

Local Time

Minnesota and the eastern half of both the Dakotas observe Central Standard Time, while the western portions of the Dakotas and that part of Montana lying east of the Great Divide are in the Mountain Time Zone.

Population, Principal Cities (Estimate, 1980)

Minnesota

Minneapolis-St. Paul (seven-county area)	1,953,042
Duluth	92,789
Rochester	54,287

South Dakota

Sioux Falls	73,188
Rapid City	44,266

North Dakota

Fargo	53,895
Grand Forks	40,500
Bismarck	35,143
Minot	32,610

Montana

Billings	77,160
Great Falls	73,830

Iowa

Des Moines	340,400
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Nebraska

Omaha	399,000
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Weights and Measures

Conversion to the metric system is moving at a much slower pace in the United States than in Canada. Meanwhile, businessmen should use the old Canadian system for the U.S., keeping in mind that the only difference is that:

1 U.S. pint	16 fluid ounces	473.1 mL
1 U.S. quart	32 fluid ounces	946.2 mL
1 U.S. gallon	128 fluid ounces	3.8 L
1 Imperial gallon	1.2 U.S. gallons	4.5 L

Electricity for domestic use is supplied at 115 volts, 60 cycles, A.C.