.

Travis Lloyd did not approve of Alice, and her worldly ways were not to his taste. "I've changed the conversation," he said.

"How's your invalid tonight?" I asked, my eyes fixed upon my bouquet, and trying to sound very careless.

"I'm not quite sure," Alice applied a powder puff to the tip of her cheek, and looked at me over her shoulder.

"Insouciant little nose, and regarded the effect carefully in the mirror. She then lifted a small brush, and flicked some blacking stuff on her light-colored eyelashes, hoping thereby to camouflage their fairness. But the effect was rather obvious.

"Better it all! I envy you your coloring, Helene," Alice proceeded lavishly with the "blackening" until great lumps of black stood boldly out upon her lashes.

"I watched her, fascinated. Having been 'upon the stage,' the make-up process holds no novelty for me. Alice, however, was proceeding in an amateurish way, and overdoing the camouflage most dreadfully.

I wondered, vaguely, what her husband would think of her—in this state. She looked ready for the footlights, instead of a decorous country mansion dining table!

Alice dipped her little brush in water, drew it afresh across the blacking compound, and proceeded to outline her eyebrows with a heavy hand. Spots of heading flew at a tangent right across her forehead.

"There! Do I look a vamp?" she murmured, craning sideways to get the desired effect in the looking glass. She had blackened her eyebrows to a decided slant, giving a Japanese result that she thought very fascinating and Oriental.

She discarded the ubiquitous brush, and seized a stick of lip salve. With an airy gesture, she executed an artistic curving curve upon her lips, bitting the under one so that the stuff might satisfactorily "spread."

Next, she applied a touch of rouge—the merest "soupon" as she called it—to her cheeks, her ear-lobes, and the extreme tip of her little pointed chin. Over this camouflage the powder puff was lavishly applied waiting a Parisian scent upon the air.

"There, I'm almost ready!" Alice snatched the perfume spray from the bureau, and generously employed it over her carefully-marcelled hair, her corsage, and her highly-polished finger tips. "Do I look nice, Helene? Do I look a typical country chateleine and hostess?"

"Upon the contrary, you look just like a chorus girl—and a third-rate one at that!" I was enormously tempted to respond. But I crushed down the impulse. Not only would it have been cruel—as the truth so often is—but it would have quite failed of its effect. Alice would have been coldly furious, still quite unconvinced—except possibly to the idea that I was jealous, catty, and objectionable!

Luckily, she didn't seem to expect an answer. She caught up a fan, and prepared to accompany me from the room. Then, with a little petulant cry, she turned round, calling for her maid.

"My slippers! I've forgotten to change these for a shade that matches my frock!"

"See you later, Alice," I said, leaving her apartment. I walked down the corridor, and my footsteps led me in a sort of detour, so that I might pass Jim's room.

His door was open. A big fire was burning in the hearth. It flung delightful shadows on the floor and walls. A dim light was glowing near his bed. I could just see that light, although I could not see Jim.

And then his dear voice—weak, but thrilling me all over—cried out in supplicating tones:

"Helene!"

"Tomorrow—Jim Asks for a Gift."

PROPOSED INCREASES FOR JUNIOR MEMBERS OF O. A. C. FACULTY

Class of Demonstrators May Be Displaced by Instructors.

GUELPH, March 28.—Capt. C. H. Buckland, M.P.P., for South Wellington, who is in the city for the week-end brought with him definite word as to the provisions made for the Junior members of the staff at the O. A. C. in the report submitted by Chairman McCutcheon of the civil service commission. The increases recommended appear to be satisfactory, and all that remains is for the Government to put them into effect, a proceeding which is looked forward to with interest.

As affecting the O. A. C. faculty, the proposals made are as follows: Professors, \$3,200 to \$3,800, present salaries, \$2,500 to \$3,000; associate professors, \$2,700 to \$3,000, present salaries, \$2,200 to \$2,400; demonstrators, \$1,400 to \$1,800, present salaries, \$1,000 to \$1,500; instructors, \$2,100 to \$2,500. It is possible that the demonstrators may be cut out as a class, and the instructors take their places.

CIGAR FIRMS FORM JOINT SALES AGENCY

HAVANA, March 27.—Twelve big cigar manufacturing firms have formed a co-operative sales agency. The object is to eliminate intermediaries and bring Havana in direct touch with markets on the other side of the Atlantic. An effort will be made to sell cigars in Russia.

CLAIMS POLICE ARE NOT CONNECTED WITH MACCARTAIN MURDER

Government Counsel Tells the Jury of Alibi.

CORK, Ireland, March 28.—A full and complete investigation of the whereabouts of the police on the night of the murder of Lord Mayor MacCurtain has proved that none of them were off their beats or away at their homes at the critical hour, the Government counsel, Mr. Wylie, told the coroner's jury, which is conducting an inquiry into the murder Saturday.

