What did he say to his disciples? "Sit ye here, while I go and pray yonder."

Whom did he take with him? Peter, James, and John.

John. What did he tell them? "My soul is exceeding sorrowfal, even unto death: watch with me." What did Jesus long for in his sorrow? For their company, their prayers, and their sympathy. What did he nak of God, his Father? "If it be possible, let this cup pass from me."
What did he mean by the "cup?" All the pain and

shame of the death he was to die. How did he show perfect obedience to God? He said, "Not as I will, but as thou wilt." (Repeat

Golden Text.) many times did Jesus agonize in prayer? How Three times

Did the disciples watch and pray with him? No: they fell asleep.

What did he say to them? "Watch and pray, lest ye enter into temptation."

ye enter into temptation."
What did they need for the awful hours that were
before them? Faith and strength and courage.
How did Jesus lovingly excuse them? He said,
The spirit is willing, but the flesh is weak."
Why do we need to watch and pray? We must
have strength to 60 God's will, even when the spirit

is willing.

What did the disciples lose by not watching with Jesus? Their last opportunity of helping him before his death.

Words with Little People. If Jesus had asked you to watch and pray with him, would you have forgotten and slept as the disciples did?

would you have forgotten and stept as the disciples did? Do you ever forget now that he wants you to watch and pray that Satan may not lead you into sin? Do you say, "Thy will be done," when God ask you to suffer and work for him?

"Be thou faithful unto death, and I will give thee a

crown of life

THE LESSON CATECHISM. 1. Where did Jesus go after the last supper? To the garden of Gethsemane. 2. Why did he go there? For an hour of prayer. 3. What did he pray for? ans the cup might pass from him. 4. What lesson of submission did his prayer contain; "Thy still be done." 5. In what great principle of life did he lead us in this last hour of his mission; "Though he were a Bon, yet," etc.

THE CHURCH CATECHISM.

53. What witness is this? "The Spirit itself bear-53. What witness is this? "The Spirit used bearcth witness with our spirit, that we are the children of God." Rom. 8, 16.
54. What fruits doth this faith produce? Justifica-

54. What fruits doth this faith produce? Justifleation, recurrention, sanctiflication. Rom. 5.1;doint. 12.3% and 12.16; 2 Thess. 2.13.
35. What is justification? Justifleation is that act of tools, free grace in which he pardons our sins and accepts us as righteous in his sight for the sake of Christ. Eph. 1.7; 2 Cor. 5.21; Rom. 3.24; v. 19.

## ANALYTICAL AND BIBLICAL OUTLINE. The Saviour's Spirit in Sorrow.

I. THE SPIRIT OF BROTHERHOOD.

Took with him Peter, etc. v. 37.

"With me in my temptations." Luke 22. 28. "Behold my....brethren." Matt. 12. 49.

II. THE SPIRIT OF PRAYER.

Fell on his face and prayed. v. 39. "Offered up prayers and supplications." Heb. 5. 7.

"In every thing by prayer." Phil. 4. 6.

III. THE SPIRIT OF SONSHIP. O my Father, if it be possible. v. 39.

"I and my Father are one." John 10. 30. "Though he were a Son." Heb. 5. 8.

IV. THE SPIRIT OF COMPASSION. The spirit indeed is willing. v. 41. "He loved them to the end." John 13. 1.

"Christ hath loved us." Eph. 5. 2. V. THE SPIRIT OF SUBMISSION.

Thy will be done. v. 42. Not to do mine own will," John 6. 38. "My meat is to do the will." John 4. 34.

## THOUGHTS FOR YOUNG PEOPLE.

## How to Help in Trouble.

Jesus was in trouble. His disciples could not have removed his trouble, but there was much that they could have done to help him in it. From what they might have done, but did not do, we can learn what we may do to those in sorrow.

1. We can be with our friends in trouble. They crave companionship in such times, not the presence of people who seek to gratify a morbid curiosity, but the nearness of true friends. Jesus sought to have his friends near him in his agony; let us seek out our friends in their hours of sorrow.

2. We can give them our sympathy. We can show them that we love them, feel for them and feel with them. This the Saviour longed for, but missed in his hour of need. Let us show our sympathy with others in their troubles.

3. We can give them our self-denying care. The disciples were left by the garden to watch, and so protect their suffering Saviour from his enemies who were approaching. Had they done their duty his life might, humanly speaking, have been saved. Let us give our aid and comfort and protection to friends when they need us, and bear some burden and make some sacrifices for them.

4. We can pray for them. When we can do nothing else we can lift up our hearts to God for those who are in affliction and trial. We may not be able to go to them, but we can go to God for them.

## English Teacher's Notes.

The subject suggested by our Golden Text ought to have a special interest for those who are still in name what all of us ought to be in reality-learners.

Maria Havergal (sister to the famous Frances Ridley Havergal) tells us with what wondering interest she heard, as a child, that the master who gave her eldest sister Italian lessons was teaching the same language to the Princess Victoria (now queen of England) at Kensington Palace. We who are now learners read in the passage for to-day of a far more marvelous thing-of the Son of God learning the very same thing which God desires to teach us, and which he puts before us for study day by day.

Three questions at once suggest themselves: What was it that the Lord learned? How did he learn it? Why did he learn it?

The first question is answered in the text. Christ learned obedience. When Peter the Great of Russia conceived the idea of raising his country from a condition of semi-barbarism to take a place among the civilized nations of Europe he determined to get instruction himself in those things which he wished his people to understand, and he left his own country to go through a course of education in practical things such as he could not learn at home. Thus he became by turns a carpenter and a shoemaker, actually working for and earning wages. And just as truly did the Son of God learn here on earth that of which he could have no previous knowledge. For he was "equal with God," and one with the Father. All things were made by him, and all things obeyed him. As truly as the first page of a fresh study is a new, untried task to a child, so was obedience a new thing to him who was born the Son of man.

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May 20.

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