

Plain food is always most wholesome. Properly prepared it can be made as delicious—even more delicious than a rich (generally unwholesome) diet.

CROWN BRAND CORN SYRUP greatly improves any plain dish. It has a creamy, nutty flavour of its own which permeates whatever food it is used with.

It is pure and wholesome, and contains the valuable nutritive elements of corn in a form ready for immediate assimilation. It is much the best sweetening to give to children with bread, porridge or any cereal.

THE EDWARDSBURG STARCH CO.

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