Mr. Wylie told the coroner that a system of books was kept at the barracks in such a manner that the movements of the police were checked, and showed it to be impossible for the crime to have been committed by the police. A number of police rifles had been taken in raids, so it was possible they had been used by others than the police, Mr. Wylie declared.

Attention was called to the fact that Lord Mayor MacCurtain on numerous occasions before his death had condemned the murder campaign in Ireland, and particularly the killing of policemen. The Government counsel argued it was highly improbable the Government police would have made him an object of attack.

BODY UNIDENTIFIED.

DUBLIN, March 28.—The inquest on the body of the young, well-dressed, unidentified man, found Friday in a field at Banago Bridge, near Newcastle West, failed to reveal his identity. He was blindfolded, and his hands were tied behind his back. The man had been shot to death, and it is considered he was a victim of the murder campaign.

Prisoners from various parts of Ireland have been arriving all day at Mount Joy Jail. Heavy military guards accompanied them.

Philip Shanahan, Sinn Féin member of Parliament, and prominent in local Sinn Féin activities, was arrested last night.

COUNTERFEITING IS CHARGE IN HAMILTON

HAMILTON, March 27.—William Copeman, awaiting trial at the high court on several charges of shop-breaking and theft, was charged in police court today with having counterfeited materials in his possession. The police said they found a mould for making 50-cent pieces in his home, and that later at the jail he admitted being the owner of the mould. They also claim that several weeks ago there was a flood of phoney 50-cent pieces here. Copeman was committed for trial.

Scandinavian Boats To Use St. Lawrence Route

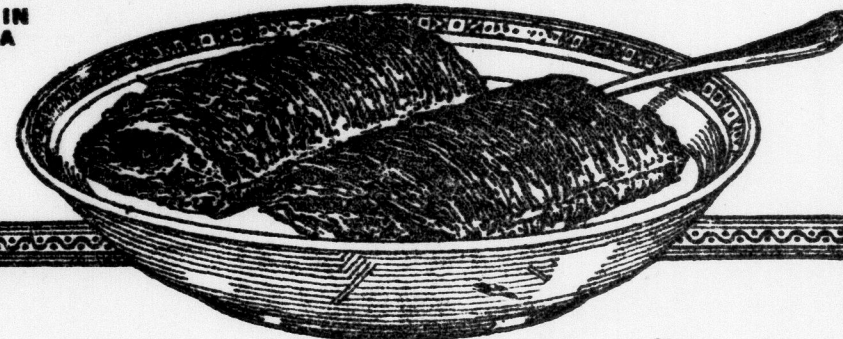
DETROIT, March 28.—A special dispatch from Duluth says the Norwegian-American Steamship Line will send boats direct from Scandinavian points to Detroit, Chicago and Duluth as soon as the St. Lawrence route is opened to its vessels, Magnus Swenson, president of the line, announced in a letter received here.

"On account of delays at New York and congested rates leading to American seaports we have found it profitable to carry on commerce between Scandinavia and the Middle West through a Canadian port, though we have little business in Canada," writes Mr. Swenson.

THE FIGHT FOR HEALTH

is easily won by the man or woman who is willing to live in harmony with Law. Cut out pills, live much in the open air, eat less meat and more Shredded Wheat—a simple, nourishing, easily digested food, made of the whole wheat grain prepared in a digestible form. Give Nature a chance. Heat two Biscuits in the oven and serve with hot milk (or hot salted water) the cheapest meal in the world and so nourishing and strengthening!

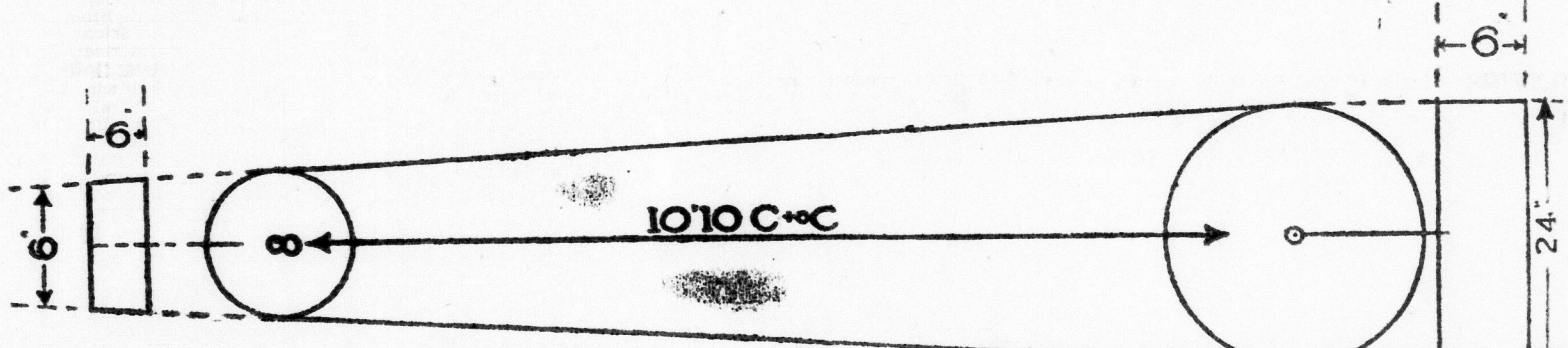
MADE IN CANADA



OUTLINE OF JORDAN PUMP

SPECIFIED
GOODYEAR EXTRA POWER
6" X 5 PLY 25' 6"

PULLEY FACES 8"
R.P.M. DRIVING PULLEY 500
H.P. 10



Where Belts Meet Dampness!

