

through drink. When I was at King's College I used to sit next to a handsome youth, who grew up to be a brilliant writer; he died in the prime of life, a victim to drink. An eloquent philanthropist went down under this curse. These tragedies are daily happening because "drink is one of the surest of the devil's ways to man, and of man's ways to the devil."—*Archdeacon Farrar.*

Verse 14. Clothe yourselves with the mind of Christ. If a thing reflects no light, it is black; if it reflects part of the rays, it is blue, or indigo, or red; but if it reflects them all it is white. If we are like Christ we shall seek not to absorb, but to reflect upon others the light which falls from heaven upon us, and thus we shall become pure and spotless, for this is the meaning of the "white robes" which the saints wear in glory.

The Teachers' Meeting.

For a convenient teaching outline of this lesson turn to the General Statement. Consider the whole theme as **CHRISTIAN MORALS**; and show how each of the six exhortations, (1) Pay your debts; (2) Love your neighbor; (3) Do no harm to others; (4) Awake out of sleep; (5) Live decently; (6) Put on the Lord Jesus Christ, has a special and emphatic application to the temperance question. Another method is prepared as an Analytical and Biblical Outline. It includes the characteristics of **THE MAN OF GOD**: (1) Honest (verse 8); (2) Loving (verse 8); (3) Harmless (verse 10); (4) Faithful (verse 11); (5) Temperate (verse 13); (6) Pure (verse 13); (7) Peaceable (verse 13); (8) Christian (verse 14)... Drunkenness makes honesty and decency impossible... The tendencies of intoxication are to quarrels, riots, impurities of all kind.

OPTIONAL HYMNS.

No. 1.

Yield not to temptation.
Dare to do right.
Earnestly fighting for Jesus.
We'll help the cause along.
The sparkling rill.

No. 2.

He was not willing.
Look up, lift up.
Temperance rally.
Help the erring.

The Lesson Catechism.

[For the entire school.]

1. Who fulfills the law of Christ? **"He that loveth another hath fulfilled the law."**
2. What will such love make men do? **It will make men "walk honestly as in the day."**
3. What does that man do who indulges himself

at the risk of injuring his neighbor? **Breaks the law of love; for "love worketh no ill to his neighbor."**

4. How may one show that he is awake to the duty of the present hour? **By avoiding "riot-ing and drunkenness, . . . strife and envy-ing."**

5. What is the only sure safeguard against the dangers of intemperance? **By putting "on the Lord Jesus Christ."**

6. What is the GOLDEN Text? **"Abstain," etc.**

CATECHISM QUESTIONS.

16. What end does the law of God serve?

The law of God serves, in the first place, as the rule of our conduct; and in the second, to convince us of sin.

17. Are all transgressions of the law equally great?

Not equally great; for some sins in themselves, and by reason of the way in which they are committed, are worse in the sight of God than others.

FIRST QUARTERLY REVIEW.

March 31.

GOLDEN TEXT.—Take my yoke upon you, and learn of me. (Matt. 11, 29.)

HOME READINGS.

- M. Five thousand fed. Mark 6, 30-44.
Th. Christ, the bread of life. John 6, 25-35.
W. The great confession. Matt. 16, 13-23.
Th. Christ and the children. Matt. 18, 1-14.
F. The good Samaritan. Luke 10, 25-37.
S. The man born blind. John 9, 1-11.
S. Raising of Lazarus. John 11, 30-45.

LESSON HYMNS.

No. 225, New Canadian Hymnal.

Weary pilgrim on life's pathway.

No. 86, New Canadian Hymnal.

Come, ye sinners, poor and needy.

No. 83, New Canadian Hymnal.

Art thou weary, heavy laden?

REVIEW SCHEME FOR SENIOR AND INTERMEDIATE STUDENTS.

I. THE LESSON FRAMEWORK.

[A body or a building requires a frame to insure symmetry and stability. Our lessons must have bone and sinew if they are to be better than a jellyfish or a balloon. Commit these TITLES and TEXTS thoroughly; they are the framework of the temple which we seek to build.]