

## CANADIAN SANATORIA

### News From the Field.

#### Muskoka Cottage Sanatorium.

**A**T the Muskoka Cottage Sanatorium, the older of the two institutions of the National Sanitarium Association, 68 patients are at this writing in residence. The new McCormick Cottage has been opened and provides accommodation for seven patients.

No better evidence of the excellent work that has been done by this institution for the past ten years can be given than a quotation from one of the many letters that are constantly being received from those who have been patients.

The following is a letter written by Mr. W. F. Parker, Barrister, Wolfville, N.S., to Mr. W. J. Gage, Chairman of the Executive Committee of the N. S. A.:

"DEAR SIR:—As a small expression of sympathy with the work of the Muskoka Free Hospital for Consumptives, and some slight return for the great benefit I personally derived as a patient in the Cottage Sanatorium, I enclose a contribution of \$100 to the Free institution.

Nothing calling for beneficence appeals to me so strongly as the case of a consumptive without means, and therefore without arms with which to combat the most destructive enemy of human life to be found in the Western World.

I first entered the Cottage Sanatorium in 1899, and returned for the winter of the two years following. My recollections of the institution are of the happiest nature. Among them I recall your kindly personal interest in the patients including myself.

The secondary work of the noble enterprise at Muskoka, that of diffusing, through outgoing patients and more lately through literature on the subject, a popular knowledge of the nature of pulmonary tuberculosis, its prevention and treatment,—teaching those afflicted with it how to live in their homes, I regard as an inestimable public service of an educational character. Speaking personally, I have been able, in various ways, to counsel and to help many persons, even though the ruin of professional prospects and ambition in my case has made it impossible to do much for others in a financial way. When the climate of Halifax compelled me to remove to a country place in the interior of Nova Scotia, my own educational experience at Muskoka taught me how to build a little Sanatorium of my own, and in this I practise the Sanitarium life successfully.

Wishing you and co-workers a prosperous New Year in the furtherance of your work."

#### Muskoka Free Hospital for Consumptives.

The increasing interest shown in the work of the Muskoka Free Hospital for Consumptives is indicated by the generous contributions that have been received at the head office during the past month. This institution can say that at no time since its doors were first opened in 1902 has a single patient been refused admission because of his or her poverty. It is doubtful if a greater work of faith has been at any time undertaken in Canada. About 60 patients are in residence from day to day and the Trustees depend almost entirely for the maintenance of these on the gifts of the Canadian people.

The following is a letter from an ex-patient, Mr. D. L. Robertson, of Borwnsburg, Que., one of the many letters indicating the gratitude of patients towards the institution:—

"I am glad to say that I have been benefited greatly by my stay at the Muskoka Free Hospital for Consumptives. I have been doing three and four hours work each day since I left the institution, until November 15th, when I started to work full time, and as far as it has gone, I am feeling no ill effects from it. I trust the Muskoka Free Hospital will have a brilliant future and that money will come in to enlarge its accommodation, as it richly deserves, and I will do my utmost to make its usefulness widely known."

#### Toronto Free Hospital for Consumptives.

Large and growing interest is shown in this institution for advanced cases—the only hospital in Canada that makes provision for the advanced and far advanced cases of pulmonary tuberculosis.

From modest beginnings with accommodation for only 25 patients, new buildings have been provided, until to-day there is accommodation for 65.

Anyone, a resident of Toronto, who will secure an order from the Medical Health Officer, is admitted to this Hospital without any charge. Under the generous gift provided by a Toronto citizen, provision has also been made for a limited number of advanced cases from the Province. The work is being further extended by the erection of new buildings, which will give accommodation for some 20 patients, and provide the nucleus for advanced cases for those who have the means to pay the cost of maintenance.

Friends, who feel like assisting this work can send contributions for the Muskoka Free Hospital, to Sir Wm. R. Meredith, Kt., Toronto, or W. J. Gage, Esq., 84 Spadina Ave. Contributions to the Toronto Free Hospital can be sent to Mr. H. C. Hammond, Treasurer, 21 Jordan St., Toronto.

All applications and information regarding the work of either the Muskoka institutions or Toronto Free Hospital will be gladly furnished by addressing J. S. Robertson, Secretary of both Trustee Boards, Toronto.