Goodyear Extra Power Belt Delivers Power and Lasts

Damp or wet belts usually slip more easily than dry belts.

Water and moisture form a thin film between pulley and belt.

Here "Extra Power" Belting especially displays its advantages.

Where there is water, moisture or steam—around the beaters in paper mills, for instance—Goodyear Extra Power delivers the power load just as under more favorable conditions.

Because Goodyear Belting has a rough friction surface which bites through the film of water and clings to the pulley, costly slipping is overcome. Moisture rots belts, if it gets into them.

Goodyear Extra Power is rubber-sealed against moisture.

Not just enclosed in a rubber envelope.

The high-grade rubber in Extra Power is forced through and through the fabric, surrounding and protecting every strand, making the belt practically a solid unit.

That Goodyear Extra Power Belting is just as efficient and just as economical in damp or wet places as in other transmission uses, is proved by these satisfied users:

The Provincial Paper Mills of Thorold got 16 months' service from Goodyear Extra Power on a Jordan Pump where they had been getting about one month's service. They also say—"In the room where our beaters are located, the air is constantly damp. Here we have found Extra Power so superior that we use it exclusively."

Some other firms who will be glad to tell you of the satisfactory service of Goodyear Extra Power under damp conditions are:

Mittagami Pulp & Paper Co., Smooth Rock Falls, Ont.
Port Arthur Pulp and Paper Co., Port Arthur, Ont.
North West Laundry Co., Winnipeg, Man.
Dominion Pulp Co., Chatham, N.B.
Bathurst Lumber Co., Bathurst, N.B.
Gloucester Lumbering and Trading Co., Bathurst, N.B.

If you use belting, it will pay you to hear about the Goodyear way of supplying it. It will cost you nothing to have a Goodyear man call and show you how to overcome your problems. Phone, wire or write the nearest branch.

The Goodyear Tire & Rubber Co. of Canada, Limited

BRANCHES—Halifax, St. John, Quebec, Montreal, Ottawa, Toronto, Hamilton, London, Winnipeg, Regina, Saskatoon, Calgary, Edmonton, Vancouver. Service Stocks in smaller cities.

GOODYEAR
MADE IN CANADA
EXTRA POWER BELTING



Cinnafarm Pastilles

SORE THROAT

destroy the germs which cause sore throat, quinsy, tonsillitis. Keep a box handy.

So much easier to use than gargles—pleasant to the taste.

ALL DRUGGISTS
National Drug & Chemical Co. of Canada, Limited



Purity! Purity! Purity!

The one dominating note that runs all through the making of Sunlight Soap is Purity. The \$5,000 Guarantee you get with every single bar is not a mere advertisement. It marks a standard set for the buyers who select the choice Sunlight Soap materials—for the soap boiler—for the expert chemists—for the girls, even who wrap and pack Sunlight.

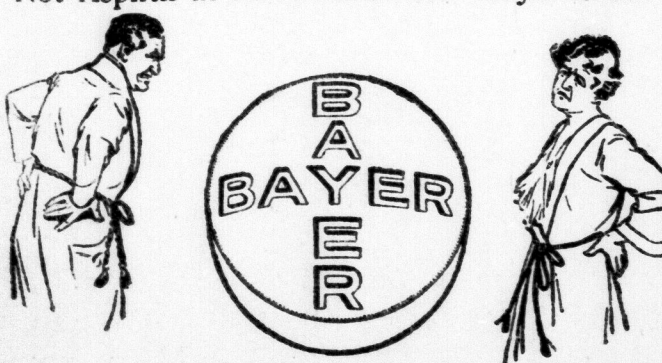
Insist on getting the Soap you ask for—

Sunlight Soap

LEVER BROTHERS LIMITED, TORONTO

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



For Colds, Pain, Lumbago, Stiffness, Rheumatism, Sciatica, Neuritis, and for Headache, Neuralgia, Toothache, Earache, take Aspirin marked with the name "Bayer" or you are not taking Aspirin at all.

Accept only "Bayer" Tablets or Aspirin in an unbroken "Bayer" package which contains complete directions. Then you are getting real Aspirin—the genuine Aspirin prescribed by physicians for over nine years. Now made in Canada.

Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages.

There is only one Aspirin—"Bayer"—You must say "Bayer."

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocyclic Acid Salicylic Acid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."