



TABLE OF WEIGHTS AND MEASURES

- 4 Saltspoonfuls of Liquid = 1 Teaspoonful.
- 4 Teaspoonfuls of Liquid = 1 Tablespoonful.
- 3 Teaspoonfuls of Dry Material = 1 Tablespoonful.
- 4 Tablespoonfuls of Liquid = 1 Wine Glass or $\frac{1}{4}$ Cup.
- 2 Gills = 1 Cup or $\frac{1}{2}$ Pint.
- 16 Tablespoonfuls of Liquid = 1 Cup.
- 12 Tablespoonfuls of Dry Material = 1 Cup.
- 8 Heaping Tablespoonfuls of Dry Material = 1 Cup.
- 4 Cups of Liquid = 1 Quart.
- 4 Cups of Flour = 1 Pound or 1 Quart.
- 2 Cups of Solid Butter = 1 Pound.
- 1 Cup of Butter = $\frac{1}{2}$ Pound.
- 2 Cups of Granulated Sugar = 1 Pound.
- $2\frac{1}{2}$ Cups of Powdered Sugar = 1 Pound.
- 3 Cups Meal = 1 Pound.
- 9 Large Eggs—10 Medium Eggs = 1 Pound.
- 1 Round Tablespoonful of Butter = 1 Ounce.
- 1 Heaping Tablespoonful of Butter = 2 Ounces or $\frac{1}{4}$ Cup.
- Butter the size of an Egg = 2 Ounces or $\frac{1}{4}$ Cup.
- 1 Heaping Tablespoonful of Sugar = 1 Ounce.
- 2 Round Tablespoonfuls of Flour = 1 Ounce.
- 2 Round Tablespoonfuls of Coffee = 1 Ounce.
- 2 Round Tablespoonfuls of Powdered Sugar = 1 Ounce.
- 1 Tablespoonful of Liquid = $\frac{1}{2}$ Ounce.
- 1 Bottle of S. M. Wine = 3 Cups.
- 1 Bottle of Brandy = $1\frac{1}{2}$ Cups.