



TURKEY SOUP.

Take the turkey bones and cook for one hour in water enough to cover them, then stir in a little of the dressing and a beaten egg. A little chopped celery improves it. Take from the fire, and when the water has ceased boiling add a little butter, with pepper and salt.

MUTTON BROTH.

This is often ordered for invalids. It should be made as plainly as possible, and so as to secure the juice of the meat. Boil slowly about two pounds of lean mutton for two hours; skim it very carefully as it simmers, and do not put in much salt. Some vegetables may be added as a seasoning, and for some broths a little barley or rice.

ONION GRUEL.

This is excellent for a cold. Slice down a few onions and boil them in a pint of new milk, stir them in a sprinkle of oatmeal and a very little salt; boil till the onions are quite tender, then sup rapidly and go to bed.

TOMATO SOUP.

Three pounds of beef, one quart of canned tomatoes, one gallon of water. Let the meat and water boil for two hours, or until the liquid is reduced to a little more than two quarts. Then stir in the tomatoes and stir all slowly for three-quarters of an hour longer. Season to taste, strain and serve.

8th Month.

AUGUST, 1890.

31 Days.

Day Year.	Day Month.	Day Week.	CHRONOLOGICAL EVENTS.	For Montreal, Quebec and regions of St. Lawrence & Ottawa Rivers.			For Toronto and province of Ontario lying on & between the Gr. Lakes.			MOON'S PHASES.
				Sun rises.	Sun sets.	Moon rises.	Sun rises.	Sun sets.	Moon rises.	
213	1	F	Battle of the Nile, 1798.	4 43	7 28	8 26	4 49	7 23	8 22	
214	2	S	Napoleon Consul, 1802.	4 45	7 27	8 58	4 50	7 22	8 56	
215	3	S	Columbus sailed 1492.	4 46	7 26	9 25	4 51	7 20	9 24	
216	4	M	Shelley born, 1792.	4 47	7 24	9 50	4 52	7 19	9 50	
217	5	T	First Cable Message, 1858.	4 48	7 23	10 14	4 53	7 18	10 16	
218	6	W	Ben Johnson died, 1837.	4 49	7 21	10 38	4 54	7 16	10 41	
219	7	T	War Department estab'd. 1787.	4 50	7 20	11 04	4 55	7 15	11 08	
220	8	F	George Canning died, 1827.	4 52	7 18	11 32	4 56	7 14	11 33	
221	9	S	Battle of Stonington, 1814.	4 53	7 17	morn.	4 57	7 12	morn.	
222	10	S	Tuileries stormed, 1792.	4 54	7 15	0 06	4 58	7 11	0 13	
223	11	M	J. V. Moreau born, 1763.	4 55	7 14	0 47	5 0	7 9	0 55	
224	12	T	Forbush Str. discovered, 1576.	4 56	7 12	1 35	5 1	7 8	1 44	
225	13	W	Specie payment resumed, 1838.	4 58	7 10	2 29	5 2	7 6	2 37	
226	14	T	Admiral Farragut died, 1870.	4 59	7 9	3 28	5 3	7 4	3 25	
227	15	F	Napoleon Bonaparte born, 1769.	5 0	7 7	4 30	5 4	7 3	4 26	
228	16	S	Battle of Bennington, 1777.	5 1	7 6	sets.	5 5	7 2	sets.	
229	17	S	Frederick the Great died, 1776.	5 2	7 4	8 30	5 7	7 0	8 27	
230	18	M	First Steamboat, 1807.	5 4	7 3	8 50	5 8	6 59	8 49	
231	19	T	Guerrie cap., 1812.	5 5	7 1	9 10	5 9	6 57	9 11	
232	20	W	Atlantic sunk, 1852.	5 6	6 59	9 31	5 10	6 56	9 34	
233	21	T	LaFayette cap., 1792.	5 8	6 57	9 54	5 11	6 54	9 58	
234	22	F	Bosworth Field, 1485.	5 9	6 56	10 21	5 12	6 52	10 26	
235	23	S	New Mexico annexed 1846.	5 10	6 54	11 54	5 13	6 51	11 00	
236	24	S	Washington burned, 1814.	5 11	6 52	11 38	5 14	6 49	11 43	
237	25	M	James Watt died, 1819.	5 13	6 50	morn.	5 15	6 47	morn.	
238	26	T	Battle of Crecy, 1346.	5 14	6 49	0 29	5 16	6 45	0 37	
239	27	W	Battle of Long Island, 1777.	5 15	5 47	1 34	5 18	6 44	1 41	
240	28	T	Goethe born, 1749.	5 16	6 45	2 52	5 19	6 42	2 58	
241	29	F	John Locke born, 1632.	5 17	6 43	4 12	5 20	6 40	4 17	
242	30	S	Semmes died, 1877.	5 19	6 42	5 36	5 21	6 39	5 39	
243	31	S	John Bunyan died, 1688.	5 20	6 40	6 57	5 22	6 37	6 59	

MOTHER SEIGEL'S OPERATING PILLS move the bowels with more ease than any others. They never gripe nor cause any pain. They act mildly, but thoroughly.

Mother Seigel's Syrup cures Dyspepsia.

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